



# ANNUAL REPORT 2018

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## Glossary

APSAD	Australasian Professional Society on Alcohol and other Drugs
CAPR	Centre for Alcohol Policy Research
DECRA	Discovery Early Career Researcher Award
FARE	Foundation for Alcohol Research and Education
GENAHTO	Gender and Alcohol's Harm To Others
HDR	Higher Degree Research
IAC Study	International Alcohol Control Study
NDSHS	National Drug Strategy Household Survey
NGO	Non-government Organisation
NHMRC	National Health and Medical Research Council
NIAAA	National Institute on Alcohol Abuse and Alcoholism (USA)
VSURF	Victorian Substance Use Research Forum
VIDGE	Vieteries Describle Combline Formulation

Australian Research Council

# About us

The Centre for Alcohol Policy Research (CAPR) is a world-class academic unit at the forefront of alcohol research. Our discoveries are used to promote and inform the development of evidence-based, effective alcohol policy in Australia and internationally.

We work closely with the Foundation for Alcohol Research and Education (FARE) and other partners to ensure our findings are translated for policymakers and the public.

### **Governance:**

Guided by La Trobe University's Research Centre Strategic Framework, a volunteer advisory board of stakeholders oversees our activities and gives independent guidance and support to help us meet our aims. We are grateful to the members for their time and dedication.

### Our aim

We aim to conduct world-leading alcohol research, in order to build and disseminate the evidence needed for effective public health oriented alcohol policies. To achieve our aim, we conduct research in three broad areas:

- Monitoring which includes consumption trends, international comparisons, harms from alcohol, costs and method development.
- Intervention opportunities covering taxation, trade agreements, liquor outlets, policy changes and behaviours.
- Contexts such as the home, events, cognitions and cultures.

### **Advisory Committee members:**

### **External experts**

Professor Margaret Hamilton (Chair)

Professor Alison Ritter, Director, Drug Policy Modelling Program, University of New South Wales

#### La Trobe University

Professor Stephen Kent, Head, School of Psychology and Public Health

Professor Rachel Huxley, Assistant Pro Vice-Chancellor - Research, College of Science, Health and Engineering

Associate Professor Anthony Lyons, Australian Research Centre for Sex, Health and Society

Professor Christine Bigby, Director, Living with Disability Research Centre

#### **FARE**

Mr Michael Thorn, Chief Executive Dr Nadine Ezard, Director

#### CAPR

Professor Emmanuel Kuntsche, Director Dr Michael Livingston, Deputy Director Professor Robin Room

# MESSAGE FROM THE DIRECTOR

When commencing my role as Centre Director one and a half years ago, I took over a world-leading research centre, led by Robin Room, one of the most productive and well-regarded experts in the field. Our story continues and the centre has achieved immense success in 2018. Staff numbers are growing with new academic hires, two new research officers, and three new PhD students. Our publication track-record is increasing and staff and student satisfaction is high. In the 2018 La Trobe Employee Opinion Survey, all CAPR participants agreed that they are able 'to meet work challenges effectively', that they 'have the opportunity for professional development and growth' and that 'their work provides them with a feeling of personal accomplishment.' CAPR seems to be a good place to be.



Two circumstances contributed to these successes. The first is due to the ongoing and increased commitments of La Trobe University, the Foundation for Alcohol Research and Education (FARE) and partners, such as The Victorian Health Promotion Foundation (VicHealth), for which I am very grateful. As you will see in this report, these relationships support CAPR's capacity to produce and communicate policy-relevant evidence to address the health, economic and social harms associated with alcohol. Facilitated by the University's 2017 Research Centre Strategic Framework and my own efforts, CAPR is now better integrated in the School of Psychology and Public Health. In 2018, CAPR staff started a number of exciting collaborations within the School and the University more broadly. These include Deborah Gleeson and Dennis Wollersheim from the Department of Public Health, Jeff Young from the Bouverie Centre, Zhen He and Yi-Ping Phoebe Chen from the Department of Computer Science and Information Technology, and Matthew Nicholson and Geoff Dickson from the Centre for Sport and Social Impact, to name but a few. I would like to thank Stephen Kent, the Head of School, Jacquie Burnheim, the School Manger, and their team, who have facilitated these partnerships and

provided guidance, ongoing support and patience in so many aspects. It is an enormous pleasure working in this School and University. I would also like to thank Michael Thorn and his team at FARE for being such a dynamic, reliable and encouraging partner.

Second, and at least equally important, is the hard work, engagement and drive of all who work at CAPR. In every important decision, I can rely on the experience and expertise of both Michael Livingston, my deputy, and Robin Room, my predecessor. CAPR's Advisory Board members also provide invaluable advice, particularly Margaret Hamilton, the current Chair, and an extraordinary mind. I would like to congratulate Sarah Callinan, Amy Pennay, Anne-Marie Laslett, Cassandra Wright, and Heng (Jason) Jiang for receiving highly competitive Australian Research Council (ARC) and National Health and Medical Research Council (NMHRC) career fellowships or grants and Megan Cook for securing PhD funding. These are not only huge personal successes but are also essential for the Centre. Beyond individual strengths, skills and accomplishments, however, the achievements at CAPR are a team effort. The cohesion, optimism, reciprocity, and sociability displayed ensures our success and helps create the gratifying

workplace that staff describe in the Employee Opinion Survey mentioned above. Personally, I often have to force myself to go home in the evening because so many exciting things are still to be done.

Robin once told me how proud he was having succeeded in bringing the 'CAPR spirit' over from Turning Point to La Trobe. I believe the CAPR spirit continues and will continue in the future as thrilling times are ahead. In 2019, CAPR will employ a Centre Administrator and a Knowledge Broker and will relocate to a dedicated building allowing all staff, students, and visitors to be co-located, further facilitating productivity and growth. Moreover, with enormous help from James Fazzino, a Vice-Chancellor's Fellow, we are in the process of finalising the 2019-2023 Strategic Plan to prepare us for the challenges and opportunities arising in the future. I hope you are as curious and excited as I am to see CAPR progressing in the years to come.

**Professor Emmanuel Kuntsche** Director, CAPR

### MESSAGES FROM KEY STAKEHOLDERS



Professor Russell Hoye, Deputy Vice-Chancellor (Research and Development), La Trobe University

La Trobe University has a strong history of research excellence, with an emphasis on research that has real-world relevance. CAPR fits squarely within this history, they are doing important work aimed at reducing alcohol-related harm and are having real-world impact via their strong partnerships with policy makers, non-governmental organisations (NGO) and other researchers.

CAPR's arrival at La Trobe three years ago coincided with the development of our Research Centres Strategy, which has provided a supportive framework in which the Centre has been able to thrive, producing high quality research outputs, winning competitive research grants from the ARC and NHMRC and forging strong partnerships with partner agencies. CAPR's continuing growth and strong international links highlight the strength of the team and the ongoing success of the partnership between La Trobe and FARE.



Professor Stephen Kent, Head, School of Psychology & Public Health, La Trobe University

It's been very gratifying to see CAPR continue to thrive in the past year. It's been an exceptionally strong year for the Centre in terms of grant success, with a steady stream of new projects and fellowships providing for significant growth. In particular, it was exciting to see two of CAPR's cohort of early career researchers rewarded with highly competitive Discovery Early Career Researcher Award (DECRA) funding from the ARC. The Centre's stature was further demonstrated by its ability to attract Dr Cassandra Wright in late 2018, an impressive researcher who is joining CAPR via a successful NHMRC Early Career Fellowship.

These achievements alongside the continuing stream of project funding from VicHealth, the Victorian Responsible Gambling Foundation, FARE, and others have meant that in 15 months CAPR has outgrown the purpose built space created for them in Bundoora. Hence we are looking for additional real estate. It's a good problem to have. It's also been really pleasing to see the ongoing integration of CAPR into the School of Psychology and Public Health. It's an exciting time for CAPR and the school – I'm looking forward to what comes next!



Professor Margaret Hamilton, Order of Australia (AO), Honorary Professorial Fellow, Melbourne School of Population and Global Health, University of Melbourne

It is a privilege to Chair an Advisory Committee when the team involved are as exceptionally productive, relevant and committed as the members of CAPR. In addition to their many publications for this past year (87 in total from 21 staff), their work has had both academic and policy impact at local, national and international levels.

While the initial Director, Professor Robin Room, has been internationally recognised as a leader in the field for decades, it is impressive that so many of the CAPR team are now called on independently to present their work at international forums and are engaged in high-level policy advice. I will end my term as Chair of this Committee noting with admiration and gratitude the leadership group within CAPR.

The appointment of Professor Emmanuel Kuntsche as Director in 2017 increased CAPR's presence within La Trobe University. His guidance, particularly in strategic planning, suggests that CAPR will continue to be the 'go-to' Centre for information and advice on intoxicating products, social and cultural norms and economic levers that can help guide our country and others in finding better ways of managing alcohol in our various communities in the future.



Michael Thorn, Chief Executive of the Foundation for Alcohol Research and Education

CAPR's métier as a global leader in alcohol research enables FARE to maintain an exceptionally high standard of policy advocacy, thought leadership and campaigning to stop the harm to Australians from alcohol.

Through our collaboration, CAPR and FARE have used both investigator-led research and commissioned studies that have resulted in the tailoring of policy frameworks and provided sound and incontrovertible evidence for policy reform. Notably, the high-profile national campaign End Alcohol Advertising in Sport has derived much of its evidence from CAPR studies in relation to youth drinking, and the impact of alcohol use during sports fixtures and rates of domestic and non-domestic violence.

Having an internationally-renowned research brand and reputation for excellence makes CAPR a central and important partner in FARE's efforts to stop alcohol harm.

# **STAFF**

### **Academic staff**

Professor Emmanuel Kuntsche, Director

Dr Michael Livingston, Deputy
Director

Professor Robin Room

Dr Sandra Kuntsche

Dr Sarah Callinan, Senior Research Fellow

Dr Robyn Dwyer

Dr Heng (Jason) Jiang

Dr Amy Pennay

Dr Anne-Marie Laslett

### Research officers

Gabriel Caluzzi\*

Megan Cook\*\*

Dr Michelle Fitts

Florian Labhart\*

Mia Miller

Janette Mugavin\*

Yvette Mojica Perez

Oliver Stanesby

Rakhi Vashishtha\*

### **Associated staff**

Dr Sarah MacLean, Senior Lecturer, Social Work and Social Policy

### **Honorary appointments**

Dr Kylie Lee, Indigenous Health and Substance Use, Discipline of Addiction Medicine, Sydney Medical School, University of Sydney

Dr Claire Wilkinson, Drug Policy Modelling Program, Social Policy Research Centre, University of New South Wales

Dr Harindra Jayasekara,
Department of Clinical
Pathology, University of
Melbourne, and Cancer
Epidemiology Division,
Cancer Council Victoria

Dr Orratai Waleewong, visiting research fellow (2016-2018)



CAPR members not included: Gabriel Caluzzi, Christopher Cheers

<sup>\*</sup>Higher Degree Research student in addition to research role.

<sup>\*\*</sup>Centre Administration in addition to research role.



, Florian Labhart, Sarah MacLean, Mia Miller, Rakhi Vashishtha.

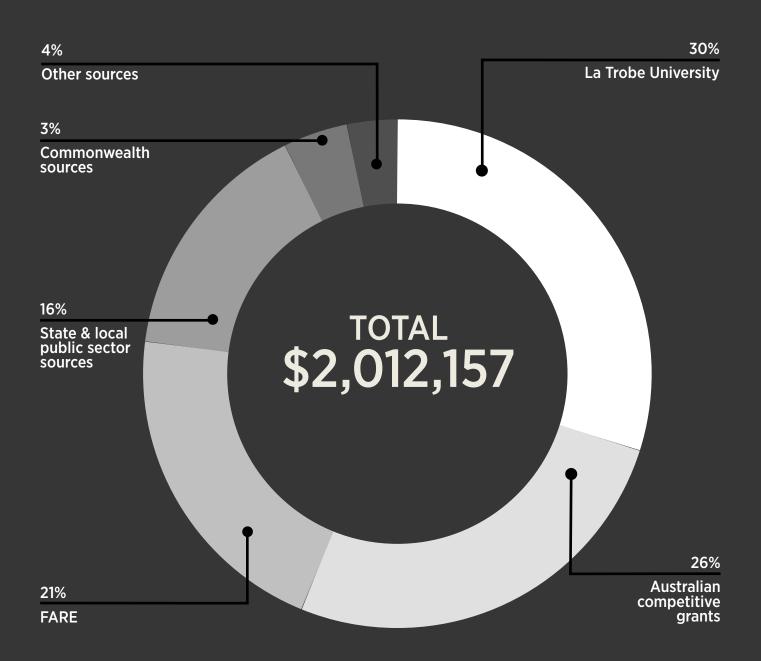


The contract between FARE and La Trobe highlights several specific objectives for CAPR:

- Undertake research into alcohol consumption, harms and their social, cultural, economic and environmental context, and policy and program responses;
- Lead and coordinate a research agenda for world class population health and alcohol policy research;
- Contribute evidence from research to the development of harm-reducing alcohol policy in Australia and internationally;
- Work collaboratively with FARE to promote and translate research;
- Contribute to education and training of the next generation of highly skilled alcohol policy academic leaders; and,
- Subject to agreement, work towards developing and coordinating a national alcohol policy research network to promote alcohol policy research.

