



centre for alcohol
policy research

ANNUAL REPORT 2020



LA TROBE
UNIVERSITY



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About us

The Centre for Alcohol Policy Research (CAPR) is a world-class academic unit at the forefront of alcohol research. Our discoveries are used to promote and inform the development of evidence-based, effective alcohol policy in Australia and internationally.

We work closely with the Foundation for Alcohol Research and Education (FARE) and other partners to ensure our findings are translated for policymakers and the public.



Our aim

We aim to conduct world-leading alcohol research, in order to build and disseminate the evidence needed for effective public health-oriented alcohol policies.

To achieve our aim, we conduct research in three broad areas:

- Monitoring, which includes consumption trends, international comparisons, harms from alcohol, costs and method development.
- Intervention opportunities covering taxation, trade agreements, liquor outlets, policy changes, and effects on behaviours.
- Contexts such as the home, events, cognitions and cultures.

MESSAGE FROM THE DIRECTOR

EMMANUEL KUNTSCHE



While 2020 was a year that no one could have anticipated, CAPR continued to thrive, as demonstrated by the achievements listed in this report. I am grateful to the entire team for their ability to adapt and indeed flourish through one of the most challenging years we have ever faced.

CAPR researchers were successful in significant grants this year including Anne-Marie Laslett, Robin Room, Sandra Kuntsche, Heng (Jason) Jiang and Robyn Dwyer who were successful in their Australian Research Council (ARC) Linkage application on 'Alcohol's harm to others: Patterns, costs, disparities and precipitants'. The Linkage Project is valued at \$A1,244,000 including a contribution of \$A502,541 from the ARC. Sandra, myself and Cassandra Wright were also awarded an ARC Discovery Project grant valued at \$A268,184 on 'Mothers' little helper: Alcohol use in working mothers'. I would also like to personally congratulate Heng on his promotion this year to Senior Research Fellow.

Our staff and students have an impressive record of publications and conference presentations, including 76 journal articles, two book chapters, five policy submissions and 11 reports. Even with travel restrictions limiting our ability to attend conferences in person, CAPR still managed to present at conferences and seminars virtually.

I am particularly proud of our international collaborations, with Anne-Marie Laslett and Sandra Kuntsche holding the positions of president and secretary

of the Kettil Bruun Society for Social and Epidemiological Research on Alcohol (KBS), the principal international organisation in our field.

This year we said farewell to researchers who have made a significant contribution to the team and CAPR as a whole. CAPR's Deputy Director Michael Livingston has been with CAPR since its inception in 2006 and played an important part in its move to and integration with La Trobe University. Michael has earned a global reputation as a leading scholar in alcohol policy research as evidenced by his nearly 10,000 citations of his work. His career trajectory provides an outstanding model for early-career scholars in the field, including so many of his colleagues at CAPR. I am incredibly grateful to Michael for his contribution to the field, his collegiality, his humour and his support.

Cassandra Wright spent two and a half years at CAPR as a National Health and Medical Research Council (NHMRC) Early Career Research Fellow. During her fellowship, Cassandra worked on the Ripple project aimed at reducing alcohol consumption in middle-aged women; assessing alcohol consumption under COVID-19; and sports and alcohol consumption. Cassandra has moved to Darwin for a role at the Menzies School of Health Research.

I know Michael and Cassandra both have very bright futures ahead of them and I wish them well. Both will remain connected to CAPR as Honorary Research Fellows.

In 2020, we welcomed four new members of the CAPR team. Susanne Newton, our new Communications Officer and Knowledge Broker, came on board in January after three years at another La Trobe University research centre. Tristan Duncan joined us as a Research Officer in September, having just completed his PhD with Griffith University, to work closely with Robyn Dwyer on her ARC Linkage Project assessing drinking cultures among nurses and lawyers.

Benjamin Riordan also joined us in September as a Postdoctoral Research Fellow. Prior to CAPR, Ben completed his PhD at the University of Otago, his Fulbright Fellowship at Brown University, and his first postdoctoral position at the University of Sydney. Rowan Dowling also joined us in September as a graduate researcher, undertaking his PhD with CAPR under the supervision of Heng (Jason) Jiang and Anne-Marie Laslett. It was also lovely to have Lars Sjödin from Karolinska Institutet, Sweden spend time with us in Melbourne at the beginning of the year prior to lockdown.

Florian Labhart successfully passed his PhD this year, entitled 'Context is Everything: Using a Smartphone App to Capture Young People's Drinking Behaviours, Cognitions, Environments, and Consequences'. I am proud that I have been Florian's supervisor, mentor and colleague on so many important projects in his role as research officer at Addiction Switzerland in Lausanne and at the Idiap Computer Science Institute in Martigny and as a PhD student of Utrecht University and La Trobe University. Thinking about all the things we have done together, I am convinced that I have learned as much from Florian as he has from me.



Florian Labhart (left) with Emmanuel at Lake Geneva, Swiss Alps



Another highlight of 2020 was appearing on ABC television nationally with Megan Cook as part of Shaun Micallef's, 'On the Sauce' program. I was pleased to advise Shaun on alcohol consumption as he lay on a psychologist's couch in all three episodes, with Megan wrapping up the final episode showing Shaun how pre-schoolers know a surprising amount about alcohol and its effects on the adults in their lives.

Sarah Callinan was interviewed on 3AW breakfast radio and the Seven Network's The Morning Show about CAPR's research on drinking under lockdown, where Sarah and team found some people drank more alcohol but for a larger proportion of people, alcohol consumption fell. Heng (Jason) Jiang also received significant media coverage in 2020 for his work on minimum unit pricing on alcohol, interviewed on ABC Drive radio by Sami Shah and Channel Seven in Cairns. Amy Pennay appeared on 3AW radio with Tom Elliot on Dry July and was interviewed for Triple J's Hack program on the decline in young people's drinking.

In 2020, CAPR hosted two 'Meet the Experts' online forums, both featuring CAPR researchers, guest experts and MC Rob Moodie, who chairs CAPR's Advisory Committee.

The first panel, which featured Megan, Michael Livingston and myself from CAPR and Caterina Giorgi, the CEO of FARE, extended the conversations sparked by the ABC 'On the Sauce' documentary. Over 100 public health professionals and members of the public from across Australia joined the online event and participated in an interactive discussion about what children know about drinking, awareness of harms from drinking, Fetal Alcohol Spectrum Disorder (FASD) and much more.

The second event, 'Wine mums: Moral panic or real risk?', brought together Sandra Kuntsche and Cassandra Wright from CAPR and Shanna Whan, the founder of Sober in the Country, with 60 attendees tuning in from across Australia.

I would like to thank FARE and all our partners and collaborators for their support this year, with a particular thank you to outgoing FARE CEO Michael Thorn and a big welcome to incoming CEO of FARE Caterina Giorgi.

CAPR is a team effort. What makes the centre so successful is the dedication and contribution of everyone involved. In addition to the staff's hard work, we are lucky to have the guidance of the Advisory Committee members, led by distinguished figure in public health, Rob Moodie, as well as the support of the School of Psychology and Public Health (in particular Jacquie Burnheim and Stephen Kent) and La Trobe University.

After spending most of 2020 working from home, the team is looking forward to returning to our dedicated NR1 building at the North of the La Trobe campus near the wildlife sanctuary in the new year. This will be particularly important for the three new staff members who have started at CAPR in the last few months but have never stepped inside the building!

In 2021, CAPR will continue to focus on fostering the next generation of alcohol researchers and we look forward to welcoming two new research officers and five new PhD students to the team.

MESSAGES FROM KEY STAKEHOLDERS



Professor Susan Dodds, Deputy Vice-Chancellor (Research and Industry Engagement)

I am pleased to commend CAPR on another successful year at La Trobe University. CAPR's contribution to the field of alcohol policy continues to go from strength to strength through high-quality publications in international scientific journals, great success with ARC grants and fostering links with academics and the broader public health sector locally, nationally and worldwide. While Australia-based, CAPR is truly a global centre, as highlighted by Professor Room's work with the World Health Organization. I would like to congratulate Robin on his title of Distinguished Professor, an honour only awarded to a handful of La Trobe's most extraordinary researchers.

La Trobe University has launched a new strategic plan (Strategic Plan 2020-2030), with a research focus that states, "Our goal is to undertake high-quality research emerging from our areas of strength and to bring together discovery, applied and translational research capability across the University to address important global problems. We will continue our commitment to matters of importance to our local communities and to develop solutions that address global social justice concerns." I am confident CAPR is well placed as an area of strength within the university to meet our goals and address the global challenge of addressing the harm alcohol can cause worldwide.



Professor Stephen Kent, Dean and Head of School, Psychology and Public Health, La Trobe University

It is a great credit to Director Emmanuel Kuntsche and the team that CAPR had another successful year, with 76 journals articles published in high ranked scientific journals, despite all the challenges associated with the pandemic. The CAPR team are prolific authors who are well cited and public intellectuals who regularly contribute to the national and international discourse on alcohol policy. Of note for 2020 is Michael Livingston's contribution to the new NHMRC Australian guidelines to reduce health risks from drinking alcohol, which brought in the new guideline of 10 standard drinks a week and no more than four standard drinks on any one day for healthy adults.

Their new online 'Meet the Experts' panel series, held on zoom with participants from across Australia and overseas, demonstrated an ability to adapt and thrive in an unexpected situation. Featuring CAPR researchers, other experts in the field and those with real-life experience, these well-attended sessions took a deep dive into the topics raised about drinking in Australia in Shaun Micallef's 'On the Sauce' documentary and the growing trend of women's alcohol consumption. I am pleased that in 2021 CAPR will return to campus to settle into their new home in their dedicated stand-alone building in the Northern region of the campus.

CAPR ADVISORY COMMITTEE

Guided by La Trobe University's Research Centre Strategic Framework, CAPR's Advisory Committee of stakeholders oversees CAPR's activities and gives independent guidance and support to help the centre meet its aims. CAPR is grateful to the members for their time and dedication.

