

SPORT GUIDE



La Trobe University acknowledges our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales. We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society. La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching, learning, research and partnerships across all our campuses. Dhudhuroa/Waywurru Latji Latji Gadigal Melbourne (Bundoora & City) Bendigo Albury-Wodonga Mildura Shepparton Sydney

CONTENTS

02



04

Industry partnerships 06



the Matildas

Our facilities

08

Australia's uni of

choice for sport

Carlton College of Sport

10

La Trobe Elite Athlete Program (LEAP) 14

Home of

Sport research 15

Team La Trobe

16



Your way to a career in sport

Courses at a glance 18

Bachelor degrees

Diplomas

22

Postgraduate degrees

24

How to apply

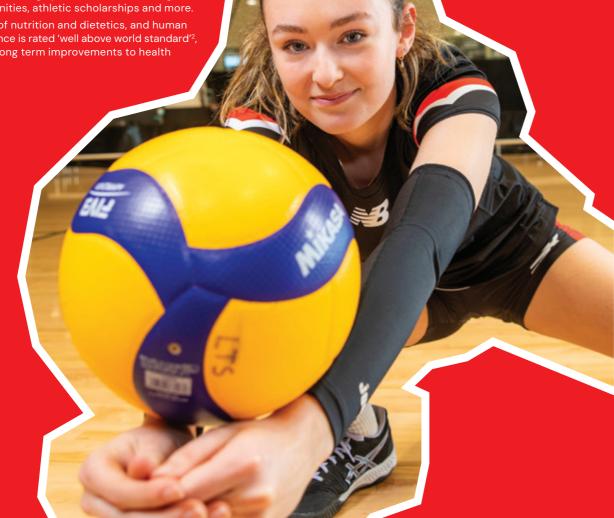
Sport Guide - 2026

^{1.} Quacquarelli Symonds (QS), 2024, QS World University Rankings by Subject 2024: Sports-Related Subjects

AUSTRALIA'S UNIVERSITY OF CHOICE FOR SPORT

Our focus on health and wellbeing shapes a unique perspective on sport, setting us apart from other universities.

Our world-class sport facilities welcome everyone from elite level athletes through to grassroots sport clubs and community groups. Our Sports Park also includes the Home of the Matildas and Rugby Victoria's future home of rugby – all right here at our Melbourne (Bundoora) Campus As Victoria's #1 university for employer satisfaction, we partner with some of the best organisations in the sports industry to train the next generation of professionals through placements, work-integrated learning, industry opportunities, athletic scholarships and more. Our research in the areas of nutrition and dietetics, and human nent and sports science is rated 'well above world standard' and it's helping us create long term improvements to health and wellbeing nationwide



TOP 8 WORLDWIDE

We're ranked 8th in the world for sport science.

ShanghaiRanking, 2024, ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2024

☼ TOP 1% UNIVERSITY

We're ranked in the top 1% of universities worldwide.

Times Higher Education (THE), 2024, World University Rankings 2025; Consejo Superior de Investigaciones Científicas (CSIC), 2024, Ranking Web of Universities

谐#1 FOR EMPLOYER SATISFACTION

We're a leader in employer-graduate satisfaction, ranking #1 in Victoria and #3 in Australia.

Quality Indicators for Learning and Teaching (QILT), 2024. 2023 Employer Satisfaction Survey.

₹#1 FOR **UNDERGRAD EMPLOYABILITY**

We're #1 in Victoria for undergraduate employability, with 93.7% of our domestic undergraduates in full-time work three years after graduating.

Quality Indicators for Learning and Teaching (QILT), 2024, 2023 Graduate Outcomes Survey - Longitudinal

SEVEN CAMPUSES

We're Victoria's only state-wide university, with seven campuses across Melbourne, regional Victoria and Sydney.

SPORTS PARK

Our Sports Park houses a stateof-the-art teaching and research facility, an elite performance space and world-class sporting facilities.

Q DIFFERENT WAYS INTO UNI

There's more than one way to secure an offer into your dream course through our pathways, early entry programs, double degrees and packaged offers.

Sport Guide - 2026

LEARN WITH INDUSTRY

We partner with industry giants such as Carlton Football Club, Football Victoria and Bendigo Spirit to give you options for placements, work-integrated learning, internships and more.

INDUSTRY PARTNERSHIPS

MAJOR PARTNERS

Carlton Football Club

We've extended our partnership to 2027, taking our commitment to twelve years. This partnership facilitates a minimum of twenty placements for students each year. In 2024, 35 students completed their placement with the Club. Together, La Trobe and the Carlton College of Sport provide a unique learning program offering higher education diplomas in sport coaching and development, and elite sport business.

Football Victoria

We're the official higher education partner of Football Victoria, the governing body for Victorian football (soccer). Their State Centre and the Home of the Matildas, located within the La Trobe Sports Park precinct, hosts administrative activities, high performance training, and development and recovery programs. Our partnership creates unique opportunities for our students and researchers in sport science, allied health and sports medicine.

Bendigo Spirit

Situated at our Bendigo Campus, our partnership with the Bendigo Spirit team continues to provide opportunities for women in sport at a national level, while also creating opportunities for placements, research and work integrated learning.



COMMUNITY DELIVERY PARTNERS

ACHPER Victoria

Based at the La Trobe Sport Park Stadium since 2021, this partnership has hosted numerous state—wide secondary and primary school conferences for Victoria's health, PE and recreation teaching cohort.