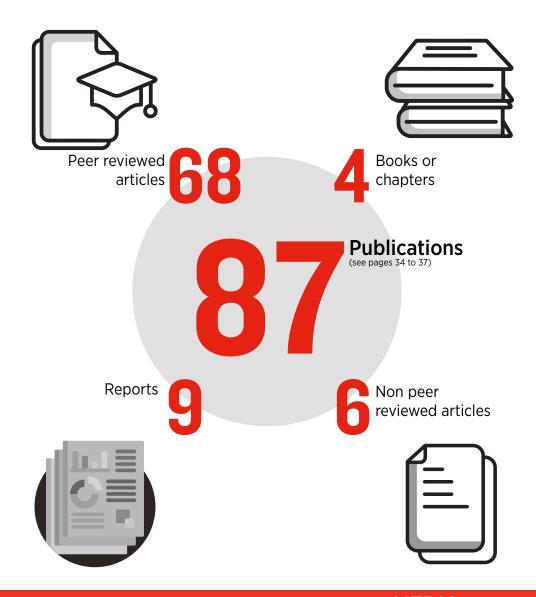
These objectives are seen as applicable to CAPR's work as a whole, although FARE's funding of CAPR's core grant accounts for about 20% of its total funding. The report showcases key areas of work towards these goals.

# SUMMARY OF FUNDING SOURCES



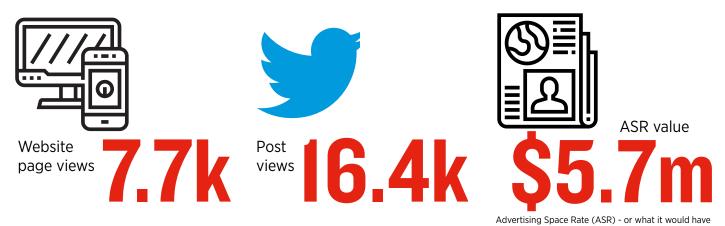
# HIGHLIGHTS OF 2018

### **OUTPUTS**



### **MEDIA**

cost to advertise in these spaces, see page 26.



### **CONFERENCES**

### **IMPACT**







Policy submissions

(see page 24)



Presented conference papers



National conferences



Committees or steering group memberships



### **CAPR STAFF**



3.7<sub>m</sub>

Staff and PhD

Staff and PhD students

21

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# RESEARCH HIGHLIGHTS



### Decline in youth drinking trends

Michael Livingston, Amy Pennay, Sarah MacLean, Dan Lubman, John Holmes, Rachel Herring, Paul Dietze

CAPR staff first identified a sharp decline in youth drinking in Australia in 2014

- Recent estimates suggest that the average amount of alcohol consumed by an Australian adolescent has fallen by more than 50% since the early 2000s.
- 2. This is consistent with declines in many other countries.
- CAPR has been building a significant research agenda in this space, predominantly via a major ARC grant awarded in 2016 that funded a project to better understand these declines.

This project funds two PhD students: Rakhi Vashishtha and Gabriel Caluzzi, who are trying to better understand what has driven these changes in youth drinking. Both students have passed their confirmation of candidature and are immersed in their projects. Rakhi has conducted a systematic review of studies examining explanations for youth drinking declines worldwide, finding some evidence that parenting has changed as well as identifying significant research gaps in the literature. Gabriel has completed 50 in depth interviews with Victorian young people to try and develop a more nuanced understanding of the role of alcohol in their lives, and has also worked closely with Amy on a book chapter examining the links between changing youth culture and alcohol.

Alongside this work, CAPR has continued to build international collaborations on this topic, including some work on Swedish young people and as co-coordinators of a major international meeting on the decline in youth drinking to be held in April 2019. Key papers in 2018 include the first analysis of Australian data on factors influencing individual decisions to cut back on drinking and an overview paper pointing to the need for better international collaboration on the topic. A highlight of 2018 was Amy's success with a highly competitive ARC DECRA grant that will fund her work to continue exploring this topic over the next three years.

Funder: Australian Research Council Discovery Project grant.

# Trends in alcohol consumption, attitudes and related harm

#### Michael Livingston, Robin Room

The aim of this stream of work is to better understand how alcohol consumption, attitudes to alcohol and alcohol-related harms, are changing in Australia. This relates closely to the program of work that CAPR conducts around young people, but its overall aim is to provide a broader, population level outlook on this topic.

A key outcome to date has been the validation of existing surveys conducted regularly in Australia as reliable measures of trends at the population level. While it is clear that surveys substantially under-estimate the true level of alcohol consumption in Australia, work led by Michael has shown that these surveys capture trends quite well. Other recent work has also identified that there have been substantial changes in attitudes to alcohol in Australia and has provided valuable insights on gender convergence in alcohol consumption. and demonstrating that men still continue to drink at the riskiest levels.

The other important component of this stream of work involves better understanding how population-level changes in drinking affect population rates of various alcohol-related harms. CAPR has a long history of work on this topic, but some of the recent work showing that changes in per-capita consumption influence cancer mortality rates are particularly exciting.

Funders: National Health and Medical Research Centre, Career Development Fellowship; Australian Research Council Discovery Project

### **Price and policy**

Heng (Jason) Jiang, Robin Room, Michael Livingston, Sarah Callinan, Melvin Barrientos Marzan

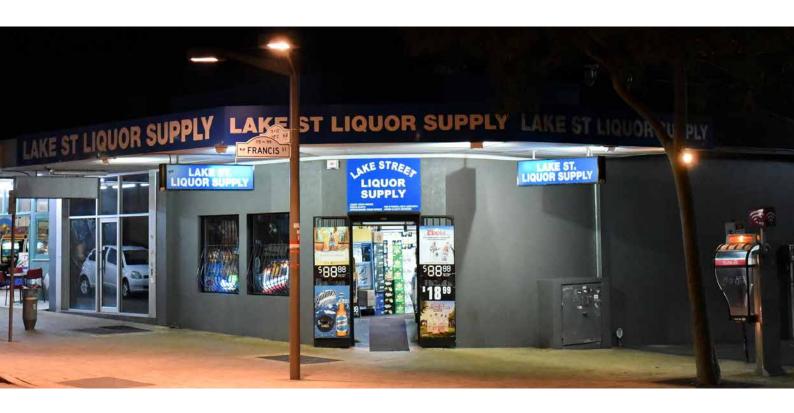
The mortality and morbidity rates due to risky or heavy drinking are substantial in Australia and could be halved by reforming the alcohol tax system or introducing a floor price per standard drink. A significant CAPR project led by Heng (Jason) examines the effects, effectiveness and cost-benefits of alcohol pricing policy initiatives in reducing risky drinking, social harms and health inequalities among priority populations in Australia. This project is providing key research evidence to cut through current policy debates and will point towards the most effective

potential options for alcohol tax reform.

Some of the key data that will be generated include estimates of the effects of different alcohol pricing policies on consumption amongst different subpopulation groups in Australia, as well as on health and social outcomes and on health inequities. These studies will also provide robust cost-effectiveness and cost-benefit analyses of potential alcohol pricing policies.

In 2018, this research resulted in journal publications, as well as multiple articles in The Conversation.

Funder: National Health and Medical Research Council Project grant



### RESEARCH HIGHLIGHTS



### Drinking in the home

Sarah Callinan, Sarah MacLean, Janette Mugavin, Geoffrey Leggat

Media reporting and research on alcohol consumption most commonly focuses on drinking in public places and the problems that can ensue from this. Particular attention has been given to drinking in and around bars and other licensed venues in the night-time economy. Despite this, the largest proportion of alcohol consumed in Australia is drunk in people's homes, with just under two thirds of alcohol in Australia consumed in the drinker's own home, with another 12% consumed in other people's homes.

Sarah Callinan was successful in securing funding through an ARC DECRA fellowship to take a multi-faceted approach to researching drinking in the home. This project, funded over three years, includes an online survey about how people's home drinking practices are shaped by habit, in-depth interviews about drinking in the home, and an investigation using longitudinal survey data into how intimate partners or married couples influence each other's drinking.

Data collection for the first part of the project, the online surveys, has been completed; interviews commenced in 2018, with data collection expected to be finished by June 2019; a peer-reviewed paper examining how cohabiting couples influence each other's drinking has been submitted thus far. This paper found that cohabiting heterosexual couples do influence each other's drinking, however female influence on male drinking appears to last longer than male influence on female drinking. Future papers will explore how a couple's alcohol consumption is affected by major life events such as pregnancy, divorce and changes in financial situation.

Funder: Australian Research Council DECRA Grant



# ARC Linkage Project grant proposal, exploring drinking cultures

### Robin Room, Amy Pennay, Sarah MacLean, Robyn Dwyer

CAPR staff have published extensively on drinking cultures at a population level and among specific sociodemographic cohorts, including sexual minority women and young adults.

In order to complement existing population-level efforts, researchers and public health practitioners in Australia and internationally have increasingly argued for an additional focus on changing alcohol consumption practices, or more broadly 'drinking cultures', in subsections of the population. In previous conceptual work, CAPR staff Robin, Janette, Amy and Michael, alongside Michael Savic

(Research Fellow, Monash University and Turning Point) recommended an approach to exploring the social and cultural factors that shape drinking within particular sub-societal cultural entities, or social worlds, where heavy drinking or alcohol-related harms are disproportionately high. This formed the basis of VicHealth's Alcohol Cultures Framework, a document that provides a guide to public health action on drinking cultures, and continues to shape CAPR's approach to this field of research.

Work that commenced in 2017 included a study investigating four social worlds where heavy drinking occurs disproportionately, and an ongoing evaluation of a suite of interventions aimed at these social worlds (projects funded by VicHealth). Robyn secured a subsequent funding contribution, also from VicHealth, towards an ARC Linkage

Project grant, exploring drinking cultures within the occupational groups of nurses and lawyers. The full ARC application was submitted in late 2018, with an expected outcome to be delivered in the first half of 2019.

In 2018, a research paper was published on drinking cultures among middle-aged same-sex attracted women, led by Sarah. The project team also gave a number of presentations on drinking cultures. CAPR staff submitted a report to VicHealth reviewing available studies on changing drinking cultures and provided expert advice to assist VicHealth in updating the Framework.

Funder: VicHealth

### RESEARCH HIGHLIGHTS

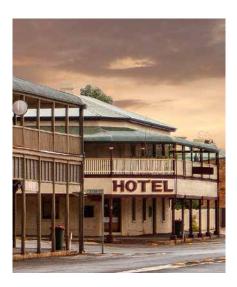
### The sports bar project

Amy Pennay, Michael Livingston, Robyn Dwyer, Emmanuel Kuntsche, Robin Room, Megan Cook, Matthew Nicholson

Situated within CAPR's drinking cultures stream of work, in 2018 Amy and colleagues undertook a project commissioned by the Victorian Responsible Gambling Foundation (VRGF), in collaboration with VicHealth, on the intersection of alcohol, sport and gambling in Victoria. In particular, this study sought to investigate the environmental and patron characteristics of sports bars, with a view to informing prevention efforts to reduce harmful sports betting and drinking practices in sports bars.

The project involved a combination of interviews with sports bar patrons and staff, observational research in venues and analysis of licensee data and international literature. Findings suggest that sports bars have increased in number in Victoria over time, particularly sports bar franchises in suburban areas, attended predominantly by young men. There are, however, other types of venues where sport is viewed and risky drinking and sports betting is undertaken, including venues that operate predominantly as gambling or drinking venues, but contain a section of the venue dedicated to sport viewing, often attended by older patrons. Risky drinking and sports betting is common at sports bars, but the extent to which this is harmful for patrons needs further exploration. CAPR is continuing to explore the strong and often unquestioned relationship between sport and alcohol in work currently underway.