Chair

Professor Rob Moodie

Deputy Head of School and Professor in Public Health, School of Population and Global Health, University of Melbourne (since December 2019)

La Trobe University

Professor Andrew Hill

Associate Provost Research and Industry Engagement, College of Science, Health and Engineering (SHE) (since December 2019)

Professor Stephen Kent

Dean and Head of School, Psychology and Public Health (since November 2015)

Professor Suzanne Fraser

Director, Australian Research Centre in Sex, Health and Society (since December 2019)

Professor Matthew Nicholson

Associate Head of School (Research/Strategy), Business School Operations and Director, Centre for Sport and Social Impact (since December 2019)

FARE

Caterina Giorgi

Chief Executive Officer (since March 2020)

Associate Professor Nadine Ezard

Board Member (since March 2017)

External Expert

Professor Alison Ritter

Director, Drug Policy Modelling Program (DPMP) at the Social Policy Research Centre (SPRC) at the University of New South Wales (since September 2015)

CAPR

Professor Emmanuel Kuntsche

Director (since August 2017)

Michael Livingston

Senior Research Fellow and Deputy Director (September 2015 to December 2020)

Professor Robin Room

Founding Director (since September 2015)

STAFF

Professor and Director

Emmanuel Kuntsche

Bachelor of Arts (Psychology), Bachelor of Arts (Sociology), Master of Science in Psychology, University of Jena, Germany; PhD, Maastricht University, the Netherlands; Habilitation, University of Bamberg, Germany

Deputy Director and Senior Research Fellow

Michael Livingston

Bachelor of Applied Science (Mathematics), Queensland University of Technology; Bachelor of Arts (Criminology) (Honours), Griffith University; PhD (Population Health), University of Melbourne

Distinguished Professor and Founding Director

Robin Room

Bachelor of Arts, Princeton, United States; Master of Arts (English), Master of Arts (Sociology), PhD (Sociology), University of California, United States

Principal Research Fellow

Sandra Kuntsche

Bachelor of Psychology, Master of Psychology, University of Jena, Germany; PhD, Maastricht University, the Netherlands

Senior Research Fellows

Sarah Callinan

Bachelor of Arts, Monash University; Psychology (Honours), University of Tasmania; PhD, Swinburne University of Technology

Heng (Jason) Jiang

Master of Finance and Economics, PhD, Deakin University

Anne-Marie Laslett

Bachelor of Dental Science, Master of Dental Science, University of Melbourne; Master of Public Health, Monash University; PhD, University of Melbourne

Amy Pennay

Bachelor of Arts (Honours), University of Melbourne; PhD, Curtin University of Technology

Research Fellows

Robyn Dwyer

Bachelor of Arts (Honours), Macquarie University; PhD, Curtin University

Cassandra Wright

Bachelor of Health Science (Honours), PhD, Monash University



STAFF

Postdoctoral Research Fellow

Benjamin Riordan

Bachelor of Arts, Master of Science, PhD, University of Otago, New Zealand

Research Officers

Dan Anderson-Luxford

Bachelor of Arts, University of Melbourne; Master of Criminology, University of Melbourne

Tristan Duncan

Bachelor of Public Health (Honours), PhD, Griffith University

Michelle Fitts

Bachelor of Science (Psychology), Deakin University; PhD, Queensland University of Technology

Mia Miller

Bachelor of Arts, Master of Public Health, University of Sydney

Thomas Norman

Bachelor of Behavioural Science (Honours), PhD, University of Tasmania

Koen Smit

Bachelor of Education, HAN (Hogeschool van Arnhem en Nijmegen in Dutch) University of Applied Sciences, the Netherlands; Bachelor of Science, Master of Science, Radboud University, the Netherlands

Yvette Mojica-Perez

Bachelor of Applied Science (Psychology) (Honours), Royal Melbourne Institute of Technology University; Master of Applied Psychology (Sport Psychology), Victoria University

PhD Students

Abraham Albert Bonela

Bachelor of Technology in Electrical and Electronics Engineering, National Institute of Technology, Warangal, India; Master of Data Science, La Trobe University

Gabriel Caluzzi*

Bachelor of Arts (Honours), University of Melbourne

Christopher Cheers

Bachelor of Science (Honours), University of Sydney; Master of Psychology, Australian Catholic University

Megan Cook*

Bachelor of Arts (Honours), Deakin University

Rowan Dowling

Bachelor of Science (Pharmacology), Master of Public Health, University of Melbourne; Graduate Certificate of Biostatistics, University of Adelaide

Florian Labhart

Master of Arts, University of Lausanne, Switzerland

Geoffrey Leggat*

Bachelor of Science, Master of Science, University of Melbourne

Melvin Marzan

Master of Science, University of the East, Philippines

Kelly Van Egmond*

Bachelor of Nutrition, Wageningen University, the Netherlands; Master of Science, Donders Institute, the Netherlands

Rakhi Vashishtha*

Bachelor of Dental Surgery, Hemvati Nandan Bahuguna Garhwal University, India; Master of Public Health, University of Melbourne

Communications Officer and Knowledge Broker

Susanne Newton

Bachelor of Arts (Honours), University of Melbourne; Master of Business Information Technology (with Distinction), Royal Melbourne Institute of Technology University; Graduate, Australian Institute of Company Directors (AICD)

Centre Administration and Project Coordinator

Janette Mugavin*#

Bachelor of Social Science, Royal Melbourne Institute of Technology University; Graduate Diploma of Science, Swinburne University

Associated Staff

Sarah MacLean

Associate Professor, Social Work and Social Policy, School of Allied Health, Human Services and Sport, La Trobe University

Bachelor of Arts (Honours), University of Melbourne; Master of Arts (Health Studies), La Trobe University; PhD, University of Melbourne

*PhD students with a Research Officer position with CAPR

#PhD student with CAPR

HONORARY RESEARCH FELLOWS

Jennifer (Jenny) Goodare

Senior Policy Officer, Foundation for Alcohol Research and Education (FARE) (until November 2020)

Harindra Jayasekara

Senior Research Fellow/Cancer Epidemiologist, Centre for Epidemiology and Biostatistics Research, University of Melbourne, and Cancer Epidemiology Division, Cancer Council Victoria

Kylie Lee

Senior Research Fellow, Faculty of Medicine and Health, University of Sydney and Deputy Director of the Centre of Research Excellence, Indigenous Health and Alcohol

Jonas Raninen

Researcher, Swedish Council for Information on Alcohol and Other Drugs; Affiliated Researcher, Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden; Affiliated Researcher, School of Social Sciences, Södertörn University, Sweden (since June 2020)

Johannes Thrul

Assistant Professor, Department of Mental Health, Bloomberg School of Public Health, John Hopkins University, Baltimore, MD, USA (since June 2020)

Claire Wilkinson

Research Fellow, Drug Policy Modelling Program, Social Policy Research Centre, University of New South Wales and NHMRC Early Career Fellow

Cassandra Wright

Research Fellow, Menzies School of Health Research and NHMRC Early Career Research Fellow (since September 2020)

THANKS AND FAREWELL, MICHAEL

In 2021, Michael Livingston will take up an appointment as an Associate Professor in the National Drug Research Institute, located in Curtin University's Melbourne office. While Michael retains an honorary appointment at CAPR, the new appointment is a milestone, following 15 years on CAPR's regular staff – Michael came to CAPR shortly after its inception in 2006.

With a background in statistics and criminology and the PhD in Population Health that he completed while at CAPR, Michael has played a central role in CAPR's core research concerns regarding patterns and levels of alcohol consumption and alcohol-related problems, as well as alcohol licensing and control policies and their impacts on public health and welfare.

Along with his outstanding publications output of more than 150 research articles, Michael's broad contributions to CAPR's work have also involved successful grant-writing, leading and advising research projects, mentoring other staff and as a scholarly voice, contributing to public knowledge and understanding about alcohol and related issues.

Michael has served on several governmental advisory groups in Victoria and nationally, most recently on the NHMRC committee for the 2020 revision of the Australian guidelines to reduce health risks from drinking alcohol.

His contributions have been recognised both near and far, for instance, with an Early Career Scientist award in 2007 from the main international social alcohol

research society, being named as one of the top 100 influential Melburnians in a 2012 listing in Melbourne Magazine and an NHMRC Research Excellence Award in 2016.

With Michael no longer regularly in the office, we will miss not only his wholehearted part in our collective work, but also his extracurricular contributions – for instance, as a star of the office's netball team and as an active and extraordinarily knowledgeable birder. But we are looking forward to a long continuation of our connections and scholarly collaboration with him.

-Robin Room



From left: Michael Livingston, Janette Mugavin, Robin Room and Claire Wilkinson in 2008.



The CAPR team in 2012.



Michael presenting his work at the Kettil Bruun Society conference in Poland in 2019.

HIGHLIGHTS OF 2020

Publications

 **76**

peer reviewed
journal articles

2 

book chapters

 **11**

reports

5 

policy submissions

94

Media

 **32**

media releases
and stories

17 

media appearances

58

 **1221**

new and existing
twitter followers

9 

non peer-reviewed articles and blogs

HIGHLIGHTS OF 2020

Presentations

 **20**

presentations at
seminars and
meetings

35

11 

conference
presentations

4 

workshops and other activities

People

31

10

PhD students



21

staff



Participation

61

35

advisory/ governance role/
professional membership



26

editorial appointments



RESEARCH HIGHLIGHTS*

Monitoring: consumption trends, international comparisons, harms, costs, and method development

Adult drinking and child maltreatment in families, communities and societies protection

ARC Discovery Early Career Research Award

May 2019 – April 2022

Chief investigator: Anne-Marie Laslett

Anne-Marie's DECRA measures how adult drinking is linked to child maltreatment within families, communities and societies.

Leveraging extensive international collaboration, the project uses data from 20 countries, including Australia, to develop new knowledge about links between adult drinking, fathering, community-level alcohol availability, societal drinking patterns and harms to children.

The national and cross-national policy-relevant data collected and analysis will inform the prevention of alcohol-related child maltreatment and alcohol policy globally. This should produce significant reductions in the economic and human costs of alcohol-related child abuse and neglect for children, families and societies.

Understanding and preventing population-level harm from alcohol

NHMRC Career Development Fellowship

February 2017 – December 2020

Chief investigator: Michael Livingston

This project supported Michael's world-leading work to better understand the reasons that alcohol consumption and related-harm changes at the population level.

It also supported projects that will directly assess the impact of changes to alcohol policies in Australia and the development of policy simulation models, to provide critical evidence

and ensure well-informed policy decisions can be made to reduce alcohol-related harm.

Specific outcomes of this fellowship not captured in other projects, include a series of articles on attitudes to alcohol and to alcohol policy, which highlight the ways in which population-level attitudes both drive and respond to policy change.

Reducing alcohol related harm in Queensland – future opportunities

Queensland Mental Health Commission, Queensland Government

August 2020 – September 2020

Chief investigators: Michael Livingston

Investigator: Emmanuel Kuntsche

Wider team: Mia Miller

This consultation paper highlights the burden of alcohol-related harms in Australia, specifically in Queensland. It outlines key policy options to reduce harms in Queensland based on published literature, separating these out into supply reduction policies (e.g., taxation and targeted licensing enforcement), demand reduction policies (e.g., advertising restrictions and health promotion and education) and interventions in Indigenous communities (e.g., revisions of the Banned Drinkers Register).