AFL Central Victoria

AFLCV is now based on campus and we welcome the league's teams and their families onto our Bendigo Campus for around 60 events per year, as we support the development of an active lifestyle for children and teenagers while embedding our students within AFLCV with work integrated learning opportunities.

AFL North East Border

We host AFLNEB events and teams at our Albury-Wodonga Campus throughout the year and provide our students with placement opportunities.

Bendigo Academy of Sport

The Academy is involved with our academic experts and emerging sport researchers. In our strength and conditioning lab, Academy athletes work with sport exercise science students to discover how to best prepare for elite competition.

Bendigo Braves

A long-term partnership that continues to provide opportunities to students through placements, research, work integrated learning and employment at the Red Energy Arena.

Bendigo Pioneers

Based on campus, the La Trobe
University Bendigo Pioneers women's
and men's teams compete in the
top tier under-18 Australian Rules
Football competition. The Coates
Talent League teams are supported
with collaboration on professional
development, high performance training,
graduate employment, work integrated
learning and research projects in
conjunction with an industry PhD.

Bendigo Sports Star

A recently formed partnership that supports and fosters athletic potential and skills in our local community.

Bendigo Strikers Netball Club

Our newly formed partnership provides opportunities for women in sport in the regions to compete in the Victorian Netball League at a national level, while also creating opportunities for placements, research and work integrated learning.

North East Blaze

An established club in the Victorian Netball League, our partnership with the Blaze provides semi-professional female athletes access to our world-class facilities. Students gain valuable insights into a high performance team environment at a national level through industry placements.

The Northern Football Netball League (NFNL)

A long-term partner of La Trobe, in 2020 we formed a 20-year agreement that provides league access to our Sports Park Stadium. The partnership also supports student industry experience and research projects.

Professional Footballers Australia (PFA)

Our newly-announced industry partnership will see us become the PFA's official Education Partner for the next four years. Over the duration of the partnership, we will work closely on key research and consultative projects, and facilitate a jointly-funded industry PhD scholarship to undertake research relevant to the welfare and development of professional footballers. The PFA will also provide three work-integrated learning placements within the organisation each year for La Trobe students across a variety of sport-related disciplines.





"As an industry PhD with La Trobe, I've had the opportunity to work alongside the Bendigo Pioneers and gain hands-on experience as a performance coach. This unique role has allowed me to integrate research with applied practice, enhancing both my academic work and coaching development. La Trobe provides a great platform for those looking to have an impact in both research and high-performance sport."

Lachie Price

High Performance Manager, Bendigo Pioneers La Trobe PhD Candidate



OUR FACILITIES

LA TROBE SPORTS PARK

Ready to step into an industry-level space? Located at our Melbourne Campus, the La Trobe Sports Park is not only a unique learning hub for students, but it also hosts major participation sports events, grassroots sport competitions and recreation opportunities.

Home of The Matildas

In 2023, we welcomed the CommBank Matildas to their purpose-built, high performance base, the Home of the Matildas. Located in the Sports Park precinct, the Home of the Matildas is the largest football-specific infrastructure project in Australia's history, and it's available for the team's exclusive use whenever they are in camp, providing an elite training environment as the pre-eminent facility in the region.

La Trobe Sports Stadium

This stadium has six high-ball multipurpose courts for a variety of indoor sports. Each court hall is equipped with an event office, technical support and amenities, and our FIBA-Connect Stadium has automated camera technology for live streaming and player tracking. Court Hall 1 also includes a 1,100-seat retractable grandstand, which enables the Stadium to host large-scale indoor community and professional sporting events that require a show court facility.

Synthetic Pitch

Our FIFA-1 standard pitch comes with built in shock pads made from recycled rubber materials to help reduce impact (while making an impact on sustainability!) and injury.

Sporting Fields

Whether your game is soccer, cricket, ultimate frisbee, touch or rugby – we have a suite of elite sporting fields to support any sporting program.

'Ganbu Djila' (One Play)

Located at Charles La Trobe College, Ganbu Djila is our Multipurpose Synthetic Field. It's the home of the La Trobe University Baseball Club, as part of the wider stage 3 development of the Sports Park Precinct.

Sports Performance Hub

The Hub includes an exercise physiology lab, strength & conditioning lab, biomechanics lab, heat and altitude chambers, and services for athlete testing, nutrition, recovery and wellbeing. The Hub enables us to offer world-class research, performance and career outcomes to our sport students with work integrated learning (WIL) opportunities and experiences alongside sub-elite and elite athletes.

Sports Park Pavilion

The Pavilion features a versatile function room space that can host a wide-variety of events. In addition to 360-degree balcony views of the Sports Park precinct and Melbourne's city skyline, the Pavilion also includes club rooms for our affiliated sport clubs and nine gender neutral change rooms to support community and elite sport teams alike.

Tony Sheehan Oval

Home to the La Trobe University Football Club, the oval features a premier Santa Ana Couch playing surface and is supported with a video playback scoreboard and lighting technology that's suitable for televised night games. In immediate proximity to the Sports Park Pavilion's change rooms and our new multipurpose field, groups can run multiple matches and activities simultaneously.

Fitness centres

Get out of the classroom and stay active with a range of activities available at our on-campus fitness centres.

Melbourne

Fully equipped gym, fitness assessments and personalised training programs

Three specialty group exercise studios catering for reformer Pilates, functional group training, mind and body classes, and more

Multi-purpose indoor court including basketball, badminton, volleyball and indoor soccer facilities in addition to netball, tennis and squash courts

25-metre heated indoor pool and deep-water pit

Rock climbing wall

Bendigo

Fully equipped gym

Reformer Pilates studio

Exercise science facilities

Sports field, pavilion and basketball court







6 La Trobe University Sport Guide - 2026

College of Sport

CARLTON COLLEGE OF SPORT

Combine your first year of tertiary study at La Trobe with industry experience at the Carlton Football Club.