Funder: Victorian Responsible Gambling Foundation



### Identifying and responding to unwelcome sexual behaviour in licensed live music venues. Pilot program evaluation

Robyn Dwyer, Sarah Callinan, Amy Pennay, Robin Room, Michael Livingston, Megan Cook

In late 2017, Robyn and colleagues were commissioned by the Office of Liquor, Gaming and Racing, Victorian Department of Justice and Regulation to conduct an independent evaluation of its pilot program to address sexual harassment and assault in licensed live music venues. The pilot program comprised a policy template for use by venues, a face-to-face staff training program and marketing materials distributed within the venues to raise awareness of the pilot program with staff and patrons. Nine venues in Victoria participated in the pilot program. The purpose of the evaluation was to determine the effectiveness of the program in enhancing the capacity of venue staff to appropriately respond to instances of sexual harassment and assault and increasing patron confidence that such incidents will be managed appropriately. Throughout 2018, Robyn and Megan worked with a team of research assistants to conduct surveys with managers, staff and patrons of the participating venues. The evaluation team attended each of the nine venues at two time points (pre/post program implementation) to conduct surveys with venue patrons. Staff completed online surveys at these two time points. Managers at each of the participating venues were also interviewed to map venue characteristics and audit sexual harassment and assault incident management and reporting processes, and numbers of incident reports. The Final Report was approved by the Department in December 2018.

Funder: Victorian Department of Justice and Regulation, VicHealth

### The association between State of Origin and assaults in two Australian states

#### Michael Livingston

There is a growing body of evidence linking sport, alcohol and violence in high-income countries. In this study, Michael used data on police-reported domestic and non-domestic assaults to determine whether there were more assaults in New South Wales on the nights when State of Origin rugby league matches were played. The data showed that there are significant increases in violence in New South Wales on State of Origin nights - equating to a 40% increase in domestic assaults and a more than 70% increase in non-domestic assaults. In contrast, there were no significant increases in violence in Victoria (where State of Origin games are not played), which provides at least some suggestion that the effects identified in New South Wales are causal.

These significant spikes in assaults on State of Origin nights are likely to reflect increases in social activities (parties, going to bars) and alcohol consumption, but may also at least partly relate to changes in policing practices.



The findings raise significant questions for harm reduction – shifting the focus of major sporting events away from alcohol is likely to reduce the magnitude of these effects, but the inherent aggression involved in sports like rugby league may mean increased violence

regardless. The results also suggest important implications for resourcing and planning among police and health-system workers.

Funder: Foundation for Alcohol Research and Education

### Transdermal alcohol measurement

### Emmanuel Kuntsche, Kelly van Egmond, Cassandra Wright, Michael Livingston

The overwhelming majority of alcohol research relies on self-reporting, which has several limitations, particularly underreporting, mainly due to recall bias. La Trobe Research Start-up funding allowed Emmanuel to purchase 20 transdermal alcohol monitors, which enable alcohol consumption measurement entirely free from recall bias and response burden. In September 2018, supervised by Emmanuel, Cassandra and Michael, Kelly started her PhD at CAPR, validating the transdermal alcohol monitors to determine their accuracy, reliability, and usability. These transdermal monitors will also enable gathering objective data on alcohol consumption over time.

Kelly is currently writing a systematic



review summarising the current state of knowledge in transdermal alcohol measurement, aiming to provide an overview of the currently available technology and the recent advances towards converting the transdermal readings into an estimation of breath alcohol concentration. The main component of her PhD project will be a lab study, where participants

will consume alcohol while wearing a transdermal monitor. The results of this project will enable improved interpretation of transdermal alcohol data and improved future usefulness of the devices for large-scale studies undertaken at CAPR and elsewhere.

Funder: La Trobe University

### RESEARCH REPORTS

As part of our funding agreement with FARE, CAPR provides research reports on topics salient to alcohol policy and advocacy in Australia.

These independent original research reports contribute to the evidence base for harm-reducing alcohol policy in Australia. The research is used to inform a range of FARE's alcohol advocacy projects.

FARE has no input into the content or conclusions of the research, but we work with them to share the findings and evidence with a wide audience.



### Examining Australia's heaviest drinkers

### Michael Livingston, Sarah Callinan

Until recently, researchers and policy makers have had very little understanding of the characteristics of the heaviest drinkers in Australia. This group is likely to experience higher levels of both acute and chronic harms from alcohol so are clearly an important target for public policy.

Michael undertook a study to provide the first robust analysis of alcohol consumed in Australia by the heaviest drinkers. Using data from the 2016 National Drug Strategy Household Survey (NDSHS) and the 2013 International Alcohol Control (IAC) Study, he identified that the heaviest drinking 10% of the population consumed 54.4% of all alcohol in Australia in 2016. These heavy drinkers were more likely to be male, were slightly more likely to be aged between 40 and 69, to live in outer regional or rural Australia, and to drink cask wine and beer. Analyses of IAC data also showed that the heaviest drinkers tended to purchase cheaper alcohol than non-heavy drinkers.

The NDSHS data identified that these heaviest drinkers were three times more likely than other drinkers to report driving under the influence of alcohol and around five times more likely to report causing public disturbances,

quantifying the hypothesis that this heavy drinking is contributing substantially to alcohol-related harm in Australia.

As the first Australian study to examine the sizeable contribution that heavy drinkers make to the alcohol market in Australia, the results suggest that interventions targeting cheaper alcohol may be an effective way to reduce harmful alcohol consumption within this group. The study provides further evidence that price-related interventions such as volumetric taxation or minimum unit pricing are worth exploring, with CAPR currently undertaking further research in this space.



Find the full report here: http://bit.ly/FARE-HeavyDrinkers19

### Drinking trends by age and over time among baby boomers and older drinkers

#### Sarah Callinan, Michael Livingston

With alcohol consumption continuing to decrease amongst young people, there is increasing concern that baby boomers (those born between 1946 and 1964) are not decreasing their consumption in the same way, and thus are still experiencing the same harm from alcohol as when overall consumption was at its peak. Using data from the Household Income and Labour Dynamics in Australia (HILDA) survey, this study carried out by Sarah and Michael tested the hypothesis that boomers were failing to decrease their consumption at the same rate as generations before them at the same age. However, no evidence for this particular hypothesis was found, CAPR is continuing to focus on the drinking practices of older drinkers, in particular habitual drinking in the home, with future work planned to look at whether alcohol researchers are under-identifying older drinkers through commonly used alcohol measurement surveys.

Find the full report here: http://bit.ly/CAPR-Boomers

# Public health arguments in planning and licensing appeal processes: A case study of the City of Casey's attempt to regulate a new chain packaged liquor outlet

### Claire Wilkinson, Janette Mugavin, Robyn Dwyer, Sarah Jackson (Cancer Council Victoria)

Regulatory restrictions on the physical availability of alcohol have been identified as a cost-effective strategy to decrease alcohol consumption and the related health and social harms and costs. Current conflicts over alcohol availability in Australia tend to be over new licenses, with industry applicants frequently granted planning approval and liquor licenses despite local government opposition. Claire, Janette, Robyn and Sarah Jackson undertook a case study to better understand why one local government's attempt to restrict the trading conditions and prohibit the opening of a large chain packaged liquor outlet in Cranbourne East, Victoria, was unsuccessful.

The team analysed the review decisions of the relevant regulatory bodies and interviewed participants involved in the proceedings to obtain their experiences and views. The study found that this case sets an ambiguous direction for the scope of public health considerations within planning decisions for licensed premises. The decisions in this case suggest that the social harms of alcohol are infrequently a consideration in planning law, despite the State Government's previous amendments to the planning system requiring local councils to consider the impacts of new alcohol outlets on the community.

A key policy implication to stem from this research is the need for greater legislative support for considering the social impacts and the risk of harm from licensed premises in planning and licensing decision-making.

Find the full report here: http://bit.ly/CAPR-Casey

### Alcohol's harm to others: a detailed analysis of 2016 NDSHS data

#### Anne Marie Laslett, Heng (Jason) Jiang, Robin Room

Data from the NDSHS was analysed to better understand which groups of Australians are more likely to be affected by alcohol's harm to others and, relatedly, which groups of Australians report hazardous behaviours that affect others whilst drinking.

The study found that one in five (21%) respondents reported harm from others' drinking in the previous 12 months, with a similar proportion of respondents reporting hazardous behaviour that may have affected others. Men were most likely to be harmed by others in the street and in pubs and clubs, whereas women were most likely to be harmed by others' drinking at home. Overall, respondents who reported partaking in more hazardous behaviours were more likely to be young, never married, higher income earners, with higher levels of education, and from rural and regional areas. Fifty percent of respondents who reported heavy drinking reported at least monthly hazardous behaviour.

This study demonstrates that different policy strategies seem to be required for men and women, given respondents were affected by different relationships and in different settings. Future studies will seek to better understand the harms people experience in more detail, the settings in which they occur and in what situations relationships and public harmony break down and result in harms linked to others' drinking.

Published report forthcoming

# Examining trends in alcohol consumption during pregnancy in Australia, 2001 to 2016

### Oliver Stanesby, Megan Cook, Sarah

Alcohol consumption during pregnancy is linked to Fetal Alcohol Spectrum Disorder (FASD), as well as a range of other conditions such as low birth weight, neurophysiological disorders and pre-term births. The 2009 National Health and Medical Research Council's (NHMRC) Australian Guidelines to Reduce Health Risks from Drinking Alcohol recommend that for women who are pregnant, planning a pregnancy or breastfeeding, not drinking alcohol is the safest option.

In order to better understand the trends in alcohol consumption during pregnancy and before knowledge of pregnancy, Oliver, Megan and Sarah undertook an analysis of data from six waves of the NDSHS. The study looked at overall alcohol consumption during pregnancy between 2001 and 2016, as well as the level of consumption in women before they knew they were pregnant, and the level of consumption after knowledge of their pregnancy.

Overall, the study found that the estimated proportion of pregnant women who consumed alcohol whilst pregnant decreased between 2001 and 2016, and this decline was largest between 2001 and 2010. Many women, however, continue to drink during pregnancy, particularly those who are older and more highly educated. Another significant finding was that overall, the proportion of women drinking before the knowledge of their pregnancy has declined, suggesting that health promotion efforts around reducing drinking when trying to conceive may have been effective.

The study made clear that more must be done to address misconceptions among many Australians around the dangers of drinking whilst pregnant. The findings gained significant media coverage in a range of outlets, and the research was used to highlight the need for mandatory alcohol pregnancy warning labels.

Find the full report here: http://bit.ly/CAPR-Trends-01-16

### **COLLABORATIONS**

CAPR's strong reputation also comes from our ongoing collaborations with a broad range of both Australian and international researchers across countries such as the USA. Canada. Switzerland. Denmark and the UK. CAPR staff both lead and provide input into a number of key projects around alcohol policy, alcohol behaviours and alcohol's harms to others. Some of these projects are summarised below. A full list of collaborators can be found on page 42.



CAPR collaborators are distributed across the globe, the map shows a selection of current collaborator locations.

#### THE GROG APP

The Grog Survey App project is being led by the University of Sydney and the Aboriginal Drug and Alcohol Council of South Australia, and other partners, in collaboration with Robin and Sarah Callinan. The study aims to develop, pilot and test a tablet computer-based application ('App') to help Aboriginal and Torres Strait Islander Australians describe their alcohol use behaviours. This survey App has been shown to be an accurate and reliable way to measure alcohol consumption compared with a clinical interview conducted by an Aboriginal health professional. Feedback from Aboriginal research assistants also suggests that the experience of completing the App and receiving its one-off brief intervention has helped more than half of the participants to reflect on their drinking. Michelle Fitts of CAPR has been working closely with University of Sydney staff on stage 2



of the project. This involves assessing the practical feasibility of the App as a population survey tool in a remote and urban community. This study is funded by the National Health and Medical Research Council and supported by the Centre of Research Excellence in Indigenous Health and Alcohol.

#### **QUANTEM**

The Queensland Alcohol-related violence and Night-Time Economy (QUANTEM) project is a large-scale evaluation project assessing the impacts of a series of major reforms around late-night alcohol outlets in Queensland. This project is led by Peter Miller (Deakin University), with CAPR playing a key role in the project, conducting the economic evaluation and the analyses of emergency department presentations.