This was one of 10 consultation papers which informed the Queensland Mental Health Commission's renewed approach to alcohol and other drugs (AOD) in Queensland. The full paper is available online - Alcohol and Other Drugs in Queensland: <https://info.qmhc.qld.gov.au/alcohol-and-other-drugs>

**This section provides an overview of our projects and the research area with which they align. Please note, only CAPR investigators and project team members have been listed, with the exception of the chief investigator if they were from another university.*

Alcohol's Harm to Others: Multinational cultural contexts and policy implications

**National Institute on Alcohol Abuse
and Alcoholism**

March 2016 – February 2021

**Chief investigator: Thomas Greenfield
(Alcohol Research Group)**

**Investigators: Sandra Kuntsche, Robin
Room, Anne-Marie Laslett, Heng
(Jason) Jiang, Sarah Callinan**

During 2020, this project analysed harms to others in many countries. Specifically, analyses focused on harms to children, co-workers, and exposure to family violence.

The CAPR team also co-authored a journal article using key informant responses to improve measurement of specific types and severity of harms. Overall, the team published six articles in 2020.

Substance use and outcomes for children and young people in and out of home care

**New South Wales Family and
Community Services Pathways of Care
Longitudinal Study Grant**

April 2020 – June 2021

Chief investigator: Anne-Marie Laslett

**Investigators: Geoff Leggat, Sandra
Kuntsche, Emmanuel Kuntsche**

This competitive state government grant analysed the behavioural developmental outcomes for children and young people in New South Wales, with and without birth parents who have a history of alcohol or other drug problems.

The early findings indicate that parental substance misuse may not be predictive of worse outcomes relative to other problems children in care experience, noting that these children are exposed to a multitude of risk factors, and that the outcomes are adjusted for their experiences while in out of home care.

Work on this project will continue in 2021, with a final report to be delivered to the funding body before June 2021.

Better methods to collect self-report data on alcohol use behaviours from Aboriginal and Torres Strait Islander Australians: The Grog App

NHMRC Project Grant

January 2016 – December 2020

**Chief Investigator: Katherine
Conigrave, University of Sydney**

**Investigators: Kylie Lee, Robin Room,
Sarah Callinan**

**Wider team: Michelle Fitts (until
January 2020)**

The study, led by the University of Sydney and the Aboriginal Drug and Alcohol Council of South Australia, has developed, refined and trialled a tablet computer tool for assessing drinking among Aboriginal and Torres Strait Islander Australians.

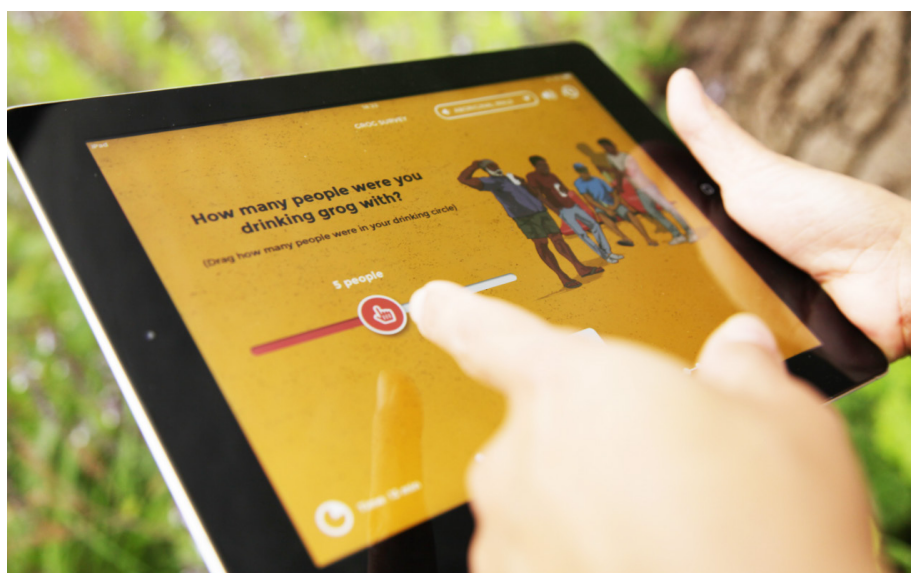
This tool 'speaks' to the person (in local language if needed) and uses an engaging touchscreen display; it adds up the amount consumed if a person shares alcohol or drinks from non-standard containers.

The tool will help provide accurate survey data for service planning and community feedback and can be adapted for healthcare screening.

The survey app has been shown to be an accurate and reliable way to measure alcohol consumption compared with a clinical interview conducted by an Aboriginal health professional.

Feedback from Aboriginal research assistants suggests the experience of completing the app and receiving its one-off brief intervention helped more than half of the participants to reflect on their drinking.

During 2020, six articles from this project were published in scientific journals, with Kylie as lead author on five and Sarah and Robin as co-authors.



Monitoring: consumption trends, international comparisons, harms, costs, and method development (continued)

The social restrictions in place to smooth the COVID-19 infection curve presented a need to examine changes, if any, to alcohol consumption patterns, related behaviours, alcohol-related harms, and mental health, especially in the context of drinking at home. To measure and better understand such changes, CAPR staff commenced work on five specific projects (and one timeline), using existing funding. These projects are outlined below.

A) Adult motivations for drinking alcohol, stress and harmful alcohol consumption during the COVID pandemic

Sarah Callinan, Koen Smit, Emmanuel Kuntsche

B) Alcohol consumption during the coronavirus pandemic

Sarah Callinan, Michael Livingston, Cassandra Wright, Emmanuel Kuntsche, Robin Room, Anne-Marie Laslett, Yvette Mojica-Perez

Led by Sarah, the project teams developed and managed two online surveys assessing alcohol consumption before and during the pandemic.

One focused on location of consumption, purchasing and home delivery, COVID-19 related life changes and stress. The second is on drinking motives, harmful drinking and stress before and during the pandemic. A review of the data from the convenience sample suggested that overall consumption did not shift much. Specifically, people consumed alcohol more frequently during the pandemic, but drank less when they did drink – any decreases found were primarily attributable to reductions in consumption by younger drinkers.

How drinking patterns may change again once these venues reopen warrants ongoing research.

Among those increasing their consumption relative to others were parents charged with home-schooling responsibilities, people aged 30–49 years, and people reporting high levels of distress.

To date, the COVID CAPR team, led by Sarah, have written four articles in peer-review journals and shared findings via mainstream media outlets.

C) Alcohol consumption practices during the coronavirus pandemic

Robyn Dwyer, Megan Cook, Anne-Marie Laslett, Amy Pennay, Gabriel Caluzzi, Kelly van Egmond, Sarah Callinan

D) Alcohol consumption among parents and carers and children's exposure to alcohol during the COVID-19 pandemic

Megan Cook, Robyn Dwyer, Amy Pennay, Sandra Kuntsche, Sarah Callinan

Two qualitative projects aimed to explore the ways in which COVID-19 prevention measures affected alcohol consumption practices in Australia, and to investigate any effects that changing consumption practices had on people's lives.

Both projects involved in-depth interviews with subsets of people who had participated in CAPR's online alcohol and COVID-19 survey project. One involved 60 people, stratified by gender and varying employment circumstances (e.g., working from home, unemployment due to COVID-19 restrictions).

The second project involved 30 parents and carers of children between four and 12 years old.

It examined the effects parents perceived and experienced from any changes in their alcohol consumption practices and in what ways, if any, the COVID-19 prevention measures affected young children's exposure to alcohol and to adult drinking practices.

A series of peer-reviewed articles are in preparation, with analyses exploring transformations in the constitution of drinking occasions under COVID-19, parents' perspectives on their children's awareness of drinking, experiences of those who reported reducing or ceasing alcohol consumption under COVID-19, and patterns of alcohol consumption in relation to differential employment circumstances and arrangements.

These studies contribute detailed and nuanced knowledge on the multiple ways the social and economic transformations associated with COVID-19 are implicated in alcohol consumption practices.

E) CovAlc Ecological Momentary Assessment: Tracking alcohol consumption during the COVID-19 pandemic

Cassandra Wright, Dan Anderson-Luxford, Benjamin Riordan, Sandra Kuntsche, Thomas Norman and Emmanuel Kuntsche

In May 2020, researchers at CAPR commenced ongoing weekly data collection using Ecological Momentary Assessment (EMA) techniques to assess alcohol consumption patterns across Australian States and Territories during COVID-19. The baseline survey was completed by 2,658 individuals, and from this cohort 376 individuals agreed to complete the weekly EMA surveys.

Thirty-four weeks of data and approximately 4,914 weekly responses have been collected and, as of the end of 2020, 142 (37.8%) individuals are actively participating. The initial sample included 350 females (93%), the mean age of participants was 45 and 43.9% of participants were Victorians. We have commenced work on the first analysis, which will compare trends in drinking among females during different COVID-19 restriction periods in Victoria and other Australian states. The findings from this study are expected to be published in 2021.



F) A timeline of alcohol-relevant restrictions during the COVID-19 pandemic

Mia Miller, Yvette Mojica-Perez, Sarah Callinan and Michael Livingston

This COVID-19 pandemic saw the introduction of extraordinary policy changes within Australia at both a federal and state level, with restrictions resulting in an unprecedented shift in alcohol consumption from licensed premises into private homes.

This report aimed to provide a resource outlining implementation, easing and re-introduction of all COVID-19 regulations that might have impacted on alcohol consumption. Compilation of this report revealed restrictions surrounding large gatherings in licensed premises, the number of visitors permitted in people's homes as well as the introduction of volume limits on alcohol purchases.

Intervention opportunities: taxation, trade agreements, outlets, policy changes, and effects on behaviours

Ripple: Addressing the booming booze culture among ACT women: Combining innovative technology with an awareness raising campaign

Australian Capital Territory (ACT) Health (via FARE)

September 2018 – June 2021

Chief investigator: Sandra Kuntsche

Investigator: Emmanuel Kuntsche

Wider team: Mia Miller, Cassandra Wright, Robyn Dwyer, Michelle Fitts

The Ripple project is the first in Australia to develop and deliver an online intervention to support middle-aged women to reduce their alcohol consumption.

Drawing on international research and the findings of 10 focus group workshops with women aged between 40 and 65 in Melbourne and Canberra, the team developed and designed an online intervention. The mobile-friendly online intervention aims to reduce alcohol consumption in middle-aged women in the ACT.

The research team worked closely with an IT partner to make the content visually appealing and functional.

For example, the intervention webapp enables women to receive personalised text messages providing feedback on their alcohol use, track their consumption and gives strategies and tips on how to reduce their consumption. The intervention will be launched in 2021 and tested in the context of a Randomized Controlled Trial with middle-aged women living in the ACT.