Established in 2019 as a partnership between La Trobe and Carlton Football Club, the Carlton College of Sport offers a unique opportunity to study, gain real-world experience and build connections for a career in the sports industry.

You can choose from two higher education diplomas:

- Diploma of Elite Sport Business
- Diploma of Sport Coaching and Development

Courses are delivered by La Trobe staff in dedicated teaching spaces at the Carlton Football Club headquarters, IKON Park. You'll get opportunities to complete 100 hours of industry-based placement, including access to elite athletes, coaches, high-performance staff and mentors. You'll also gain exclusive insights into events, community activations, facility operations, fan engagement, match-day protocols and more.



"I really enjoyed my time at the Carlton College of Sport, and it has helped to propel my career in the world of business and high-performance sport. My favourite aspect was the ability to complete an extensive range of placements which allowed me to meet so many amazing people across the football club and sport industry at large. I could not speak more highly of the program and the outcomes it provides students."

Claire Byron

Diploma of Elite Sport Business

GRADUATE JOBS

Apply for one of four graduate jobs at the Carlton Football Club, offered exclusively to graduating Carlton College of Sport students each year.

DIRECT ENTRY®

Receive course credit from your Diploma to access a range of La Trobe Bachelor's degrees including the Bachelor of Sport and Recreation Management, and the Bachelor of Sport and Exercise Science.

REAL-WORLD EXPERIENCE

Get 100 hours of industry-based placement at Carlton Football Club, AFL Victoria, South East Melbourne Phoenix and more.



Sport Guide - 2026

LATROBE ELLITE ATTHLETE ELLITE ATTHLETE PROGRAM (LEAP)

We're an elite athlete-friendly university and member of the nationally accredited Elite Athlete Education Network, supporting over 160 top-level La Trobe athletes and performers through grants, programs and scholarships.

Over the years, we've supported athletes across various sports at major and international events, including the Olympic Games, Commonwealth Games and World University Games.

Both the university and sporting sectors recognise the value of combining sport and higher education, which is why we are dedicated to helping elite athletes succeed while studying with us.

THE PROGRAM

We offer extensive support to help you balance your sporting commitments while studying at La Trobe, including:

- access to the Elite Athlete Travel Subsidy, Elite Athlete Equipment Subsidy, and University Representation Subsidy
- dedicated academic case management, including assistance with enrolment, timetabling, flexible assessments and alternative exam arrangements
- support with cross-institutional study, course transfers, and credit transfers
- complimentary on-campus gym membership and strength & conditioning sessions
- access to an advanced sports dietitian
- official Elite Athlete Program apparel
- subsidised access to on-campus massage and podiatry services.

Financial Assistance

If you're an Elite Athlete Program member at La Trobe, you can apply for targeted scholarships, subsidised intervarsity representation and grants from the La Trobe Elite Athlete Support Fund, supported by TechnologyOne. This fund provides yearly grants towards the costs of elite competition, including travel, accommodation and registration expenses

Elite Athlete Adjustment Factor

If you're an elite athlete applying for entry into a La Trobe undergraduate course via VTAC, you could be eligible for the Elite Athlete Adjustment Factor. This means you could have a five aggregate point adjustment factor applied to your admission into La Trobe. All you need to do is demonstrate how your sporting commitments have impacted your Year 12 studies, and how you meet the criteria as an elite athlete

Applications for the adjustment factor open in August each year. "I probably play or practice seven days a week. It's definitely, definitely worth it – you get a lot of advantages with [LEAP], you get a lot of help whenever you need it. They're always there. If you're flying for tournaments and whatnot, they're very accommodating."

Cody Cuthbert

Bachelor of Psychology (Honours)

FIND OUT MORE ABOUT LEAP









We're dedicated to making a positive difference for athletes at an individual level, sport as a whole, and the communities we exist in. It's why one of our top research themes is 'healthy people, families and communities.'

In sport research, we've been working on big projects with the support of government organisations and agencies, industry partners, and national and international sports organisations.

Some of these projects include:

- task evaluation to inform training prescription and equipment design in physically demanding sports and occupations (such as defence)
- harnessing the power of analytics to automate service support practices and unlock insights from sports data
- understanding physical and mental fatigue and leveraging sleep, nutrition and recovery to enhance human performance
- optimising dancer performance and health in partnership with The Australian Ballet.

TOP 8 WORLDWIDE FOR SPORT SCIENCE

LA TROBE SPORT, PERFORMANCE AND NUTRITION RESEARCH GROUP

Our research group brings together experts from sport and exercise science, dietetics and nutrition to create knowledge, influence practice and optimise human performance.

Biomechanics Laboratory

Our Biomechanics Lab houses the business end of a 40m running track with two in–ground force plates for running gait analysis.

Exercise Physiology Laboratory

The Exercise Physiology Lab is fitted out with exercise testing apparatus, a biochemistry/blood analysis area and our environmental chamber.

Strength and Conditioning Laboratory

Home to eight lifting platforms, two instrumented racks with force platforms and 3D camera technology, portable force plates, and a 40m running track.

Performance Analysis and Sport Analytics Laboratory

The Performance Analysis and Sport Analytics Laboratory provides in-training and competition analysis and brings the laboratory to the field, leveraging wireless and wearable technologies for in-game insight and post-game analysis.