### The Refined Alcohol Expectancy Task (RAET)

In the study of alcohol consumption and its antecedents, a particular focus has been on better understanding how individuals develop beliefs about the likely outcomes of alcohol consumption (alcohol expectancies). Alcohol expectancies are important predictors of different drinking patterns and alcoholrelated harms. In the past researchers have relied on questionnaires to assess expectancies, however questionnaires are time-consuming and dependent on self-report which is subject to bias. The Alcohol Expectancy Task was developed to overcome such limitations. This improved tool will present different illustrated scenarios and ask people to indicate what they think a person has been drinking by choosing from four alcoholic (e.g. beer) and eight non-alcoholic beverages (e.g. coffee). Megan and Emmanuel are working on a project led by researchers at Edge Hill University, Lancashire, UK, to revise this task in order to address limitations and



Participants, mostly young people, are shown a series of situations and a selection of drinks (both alcoholic and not) and asked to allocate a beverage they think the person has been drinking.

to assess its validity in other age groups and cultures. This involves research with participants in Australia, the UK and the US. The revised task will be a valuable resource enabling researchers to better understand one dimension of alcohol-

related cognitions – expectancies – which are important precursors of consumption and harms.

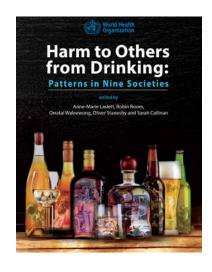
### DUSK2DAWN: Characterizing Youth Nightlife Spaces, Activities, and Drinks

Emmanuel is one of two chief investigators on the project, a collaboration with the Swiss research institute, Idiap. The Dusk2Dawn project, which is part of Florian Labhart's PhD thesis aims to combine methods of ubiquitous computing, addiction science, and human geography to characterise night time behaviour and uncover risk factors for heavy drink and alcohol-related consequences.

Work on this project has also involved a cross-discipline collaboration with colleagues in La Trobe's Department of Computer Science and Information Technology. This collaboration involves ongoing co-supervision of a Bachelor of Computer Science Honours student who is scheduled to complete a research-based thesis in 2019.

#### **GENAHTO**

CAPR's collaborations on alcohol's harm to others, through the Gender and Alcohol's Harm To Others (GENAHTO) group in the USA, Canada, Switzerland, Denmark and beyond, continue to strengthen as we co-publish findings from low and high-income countries on the social location of who is affected by others' drinking, on how people have been affected by a range of harms, of how spouses in particular are affected and how children have been affected. Internationally, as advisors on the World Health Organization and Thai Health Promotion Foundation Harm from Others' Drinking project's phase 2, we have expanded our focus to study how people attending emergency departments, police stations and family and women's services are affected by others' drinking. Final preparation for the launch of our book, edited by the Harm To Others CAPR team, is near complete, with its launch expected in June 2019.



# HDR STUDENTS

CAPR is committed to training future alcohol policy research experts. In 2018, CAPR had seven PhD students working on a broad range of topics including youth drinking, transdermal alcohol measurement technology validation, drinking contexts and factors influencing the behaviours of low-risk drinkers and abstainers.



# Low risk drinkers: Who are they and what influences their drinking patterns?

Janette Mugavin, supervised by Robin Room, Sarah MacLean & Sarah Callinan

From a cultural-political standpoint, low-risk drinking and abstinence have been offered up as national aspirations at different points in Australia's history. However, in more recent times, greater emphasis has been placed on low-risk drinking. Despite this, adult low-risk drinkers have been largely overlooked in Australian alcohol survey research. Janette's PhD project aims to investigate the factors associated with low-risk drinking and identify strategies and approaches low-risk drinkers use to manage their consumption levels. A key focus of this project is to better understand the role of alcohol in the lives of low-risk drinkers.



# Teenagers are drinking less: An examination of the factors shaping recent developments in youth drinking cultures (qualitative component)

Gabriel Caluzzi, supervised by Amy Pennay, Michael Livingston & Sarah MacLean

This PhD project is part of a broader ARC-funded grant to try to understand the drivers behind the sharp declines in youth drinking in Australia since the early 2000s. Nowadays young Australians are drinking less than previous generations at the same age. A development mirrored in other countries. To better understand these trends, Gabriel Caluzzi's PhD project has involved 50 interviews with young Victorian's aged 16-19 in order to develop a nuanced understanding of the changing role of alcohol in young adults' lives.



# Alcohol consumption and the role of interpersonal and household influences within Australian households

**Geoffrey Leggat**, supervised by Sarah Callinan, Michael Livingston & Sandra Kuntsche

An individual's alcohol consumption is shaped by many factors. In particular, the drinking habits of others we are close to can have a large effect on our perceptions and ideas regarding alcohol. Given this, Geoffrey's PhD project aims to identify and describe the influences within relationships and households contributing to changes in alcohol consumption. The role of relationship and household factors and events will be assessed to evaluate, not only the effect they have on an individual's alcohol consumption, but also how they interact with the influence that is exerted by the alcohol consumption of partners or family.



# Teenagers are drinking less: An examination of the factors shaping recent developments in youth drinking cultures (quantitative component)

Rakhi Vashishtha, supervised by Michael Livingston, Amy Pennay & Paul Dietze

Rakhi's PhD project is part of a broader ARC-funded grant to try to understand the drivers of recent declines in adolescent drinking in Australia. To do this, she is conducting a range of studies – a systematic review of existing analyses that have looked at this question globally, an exploration of trends in other risk and protective factors and a series of empirical analyses of existing survey data to test specific theories, including changes in parenting practices, changes in leisure time activities and major policy changes. The findings of this work will complement the qualitative work that Gabriel Caluzzi is conducting for his PhD and will provide critical new insights into this major generational shift in drinking practices.



### Transdermal alcohol measurement technology validation

**Kelly van Egmond**, supervised by Emmanuel Kuntsche, Cassandra Wright & Michael Livingston

Most alcohol research relies on self-reports and breath alcohol concentration, which has limitations in accuracy and participant burden. Transdermal alcohol monitors are devised to provide data on consumption with precision and no response burden. The aim of Kelly's PhD project is to test the accuracy of measuring alcohol consumption using transdermal alcohol measurement devices. The project will consist of a systematic review and empirical studies testing the transdermal alcohol measurement technology against self-report and breath alcohol measurements, comparing across genders, ages, BMI, ethnicity, individual and family drinking history, drinking rate and consumed amount of food.



# Attitude towards non-drinkers in Australia and the relationship to problematic alcohol use

Christopher Cheers, supervised by Sarah Callinan & Amy Pennay

With more and more Australians choosing not to drink, Christopher's PhD is the first study of its kind to examine attitudes towards non-drinkers in an Australian population. The studies which form his PhD aim to examine and define drinker's attitudes towards non-drinkers in Australia, and create and validate a new measure of these attitudes in a large sample. He will also examine how these attitudes may relate to problematic alcohol consumption. As the negative appraisal of non-drinkers is suggested as a barrier to reducing alcohol consumption, it is proposed that an understanding of these attitudes may allow the development of health promotion strategies that aim to create a more supportive space for moderate drinking in our community.



The 'drinking context' in context: What role does the immediate environment play in young adults' drinking behaviours and how to capture it with a smartphone application?

Florian Labhart, supervised by Emmanuel Kuntsche, Daniel Gatica-Perez & Rutger Engels

Florian's PhD thesis explores different aspects of the development and implementation of research in alcohol use in the event using a smartphone application. This comprises (1) the development of the 'Youth@Night' app and the evaluation of users' experience with this data collection tool, (2) the exploration of alcohol use behaviours and cognitions at the event level and prospectively using questionnaire data, (3) the investigation of the opportunity to replace participants' self-reports of their behaviours and contexts by collecting media data, in terms of short videos of the immediate environment, (4) the implementation of a representative street-intercept recruitment technique using geo-located data generated on social networks apps to quantify the popularity of nightlife regions over an entire city.

# CONTRIBUTION AND RECOGNITION

CAPR staff provide research-based input and advice in a number of arenas oriented to the development of harm-reducing alcohol policy.

CAPR staff also serve in other functions in the wider research and community, helping inform research agendas. Editorial and reviewing functions for scholarly journals serve the scientific community and help to set research directions.

### **Editorial appointments**

#### Sarah Callinan

- · Associate Editor, BMC Public Health
- Editor, Drugs: Education, Prevention and Policy

### Robyn Dwyer

• Editorial Board Member, Contemporary Drug Problems

### Heng (Jason) Jiang

• Associate Editor, BMC Public Health

#### **Emmanuel Kuntsche**

- · Assistant Editor, Addiction
- Deputy Editor, Drug and Alcohol Review
- Editorial Board Member, European Addiction Research

### Editorial Board Member, Journal of Behavioural Addictions

· Guest Editor. PLOS One

#### Sandra Kuntsche

- Co-Editor-in-Chief, International Journal on Alcohol and Drug Research
- Deputy Editor, *Drug and Alcohol Review*

### Michael Livingston

- Senior Editor, Drug and Alcohol Review
- Assistant Editor, Addiction
- International Editorial Board, Drugs: Education, Prevention and Policy

#### Anne-Marie Laslett

 Senior Editor and Consulting Editor, International Journal of Alcohol and Drug Research

### **Amy Pennay**

- Editor, *Drugs: Education, Prevention* and *Policy*
- Associate Editor, Addiction, Research and Theory

#### Sarah MacLean

 Associate Editor, Health Sociology Review

#### Robin Room

- Editor-in-Chief, Drug and Alcohol Review
- Editorial Board Member, Contemporary Drug Problems
- Scientific Advisory Board Member, Nordic Studies on Alcohol and Drugs

### **Awards**

Michael Livingston received the Research Excellence Award for 2018 as part of the forthcoming La Trobe University Staff Awards Ceremony. He has been recognised for his outstanding performance as a mid career researcher in the College of Science Health and Engineering. This award is in recognition of his work on alcohol policy and based on high impact and quality publications as well as significant competitive external research income. It includes \$5000 to further support his career.

### **Policy submissions**

CAPR is often asked to contribute to policy submissions. These have had a direct impact on policy and are always based on our research.

- CAPR signed the Alcohol Policy Coalition submission to Minister Hunt on the National Alcohol Strategy, submitted in connection with the Expert Roundtable, July 2018.
- Room, R. (on behalf of CAPR). Submission to the consultation on the Draft
  National Alcohol Strategy 2018-2016: Submission concerning goals and monitoring
  progress (measures of success). Submitted 9/2/2018.
- Wilkinson, C. & Livingston, M. (on behalf of CAPR). Submission to the Newcastle CBD Liquor Licence Conditions Review. Submitted 19/1/2018.



# Professional participation

- Advisory board member for the Centre for Social Research on Alcohol and Drugs (SoRAD), Stockholm University, Sweden (Robin Room)
- Board Member, Jellinek Memorial Fund (Alcohol Studies Award) (Robin Room)
- Co-ordinator of Victorian Substance Use Research Forum (VSURF) (Michael Livingston, Sarah Callinan)
- Honorary Vice President, International Council on Alcohol & Addictions (Robin Room)
- Kettil Bruun Society (President-elect, Anne-Marie Laslett; Secretary, Sandra Kuntsche; Co-ordinating Committee, Orratai Waleewong)
- Member of the Alcohol Policy Coalition (Robin Room, Michael Livingston, Claire Wilkinson, Mia Miller)
- Member of the Alcohol Taskforce of the Victorian Health Promotion

- Foundation, VicHealth (Emmanuel Kuntsche, Robin Room)
- Member of the Medically Supervised Injecting Centre (Melbourne)
   Advisory Committee, convened by the Victorian Department of Health and Human Services (Robyn Dwyer)
- Member of the National Health and Medical Research Council's Alcohol Working Committee (Michael Livingston)
- Member of the Scientific Committee for the 2018 Australasian Professional Society on Alcohol and other Drugs (APSAD) conference (Michael Livingston, Cassandra Wright)
- Member of the Technical Advisory Group for the National Drug Strategy Household Survey (Michael Livingston)
- Member of the programme committee of the 45th Annual Symposium of the Kettil

- Bruun Society for Social and Epidemiological Research on Alcohol in Utrecht, Netherlands (Sandra Kuntsche, Emmanuel Kuntsche)
- Member, Working Group on the Classification of Substance-Related and Addictive Disorders, International Classification of Diseases, WHO (2011-2018) (Robin Room)
- President of Board of Harm Reduction Victoria (Robyn Dwyer)
- Secretary of the Australasian
   Professional Society on Alcohol and other Drugs (APSAD) (Emmanuel Kuntsche)
- World Health Organization Expert Advisory Panel on Drug Dependence and Alcohol Problems (Robin Room)

# Journals for which CAPR reviewed articles

- Addiction
- Alcohol
- · Alcohol and Alcoholism
- Alcoholism: Clinical and Experimental Research
- American Journal of Preventive Medicine
- · Asia Pacific Journal of Public Health
- Australian and New Zealand Journal of Public Health
- BMC Public Health
- BMJ Open
- British Journal of Social Work
- Contemporary Drug Problems

- Drug and Alcohol Dependence
- · Drug and Alcohol Review
- Drugs: Education, Prevention and Policy
- · Emerging Adulthood
- · Ethics & Behavior
- European Journal of Integrative Medicine
- Global Health Action
- Health Education and Behavior
- Health Promotion Journal of Australia
- Health and Quality of Life Outcomes
- International Journal of Drug Policy
- International Journal of Environmental Research and Public Health
- · Japanese Studies

- Journal of Epidemiology and Community Health
- Journal of Public Health
- Journal of Studies on Alcohol and Drugs
- Journal of Substance Use
- JAMA Network Open
- Lancet
- Motivation and Emotion
- Nordic Studies on Alcohol and Drugs
- Performance Enhancement & Health
- PLOS One
- Social Sciences
- · Substance use and misuse
- The Lancet Gastroenterology & Hepatology
- Vulnerable Children & Youth Studies

### **MEDIA**

CAPR's staff are increasingly sought for media comment. Our research is covered in a number of mainstream media outlets.