An assessment of late-night alcohol restrictions in Queensland

ARC Linkage Project

November 2016 – November 2020

Chief investigator: Peter Miller, Deakin University

Investigator: Michael Livingston

Wider team: Robin Room, Heng (Jason) Jiang

The Queensland Alcohol-related violence and Night-Time Economy (QUANTEM) project is a large-scale evaluation project assessing the impacts of a series of major reforms around late-night alcohol outlets in Queensland. This project is led by Peter Miller (Deakin University), with CAPR playing a key role in the project, conducting the economic evaluation and the analyses of emergency department presentations.

The QUANTEM project completed its major report to government in 2019, evaluating the impact of late-night restrictions implemented in 2016 across Queensland alongside making a suite of recommendations as to how to further reduce alcohol-related harms in the night-time economy.

The project found some evidence of positive impacts from the various regulations introduced, but these effects were generally smaller than expected, at least partly due to challenges in implementation. Work continues, including a series of peer reviewed publications summarising key outcomes. Across the course of 2020, key findings were developed into academic articles, to be published in early 2021 in Drug and Alcohol Review.

The effects of different alcohol pricing policies on alcohol consumption, health, social and economic outcomes, and health inequality in Australia

NHMRC Project Grant

March 2018 – December 2021

Chief investigator: Heng (Jason) Jiang

Investigators: Robin Room, Michael Livingston, Sarah Callinan

Wider team: Melvin Barrientos Marzan

This project examines the effects, effectiveness and cost-benefits of alcohol pricing policy initiatives in reducing risky drinking, social harms and health inequalities among priority populations in Australia.

It provides key research evidence to cut through current policy debates and will point towards the most effective potential options for alcohol tax reform.

The project has found that both uniform excise tax and minimum unit price (MUP) policies are predicted to reduce alcohol consumption in Australia. It's estimated that introducing a MUP at \$1.30 per standard drink can reduce alcohol consumption among harmful drinkers by 14.2%, with only a 3% reduction among moderate drinkers.

This is an indication that setting a MUP on alcohol in Australia can effectively reduce risky drinkers' heavy drinking, particularly among lower income heavy drinkers, with considerably smaller impacts on moderate drinkers.

Melvin, a PhD student linked to this project, has examined the relationships between alcohol consumption and various social harms, including sickness absence, assault and violence. A positive curve relationship was found between alcohol consumption and employees' prevalence of sickness absence based on the meta-analysis of 21 cohort and cross-sectional studies. During 2020, four articles from this project were published in scientific journals.

Alcohol, tobacco and gambling expenditure and their associations with socio-economic inequalities

ARC Discovery Project

December 2020 – November 2023

Chief investigator: Heng (Jason) Jiang

Investigator: Robin Room

Wider team: Rowan Dowling

Drinking, smoking and gambling are common lifestyle risk behaviours, which constitute critical social and health challenges for Australia. This project is the first study to examine trends in household expenditure on alcohol, tobacco, gambling and other goods and services over the past 30 years.



More importantly, this project pioneers analysis on the associations between alcohol, tobacco and gambling expenditure and housing and socioeconomic inequalities over time.

The research findings will provide key insights into the changing place of these three risk behaviours in Australian society and inform future public policies to reduce problem drinking, smoking and gambling and related harms.

Intervention opportunities: taxation, trade agreements, outlets, policy changes, and effects on behaviours (continued)

High risk drinking, context, drink choice and harm: an international study

ARC Discovery Project

January 2020 – December 2021

Chief investigator: Sarah Callinan

**Investigators: Heng (Jason) Jiang,
Robin Room, Yvette Mojica-Perez**

This study will investigate how price influences beverage choice in high-risk drinkers. Using already collected data from countries with similar policy environments, but differing tax structures, Sarah and team will compare amounts and patterns of use of different beverage types that are the cheapest alcohol in each country and how these interplay with the distribution of high risk drinking occasions on and off licensed premises.

These cross-national analyses will then inform analysis of price, high risk drinking and harms in Australia. The project will provide key points of evidence to policy makers aiming to most effectively target high risk drinking in Australia.

Comparative Study on Self-Exclusion (CaSE) project: Victoria, Australia component

Stockholm University

September 2020 – June 2021

Chief investigator: Robin Room

Investigator: Thomas Norman

Robin and Thomas have been commissioned by Stockholm University to identify and examine self-exclusion from gambling mechanisms and strategies in practice within Victoria and opportunities for improvement. For example, strategies may regulate self-exclusion initiation and termination, resources for excluded individuals and how self-excluders are prevented from gambling. The results from Victoria will be compared with gambling self-exclusion programs and practices in Sweden, Finland, Norway and Massachusetts, USA.

With the proliferation of gambling in Australia, and the continued expansion of gambling services and providers (e.g., online), this research will provide critical insights into current gambling exclusion practices and potential policy alternatives based on these findings.

Contexts: home, events, cognitions, and cultures



Hidden harm: Everyday alcohol consumption in Australian homes

ARC Discovery Early Career Researcher Award

January 2018 – December 2020

Chief investigator: Sarah Callinan

Wider team: Sarah MacLean, Janette Mugavin, Robyn Dwyer, Megan Cook, Robin Room, Geoffrey Leggat

Particular attention has been given to drinking in and around bars and other licensed venues in the night-time economy. Despite this, the largest proportion of alcohol consumed in Australia is drunk in people's homes, with just under two thirds of alcohol in Australia consumed in the drinker's own home and another 12% consumed in other people's homes.

Sarah was successful in securing funding through an ARC DECRA fellowship to take a multi-faceted approach to researching drinking in the home in 2018.

Through 2019, the team completed quantitative and qualitative data collection, and in 2020 the focus shifted to writing academic articles. This included an article on the influence of cohabiting partners on alcohol consumption, led by Geoffrey as part of his PhD, which has been published alongside another article on the role of habit in home drinking. A qualitative article on home drinking has been submitted, as has a quantitative article on home drinking in Switzerland. Further work is planned using the quantitative and qualitative data.

Contexts: home, events, cognitions, and cultures (continued)



An examination of the factors shaping recent developments in youth drinking

ARC Discovery Project

January 2017 – December 2020

Chief investigator: Amy Pennay

Investigators: Michael Livingston, Sarah MacLean

Wider team: Gabriel Caluzzi, Rakhi Vashishtha

This project explored the factors underpinning recent declines in youth drinking. It examined whether the declines have been driven by policy changes, parenting changes, shifts in leisure time practices or broader social and cultural factors.

It included a qualitative arm, involving interviews with 50 young abstainers or light drinkers and a quantitative arm, with analyses of Australian and international data testing key hypotheses for the decline. PhD students Gabriel Caluzzi and Rakhi Vashishtha are linked to this project, with Gabriel's PhD focussing on the qualitative component of the decline in youth drinking and Rakhi's PhD focussing on the quantitative component.

The project identified that an interrelated combination of factors was likely to have provided the social and cultural conditions supporting a shift toward less drinking for teenagers in Australia. This includes shifts in parenting approaches to more open communication, attention and surveillance; changes in education and employment conditions; changes in the way young people think about alcohol in respect to other life challenges and opportunities; and changes in the way young people spend their leisure time. Importantly, there have been declines in other so-called 'risky' practices, suggesting alcohol is one of a range of social practices that young people are delaying or avoiding as they worry about their futures, broader social issues and find new ways of spending their free time.

Social change and youth drinking: A cross-cultural and temporal examination

ARC Discovery Early Career Researcher Award

September 2019 – August 2022

Chief investigator: Amy Pennay

Wider team: Gabriel Caluzzi, Kelly van Egmond

This project is extending the ARC Discovery Project led by Amy on declines in youth drinking. Follow-up qualitative interviews are conducted with the Australian sample every two years (2018, 2020 and 2022) to examine how attitudes and practices related to alcohol change as this group ages. In addition, cross-national comparisons of qualitative data collected in Sweden, England and Australia are undertaken to tease out differences or similarities in the social position of alcohol for young people in three different countries.



Contexts: home, events, cognitions, and cultures (continued)



Understanding heavy alcohol consumption cultures among nurses and lawyers and investigating frames for intervention

ARC Linkage Project

July 2020 – June 2023

Chief investigator: Robyn Dwyer

Investigators: Amy Pennay, Sarah MacLean, Robin Room

Wider team: Tristan Duncan

This ARC Linkage Project aims to investigate drinking cultures among nurses and lawyers – two sizeable Australian workforces where heavy drinking is common.

It involves a collaboration between CAPR, Monash University, the Victorian Health Promotion Foundation (VicHealth), Eastern Health, the Nursing and Midwifery Health Program Victoria (NMHPV) and Jarryd Bartle Consulting (JBC). Addressing drinking cultures among social groups is an emerging strategy to complement population and individual level efforts to reduce alcohol-related harm. Alcohol use among workers has implications for health, safety and performance yet researchers have paid little attention to occupational drinking cultures.

Using rigorously collected qualitative and quantitative data, this project expects to generate new knowledge on sociocultural practices and meanings of drinking in the groups, illuminate relations between drinking cultures and harms and enable innovative intervention opportunities.

This grant was awarded in July 2019. However, the project start date was reset to July 2020 because of COVID-19-related restrictions on social gatherings. Data collection will commence in 2021.

Alcohol cultures framework conceptual project: Two academic articles exploring social worlds of heavy drinking

Victorian Health Promotion Foundation (VicHealth)

July 2019 – April 2020

Chief investigator: Sarah MacLean

Investigators: Robin Room, Robyn Dwyer, Amy Pennay

In 2019, CAPR was invited to apply for VicHealth funding for an alcohol cultures framework conceptual project. This resulted in two academic articles exploring the application and utility of the concept of 'social worlds' to alcohol research and intervention design. The purpose of this project was to provide conceptual underpinning to VicHealth's Alcohol Cultures Framework. This builds on previous work involving CAPR staff, which form the basis of the Framework, a document that provides a guide to public health action on drinking cultures and continues to shape CAPR's approach to this field of research.

The two articles have been accepted for publication, and both are available in 'online early view' status. The first, written by the research team in collaboration with VicHealth staff and academics from other universities, discussed the concept of 'social worlds', in respect to heavy drinking and public health responses.

The second article was written by the research team and VicHealth staff, and is titled 'Changing risky drinking practices in different types of social worlds: concepts and experiences'. It suggests a pragmatic typology of social worlds, detailing five features: activity-based, identification-based, settings-based, worldview-based, and social position-based. Incorporating this new knowledge to help reduce risky drinking in also discussed.





FARE is an independent, not-for-profit organisation working to stop the harm caused by alcohol.



CAPR works closely with the Foundation for Research and Education (FARE) to ensure CAPR's findings are translated for policymakers and the public.