Skilled Performance Laboratory

The Skilled Performance Laboratory is used to examine aspects of learning and performance for complex skills across multiple domains, using a combination of psychophysiological and behavioural measurement including eye tracking technology, video capture and projection, virtual reality, and event coding.

LA TROBE SPORT AND EXERCISE MEDICINE RESEARCH CENTRE

Our sport research centre is a world-leading collaborative centre for sport and exercise medicine research. The centre's research impacts policy, clinical practice, activity participation and health and wellbeing both here in Australia and internationally.

Gait Laboratory

This lab incorporates state-of-the-art systems and equipment to understand the structure and function of the musculoskeletal system, as well as causes, prevention and treatment of musculoskeletal injuries and disease.

Ultrasound Tissue Characterisation (UTC)

We're using UTC to quantify subtle changes in response to exercise, as well as monitor improvements in tendon structure following rehabilitation.

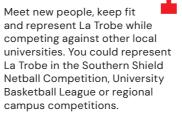
Neuroplasticity Research Laboratory (NRL)

The NRL specialises in the technique of Transcranial Magnetic Stimulation (TMS) which is a non-invasive method of measuring the functional properties (neuroplasticity) of the human brain in particular the primary motor cortex. The overall goal of this laboratory is to understand how the healthy nervous system functions to control movements following a variety of interventions – in particular strength training and motor skill learning – and how it may be rehabilitated following neuromuscular injury or disease.

Rural Exercise and Rehabilitation Research Group

Based in Bendigo, we use a multi-disciplinary approach to investigate the prescription, implementation and monitoring of exercise to improve physical function in sporting, rehabilitation and clinical settings. We partner with industry to ensure our research has local impact and global significance, and have expertise in randomised and clinical trials, cohort and longitudinal studies.

INTERVARSITY



In 2024, our men's basketball team won their first national University Basketball League title. It joins our Women's National University Basketball League championships in 2022 and 2023.

LA TROBE League



Get a team together and enter one of many social competitions at our Melbourne and Bendigo Campuses, which are open to both team and individual entries.

UNIVERSITY NATIONALS

When you represent Team
La Trobe, you'll experience elite
sport competition against other
universities across Australia.
You can also gain valuable industry
experience by volunteering
in sport administration, sport

media and sports trainer roles.

COMMUNITY EVENTS



All students, staff and alumni are invited to get fit, have fun and represent Team La Trobe in walks, runs and bike rides throughout the year, such as the Team La Trobe Walk & Run and the Autumn Cycling Classic Community Social Cycle.

Join a club

We're proud to have 25 affiliated sport clubs, including three sport clubs operating from our Bendigo Campus.

Clubs

- Australian Rules Football
- Badminton
- Badminton (Bendigo)
- Baseball
- Cheer and danceCricket
- Dive La Trobe
- Fencing
- HockeyIce sports
- Lacrosse
- LacrosseMountaineering
- Netball
- Rowing
- Snowsports
- Soccer
- Soccer (Bendigo)
- Surfing
- Swimming
- Taekwondo
- Tennis
- Touch footballVolleyball
- Volleyball (Bendigo)
- Water polo

Sport Guide - 2026

14 Sport Guide - 2026 Sport Guide - 2026

YOUR WAY TO A **CAREER IN SPORT**

TRANSFORM YOUR PASSION FOR SPORT INTO A CAREER

Want to combine your passion for sport with an in-demand career in health? Here are some examples of how we can help you pursue a career in sport, whatever your educational background.

UNDERGRADUATE DIPLOMAS & PATHWAYS E.g. Diploma of Health Sciences, Diploma of Rural Health, Diploma of Sport Coaching and Development **BACHELOR OF BACHELOR OF SPORT AND HEALTH SCIENCES EXERCISE SCIENCE** Gain a diverse range of career opportunities in health Kickstart your career in the sport industry and sport or, if you're thinking about an undergraduate by helping people reach peak performance. or postgraduate degree and concerned about entry Depending on your choice of major, requirements, use it as a pathway. Taking the allied health explore pathways into a range of major is also your ideal pathway to a career in physiotherapy. specialist postgraduate options. Pathway to Pathway to Career Career postgraduate postgraduate opportunities opportunities study1 study1 Master of Master of **Environmental Physiotherapy Practice Physiotherapy** Exercise physiologist² health officer Practice Master of **Exercise Physiology** Master of Counselling, Health promotion Rehabilitation and Sport scientist coordinator Mental Health Master of **Sport Analytics Nutritionist** Personal trainer **Master of Strength**

DISCOVER YOUR PATHWAY



- All pathways are subject to meeting the destination course's mir entry requirements. Postgraduate pathways may also be subject to your choice of undergraduate major. For more information on your pathway options visit latrobe.edu.au/cmp/pathways
- Professional registration as an exercise physiologist is subject to additional postgraduate study requirements and ongoing requirements beyond completion of the undergraduate degree. Please contact the relevant professional body for details

And Conditioning

COURSES AT A GLANCE

UNDERGRADUATE

Diploma of Elite Sport Business Diploma in Health Sciences Diploma of Rural Health

Diploma of Sport Coaching and Development

BACHELOR DEGREES	PAGE
Bachelor of Biological Sciences	18
Bachelor of Biomedical Science	18
Bachelor of Biomedicine	18
Bachelor of Health Sciences	18
Bachelor of Media and Communication	19
Bachelor of Food and Nutrition	19
Bachelor of Physiotherapy (Honours)	19
Bachelor of Podiatry (Honours)	19
Bachelor of Prosthetics and Orthotics (Honours)	20
Bachelor of Science	20
Bachelor of Sport and Exercise Science	20
Bachelor of Sport and Recreation Management	20
DIPLOMAS	PAGE
Diploma of Arts	21
Diploma in Business	21