Actively engaging with the media enables us to reach a broad audience and ensures CAPR's research is a key voice in the public debate around alcohol.

**ASR Value\*** 

\$5.7 million

**Audience** 

# 3.7 million people



### Daily Telegraph



### **Herald Sun**











Dr Michael Livingston at FARE offices, Canberra

Selected media appearances and subject	Outlet	Date
Kuntsche, E., Callinan, S. discussed 'There are four types of drinker – which one are you?'	The Conversation	16 February 2018
Kuntsche, E. discussed 'La Trobe University research identifies four types of drinkers, so which one are you?'	ABC Radio Canberra	18 February 2018
Callinan, S. discussed 'Drinker classifications'	ABC Radio National	23 February 2018
Livingston, M., Callinan, S. discussed 'Minimum price on alcohol in the NT will likely reduce harm'	The Conversation	01 March 2018
Callinan, S. discussed 'Minimum price on alcohol in the NT '	ABC Alice Springs	02 March 2018
Livingston, M. discussed 'State of Origin provokes family violence in NSW, says report'	The Age	21 June 2018
Livingston, M. discussed 'State of Origin provokes family violence in NSW, says report'	ABC Radio National	22 June 2018
Livingston, M. discussed 'Study of New South Wales domestic violence cases reveals spike at State of Origin'	news.com.au	22 June 2018
Livingston, M. discussed 'Study exposes 'clear' Origin link to Domestic Violence'	news.com.au	22 June 2018
Livingston, M. discussed "If England gets beaten, so will she': Shocking campaign shows domestic violence'	Daily Telegraph Australia	10 July 2018
Jiang, J. discussed 'Drinking three litres less alcohol annually per capita could slash Australia's cancer death rate'	The Advertiser	14 July 2018
Jiang, J. discussed 'More than 5,000 Australians could be saved from death by cancer by reducing alcohol consumption'	Channel 10, Eyewitness news	14 July 2018
Livingston, M. discussed 'Reduction in consumption'	ABC Capricornia	04 September 2018
Pennay, A. discussed 'Reduction in consumption'	ABC Radio Darwin	04 September 2018
Pennay, A. discussed 'Australians ignore risks of mixing alcohol with energy drinks'	3AW, Melbourne	27 September 2018
CAPR were mentioned in the article: 'Domestic violence warning on sports final weekend'	Sydney Morning Herald	29 September 2018
Pennay, A. discussed 'New generation finds being drunk unacceptable, study finds'	Herald Sun	27 October 2018



The Victorian Substance Use Research Forum (VSURF) was established in 2007 to provide an avenue for the sharing of multidisciplinary, contemporary research on alcohol and other drugs (AOD). VSURF is convened monthly, with presentations organised by researchers across four key AOD organisations - CAPR (La Trobe University), Burnet Institute, National Drug Research Institute (Curtin University) and Turning Point (Monash University). Showcasing the work of Australian and international scholars, VSURF seminars enable the dissemination of research findings to large and diverse audiences, and provide important networking opportunities for researchers and students alike.

		PRESENTERS	TOPIC
JAN	25	Associate Professor, Jakob Demant, University of Copenhagen · Department of Sociology presented at La Trobe (Melbourne CBD)	Danish young people's drinking. A discussion of the cultural dynamics and decline
	1	Professor Fiona Measham, Department of Sociology Durham University, presented at La Trobe (Melbourne CBD)	Drug safety testing: how do we measure success?
FEB	16	Dr Kari Lancaster, Social Research in Health (CSRH) at University of New South Wales (UNSW) presented at Turning Point (Richmond)	Problematising the 'evidence-based' drug policy paradigm
	20	Professor Matthew Hickman, Population Health Sciences, University of Bristol, presented at Burnet Institute (Prahran)	Prison exposure: an evaluation of opioid substitution treatment in prison on overdose risk in the community
APR	20	Florian Labhart, Idiap Research Institute (Martigny) and Addiction Switzerland (PhD candidate) presented at La Trobe (Melbourne CBD)	The same, only different: revisiting traditional concepts in alcohol research with event level data collection methods
MAY	25	Tony Barnett, Monash University, School of Psychology (PhD candidate) presented at Turning Point (Richmond)	Treatment providers' understanding of neuroscience of addiction
JUN	29	Dr Adrian Farrugia, National Drug Research Institute (NDRI), Curtin University presented at Turning Point (Richmond)	Take-home naloxone and the politics of care
JUL	13	Dr Sean Cowlishaw, Phoenix Australia Centre for Posttraumatic Mental Health at the University of Melbourne presented at La Trobe (Melbourne CBD)	Addressing gambling problems in healthcare settings: considerations for research and policy
ALIC	10	Dr Catherine Paradis, Canadian Centre on Substance Use and Addiction presented at La Trobe (Melbourne CBD)	How to mobilize a community to address alcohol harms among young people
AUG	24	Associate Adjunct Professor Peter Davidson, Department of Medicine, University of California presented at Burnet Institute (Prahran)	Making naloxone: overdose, death, and community response in the United States
ОСТ	5	Associate Professor Sarah Maclean, Social Work & Social Policy and Centre for Alcohol Policy Research, La Trobe presented at La Trobe (Melbourne CBD)	Middle aged same-sex attracted women and drinking: using social practice theory to explore alcohol cultures in a heterogeneous subpopulation
	19	Kate Vallance, Canadian Institute for Substance Use Research, University of Victoria presented at La Trobe (Melbourne CBD)	Pass or fail? Rating the provincial, territorial and federal governments on implementation of effective alcohol policies in Canada
NOV	16	Dr Gail Gilchrist, King's College London presented at Burnet Institute (Prahran)	Theory and treatment approaches for males in drug treatment who perpetrate intimate partner violence

# **EVENTS**

#### Visitors to CAPR

CAPR hosts a steady stream of both national and international visitors, which allows for the exchange of ideas and approaches and brings a crucial cross-cultural approach to our research, something increasingly important in our globalised world.

These exchanges result in project collaborations and papers, and foster important networks which continue to place CAPR at the heart of alcohol policy research internationally.

**Associate Professor Michael Cameron,** University of Waikato, Hamilton, New Zealand

**Professor Chris Doran**, Central Queensland University

Dr John Holmes, Sheffield University, UK

**Professor Kypros Kypri,** the University of Newcastle

**Mr Florian Labhart**, Idiap Research Institute, Martigny, Switzerland

Australasian Professional



Visitors to CAPR left to right: Melissa Oldham and John Holmes (University of Sheffield) with CAPR's Michael Livingston and Megan Cook.

**Dr Kimberly Mallett**, The Pennsylvania State University, Pennsylvania, United States

**Dr Melissa Oldham**, Sheffield University, UK

**Dr Catherine Paradis**, Canadian Centre on Substance Use and Addiction, Ottawa, Canada

**Ms Erica Sundin**, Centre for Psychiatry Research of the Karolinska Institute in Stockholm, Sweden **Professor Robert Turrisi**, The Pennsylvania State University, Pennsylvania, United States

**Ms Kristine Vaadal**, Volda University College, Norway

**Ms Kate Vallance**, Canadian Institute for Substance Use Research, University of Victoria on Vancouver Island, Canada

### **APSAD Conference**

Society on Alcohol and Drugs (APSAD) Conference, 4-7
November, Auckland
From the 4 to 7 November 2018,
the conference of the Australasian
Professional Society on Alcohol and
Drugs (APSAD) took place in Auckland.
From CAPR; Robyn Dwyer, Sandra
Kuntsche, Emmanuel Kuntsche, Yvette
Mojica Perez and Robin Room attended.
Claire Wilkinson, CAPR's adjunct
research fellow from Sydney, also
attended and won the 'late breaker'
award for the best study presentation at
the short presentations session.



On the day before the conference, the meeting of the APSAD Council took place, and a new secretary of the society was assigned. Emmanuel Kuntsche's candidature was accepted. This is not only an honour for him but also increases the visibility of CAPR and La Trobe University in this most important research and professional society in the

field in Australia and New Zealand.

During APSAD, the editorial meeting of Drug and Alcohol Review took place, the most important Australasian journal dealing with alcohol issues. Robin serves as editor-in-chief for this journal, Michael as a senior editor and Sandra and Emmanuel as deputy editors.

# The 44th Kettil Bruun Society (KBS) Annual Symposium in Chiang Mai, Thailand

This multi-day symposium was a highlight of 2018, and was the first KBS meeting to be held in South East Asia. The primary purpose of the annual KBS symposium is to provide a forum for researchers involved in studies on alcohol to exchange ideas about their ongoing research. The scope of the symposium covers studies of determinants and consequences of drinking, drinking culture and drinking patterns, social and institutional responses to drinking related harms, prevention and care. Emmanuel, Sandra, Claire, Michael, Megan, Anne-Marie, Oliver, Robin, Sarah Callinan, Janette and Heng (Jason) were all selected to give oral presentations.

The format of the conference also enabled researchers to attend side meetings with their international



The Australian delegation to the KBS conference singing 'Waltzing Matilda' to fulfill their part of the tradition of each country delegation performing a song.

collaborations. One or more CAPR staff attended the following: GENAHTO project meeting; IAC project meeting; discussions on analyses of drinking practices, low-risk drinking guidelines and trends in youth drinking.

### Public health arguments in planning and licensing appeal processes: A case study of the City of Casey's attempt to regulate a new chain packaged liquor outlet

On December 12th we launched our report which examined the City of Casey's efforts to regulate the opening of a new large bottle shop. The report was launched at the City of Casey's seminar on 'Preventing alcohol-related harm'. The seminar was attended by 50 people comprising about half council staff from a variety of departments from multiple councils, and the other half local organisations/stakeholders including Victoria Police, Victorian Commission for Gambling and Liquor Regulation, Monash Health, SECADA Alcohol and Drug Services and Primary Care Partnerships.

Our case study identified both legal and practical challenges for local governments seeking to regulate new



The City of Casey seminar on 'preventing alcohol-related harm, on December 12, at which the CAPR report was launched.

packaged liquor outlets in their local area. Our presentation highlighted some of the key findings from our research with Casey such as that social and health impacts of using land to sell alcohol, were ruled mostly irrelevant to planning decisions on land use, and highlighting the very high burden of proof on Casey

to object to the liquor licence.

Our presentation was well received and complemented other presentations at the seminar which looked at improving data collection and reporting relating to harm from alcohol purchased at off-premise outlets.

# **FUNDING DETAILS**

Below is a breakdown of CAPR's key funding sources and where applicable, the major projects funded through these sources.