Their five strategic goals to reduce the harms to individuals and cost to the community that result from the misuse of alcohol are:

1. Lead change: activate individuals, communities, and organisations to bring about change.
2. Strategic policy and advocacy: develop and advocate for policies and programs that work.
3. Defend the public interest: ensure the public's interest is paramount in alcohol control.
4. World-leading research: undertake and communicate strategic research.
5. Invest in the future: sustain an innovative world-class organisation bringing about social change.

CAPR's partnership with FARE includes the following objectives:

- Undertake research focusing on monitoring, availability, contexts, methods development, evaluations, and alcohol marketing and promotion;
- Lead and coordinate a research agenda for world class population health and alcohol policy research;
- Contribute evidence from research to the development of harm-reducing alcohol policy in Australia and internationally;
- Work collaboratively with FARE to promote and translate research; and
- Contribute to education and training of the next generation of highly skilled alcohol policy academic leaders.

REPORTS PREPARED FOR FARE

As part of our funding agreement with FARE, CAPR provides research reports on topics salient to alcohol policy and advocacy in Australia.

These independent original research reports contribute to the evidence base for harm-reducing alcohol policy in Australia. The research is used to inform a range of FARE's alcohol advocacy projects. Usually, the report also becomes the starting-point for a separate research article in the refereed scholarly literature.

While FARE staff comment on drafts of the reports, CAPR staff determine their content and conclusions. CAPR authors work with FARE to share the findings and evidence with a wide audience.

Home alcohol availability - rapid review

Investigators: Dan Anderson-Luxford, Emmanuel Kuntsche

This review explored the potential effect of "bulk buying" alcohol by examining whether changes in alcohol availability in the home affect trends in consumption. Most of the studies focused on the association between perceived alcohol availability in the home and adolescent alcohol use, which suggested that greater access to alcohol in the home led to increased alcohol use and related problems among adolescents. However, there was a dearth of literature concerning the general population. Thus, it was concluded that further research is required to better understand the broader effect of bulk buying, and in turn, alcohol availability in the home on alcohol use among the general population.

A scoping review of data availability for alcohol-related harm during COVID-19 in Australia

Investigators: Dan Anderson-Luxford, Michael Livingston, Anne-Marie Laslett

This report aimed to provide an overview of secondary sources of data on alcohol related harm indicators across Australia. A summary of data availability for several indicators across all Australian jurisdictions was provided, including police-reported violence, emergency department presentations, hospitalizations, ambulance presentations, treatment service engagement, and alcohol sales. The report concludes with a summary of the implications of data availability for assessing trends in alcohol-related harm during COVID-19 in Australia.

Updating alcohol-related family violence statistics for Australia

Investigators: Anne-Marie Laslett, Heng (Jason) Jiang, Dan Anderson-Luxford

Anne-Marie, together with Heng (Jason) and Dan, finalised a report in which they updated alcohol-related family violence statistics for Australia incorporating results from New South Wales, Victoria, Western Australia, Australian Capital Territory, Northern Territory, and Tasmania. This report was instrumental in preparing a joint FARE and CAPR submission to the federal House of Representatives Standing Committee on Social Policy and Legal Affairs Public Hearing Inquiry into family, domestic and sexual violence.

Alcohol's harm to others: A detailed analysis of 2016 NDSHS data

Investigators: Anne-Marie Laslett,
Heng (Jason) Jiang, Robin Room

This project builds on earlier CAPR research regarding the correlates of harm from the drinking of others. Through analysis of the 2016 National Drug Strategy Household Survey (NDSHS), this study aimed to examine how commonly Australians experience harm from others' drinking, who they experience this harm from, what settings these harms occur in and who reports hazardous behaviours while under the influence of alcohol. Findings revealed that one in five respondents reported harm from others' drinking in the past 12 months; and people who drank at risky levels were six times more likely than other drinkers to report harming others around them when drinking.

Alcohol-related help services scoping summary

Investigators: Amy Pennay, Michael Livingston, Janette Mugavin, Sandra Kuntsche

CAPR led a scoping review for FARE which aimed to develop an understanding of the nature and extent of web-based alcohol information and support services in Australia. More specifically, the study examined whether there is a gap or barriers to accessing information and support and therefore a need for the development of additional web-based service(s). In order to understand what other countries are offering in terms of web-based alcohol-related information and support, and whether there might be useful learnings from non-alcohol services in terms of usability and services offered, a scoping review of (i) 30 Australian websites was undertaken and supplemented with a review of (ii) 10 international alcohol webpages and (iii) 10 Australian non-alcohol-related webpages. The review identified a significant number of websites with useful alcohol-related information and health-seeking information, although websites were not always easy to find and web design was of variable user-friendliness. There is some scope for streamlining web resources for individuals and their families seeking information and help for issues relating to alcohol.

Trends in alcohol expenditure in Australia from 1984 to 2015- 16

Investigators: Heng (Jason) Jiang,
Michael Livingston, Robin Room

Insight into how levels of alcohol expenditure have changed in Australia in the last two decades is limited. Using data from six waves of Australian Household Expenditure Surveys (HEW), this study aimed to examine alcohol expenditure trends in different sociodemographic groups in the last 30 years, and the changes in household expenditure on different beverages purchased at on- and off-premises. After accounting for inflation, results reveal alcohol expenditure remained the same between the 1980s and 2016. Steady increases were discerned regarding total expenditure on recreation, health and foods, while a declining trend was observed in relative alcohol expenditure as a proportion of total household expenditure.



Foundation for Alcohol
Research & Education

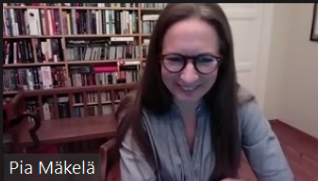
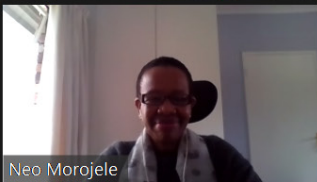
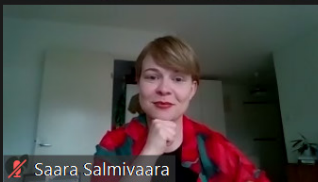
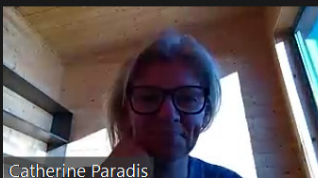


Packaged liquor regulations - rapid review

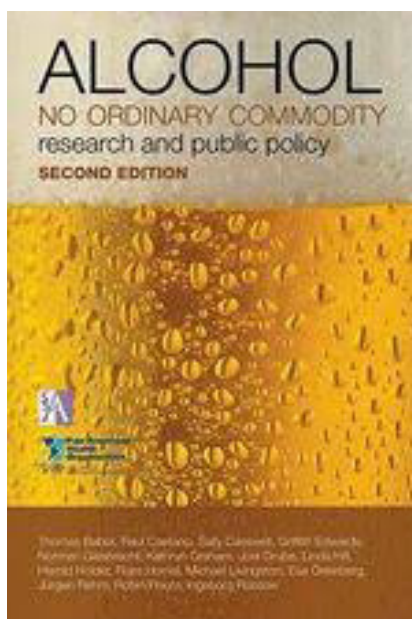
Investigators: Mia Miller, Michael Livingston, Emmanuel Kuntsche

This rapid evidence review aimed to examine the existing evidence around packaged liquor regulation, drinking and harm as a way to inform policy in the context of COVID-19. Regulations on trading hours, bulk promotions, home delivery and limits on purchase quantities were identified as policy levers that could potentially reduce alcohol-related harm in Australia during the COVID-19 pandemic.



 Robin Room	 Susanne Newton	 Anne-Marie Laslett	 Norman Giesbrecht
 Jenny Cisneros	 Justyna Klingemann	 Pia Mäkelä	 H.F.L. Garretsen
 Neo Morojele	 Elin Kristin Bye	 Saara Salmivaara	 Taisia Huckle
 Petra Meier	 Florian Labhart	 Catherine Paradis	 Niamh Fitzgerald

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Alcohol: No Ordinary Commodity

Robin Room and Michael Livingston

In a collaborative international project, Robin and Michael are among the nine international co-authors working on a third edition of 'Alcohol: No Ordinary Commodity', scheduled for publication in late 2021.

The book has become an essential global textbook concerning the epidemiology of alcohol consumption and problems alongside policy options and their effectiveness in alcohol problems prevention or minimisation.

As background for the book, review articles on developments in alcohol consumption and problems as well as alcohol policies and their effects in four low- and middle-income regions of the world (sub-Saharan Africa, Latin America and Caribbean, former Soviet countries and India) were commissioned from a team of alcohol researchers in each region.

Following review by Robin, a series of articles will be published, along with an introductory analysis by project members, in 2021 in a special section of Drug and Alcohol Review.

DUSK2DAWN: Characterizing youth nightlife spaces, activities and drinks

Chief Investigator: Emmanuel Kuntsche

Wider team: Florian Labhart and Koen Smit

This project is an ongoing interdisciplinary collaboration with the Swiss computer science research institute, Idiap. As a part of it, Florian's PhD thesis combined methods of ubiquitous computing, addiction science and human geography to characterise night-time behaviour and uncover risk factors for heavy drinking and alcohol related consequences.

In contrast to desktop computing, ubiquitous computing can occur using any device, in any location, and in any format. Koen played a key role in analysing the link between predrinking motives and alcohol-related consequences.

Work on this project has also involved several cross-disciplinary collaborations with colleagues from across the university such as Dr Dennis Wollersheim from the La Trobe Department of Public Health and colleagues from the Department of Computer Science and Information Technology.



INFORMING INTERNATIONAL POLICY

World Health Organization (WHO) work on Global Strategy on Alcohol

Robin Room

In an expert advisory capacity, Robin attended a three-day virtual meeting of the World Health Organization, Department of Mental Health and Substance Use Technical Advisory Committee in December 2020.

The development of a 10 year-action plan to reduce the harmful use of alcohol and strengthen WHO's program on alcohol was a key agenda item. This action plan, which would sit alongside the Global Strategy for Reducing the Harmful Use of Alcohol, would be prepared and released for comment in early 2021. Robin continues to stay abreast of developments and will provide expert advice to WHO in 2021.

Global governance of alcohol

Robin Room and Mia Miller

Robin and Mia have continued work on the global governance of alcohol in the public health interest, which has become an increasingly urgent priority with the growth of internet promotion and sales and the digital economy, which outflanks effective control of availability and promotion at local or national levels.

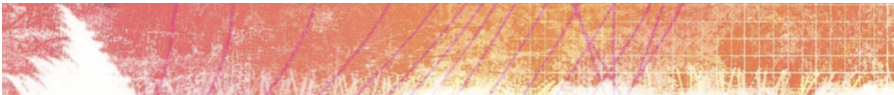
These include two articles Robin has authored, one on the history of the handling of alcohol issues in global intergovernmental agencies, and another laying out and discussing actual potential text for the international treaty on alcohol control which public health advocates have often called for. This work continues to bring together researchers from Australia and across the globe to discuss ways forward for global alcohol policy and regulation.