POSTGRADUATE

MASTERS BY COURSEWORK	PAGE
Master of Counselling, Rehabilitation and Mental Health	22
Master of Dietetics	22
Master of Exercise Physiology	22
Global Master of Business Administration	22
Master of Musculoskeletal Physiotherapy	22
Master of Physiotherapy Practice	23
Master of Sport Analytics	23
Master of Sports and Exercise Physiotherapy	23
Master of Strength and Conditioning	23

The La Trobe website includes complete entry requirements, including extra requirinformation on subject adjustments and requirements for non-Year 12 students. The availability of displayed majors may differ depending on campus and semester intake. ATAR data within this publication is based on the lowest selection rank (ATAR plus any adjustment factors) and i correct as of VTAC's January 2025 offer round. For more information, see latrobe, edu.au/courses Aspire ATARs published are based on entry for Semester 1, 2025 and subject to change. For more inform

BACHELOR DEGREES

Bachelor of Biological Sciences

This degree is all about getting your hands dirty. You'll start practical classes from your first year – both in our on-campus labs and facilities, and out in the field. Get a glimpse into your professional future in science with industry-led workshops and seminars, as well as opportunities for work placements.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 3 years

ATAR	55.65
ASPIRE ATAR	50.00
MAJORS	Biochemistry
	Genetics
	Human physiological sciences

ASPIRE ATAR

ΔΤΔΡ

ASPIRE ATAR

MAJORS

MEL

(BEN) A-W

59.05 62.00

50.00 50.00

(MEL)

60.10

50.00

Cancer, heart and brain diseases

Immunology and infectious disease

Molecular and cellular biochemistry

Physiology and pharmacology

Bachelor of Biomedical Science E

Explore advanced topics in biomedical sciences that underpin your knowledge across chemistry, metabolic biochemistry, pharmacology and the growing need for expertise in immunology. Then deepen your expertise across topics including applied immunology, cancer research, response to infectious disease, and cardiovascular and neurological systems. With further study, this degree can serve as a pathway into a highly sought-after career in physiotherapy, speech pathology, medicine or dentistry.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 3 years

RATION 3 years

First Nations entry. See course webpage for further details and campus availability.

Bachelor of Biomedicine

Explore how the body works as you build fundamental knowledge in chemistry, bioscience and health. Take a close look at infectious diseases, including the factors that drive epidemics and pandemics. Then choose a combination of up to two majors or electives aligned to your personal career goals and industry demand. Depending on your choice of majors, you could graduate with a pathway to postgraduate studies in research, medicine, physiotherapy and more.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1

DURATION 3 years

Bachelor of Health Sciences 🗉

Examine the way our minds, society, environment and political structures affects the health of individuals, families and communities at local, national and international levels. Build your skills in scientific thinking, lab and fieldwork, problem solving, collaboration, professional conduct and scientific communication. Broaden your expertise with a choice of nine majors and the option of second majors and minors in health sciences or a range of other disciplines.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 3 years

ATAR	55.25 55.25
ASPIRE ATAR	50.00 50.00
MAJORS	Allied health
	Environmental health
	Food and nutrition
	Health promotion
Hea	olth, wellbeing and performance
	Psychological science
	Public health
	Rehabilitation counselling

BACHELOR DEGREES

Bachelor of Media and Communication

Learn how to tell stories across any medium when you major in sports media. Graduate with a portfolio of work, industry experience and specialised knowledge to meet the demands of the rapidly changing media and communication landscape. Cover news and feature stories as part of Upstart and Upstart Live. Our industry-grade newsroom boasts a three-camera television studio, professional radio broadcast spaces, an audio recording studio and digital editing suites. You'll experience the adrenaline of live television and radio broadcasting as a presenter, producer and vision switcher.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 3 years

	MEL
ATAR	60.10
ASPIRE ATAR	50.00
MAJORS	Sports media

MEL Melbourne BEN Bendigo SYD Sydney SHP Shepparton A-W Albury-Wodonga MIL Mildura ONL Online

Bachelor of Food and Nutrition

Gain the skills you need to empower individuals and communities to live healthier lifestyles and reduce the rising rates of chronic disease. With the flexibility to study online or on campus, you'll get practical hands-on experience in modern science labs and kitchens while exploring topics such as environmental sustainability of our food system, sustainable diets, food product development, culture and food, and nutrition and disease.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE MEL Semester 1 & 2 | ONL

DURATION 3 years (accelerated 2.5 years)

	MEL	ONL
ATAR	60.00	61.10
ASPIRE ATAR	50.00	50.00

MEL BEN

97.10 95.15

9400 9000

85.00

19

 Intake dates for online study may vary according to the online study period calendar Please see website for full details.

ATAR

ASPIRE ATAR

Bachelor of Physiotherapy (Honours)

Become a fully-qualified physiotherapist. In this degree, you'll start building practical skills straightaway and undertake clinical training equivalent to seven months of workplace experience. In your Honours year, you'll undertake research or industry-based project work where you'll solve real problems relating to human health and physical performance. You can take your physiotherapy degree global with international placement or study opportunities, or keep it local with placements throughout Melbourne and regional Victoria.

PREREQUISITES

Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.