### CAPR funding sources and major projects 2018 (AUD)

**TOTALS** 

Funds received from the sources listed here totalled		2,012,157
Australian competitive grants		531,496
Australian Research Council (ARC)		202,213
An examination of the factors shaping recent developments in youth drinking	76,524	
Everyday alcohol consumption in Australian homes	125,689	
National Health and Medical Research Council (NHMRC)		329,283
Better methods to collect self-report data on alcohol use behaviours from Aboriginal and Torres Strait Islander Australians	30,000	
Reducing alcohol-related harms in the night-time economy	51,616	
Understanding and preventing population-level harm from alcohol	109,258	
The effects of different alcohol pricing policies on alcohol consumption, health, social and economic outcomes, and health inequality in Australia	138,409	
Commonwealth funding		54,164
Commonwealth Department of Education and Training		54,164
Australian Government Research Training Program (AGRTP) Stipend Scholarship	54,164	
FARE (Foundation for Alcohol Research and Education)		428,767
Centre for Alcohol Policy Research core funding	415,000	
A critical review of scientific evidence presented by the alcohol industry in judicial reviews of liquor license applications	13,767	
State & local public sector funding		308,990
Victorian Health Promotion Foundation		90,000
Examining how alcohol outlets relate to family violence rates – updated analysis	90,000	
Victorian Responsible Gambling Foundation		100,309
Sports bar project: The intersection of gambling and drinking culture in Victoria	100,309	
Victorian Department of Justice and Regulation		73,084
Evaluation of pilot program addressing sexual harassment and assault in live music venues	73,084	
Department of Premier and Cabinet, Queensland		45,597
Evaluation of the QLD Government's tackling alcohol-fuelled violence policy: Queensland policy impact study	45,597	
Other funding		74,769
National Institute on Alcohol Abuse and Alcoholism (NIAAA)		61,649
Alcohol's harm to others: A cross-national study	61,649	
FORUT		10,004
Alcohol's impact on the rights of women and children in the global south	10,004	
Miscellaneous		3,116
Sundry revenue	3,116	
La Trobe University		613,971
Research centre support	60,000	
La Trobe internal contribution	553,971	

# **FUNDED PROJECTS**

KEY: **Project Title**, Funding Source, *CAPR Investigators* Non-CAPR Investigators (affiliation, if lead investigator)

A changing landscape of youth drinking? Examining the determinants and importance of the sharp decline in youth drinking with a nationally-based prospective cohort study, FORTE (Sweden), Jonas Raninen (Karolinska Institutet, Sweden), *Michael Livingston*, Johan Svensson, Peter Larm, Patrik Karlsson

A critical review of scientific evidence presented by the alcohol industry in judicial reviews of liquor license applications, Foundation for Alcohol Research and Education, *Michael Livingston*, Chris Morrison

A fellowship program aiming to reduce risky alcohol consumption by understanding and intervening during drinking events, National Health and Medical Research Council Early Career Fellowship, Cassandra Wright

Addressing the booming booze culture among ACT women: Combining innovative technology with an awareness raising campaign, Healthy Canberra Grants (via Foundation for Alcohol Research and Education), Sandra Kuntsche, Mia Miller, Cassandra Wright, Emmanuel Kuntsche

funding, purchasing and workforce: empirical analyses to inform policy, National Health and Medical Research Council Project Grant, Alison Ritter (University of New South Wales), Tim Dobbins, Lynda Berends, Jenny Chalmers, Harvey Whiteford, *Michael Livingston* 

Alcohol and other drug treatment

Alcohol consumption and the role of interpersonal and household influences within Australian households (PhD

**project),** Australian Government Research Training Program Stipend Scholarship', *Geoffrey Leggat* 

Alcohol management in Indigenous north Australia: policies and responses, Australian Research Council Discovery Project, Marcia Langton (University of Melbourne), John Mathews, Richard Chenhall, Sarah MacLean

Alcohol-related harm in young people: developing a longitudinal evidence base, Raine Priming Grant, Melissa O'Donnell (University of Queensland), Scott Sims, Gavin Pereira, *Michael Livingston*, Fiona Stanley

Alcohol's harm to others: A crossnational study, National Institute on Alcohol Abuse and Alcoholism, Tom Greenfield, Sharon Wilsnack, Kim Bloomfield, Gerhard Gmel, Sandra Kuntsche, Robin Room, Kathryn Graham, Katherine Karriker-Jaffe, Richard Wilsnack, Anne-Marie Laslett

### Alcohol's harm to others: a detailed analysis of 2016 NDSHS data,

Foundation for Alcohol Research and Education, *Anne-Marie Laslett, Heng (Jason) Jiang, Robin Room* 

Alcohol's impact on the rights of women and children in the global south, FORUT, *Anne-Marie Laslett* 

An analysis of the impact of changes to packaged liquor trading laws in NSW on family violence, Foundation for Alcohol Research and Education, *Michael Livingston* 

An assessment of late night alcohol restrictions in Queensland, Australian Research Council Linkage Project, Peter Miller (Deakin University), Kerri Coomber, Alan Clough, Jason Ferris, Tanya Chikritzhs, Kypros Kypri, Belinda Lloyd, *Michael Livingston*, Jakob Najman

An examination of the factors shaping recent developments in youth drinking, Australian Research Council Discovery Project, *Amy Pennay, Michael Livingston, Sarah MacLean*, Dan Lubman, John Holmes, Rachel Herring, Paul Dietze

Assessing occupational health and risky behaviours of general practitioners in China, National Natural Science Foundation of China, Gan Yong (Huazhong University of Science and Technology), Yanhong Gong, Xiaolin Lin, Heng (Jason) Jiang, Shiyi Cao, Yanyan Zhong, Shujiao Yan, Wenning Fu, Chao Wang, Jin Liu

Australian media analysis of representations of alcohol consumption guidelines for pregnant women,
Foundation for Alcohol Research and Education, Megan Cook, Amy Pennay

Better methods to collect self-report data on alcohol use behaviours from Aboriginal and Torres Strait Islander Australians, National Health and Medical Research Council Project Grant, Kate Conigrave, *Kylie Lee, Robin Room*, Tanya Chikritzhs, Noel Hayman, Dennis Gray, Edward Wilkes, Scott Wilson, *Sarah Callinan* 

Developing a priority-driven research agenda for preventing and responding to alcohol-related violence against women, Victorian Health Promotion Foundation (VicHealth), Ingrid Wilson (Judith Lumley Centre, La Trobe University), Angela Taft, *Anne-Marie Laslett, Sandra Kuntsche* 

Development and first validation of the Refined Alcohol Expectancy Task (RAET), Alcohol Research UK, Derek Heim (Edge Hill University, England), Rebecca Monk, *Emmanuel Kuntsche* 

### **FUNDED PROJECTS**

Disrupting the unhealthy relationship between alcohol and sport: A feasibility and pilot study, La Trobe University Research Focus Areas Building Health Communities, Amy Pennay, Cassandra Wright, Emmanuel Kuntsche

**Drinking cultures and youth social movements,** Victorian Health Promotion
Foundation (VicHealth), *Robin Room* 

Drinking trends by age and over time among baby boomers and older drinkers, Foundation for Alcohol Research and Education, *Sarah Callinan, Michael Livingston* 

Dusk2Dawn: Characterizing youth nightlife spaces, activities, and drinks, Swiss National Science Foundation, Daniel Gatica-Perez (Idiap Research Institute), Emmanuel Kuntsche

Estimating the effects of minimum unit price policy on prices of off-premise beverage in North Territory, Foundation for Alcohol Research and Education, Heng (Jason) Jiang, Yvette Mojica-Perez, Michael Livingston

Evaluation of pilot program addressing sexual harassment and assault in live music venues, Victorian Department of Justice and Regulation, Robyn Dwyer, Sarah Callinan, Amy Pennay, Robin Room, Michael Livingston

Evaluation of the Queensland
Government's tackling alcohol-fuelled
violence policy: Queensland policy
impact study, Queensland Department
of Premier and Cabinet, Peter Miller
(Deakin University), Jason Ferris, Kerri
Coomber, Nicholas Carah, Kypros Kypri,
Jakob Najman, Tanya Chikritzhs, Robin
Room, Alan Clough, Belinda Lloyd, Sarah
Callinan, Heng (Jason) Jiang, Michael
Livingston, Sharon Matthews, Elizabeth
Manton, Nic Droste, Ashlee Curtis

**Examining Australia's heaviest drinkers,**Foundation for Alcohol Research and
Education, *Michael Livingston* 

Examining how alcohol outlets relate to family violence rates – updated analysis, Victorian Health Promotion Foundation (VicHealth), *Michael Livingston* 

Examining trends in alcohol consumption during pregnancy in Australia, 2001 to 2016, Foundation for Alcohol Research and Education, *Oliver* Stanesby, Megan Cook, Sarah Callinan

Harm from Others' Drinking Phase II, World Health Organization-Thai Health, Robin Room, Anne-Marie Laslett, Sarah Callinan, Oliver Stanesby, Robyn Dwyer

Harm to children from others' drinking, National Health and Medical Research Council Early Career Fellowship (funding through Curtin University), *Anne-Marie Laslett* 

Hidden harm: Everyday alcohol consumption in Australian homes, Australian Research Council Discovery Early Career Researcher Award (DECRA), Sarah Callinan

Investigating the link between alcohol delivery services and risky alcohol consumption, Foundation for Alcohol Research and Education, Sarah Callinan, Michael Livingston, Yvette Mojica-Perez

Low-risk drinkers: who are they and what influences their drinking patterns? (PhD project), Australian Government Research Training Program Stipend Scholarship and Australian Rechabite Foundation, Janette Mugavin

Mobile Intervention for Drinking in Young people (MIDY): randomised controlled trial, National Health and Medical Research Council Project Grant, Megan Lim (Burnet Institute), Paul Dietze, *Michael Livingston, Robin Room, Emmanuel Kuntsche* 

"Mommy, beer's not for you, it's a daddy's thing!" Alcohol exposure and cognitions from childhood into early adolescence, The Netherlands Organisation for Scientific Research, Emmanuel Kuntsche

Public health arguments in planning and licensing appeal processes: A case study of the City of Casey's attempt to regulate a new chain packaged liquor outlet, Foundation for Alcohol Research and Education, *Claire Wilkinson, Janette Mugavin, Robyn Dwyer*, Sarah Jackson

Reducing alcohol-related harms in the night-time economy, National Health and Medical Research Council Early Career Fellowship, *Amy Pennay* 

Research stay of Prof Susan Luczak at the Centre for Alcohol Policy Research, La Trobe University Research Focus Areas Building Health Communities, Emmanuel Kuntsche

Sports bar project: The intersection of gambling and drinking culture in Victoria, Victorian Responsible Gambling Foundation, Amy Pennay, Michael Livingston, Robyn Dwyer, Emmanuel Kuntsche, Robin Room, Matthew Nicholson

Tackling alcohol-related domestic violence: A multidisciplinary research program to build strategies to prevent and reduce domestic violence, La Trobe University Social Research Assistance Platform Grant, Angela Taft (Judith Lumley Centre, La Trobe University), Ingrid Wilson, Robin Room, Anne-Marie Laslett, Sarah MacLean, Michael Livingston, Kate Graham, Gail Gilchrist

The association between State of Origin and assaults in two Australian states, Foundation for Alcohol Research and Education, *Michael Livingston* 

The development of empirically derived Australian responsible gambling limits, Victorian Gambling Research Foundation, Nicki Dowling (Deakin University), Bryan Rodgers, Tanya Davidson, *Robin Room*, Aino Suomi

The effects of different alcohol pricing policies on alcohol consumption, health, social and economic outcomes, and health inequality in Australia, National Health and Medical Research Council Project Grants, Heng (Jason) Jiang, Robin Room, Michael Livingston, Sarah Callinan, Alan Brennan, Christopher Doran

The impact of misclassified exdrinkers on the reported benefits of moderate alcohol consumption, La Trobe University Research Focus Areas Building Health Communities, Sarah Callinan

Transdermal alcohol measurement technology validation (PhD project),

'Australian Government Research Training Program Stipend Scholarship, *Kelly van Egmond* 

Trends in alcohol expenditure in Australia from 1984 to 2015-16,

Foundation for Alcohol Research and Education, *Heng (Jason) Jiang, Michael Livingston, Robin Room* 

Understanding and preventing population-level harm from alcohol, National Health and Medical Research Council Career Development

Fellowship, Michael Livingston

Understanding recent Australian trends in alcohol consumption and harms, Australian Research Council Discovery Project, *Michael Livingston, Robin Room* 

Understanding the impediments to uptake and diffusion of take-home naloxone, Australian Research Council Discovery Project, Suzanne Fraser, *Robyn Dwyer*, Paul Dietze, Joann Neale, John Strang

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#### **BOOKS**

Babor, T., Caulkins, J., Fischer, B., Foxcroft, D., Humphreys, K., Medina-Mora, M.E., Obot, I., Rehm, J., Reuter, P., Room, R., Rossow, I. & Strang, J. (2018). Drug policy and the public good (2nd ed.). Oxford: Oxford University Press.

MacLean, S. (2018). Conducting research interviews with marginalised young people about a sensitive topic. London: Sage Publications Limited.

Sulkunen, P., Babor, T. F., Cisneros Örnberg, J., Egerer, M., Hellman, M., Livingstone, C., Marionneau, V., Nikkinen, J., Orford, J., Room, R. & Rossow, I. (2018). Setting limits: gambling science and public policy. Oxford: Oxford University Press.

### **BOOK CHAPTERS**

Room, R. (2018). Drug legalization and public health: general issues, and the case of cannabis. In H. Pickard & S. Ahmed (Eds.), The Routledge Handbook of Philosophy and Science of Addiction (pp. 518-530). New York: Routledge, Taylor & Francis Group.