Development of a research priorities agenda for reducing alcohol-related problems, particularly in low- and middle-income countries

Anne-Marie Laslett, Robin Room and Mia Miller

Robin, Anne-Marie and Mia worked on directing an international collaborative effort to devise and elaborate a detailed research agenda for research relevant to strengthening public health-oriented alcohol control policies, particularly in Low- and Middle-Income Countries (LMICs). Successive proposals and drafts were circulated among researchers from around the world, and a draft initial report was agreed on among 19 co-authors from Europe, Asia, Africa, Australia and the Americas. A report of this first stage of the project has been prepared, identifying and discussing seven priority areas for research, and briefly noting six further areas.

Priority areas for further research include systems that improve regulation of the alcohol market; paths to improve the effectiveness of international laws and intergovernmental policy on alcohol control; bringing informal/untaxed alcohol into the formal market, subject to taxes; the effects of alcohol on women's and children's interests in LMICs; and reducing the effects of poverty on the degree of harm from a given level of drinking. Scoping reviews in the priority areas will be the next stage of the project. This work, funded by the Thai Health Promotion Foundation, will have a strategic influence on an international level, contributing for instance to the World Health Organization's consideration of work needed to move forward in reducing the global burden of alcohol in the decade of the 2020s.



Global strategy to reduce the harmful use of alcohol



INFORMING NATIONAL/STATE/LOCAL POLICY

National Health and Medical Research Council Low-Risk Drinking Guidelines

Michael Livingston

Michael was a member of the expert committee informing the development of the new NHMRC Low-Risk Drinking Guidelines, which has spent the last four years reassessing the evidence that underpinned the 2009 Drinking Guidelines. In late 2020, the revised guidelines were formally accepted by the NHMRC and made official, with key shifts in response to changing evidence related to cancer and heart disease.

Online sale and delivery of alcohol

Yvette Mojica-Perez, Sarah Callinan and Michael Livingston

In 2019, the above CAPR team wrote a report detailing the risks posed by the sudden growth in online alcohol sales and delivery. Specifically, the researchers found that high levels of risky drinking were associated with rapid delivery services. This report, titled 'Alcohol home delivery: An investigation of use and risk' was referenced in the Liquor Amendment (24-hour economy) Bill 2020 (NSW). The report was released 12-months to the day before the passage of the amended bill. According to FARE, this report "played a critical role not only in advancing our knowledge and developing the policy response options, but also in building the momentum for change". The 12-month turn-around from the report's release to legislation is relatively unheard of, but it does reflect the priority status of this rapidly evolving policy topic and the significant partnership between CAPR and FARE.

Experiences of public drunkenness in Victoria

Michael Savic (Monash) and Amy Pennay

Laws making public drunkenness an offence have been repealed in most English-speaking countries and most states of Australia, although not in Queensland and Victoria. The Premier of Victoria has committed to decriminalising public drunkenness and to developing and implementing a public health response. A public consultation process is underway to inform the development of this response. Understanding the experiences, needs and suggestions of the people that are likely to be directly affected by a public health response will be important in ensuring that the response is appropriate.

This rapid research project aimed to explore the experiences and needs of people affected by Victorian State public drunkenness laws. The project team conducted qualitative interviews and focus groups with people affected by Victorian public drunkenness laws. Based on the findings of the study, the project team made recommendations for consideration in developing the public health response to public drunkenness.

Experiences of public drinking in the City of Yarra

Michael Savic (Monash) and Amy Pennay

This project aimed to explore the experiences and needs of people who drink in public spaces in the City of Yarra. In particular, the project sought to foreground the voices of Aboriginal and Torres Strait Islander people and other marginalised street drinkers who congregate in public drinking hot spots in Yarra. Overseen by a steering committee, this project

utilised a qualitative approach to address its aims and develop insights. This involved recruiting 40 participants to participate in interviews or focus groups.

Given typically negative experiences of the public drinking law (and its enforcement), the findings of this project indicate that marginalised people who drink in public in Yarra are supportive of repealing the law in favour of a health-based approach. Based on participants' ideas for appropriate ways of responding to public drinking and related issues, the project team made specific suggestions for consideration to Yarra Council to assist in informing the development of responses to public drinking.

Preventive policies and measures to address alcohol-related family violence

Anne-Marie Laslett and Dan Anderson-Luxford

Meredythe Crane, from FARE, and Anne-Marie and Dan from CAPR co-wrote a detailed evidence-based submission to The Inquiry into family, domestic and sexual violence by the Federal Parliament House Standing Committee on Social Policy and Legal Affairs. The submission called for inclusion of alcohol-related policies to prevent alcohol-related family violence. This report drew heavily on CAPR's report, 'Updating alcohol-related family violence statistics for Australia' which identified the numbers of alcohol-related family violence incidents in each Australian state. In the second stage of the Inquiry, Anne-Marie along with Trish Hepworth and Meredythe Crane from FARE, were invited to give evidence at The House of Representatives Standing Committee on Social Policy and Legal Affairs Public Hearing for Inquiry into family, domestic and sexual violence on 13 November. Trish Hepworth, on behalf of FARE and CAPR argued for a range of preventive policies and measures to address alcohol-related family violence.

PHD STUDENTS

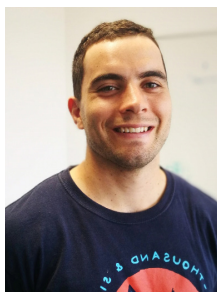
CAPR is committed to training future alcohol policy research experts. In 2020, CAPR had 11 PhD students working on a broad range of topics including youth drinking, transdermal alcohol measurement technology validation, drinking contexts and factors influencing the behaviours of low-risk drinkers and abstainers.



Low risk drinkers: Who are they and what influences their drinking patterns?

Janette Mugavin, supervised by Robin Room, Sarah MacLean and Sarah Callinan

From a cultural-political standpoint, low-risk drinking and abstinence have been offered up as national aspirations at different points in Australia's history. However, in more recent times greater emphasis has been placed on low-risk drinking. Despite this, adult low-risk drinkers have been largely overlooked in Australian alcohol survey research. Janette's PhD project aims to investigate the factors associated with low-risk drinking and identify strategies and approaches low-risk drinkers use to manage their consumption levels. A key focus of this project is to better understand the role of alcohol in the lives of low-risk drinkers.



An exploration of the social conditions and cultural meanings of light and non-drinking practices in a sample of young Australians

Gabriel Caluzzi, supervised by Amy Pennay, Michael Livingston and Sarah MacLean

This PhD project is part of a broader ARC-funded grant to try to understand the drivers behind the sharp declines in youth drinking in Australia since the early 2000s. Young Australians are drinking less than previous generations at the same age – a development which has been mirrored in other countries. To better understand these trends, Gabriel's PhD project involved 50 interviews with young Victorians aged 16-19 to develop a nuanced understanding of the changing role of alcohol in young people's lives. Two articles from his PhD were published in 2020. These articles examined why young light and non-drinkers enjoyed socialising without drinking, and how these young people negotiated their choices around alcohol.



Alcohol over the life course

Geoffrey Leggat, supervised by Sarah Callinan, Michael Livingston and Sandra Kuntsche

An individual's alcohol consumption is shaped by many factors over a lifetime. Important life events and milestones often provide significant impetus for habit formation and reformation, often on top of changes attributable to organic maturation and social development. Each of the distinct stages of life, often compartmentalised and labelled as childhood, adolescence, adulthood and old age, bring with them their own expectations, roles and milestones, with each offering unique opportunities to contribute to changes in behaviour and especially alcohol consumption. Given this, Geoffrey's PhD project aims to identify and describe the role of life events and milestones in contributing to changes in alcohol consumption at each stage of life. Focus will also be given to the role of different individual demographics, roles and lived experiences in contributing to and shifting the response that individuals may have to these impetuses across the life course.



What do they know and how do they know it? An investigation of alcohol expectancies, norms and alcohol-related knowledge in childhood

Megan Cook, supervised by Sandra Kuntsche, Amy Pennay and Emmanuel Kuntsche

Research has illustrated that by the time young adolescents initiate alcohol consumption they have firmly established attitudes, expectations and beliefs about alcohol. What is known about alcohol at a young age has been shown to be a strong predictor of both intentions to later consume and future consumption patterns. Operating from an interdisciplinary psychological and sociological approach to knowledge acquisition, Megan's research extends our understanding of what young children know about alcohol. Using a range of secondary data sets, she investigates several dimensions of children's alcohol-related knowledge, including person-specific norms, situational-specific norms and expectancies.



Teenagers are drinking less: An examination of the factors shaping recent developments in youth drinking cultures (quantitative component)

Rakhi Vashishtha, supervised by Michael Livingston, Amy Pennay and Paul Dietze

Rakhi's PhD project is part of a broader ARC-funded grant to try to understand the drivers of recent declines in adolescent drinking in Australia. To do this, she is conducting a range of studies – a systematic review of existing analyses that have looked at this question globally, an exploration of trends in other risk and protective factors and a series of empirical analyses of existing survey data to test specific theories, including changes in both parenting practices and leisure time activities as well as major policy changes. The findings of this work will complement the qualitative work that Gabriel Caluzzi is conducting for his PhD and will provide critical new insights into this major generational shift in drinking practices.



Transdermal alcohol measurement technology validation

Kelly van Egmond, supervised by Emmanuel Kuntsche, Cassandra Wright, Benjamin Riordan (from September 2020) and Michael Livingston

Most alcohol research relies on self-reports and breath alcohol concentration, which has limitations in accuracy and participant burden. Wearable alcohol monitors, also called transdermal alcohol monitors, are devised to provide data on consumption with precision and no response burden. The aim of Kelly's PhD project is to test the accuracy of measuring alcohol consumption using transdermal alcohol monitors. The project will consist of a systematic review and empirical studies testing the transdermal alcohol monitors against another similar monitor, self-report, and breath alcohol measurements, comparing across genders, ages, Body Mass Index, ethnicity, individual and family drinking history, drinking rate, and consumed amount of food.



Attitude towards non-drinkers in Australia and the relationship to problematic alcohol use

Christopher Cheers, supervised by Sarah Callinan, Amy Pennay and Xochitl de la Piedad Garcia

With more and more Australians choosing not to drink, Christopher's PhD is the first study of its kind to examine attitudes towards non-drinkers in an Australian population. The studies which form his PhD aim to examine and define drinker's attitudes towards non-drinkers in Australia and create and validate a new measure of these attitudes in a large sample. He will also examine how these attitudes may relate to problematic alcohol consumption. As the negative appraisal of non-drinkers is suggested as a barrier to reducing alcohol consumption, it is proposed that an understanding of these attitudes may allow the development of health promotion strategies that aim to create a more supportive space for moderate drinking or not drinking at all in our community.