Units 3 & 4: a study score of at least 25 in two of Biology, Chemistry, Physics, General

Mathematics, Mathematics Methods, Specialist Mathematics or Physical Education

INTAKE Semester 1

DURATION 4 years

 Only regional students are eligible to apply for Regiona Entry. See Regional Benefits webpage for full details.

F First Nations entry. See course webpage fo further details and campus availability.

Bachelor of Podiatry (Honours)

Take the first step towards helping others maintain and improve their mobility and independence. In this degree, you'll benefit from being enrolled in the only podiatry program in Australia where graduates are qualified to prescribe scheduled medicines, enhancing your scope and impact in patient care. Explore topics such as human anatomy, physiology, medical conditions, pharmacology, biomechanics, and sport injuries and management. Learn how to prescribe scheduled medicines, perform minor surgical procedures, refer for diagnostic imaging, and rehabilitate complex foot and ankle conditions.

PREREQUISITES Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.

Units 3 & 4: a study score of at least 25 in one of Biology, Chemistry, Health & Human

Development, Physical Education, Physics, Psychology or any Mathematics

INTAKE Semester 1

DURATION 4 years

	MEL	
ATAR	89.75	
ASDIDE ATAD	55.00	

18 La Trobe University Sport Guide - 2026

	MEL
ATAR	80.60
ASPIRE ATAR	65.00

PREREQUISITES Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.

Units 3 & 4: a study score of at least 25 in one of Biology, Chemistry, Health & Human

Development, Physical Education, Physics, Psychology or any Mathematics.

INTAKE Semester 1
DURATION 4 years

ach	elo	r of	Scie	ence	E]	

Develop foundational skills in science and the freedom to delve into your passions. Whether it's protecting endangered animals, developing new ways to treat disease or fighting climate change, you'll be ready to pursue your dream journey in science by tailoring your degree with a mix of majors and minors. As you learn from leading academics and researchers, you'll take a deep dive into science – not only scientific concepts, but also how scientists think, work and share their findings.

 $\textbf{PREREQUISITES} \qquad \text{Units 3 \& 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.}$

Units 3 & 4: a study score of at least 20 in any Mathematics.

INTAKE Semester 1 & 2

DURATION 3 years

ATAR	60.25	72.95
ASPIRE ATAR	55.00	50.00
MAJORS	Bioch	emistry
	G	enetics
	Human physiological s	ciences
	Psychological	science
	St	atistics

MEL BEN

MEL BEN

Bachelor of Sport and Exercise Science

Gain a detailed understanding of the science behind training, explore the strengths and limitations of the human body, and build strong foundations in exercise physiology, strength and conditioning, anatomy, biomechanics and motor learning. Get out of the classroom with access to our elite athlete performance space, AFL oval, FIFA-1 accredited synthetic soccer pitch at our Melbourne Campus. Build real-world experience and connections with 180 hours of industry placements.

PREREQUISITES

Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

Units 3 & 4: a study score of at least 20 in one of Health & Human Development, Physical

Education, any Mathematics (General Mathematics, Mathematical Methods, Specialist Mathematics, Further Mathematics), or in one of Biology, Chemistry, Physics, Psychology.

INTAKE Semester 1

DURATION 3 years

ATAR	61.15	65.70
ASPIRE ATAR	50.00	50.00

Bachelor of Sport and Recreation Management

Learn how to manage and deliver community-based sport and recreation services and programs. Discover how to provide a range of experiences and community events that drives physical activity, community development and general wellbeing outcomes for individuals and communities. Develop an understanding of sport and recreation management and policy, needs assessment and evaluation, planning and programming, service delivery, community engagement and how to work with volunteers.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester
DURATION 3 years

	MEL
ATAR	59.70
ASPIRE ATAR	50.00

20 La Trobe University

DIPLOMAS

Diploma of Arts 0

Get straight into your passions when you choose a stream and undertake the first year of the humanities and social sciences degree of your choice. Choose from criminology, global studies, media and communication, and more. After graduation, you could transfer into one of our most varied and flexible degrees – the Bachelor of Arts – or choose from a range of specialised programs.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 1 year

Diploma of Elite Sport Business 0

Delivered at the Carlton College of Sport campus at Ikon Park, home of the Carlton Football Club, in this diploma you'll be immersed in an elite sport environment, with a commitment from the Carlton Football Club to deliver students the opportunity to complete 100 hours placement with the Club and its partners or networks. Develop job ready skills suited to entry level roles in sport administration. Further study options also exist, with graduates being eligible for advanced standing for eight subjects in La Trobe's Bachelor of Business.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1
DURATION 1 year

Diploma in Health Sciences 9

Gain a pathway into the Bachelor of Health Sciences or a range of entry-level healthcare roles. Learn the fundamentals, including human structure and function, concepts in contemporary health and wellbeing, and how to use data and statistics in health. Tailor your study to your career or future study plans by choosing from a range of specialist streams, including health promotion, public health, environmental health, digital health and more.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1
DURATION 1 year

Pathway course. See website for full details NP ATAR not published.

Pathway course. See website for full details

A total of four roles are available for graduates o both the Diploma of Elite Sport Business and the Diploma of Sport Coaching and Development.

Pathway course See website for full details

CAR Carlton College of Sport

MEL ONL

40.60 45.50

CAR

40.95

(MEL) (ONL

40.15 NP

(BEN) (SHP) (MIL) (A-W

50.35

MEL BEN ONL

48.70

21

40.25 NP

41.10 NP NP

MEL Melbourne (BEN) Bendigo (SYD) Sydney (SHP) Shepparton (A-W) Albury-Wodonga (MIL) Mildura (ONL) Online

ATAR

ATAR

ATAR

ATAR

Diploma of Rural Health 🥹

Gain a pathway to one of our health degrees and a qualification to step into entry-level roles. You can earn up to one year's worth of course credit for the subjects you study – meaning you can jump directly into the second year of a Bachelor of Health Sciences or Bachelor of Nursing1. You'll also be connected to a Senior Support Adviser and peer mentors who'll support you along the way.