### NON PEER REVIEWED ARTICLES

Jiang, H. (2018). The legislation of alcohol in the book of Asia Rising. Strengthening engagement and partnerships in Asia, La Trobe Asia, La Trobe University, Issue 6, 6-7.

Kuntsche, E. & Callinan, S. (2018). There are four types of drinker – which one are you? The Conversation, Australia. Retrieved from https://theconversation.com/there-are-four-types-of-drinker-which-one-are-you-89377

**Livingston, M.** (2018). Young Australians are drinking less – but older people are still hitting the bottle hard. The Conversation, Australia. Retrieved from https://theconversation.com/young-australians-are-drinking-less-but-older-people-are-still-hitting-the-bottle-hard-90024

Room, R. & Jiang, H. (2018). Does a sugar tax cause alcohol sales to spike? The research doesn't give a decisive answer. The Conversation, Australia. Retrieved from https://theconversation. com/does-a-sugar-tax-cause-alcohol-sales-to-spike-the-research-doesnt-give-a-decisive-answer-90921

**Sumnall, H. & MacLean, S.** (2018a). Volatile substance abuse—overlooked and under-serviced. The BMJ Opinion.

# POLICY SUBMISSIONS, REPORTS, PRESENTATIONS

Retrieved from https://blogs.bmj.com/bmj/2018/09/11/volatile-substance-abuse-overlooked-and-under-serviced/

Sumnall, H. & MacLean, S. (2018b). Volatile substance abuse-a problem that never went away. The Conversation, Australia. Retrieved from https://theconversation.com/volatile-substance-abuse-a-problem-that-never-went-away-101215

#### **POLICY SUBMISSIONS**

CAPR staff. (2018). Alcohol Policy Coalition submission to Minister Hunt on the National Alcohol Strategy. Submitted in connection with the Expert Roundtable, July 2018.

Room, R. (2018). Submission to the consultation on the Draft National Alcohol Strategy 2018-2016: Submission concerning goals and monitoring progress (measures of success). Submitted Feburary 2018.

Wilkinson, C. & Livingston, M. (2018). Submission to the Newcastle CBD Liquor Licence Conditions Review. Submitted January 2018.

#### **REPORTS**

Callinan, C. & Livingston, M. (2018). Drinking trends by age and over time among baby boomers and older drinkers. Canberra: Foundation for Alcohol Research and Education.

Dwyer, R., Cook, M., Pennay, A., Callinan, S., Livingston, M. & Room, R. (2018). Identifying and Responding to Unwelcome Sexual Behaviours in Licensed Live Music Venues. Pilot Program Evaluation. Final Report. Project report for Office of Liquor, Gaming and Racing, Victorian Department of Justice and Regulation.

Melbourne: Victorian Department of Justice and Regulation.

Kuntsche, E., Gatica-Perez, D. & Landolt, S. (2018). Youth@Night – A multidisciplinary multi-method study of young people's going out and drinking behaviors. Scientific final report for The Swiss National Science Foundation. Lausanne: the Swiss National Science Foundation.

Laslett, AM, Jiang, H. & Room, R. (2018). Alcohol's harm to others: A detailed analysis of 2016 NDSHS data. Canberra: Foundation for Alcohol Research and Education.

**Livingston, M.** (2018). The association between State of Origin and assaults in two Australian states. Canberra: Foundation for Alcohol Research and Education.

Pennay, A., Livingston, M., Cook, M., Room, R., Dwyer, R., MacLean, S., Nicholson, M. & Kuntsche, E. (2018). Sports Bar Project: The intersection of gambling and drinking culture in Victoria. Melbourne: Victorian Responsible Gambling Foundation.

Quilter, J., McNamara, L., Seear, K. & Room, R. (2018). 'Intoxication' and Australian criminal law: Implications for addressing alcohol and other drug-related harms and risks - Final report. Canberra: Australian Institute of Criminology. http://crg.aic.gov.au/reports/1718/20-1415-FinalReport.pdf

Stanesby, O., Cook, M. & Callinan, S. (2018). Examining trends in alcohol consumption during pregnancy in Australia, 2001-2016. Canberra: Foundation for Alcohol Research and Education. http://fare.org.au/wp-content/uploads/Examining-trends-in-alcohol-consumption-during-pregnancy-in-Australia\_2001-2016-FINAL.pdf

Wilkinson, C., Mugavin, J., Dwyer, R. & Jackson, S. (2018). Public health arguments in planning and licensing appeal processes: A case study of the City of Casey's attempt to regulate a new chain packaged liquor outlet. Canberra: Foundation for Alcohol Research and Education. http://fare.org.au/wp-content/uploads/CITY\_OF\_CASEY\_FINAL.pdf



#### **INVITED PRESENTATIONS**

Kuntsche, E. (2018). Attempts to collect better evidence in alcohol research – From self-reports to ubiquitous computing. Invited paper presented at the Department of Computer Science and Information Technology, La Trobe University, Bundoora. 2 February.

**Kuntsche, E.** (2018). Cognitive Origins of Alcohol Consumption: What preschoolers know about alcohol. Invited paper presented at the Cancer Council Western Australia, Perth. 7 May.

**Kuntsche, E.** (2018). Why do young people use alcohol? Research on drinking motives and other alcohol-related cognitions. Invited paper presented at the Talking Point' seminar series at Turning Point, Melbourne. 27 June.

**Kuntsche, E.** (2018). Why we need mobile technology in alcohol research and intervention evaluation. Invited paper presented at the VicHealth Insight Event on Health Promotion and Digital Technology, Melbourne. 24 April.

**Livingston, M.** (2018). Recent trends in AOD use and harms in Australia. Invited paper presented at the Police Conference 2018, Melbourne. 2-3 May.

MacLean, S. (2018). 'Testosterone fuelled': Regulation of young men's drunken violence at night-time social events. Invited paper presented at the Symposium on Alcohol Intoxication and Gender, Aarhus, Denmark. 4-5 September.

MacLean, S. (2018). Middle-aged samesex attracted women and the social practice of drinking. Invited paper presented at the Australian Research Centre in Sex, Health and Society public seminar series, La Trobe University, Bundoora. 4 July.

MacLean, S. (2018). Analysing open-text survey responses: A study of middleaged same-sex attracted women and drinking. Invited paper presented at the Burnet Institute, Melbourne. 12 October.

MacLean, S. (2018). Alcohol and the sociology of friendship. Invited paper presented at the Department of Sociology, University of Copenhagen, Denmark. 10 September.

Room, R. (2018). Regulating alcohol in the public interest: What research has found on ways of reducing harm. Presented at the Australasian Liquor Licensing Authorities Forum, Melbourne. 10 October.

Room, R. (2018). Moving beyond the great exception: The global challenge of regulating alcohol. Invited paper presented at the WHO-ISBRA Symposium: Advances in Alcohol Research & Alcohol Policy Developments, ISBRA Conference, Kyoto, Japan. 12 September.

Room, R. (2018). Discussion of advice to early career researchers on how to get their work published in journals. Invited panel member at the Wiley seminar panel for Early Career Researchers, University of Melbourne, Melbourne. 30 August.

Room, R. (2018). Beyond exceptionalism: The global challenge of regulating alcohol in accordance with its health and social risks - Closing Plenary. Invited paper presented at the Alcohol Policy 18 (AP18) meeting, Washington DC. 13 April.

Room, R. (2018). Alcohol and gambling: Controlling attractive, profitable and problematic products in the public interest. Invited paper presented at the Inauguration of the Department of Public Health Sciences, Stockholm University, Stockholm. 7 March.

Stanesby, O. (2018). The type and number of drinker-related harms differ by relationship proximity and gender. Invited paper presented at the Brown Bag Seminar at The Alcohol Research Group, Public Health Institute, Emeryville, California, USA. 15 November.

#### SELECTED PRESENTATIONS

Callinan, S. (2018). Failure to decline: Older Australians and alcohol. Paper presented at the Drug and Alcohol Nurses of Australia Conference, Melbourne. 27 July.

Callinan, S., Livingston, M. & Chikritzhs, T. (2018). Consistency of drinker status reporting over time: Drinking patterns of ex-drinkers who describe themselves as non-drinkers. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Callinan, S., Room, R., Kuntsche, E., MacLean, S., Livingston, M. & Leggat, G. (2018). An investigation into alcohol consumption at home. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Cook, M., Kuntsche, S. & Kuntsche, E. (2018). Young adolescent's associate different alcoholic beverages with different emotional outcomes – Evidence using the Alcohol Expectancy Task. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Dwyer, R. & Cook, M. (2018). Assembling alcohol and unwelcome sexual behaviours in licensed venues: A critical analysis of staff and patron accounts. Paper presented at the Australian Professional Society for Alcohol and Drugs (APSAD) Scientific Conference, Auckland, New Zealand. 4-7 November.

Dwyer, R., Pennay, A., MacLean, S., Wilkinson, C., Room, R., Stanesby, O., Cook, M., Callinan, S. & Livingston, M. (2018, March ). Drinking cultures: Exploring the social worlds and settings that shape patterns and norms of drinking. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

### **PRESENTATIONS**

Jiang, H. (2018). Alcohol consumption, consequence and control in China and Australia. Paper presented at the Research Seminar, The China Studies Research Centre (CSRC), La Trobe University, Bundoora. 6 September.

Jiang, H. (2018). Tackling alcohol related harm using alcohol pricing policy. Paper presented at the Research seminar of Foundation for Alcohol Research and Education, Canberra. 19 July.

Jiang, H., Livingston, M. & Room, R. (2018). Can public health policies on alcohol and tobacco reduce cancer epidemic? An Australian experience. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Jiang, J., Livingston, M., Callinan, S. & Room, R. (2018). Tackling alcohol related harms using tax and pricing policy.

Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora.

23 March.

Kuntsche, E. & Kuntsche, S. (2018). Parental drinking and characteristics of family life as predictors of pre-schoolers' alcohol-related knowledge and norms. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Kuntsche, E., Caluzzi, G., Pennay, A., Cook, M., Wright, C. & Norman, T. (2018). Transdermal monitors to assess alcohol consumption in real-time and real-life – A qualitative study on user-experience. Invited paper presented at the Australian Professional Society for Alcohol and Drugs (APSAD) Scientific Conference, Auckland, New Zealand. 4-7 November.

Kuntsche, E. & Kuntsche, S. (2018). A downer at the end of the day: Mediating effect of drinking to cope on the link between work-family conflict and alcohol use among parents. Paper presented at

the Australian Professional Society for Alcohol and Drugs (APSAD) Scientific Conference, Auckland, New Zealand. 4-7 November.

Kuntsche, S. & Room, R. (2018). Strict women and permissive men: Gender differences in alcohol-related social norms in two different settings and for each gender across 17 countries. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Kuntsche, E., Stanesby, O., Caluzzi, G. & Pennay, A. (2018). Attempts to collect better evidence in alcohol research: From self-reports to non-intrusive continuous measurement. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Laslett, A.-M. (2018). Alcohol's harm to others: National and international research collaborations. Paper presented at the La Trobe Research Week Seminar, Alcohol harm, alcohol culture and creating change, Bundoora. 12 Sept.

Laslett, A.-M., Edwards, N. & Chikritzhs, T. (2018). The relationship between community-level alcohol sales and child maltreatment in Western Australia, 2001-13. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Laslett, A.-M., Kuntsche, S., Waleewong, O., Callinan, S., Stanesby, O. & Room, R. (2018). Harms resulting from other people's drinking. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Laslett, A.-M., Stanesby, O., Wilsnack, S. & Greenfield, T. (2018). Cross-national comparisons and correlates of harms from the drinking of people with whom you work. Paper presented at the American Public Health Association Annual Meeting & Expo, San Diego, USA. 10-14 November.

Livingston, M. (2018). Evaluating large scale alcohol policy changes: – The QUANTEM Project. Paper presented at the Judith Lumley Centre's Research Methods Seminar Series, La Trobe University, Melbourne. 24 October.

Livingston, M., Callinan, S. & Wilkinson, C. (2018). The impact of high profile restrictions on support for alcohol control policies. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Livingston, M., Room, R., Callinan, S., Jiang, J. & Wilkinson, C. (2018). Pulling the levers: What happens when alcohol policies change? Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Livingston, M., Saleeba, E. & Lewis, V. (2018). Alcohol culture: Inspiring change and measuring impact. Paper presented at the Public Health Association of Australia Conference, Cairns, Australia. 27 September.

MacLean, S. (2018). Conducting research into alcohol cultures in social worlds: Middle-aged same-sex attracted women and drinking as social practice. Paper presented at the Victorian Substance Use Research Forum, La Trobe University, Melbourne. 5 October.