The 'drinking context' in context: What role does the immediate environment play in young adults' drinking behaviours and how to capture it with a smartphone app?

Florian Labhart, supervised by Emmanuel Kuntsche, Daniel Gatica-Perez and Rutger Engels

Florian's thesis explored different aspects of the development and implementation of research in alcohol use on a night out using a smartphone application. This comprised (1) the development of the 'Youth@Night' app and the evaluation of users' experience with this data collection tool, (2) the exploration of alcohol use behaviours and cognitions on a night out and prospectively using questionnaire data, (3) the investigation of the opportunity to replace participants' self-reports of their behaviours and contexts by collecting media data, in the form of short videos of the immediate environment and (4) the implementation of a representative street-intercept recruitment technique using geo-located data generated on social networks apps to quantify the popularity of nightlife regions over an entire city. Florian successfully completed his PhD thesis this year. One of his PhD assessors nominated Florian for the Nancy Mills medal, which is typically awarded to only the top 5% of theses at La Trobe. One assessor commented: "I was thoroughly impressed with all aspects of this thesis and read it with great interest. Overall, the work presented here is extremely important, with clear implications for not only the etiological understanding of alcohol use and misuse, but also for public health policy and intervention development. Further, this collection of research investigations is especially innovative, with the use of several novel approaches that move beyond self-report to measure drinking behaviour and the context of drinking."



Application of artificial intelligence to identify and quantify alcoholic beverages and inebriation from audio-visual material

Abraham Albert Bonela, supervised by Emmanuel Kuntsche and Zhen He

In his PhD project, Abraham is using state-of-the-art convolutional neural network models to automatically detect alcoholic beverages in images (e.g., social media) and inebriation in audio recordings). In 2020, he developed a deep learning algorithm, which is more comprehensive and efficient than its predecessor (ABIDLA), to identify alcohol from images. This algorithm (ABIDLA2) has a classification accuracy of 77.49% for eight categories (beer/cider glass, beer/cider bottle, beer/cider can, wine, champagne/sparkling wine, cocktails, cognac/brandy/whiskey, any other content) and 88.34% for two categories (any of those alcoholic beverages vs. any other content). This is important because exposure to alcohol-related cues (e.g., seeing someone drinking or an image of an alcoholic beverage) is likely to trigger implicit cognitive biases, e.g., to focus on alcohol, increase alcohol craving and impulsive decisions to drink and impair inhibition of drives that control consumption.

He also has built a deep learning algorithm to detect whether a person is inebriated or sober based on their speech (captured in a 12-seconds audio clip). This algorithm has an unweighted average recall of 68.99% (for a BAC threshold of 0.05%) and 78.15% (for a BAC threshold of 0.12%). In the future, such an algorithm could be used in a mobile application to provide an estimate of the inebriation status of the speaker and detect inebriation in emergency rooms, bar environments, sports stadiums, etc.



Estimating effects of alcohol pricing policy initiatives on social harms in Australia

Melvin Marzan, supervised by Heng (Jason) Jiang, Michael Livingston and Sarah Callinan

This PhD project is part of the NHMRC grant, 'The effects of various alcohol pricing policies on consumption, health, social and economic outcomes and health inequalities'. Reduction in access to alcoholic beverages by increasing the price is one of the most effective and low-cost approaches to control harmful consumption of alcohol and reducing health and social harms. As such, this thesis will explore the dose-response relationships of alcohol consumption and specific social harms such as violence or assault and sickness absence using several methodologies such as dose-response meta-analysis and multivariate modelling. It will also establish the cost-benefits and cost-effectiveness of several alcohol pricing policy models that could impact social harms caused by harmful alcohol use.



Associations of alcohol, tobacco, gambling expenditure with socioeconomic inequalities

Rowan Dowling, supervised by Heng (Jason) Jiang, Anne-Marie Laslett, and Charles Livingstone

The past 30 years have seen vast changes in government regulation of alcohol, tobacco and gambling products as well as the development of novel forms such as internet gambling. Rowan's PhD project aims to examine trends in the expenditure of Australian households on alcohol, tobacco and gambling products over the past 30 years. The project will also explore contribution of alcohol, tobacco and gambling expenditure to households' social inequality and financial difficulties. This will include investigating whether spending trends differ depending on a household's socioeconomic disadvantage, as well as whether expenditure on alcohol, tobacco and gambling influences a household's expenditure on essential living goods and services alongside their experience of housing affordability and financial difficulties.

PhD students studying at other universities supervised by CAPR researchers



Koen Smit's thesis cover. Koen successfully completed his thesis in 2020.

Ratih Eka Pertiwi

Thesis: The role and place of alcohol consumption amongst young people in Jayapura, Papua, Indonesia

Supervisors: Catherine Vaughan, Richard Chenhall and Robin Room

University: University of Melbourne

Commenced: 2018

Lars Sjödin

Thesis: Youth drinking - drivers and changes over time

Supervisors: Jonas Raninen, Michael Livingston, Peter Larm

University: Karolinska Institutet, Sweden

Commenced: 2019

Heng (Jason) Jiang

Thesis: Understanding temporal associations of alcohol and tobacco consumption with cancer mortality

Supervisors: Richard Chenhall, Dallas English and Robin Room

University: University of Melbourne

Commenced: 2018

Michelle Raggatt

Thesis: Investigating the influence of pornography on young people's sexual health

Supervisors: Megan Lim, Cassandra Wright, Jane Hocking

University: Monash University

Commenced: 2019

Koen Smit

Thesis: The developmental transition from alcohol expectancies to drinking motives to drinking patterns – a cohort study

Supervisors: Emmanuel Kuntsche, Marloes Kleinjan, Roy Otten, Carmen Voogt

University: Radboud University Nijmegen, the Netherlands

Graduated: February 2021

Marwa Mostafa

Thesis: Assessing and promoting oral health amongst young inmates in Australia

Supervisors: Rodrigo Marino, Mark Stooze, Felicity Crombie, Anne-Marie Laslett

University: University of Melbourne

Commenced: 2018

CONTRIBUTIONS AND MEMBERSHIPS

CAPR staff provide research-based input and advice in a number of areas oriented to the development of harm-reducing alcohol policy.

CAPR staff also serve in other functions in the wider research and community, helping inform research agendas. Editorial and reviewing functions for scholarly journals serve the scientific community and help to set research directions.

Editorial appointments

Sarah Callinan

- Deputy Editor, Drug and Alcohol Review
- Editorial Board Member, Drugs: Education, Prevention and Policy

Robyn Dwyer

- Editorial Board Member, Contemporary Drug Problems

Heng (Jason) Jiang

- Editorial Board Member, BMC Public Health

Emmanuel Kuntsche

- Associate Editor, Addiction
- Deputy Editor and Special Issue Editor, Drug and Alcohol Review
- Editorial Board Member, European Addiction Research
- Editorial Board Member, Journal of Behavioural Addictions

Sandra Kuntsche

- Senior Editor, International Journal on Alcohol and Drug Research
- Deputy Editor, Drug and Alcohol Review

Florian Labhart

- Senior Editor, International Journal of Alcohol and Drug Research

Anne-Marie Laslett

- Co-Editor-in-Chief, International Journal of Alcohol and Drug Research
- Editorial Board Member, Addicta: The Turkish Journal on the Addictions

Michael Livingston

- Senior Editor, Drug and Alcohol Review
- Associate Editor, Addiction
- International Editorial Board, Drugs: Education, Prevention and Policy

Amy Pennay

- Senior Editor, Drugs: Education, Prevention and Policy
- Associate Editor, Addiction Research and Theory
- Deputy Editor, Drug and Alcohol Review

Sarah MacLean

- Co- Editor in Chief, Health Sociology Review

Mia Miller

- Special Guest Editor, Journal of Studies on Alcohol and Drugs

Robin Room

- Editor-in-Chief, Drug and Alcohol Review
- Editorial Board Member, Contemporary Drug Problems
- Scientific Advisory Board, Nordic Studies on Alcohol and Drugs
- Managing Editor and Guest Editor for Special Issue, Drug and Alcohol Review
- Associate Editor, Health Promotion Journal of Australia

Cassandra Wright

- Managing Editor and Guest Editor for Special Issue, Drug and Alcohol Review
- Associate Editor, Health Promotion Journal of Australia

Professional participation

Sarah Callinan

- Co-ordinator, Victorian Substance Use Research Forum
- Member, Kettil Bruun Society

Gabriel Caluzzi

- Founder and President, Psychology and Public Health Early Career Research Network at La Trobe University, Melbourne
- Member, Drinking Studies Network called the Sobriety, Abstinence and Moderation Cluster
- Committee Member, School of Psychology and Public Health Diversity and Inclusion Committee, La Trobe University
- Member, Australasian Professional Society on Alcohol and other Drugs
- Member, Australian Association for Adolescent Health
- Member, The Australian Sociological Association

Megan Cook

- Elected Level A Member, Academic Board, La Trobe University
- Member, Australasian Professional Society on Alcohol and other Drugs
- Member, Kettil Bruun Society

Rowan Dowling

- Member, Australasian Professional Society on Alcohol and other Drugs

Robyn Dwyer

- President, Board of Harm Reduction Victoria
- Fellow, Society for Applied Anthropology

Jason (Heng) Jiang

- Member, International Council on Alcohol, Drugs and Traffic Safety
- Member, Kettil Bruun Society

Emmanuel Kuntsche

- Secretary, Australasian Professional Society on Alcohol and other Drugs
- Member, Academic Board, La Trobe University
- Member, Kettil Bruun Society
- Member, Research Society on Alcoholism

Sandra Kuntsche

- Secretary, Kettil Bruun Society
- Director of Research, School of Psychology and Public Health, La Trobe University

Florian Labhart

- Coordinating Committee Member, Kettil Bruun Society
- Secretary, Swiss Foundation for Alcohol Research

Anne-Marie Laslett

- President, Kettil Bruun Society
- Member, Australasian Professional Society on Alcohol and other Drugs
- Member, International Society for Journal Editors (ISAJE)
- Member, ISAJE Sub-committee for Increasing Diversity in Addiction Publishing
- Member, International Confederation of Alcohol, Tobacco and other Drug Research Associations

Michael Livingston

- Member, Technical Advisory Group for the National Drug Strategy Household Survey

- Member, National Health and Medical Research Council's Alcohol Working Committee
- CAPR representative, Alcohol Change Victoria (formerly Alcohol Policy Coalition)
- Member, Victorian Liquor Control Advisory Council (advising the Minister for Consumer Affairs, Gaming and Liquor Regulation)
- Member, Kettil Bruun Society