PREREQUISITES Units 3 & 4: a study score of at least 20 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1
DURATION 1 year

Prerequisites requirements including WAM apply.
 Pathway course. See website for full details.

NP ATAR not published.

Diploma of Sport Coaching and Development 9

In this diploma, you'll spend your time between La Trobe University's Melbourne (Bundoora) Campus, and the Carlton College of Sport at Ikon Park, the home of the Carlton Football Club. You'll explore a wide range of topics, including sport coaching, exercise programming, sport and recreation program design, sports science, nutrition and development, professional communication and more. You'll get the best of both worlds through academic and practical learning, as you take what you've learned in the classroom out into the field, with access to elite athletes, club events and much more.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1

DURATION 1 year

CAR Carlton College of Sport

ATAR

Pathway course. See website for full details

Diploma in Business 9

Gain a pathway into a business degree and a versatile career. After successfully completing your Diploma, you'll be able to transfer directly into the second year of a Bachelor of Business, majoring in topics such as finance, economics, agribusiness, event management, human resource management, marketing, tourism and hospitality or international business. Plus, you'll be supported by a Student Adviser, peer mentors and a careers and employability service where you can get one-on-one advice.

PREREQUISITES Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

INTAKE Semester 1 & 2

DURATION 1 year

Sport Guide - 2026

Pathway course. See website for full detail NP ATAR not published.

POSTGRADUATE DEGREES

Master of Counselling, Rehabilitation and Mental Health

Develop your professional knowledge, skills and expertise with this unique combination of rehabilitation counselling and mental health subjects. You'll get hands-on experience and will graduate prepared to work in rehabilitation counselling, as well as broader counselling settings such as mental health and Employee Assistance Program (EAP) counselling.

SPECIALISATIONS Advanced practice
Applied research

MEL

MEL BEN

MEL

MEL

Sport management

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

 $Specialisation-recommended: Health Sciences, Psychology, Behavioural Sciences \ or \ other \ relevant \ field.$

Applicants with industry experience will also be considered.

INTAKE Semester 1 & 2

DURATION 2 years

CTY City Campus, Melbourne

SPECIALISATIONS

Master of Dietetics

Building on La Trobe's history of nutrition education, our person–centred, socially conscious approach favours the teaching of flexible concepts over dogmatic facts and aids you in fostering a strong professional identity. Apply your research skills in diverse practice settings, utilising La Trobe's industry partnerships to gain on–the–ground experience in clinical and community spaces. Your experience will prepare you for work in priority sectors, with focus on diversity, community and counselling.

PREREQUISITES WAM - Weighted Average Mark (WAM) 70%.

Successful completion of La Trobe's Bachelor of Nutrition Science/Bachelor of Human Nutrition, or successful completion of La Trobe's Bachelor of Food and Nutrition, including completion of HBS301 as an elective.

Additional prerequisites apply. See website for full academic entry requirements.

INTAKE Semester 2

DURATION 1.5 years

Master of Exercise Physiology

Get the clinical skills to prescribe exercise to improve the health and function of people with or at risk of developing cardiovascular, metabolic, musculoskeletal, neurological, immunological and mental health conditions. Learn how to analyse conditions, perform assessments, critically interpret outcomes, and design, deliver and monitor safe and effective clinical interventions. Fit study around your life by combining online coursework with two intensive and immersive on-campus learning weeks.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

Only candidates eligible for accreditation by Exercise and Sports Science Australia (ESSA) as an exercise scientist can be admitted to this course. Additional prerequisites apply. See website for full academic entry requirements.

INTAKE Semester 1

DURATION 1.5 years or 1 year accelerated

Global Master of Business Administration

Get ready for any challenge as you develop the skills and knowledge underpinning agile leadership. Build expertise applicable in any business, including financial knowledge and how to harness digital disruption. And go beyond just understanding business strategies – explore how top management leaders develop plans.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

Admission may be granted to applicants without an undergraduate degree but with five or more years of relevant work experience. In making an offer to an applicant, the University will give consideration to a range of factors, including academic record, English proficiency and/or employment experience.

Additional selection criteria apply. See website for full academic entry requirements.

DURATION 2 years

INTAKE

Master of Musculoskeletal Physiotherapy

Semester 1 & 2

La Trobe's Master of Musculoskeletal Physiotherapy is a program designed for practising physiotherapists who want to gain advanced clinical skills in the field of musculoskeletal physiotherapy. Through a blend of online and set residential block learning, you'll learn from leading industry clinical leaders, academic staff and colleagues at one of Australia's longest established physiotherapy schools.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

At least two years clinical experience in the clinical area of musculoskeletal physiotherapy Applicants must have a full current Australian Physiotherapy registration or be eligible for full registration as a physiotherapist with the Australian Health Practitioner Regulation Agency (AHPRA). Evidence must be submitted when applying.

Specialisation - compulsory: Physiotherapy

INTAKE Semester 1

DURATION 2 years

Master of Physiotherapy Practice

POSTGRADUATE DEGREES

Physiotherapists assess, diagnose and treat patients with movement disorders or disabilities. The first year of the course will develop core knowledge and skills required for effective physiotherapy practice in a range of healthcare settings, and work with clients from across the lifespan. The second year of the course comprises integrated theory and clinical practice subjects, where advanced physiotherapy knowledge and skills will be developed and applied to clinical environments.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

WAM - Weighted Average Mark (WAM) at least 70%

Additional prerequisites apply. See website for full academic entry requirements.