MacLean, S., Thomas, D., Atkinson, A., Griffin, T., Vaughan, R., Stephens, R., Whiteside, M. (2018). Gambling in two Victorian regional Australian Aboriginal communities: A social practice analysis. Paper presented at the Gambling Harm Conference, Victorian Responsible Gambling Foundation, Geelong. 13-15 August.

Mugavin, J. (2018). Profiling subgroups of adults drinking at low-risk levels: An exploration of drinking patterns. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Pennay, A. (2018). Drinking cultures. Paper presented at the La Trobe Research Week Seminar, Alcohol harm, alcohol culture and creating change, Bundoora. 12 September.

Pennay, A. (2018). Sports Bar Project: The intersection of gambling and drinking culture in Victoria. Paper presented at the Gambling Harm Conference, Victorian Responsible Gambling Foundation, Melbourne. 13-15 August.

Pennay, A., Livingston, M., MacLean, S., Room, R., Kuntsche, E., Callinan, S., Vashishtha, R. (2018, March ). Youth drinking trends and practices: Past and present. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Room, R. (2018). Alcohol and family violence: What do we know about effective policy interventions? Invited paper presented at the Local Government Gambling, Alcohol and Other Drugs Issues Forum, Municipal Association of Victoria, Melbourne. 24 May.

Room, R. (2018). Alcohol harm, alcohol culture and creating change. Paper presented at the La Trobe Research Week Seminar, Research Commons, La Trobe University, Bundoora. 28 August.

Room, R. (2018). Chair of La Trobe Research Week Seminar. Paper presented at the La Trobe Research Week Seminar: Alcohol harm, alcohol culture and creating change, Bundoora. 12 September.

Room, R. (2018). Changing a heavy-drinking subculture: What can we learn from case studies? Paper presented at the Australian Professional Society for Alcohol and Drugs (APSAD) Scientific Conference, Auckland, New Zealand. 4-7 November.

**Room, R.** (2018). Expert Roundtable on the National Alcohol Strategy. Paper

presented at the Expert Roundtable on the National Alcohol Strategy, Canberra. 24 July.

Room, R. (2018). Lessons from alcohol control history for marijuana and other psychoactive substance legalisation.

Paper presented at the Alcohol Policy 18 (AP18) meeting, Washington DC. 13 April.

Room, R. (2018). Prevention of alcohol problems: The community context. Paper presented at the American Public Health Association Annual Meeting & Expo, San Diego, USA. 11 November.

Room, R. (2018). Regulating intoxicating substances in common use: The challenges of alcohol and cannabis. Keynote speaker at the 2018 ATDC Conference of the Alcohol, Tobacco and other Drugs Council of Tasmania, Hobart, Tasmania. 21-22 May.

Room, R. (2018). The social location of alcohol's harm to others: Comparisons across ten societies. Paper presented at the Alcohol Policy 18 (AP18) meeting, Washington DC. 13 April.

Room, R. & Kuntsche, E. (2018).
Welcome and historical development of CAPR. Paper presented at the Symposium of the Centre for Alcohol Policy Research (CAPR), La Trobe University, Bundoora. 23 March.

Room, R. & Kuntsche, S. (2018). Testing normative consensus on situational norms: A cross-national comparison.

Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1

**Stanesby, O.** (2018). Measuring harms and harm severity: Delphi survey of study directors. Paper presented at the Third Annual Midyear Meeting of the GENAHTO Project, San Diego, USA. 10-11 November.

**Stanesby, O.** (2018). Statistical methods: Meta-analysis of individual participant data (IPD). Paper presented at the Third annual midyear meeting of the GENAHTO project, San Diego, USA. 10-11 November.

Stanesby, O., Labhart, F., Dietze, P., Pennay, A., Wright, C., Chang, S. & Kuntsche, E. (2018). Combinations of individual and context-related factors associated with risky weekend drinking occasions among young adults: A systematic review. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

Wright, C., Labhart, F., O'Connor, R., Callinan, S., Dietze, P. & Kuntsche, E. (2018). Drinking to cope with social anxiety. Paper presented at the Australian Professional Society for Alcohol and Drugs (APSAD) Scientific Conference, Auckland, New Zealand. 4-7 November.

Wright, C., Labhart, F., O'Connor, R., Dietze, P., Callinan, S. & Kuntsche, E. (2018). Drinking to cope with social anxiety. Paper presented at the 44th Annual Meeting of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol, Chiang Mai, Thailand. 28 May - 1 June.

# COLLABORATORS

In our broad reaching work we collaborate with the following institutions.

For a selection of project profiles see page 20.

### Australia (state or territory)

## Universities/institutes/research centres

- The Bouverie Centre, La Trobe University (VIC)
- Burnet Institute (VIC)
- Central Queensland University (QLD)
- Centre for Health, Law and Society, La Trobe University (VIC)
- Deakin University (VIC)
- Drug Policy Monitoring Program (DPMP), Social Policy Research Centre, University of New South Wales (NSW)
- Judith Lumley Centre for Mother, Infant and Family Health Research, La Trobe University (VIC)
- Monash Health (VIC)
- Monash University (VIC)
- National Drug & Alcohol Research Centre (NDARC), University of New South Wales (NSW)
- National Drug Research Institute (NDRI), Curtin University (WA)
- Sax Institute (NSW)
- Social Policy Research Centre (SPRC), University of New South Wales (NSW)
- Melbourne Law School, The University of Melbourne (VIC)
- Melbourne School of Population and Global Health, The University of Melbourne (VIC)
- School of Dental Science, The University of Melbourne (VIC)

- The University of Newcastle (NSW)
- The University of Queensland (QLD)
- University of Tasmania (TAS)
- Victoria University (VIC)

### Non-government organisations

- Alcohol Policy Coalition (national)
- Australasian College of Emergency Medicine (ACEM) (national)
- Australian Drug Foundation (national)
- Australasian Professional Society on Alcohol and other Drugs (APSAD) (national)
- Australian Rechabite Foundation (national)
- Cancer Council Victoria (VIC)
- FARE (national)
- National Alliance for Action on Alcohol (NAAA) (national)
- Sheda (national)
- The Equality Institute (national)
- Turning Point (VIC)
- Victorian Association of Alcohol and other Drug Agencies (VAADA) (VIC)
- Western Australia HealthWay (WA)

### Government bodies / agencies

- Australian Institute for Family Studies (AIFS) (national)
- Australian Research Council (national)
- City of Casey (VIC)

- Victorian Department of Justice and Community Safety (VIC)
- National Health and Medical Research Council (national)
- Victorian Commission for Gambling and Liquor Regulation (VIC)
- Victorian Department of Health and Human Services (VIC)
- Victorian Responsible Gambling Foundation (VIC)
- Victorian Health Promotion Foundation (VicHealth) (VIC)

### International

## Universities/institutes/research centres

- Alcohol Research Group, Public Health Institute, Berkeley, United States
- Behavioural Science Institute of Radboud University Nijmegen, Nijmegen, Netherlands
- Bezmialem Vakif University, Fatih/ İstanbul, Turkey
- Canadian Institute for Substance
   Use Research, University of Victoria,
   British Columbia, Canada
- Centre for Addiction & Mental Health, Toronto, Ontario, Canada
- Centre for Alcohol and Drug Research, Aarhus University, Aarhus Copenhagen
- Centre for Alcohol Studies, Bangkok, Thailand

- Centre for Development Research and Interventions (CDRI), Rajagiriya, Western Province, Sri Lanka
- Centre for Social Research on Alcohol and Drugs (SoRAD), Department of Public Health Sciences, Stockholm University, Stockholm, Sweden
- Concordia University, Montreal, Quebec, Canada
- Department of Geography, University of Zurich, Switzerland
- Department of Psychology,
   Concordia University, Montreal,
- Department of Developmental and Social Psychology, University of Padova, Italy
- Department of Psychiatry, Faculty of Medicine and Department of Sociology, University of Colombo, Colombo, Sri Lanka
- Edge Hill University, Lancashire, England
- Eötvös Loránd University, Budapest, Hungary
- Epidemiology Unit, Faculty of Medicine, Prince of Songkla University, Hat Yai District, Songkhla Thailand
- Finnish Foundation for Alcohol Studies, Helsinki, Finland
- Health Strategy and Policy Institute,
   Ministry of Health, Hanoi, Vietnam
- IDIAP Research Institute, Martigny, Switzerland
- Karolinska Institutet, Stockholm, Sweden
- National Institute of Mental Health and Neuroscience, Bangalore University, Karnataka, India
- Norwegian Institute of Public Health, Oslo, Norway
- Sahmyook University, Seoul, South Korea
- School of Health and Related Research (ScHARR), University of Sheffield, Sheffield, England
- School of Public Health, Huazhong
  University of Science and Technology,

- Guanshan Subdistrict, Hongshan District, Wuhan, Hubei province, China
- Singapore Institute of Technology,
   Singapore
- Social and Health Outcomes
   Research and Evaluation (SHORE)
   and Whariki Research Centre, Massey
   University, Auckland, New Zealand
- The Centre Hospitalier Universitaire Vaudois (CHUV), University Hospital of Lausanne, Switzerland
- The Charité, Institut für Biometrie und Klinische Epidemiologie, Berlin, Germany
- The Johns Hopkins Bloomberg
   School of Public Health, Johns
   Hopkins University, Baltimore, United
   States
- The Swedish Council for Information on Alcohol and Other Drugs (CAN), Stockholm, Sweden
- Trimbos Institute, Utrecht, Netherlands
- RAND Corporation, California, United States
- United Nations Multi-country Study on Men and Violence Sexual Violence Research Initiative
- University of Connecticut, Connecticut, United States
- University of Helsinki, Helsinki, Finland
- University of North Dakota, Grand Forks, North Dakota, United States
- University of Maryland, College Park, Maryland, United States
- University of Stirling, Stirling, Scotland
- Uniersidad Peruana Cayetano Heredia, Lima, Peru

### Government bodies / agencies

- International Health Policy Program (IHPP), Nonthaburi, Thailand
- Lao Tropical and Public Health Institute (Lao TPHI), Department of Coordination and Research-

- Information Management, Ministry of Health, Lao People's Democratic Republic
- Ministry of Health and National Council on Drug Abuse Prevention, Basseterre, St. Kitts and Nevis
- National Institute of Public Health, Ministry of Health, Lao People's Democratic Republic
- Thai Health Promotion Foundation, Bangkok, Thailand

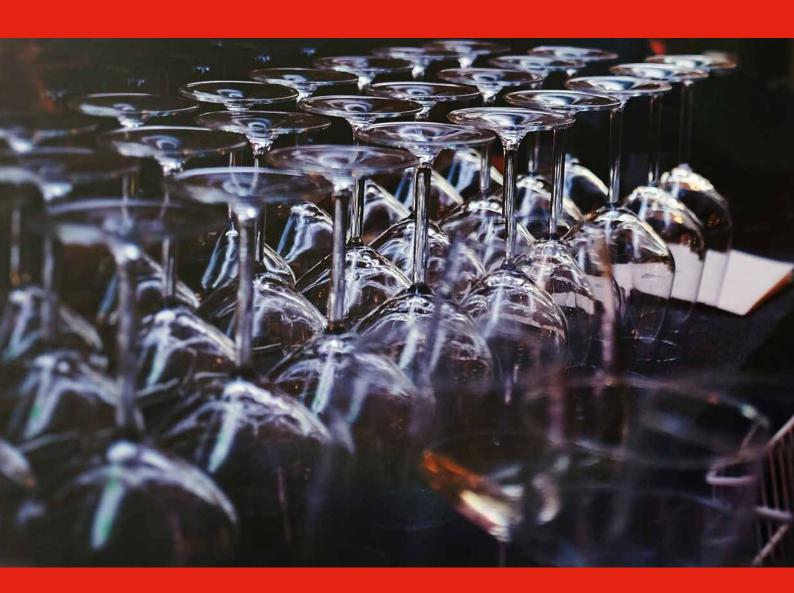
### Non-government organisations

- FORUT (A Norwegian Aid Organisation)
- Kettil Bruun Society for Social and Epidemiological Research on Alcohol, international research body
- Management of Substance Abuse, Department of Mental Health and Substance Abuse, World Health Organization, Geneva, Switzerland
- National Centre for Public Health, Mongolia
- Pan American Health Organization, Washington, United States
- South African Medical Research Council, South Africa
- WHO Collaborating Centre for Psychosocial Factors, Substance Abuse and Health, Central South University, Changsha Shi, Hunan Sheng, China

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