INTAKE Term 1

DURATION 2 years

Master of Sport Analytics

Get the skills needed to meet the growing demand for sports insights and performance analysis. Learn how to use data to boost athlete performance and wellbeing. Get hands-on experience with industry-standard technologies and advanced analytics tools including R, Python and SQL, computer vision and video annotation software, machine-learning platforms and other athlete management systems.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

Prior learning developed through relevant work experience or professional accreditation, where it is deemed to be at least equivalent to that obtained through a Bachelor degree, may be considered. In making an offer to an applicant, the University will give consideration to a range of factors, including academic record, English proficiency and/or employment experience

Specialisation - compulsory: Sport and/or business and/or STEM-/or relevant industry experience as determined by Course Coordinator.

INTAKE Semester

DURATION 2 years

Master of Sports and Exercise Physiotherapy

If you're a practising physiotherapist, our Master of Sports and Exercise Physiotherapy gives you an in-depth understanding of the clinical sciences underpinning musculoskeletal and sports physiotherapy. Explore the pain sciences and human tissue sciences, and learn how tissues develop, adapt to normal and intense use, and respond to overload and injury.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

Specialisation - compulsory: Physiotherapy.

Current full registration as a physiotherapist or be eligible for full registration as a physiotherapist under the Australian Health Practitioner Regulation Agency (AHPRA). Please provide a copy of your registration when applying

of your registration when applying.

Applicants must have a minimum of two years of current clinical experience

in the clinical area of sports and exercise physiotherapy

INTAKE Semester 1

DURATION 2 years (part-time)

Master of Strength and Conditioning

If you've always wanted to work with athletes – or you're a current practitioner who'd like to enhance your skills – La Trobe's Master of Strength and Conditioning can enhance your career as you learn the latest skills and knowledge on strength, speed and endurance. You'll study with expert academics and industry leaders as you learn how to work with elite, professional and amateur athletes.

PREREQUISITES Successful completion of an Australian bachelor degree (or equivalent).

Specialisation - compulsory: Sport and/or exercise science and/or related field

INTAKE Semester

DURATION 1.5 years

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MEL Melbourne (BEN) Bendigo (SYD) Sydney (SHP) Shepparton (A-W) Albury-Wodonga (MIL) Mildura (ONL) Online

22 La Trobe University

23

(MEL)

HOW TO APPLY

No

Book a one-on-one

consultation with

our Future Students

team, or use our online

pathway and entry

program finder to

explore your pathway

options into your

dream course

THERE ARE A FEW WAYS TO APPLY TO STUDY AT LA TROBE

Follow the path below to discover the best way for you to apply. To discuss your eligibility, speak with a Future Student Consultant at: latrobe.edu.au/study/contact

I'M IN YEAR 12

Graduating with an ATAR?

Yes

Consider applying for one of our early entry programs e.g. Aspire or RISE

Prepare to apply for your undergraduate course

How to apply

You need to apply via the Victorian Tertiary Admissions Centre (VTAC) or Universities Admissions Centre (UAC) for select courses. Your application is then assessed based on your Year 12 results when they're released or your outcome from an early entry program

VTAC or UAC

I'M NOT IN YEAR 12 OR I'VE COMPLETED AN **UNDERGRADUATE DEGREE**

Demonstrate your eligibility for uni in the following ways

- High school results
- TAFE/VET Studies
- Diploma results
- Uni studies partial or completed
- Tertiary Preparation Program (TPP)
- Work and life experience
- Special Tertiary Admissions Test (STAT) results

Multiple courses

If you're applying for multiple undergraduate courses or applying for a select undergraduate course at more than one institution, you must apply via the Victorian Tertiary Admissions Centre (VTAC) or Universities Admissions Centre (UAC)

One course

If you're applying for a postgraduate course or only one undergraduate course at La Trobe, you can apply direct to La Trobe via the course page online

VTAC or UAC

Apply direct1

Has it been a while since you last studied?

If you haven't completed Year 12, completed it some time ago, or don't have an ATAR, our free Tertiary Preparation Program (TPP) unlocks a La Trobe Entrance Score and access to our courses. Your tailored program will develop study fitness, build academic and communication skills, and prepare you to overcome study challenges.

1. Semester 2 intake is via Direct Applications only. Not all courses available via Apply Direct in Semester 1 The information on this page is meant for domestic students only. You are considered a domestic student if you are an Australian or New Zealand citizen, Australian permanent resident, or permanent humanitarian visa holder. Information on how to apply as an international student can be found online at latrobe.edu.au/study/apply/international

LEARN MORE **ABOUT** THE TPP







JOIN US AT OPEN DAY

Explore your study options, chat with current students and teachers, tour our campuses, and discover what it's really like to study at La Trobe.

Melbourne (Bundoora)

3 August

Shepparton

10 August

Mildura

13 August

Sydney

16 August

Albury-Wodonga

17 August

Bendigo

24 August

latrobe.edu.au/openday



TAKE THE NEXT STEP

Visit the sport hub

latrobe.edu.au/sport

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latrobe.edu.au/chat

Call us

1300 135 045

Book a consult

consultation.latrobe.edu.au

Ask us a sport question

sport@latrobe.edu.au

STAY CONNECTED

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@latrobesport

LinkedIn

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