Sarah MacLean

- Member, Kettil Bruun Society
- Member, The Australian Sociological Association

Melvin Barrientos Marzan

- Expert Collaborator, Global Burden of Disease Study
- Member, American College of Epidemiology
- Member, Collaborative Maternity and Newborn Dashboard for the COVID-19 Pandemic

Mia Miller

- CAPR representative, Alcohol Change Victoria (formerly Alcohol Policy Coalition)
- Committee Member, School of Psychology and Public Health Diversity and Inclusion Committee, La Trobe University
- Member, Alcohol Advertising Review Board

Thomas Norman

- Scientific Advisory Committee, Australasian Professional Society on Alcohol and Other Drugs

Amy Pennay

- Member, Kettil Bruun Society

Benjamin Riordan

- Member of the Early and Mid-Career Researcher Committee for the Australasian Professional Society on Alcohol and other Drugs

Robin Room

- Member, Expert Advisory Panel on Drug Dependence and Alcohol Problems, World Health Organization
- Advisory Board Member, Centre for Social Research on Alcohol and Drugs, Stockholm University, Sweden
- Council Member, Australasian Professional Society on Alcohol and other Drugs
- Member, Coordinating Committee, Kettil Bruun Society
- Member, Selection Committee, Kettil Bruun Society Award for Advancement of International Research Collaboration
- CAPR representative, Alcohol Change Victoria (formerly Alcohol Policy Coalition)
- Board Member, Jellinek Memorial Fund (Primary International Alcohol Studies Award)

Kelly Van Egmond

- Treasurer, Psychology and Public Health Early Career Research Network, La Trobe University
- Member, Australasian Professional Society on Alcohol and other Drugs
- Member, Students of Brain Research
- Member, Research Society on Alcoholism
- Member, Organization for Human Brain Mapping

Rakhi Vashishtha

- Member, Public Health Association of Australia

Cassandra Wright

- Member of the Early and Mid-Career Researcher Committee for the Australasian Professional Society on Alcohol and other Drugs
- Member, Alcohol Advertising Review Board
- Council Member, Australasian Professional Society on Alcohol and other Drugs (NT Representative)

REVIEWING ROLES FOR SCHOLARLY JOURNALS

Addiction	Critical Public Health	Journal of Family Violence
Addiction Research and Theory	Dental Traumatology	Journal of Internet Medical Research
Addictive Behaviors	Drug and Alcohol Dependence	Journal of Public Health
Alcohol and Alcoholism	Drug and Alcohol Review	Journal of Studies on Alcohol and Drugs
Alcoholism: Clinical and Experimental Research	Drugs and Alcohol Today	Lancet Public Health
American Journal of Preventive Medicine	Drugs: Education, Prevention and Policy	Nicotine and Tobacco Research
Annals of Internal Medicine	European Addiction Research	Nordic Studies on Alcohol and Drugs
Australian and New Zealand Journal of Public Health	European Journal of Public Health	PLOS One
BMC Global Health	Health and Place	Psychological Science
BMC Public Health	Health Education and Behavior	Psychology and Health
(The) BMJ	Health Promotion International	Psychology of Addictive Behaviors
BMJ Open	Health Sociology Review	Public Health Research and Practice
British Journal of Cancer	International Journal of Drug Policy	Sociology of Health and Illness
Child Maltreatment	International Journal of Environmental Research and Public Health	Substance Use and Misuse
Contemporary Drug Problems	JAMA Network Open	Substance Use: Research and Treatment
Critical Gambling Studies	Journal of American College Health	The Canadian Journal of Psychiatry
	Journal of Epidemiology and Community Health	

GRANT FUNDING

CAPR had significant grant success this year, in particular with Australian Research Council grants.

Sandra Kuntsche - Mothers' little helper: Alcohol use in working mothers

This ARC Discovery Project aims to generate unique insights into the strains that Australian working mothers' face in their daily lives and the impact these strains have on their alcohol consumption. The results of this study will not only provide significant benefits to the quality of life of working mothers in Australia but will also have society-wide implications.

Value: \$268,184

Anne-Marie Laslett - Alcohol's harm to others: Patterns, costs, disparities and precipitants

This ARC Linkage Project will undertake a three-year study on the costs and harms from others' drinking across Australia. Using a new survey, analysing state and federal health and social response agency data and conducting in-depth interviews, the project will produce comprehensive estimates of alcohol's harm to others. Knowing that, women are disproportionately harmed by other people's drinking in the home while men are harmed more in public places, the study will seek to understand inequalities in alcohol's harm to others and some of the reasons why some families and sub-populations are more at risk than others. The project will help better understand the current magnitude, character, economic burden, disparities and causes of alcohol's harm to others across the Australian population in 2021.

Value: ARC: \$502,541; FARE: \$150,000; Australian Rechabite Foundation; \$30,000 Total: \$682,541 (excluding in-kind contributions).

AWARDS AND ACHIEVEMENTS

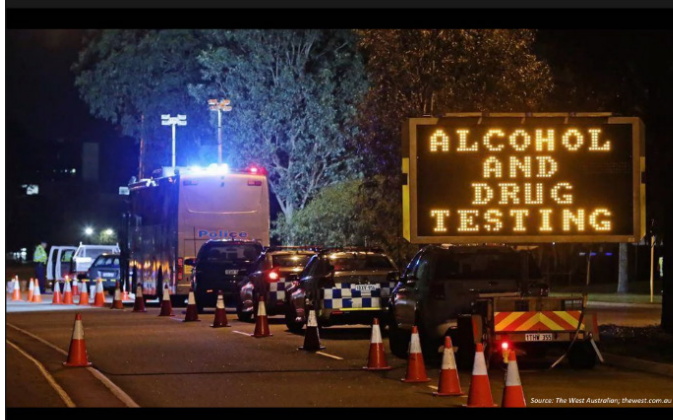
Robin Room awarded rare Distinguished Professor title

CAPR's founder and former director, Professor Robin Room, had the honour of his title changing to 'Distinguished Professor' this year, in recognition of his remarkable international career and achievements in alcohol and alcohol policy research.

This title at La Trobe is reserved for exceptional academic researchers who have established stellar records of achievement and have attained international distinction for their research and scholarly work. Robin is La Trobe University's most cited researcher by far with more than 70,000 citations and an h-index of 92.

Kelly van Egmond wins 3-minute thesis first round

On July 14, the La Trobe School of Psychology and Public Health held the heats for the first round of the 3-minute thesis competition. The event (held over Zoom this year) was well-attended, with great presentations from seven higher degree by research students across the school. Kelly was able to impress the jury with her presentation about wearable transdermal alcohol monitors; 'Sweat the small stuff: Can we measure alcohol using a wristband?' Well done Kelly!



Koen Smit awarded runner up for best presentation

CAPR research officer and PhD student Koen Smit was awarded runner up for best presentation in the 10-minute category at the La Trobe School of Psychology and Public Health annual research festival on February 10. Congrats Koen!



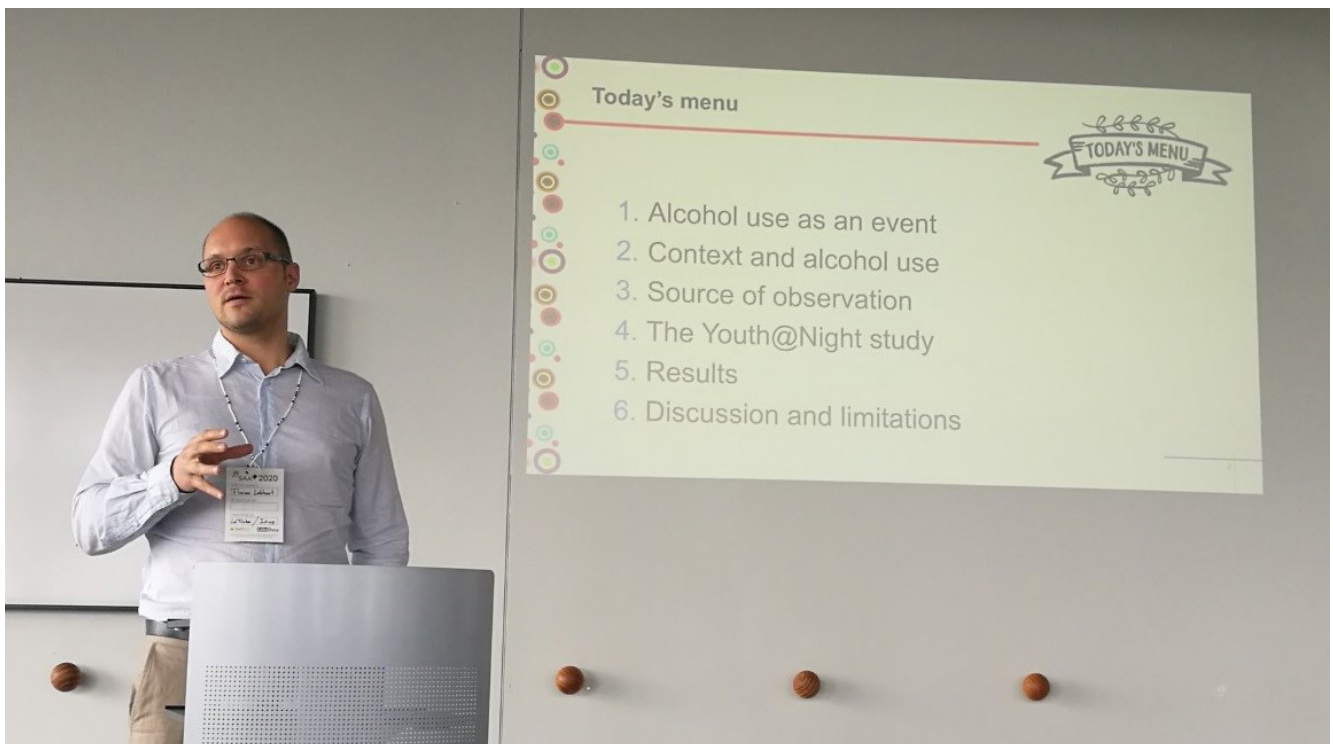
Koen Smit, second from left, receives a prize at the research festival with other winners

VISITORS TO CAPR

While the impacts of COVID-19 limited international and interstate travel from March 2020, we were fortunate to host two international visitors and two interstate visitors at CAPR in the first quarter of the year. Visitors to CAPR allow for the exchange of ideas and approaches and brings a crucial cross-cultural approach to our work, something increasingly important to our globalised world.

These exchanges result in project collaborations and journal articles and foster important networks which continue to place CAPR at the heart of alcohol policy research internationally.

Florian Labhart – Switzerland



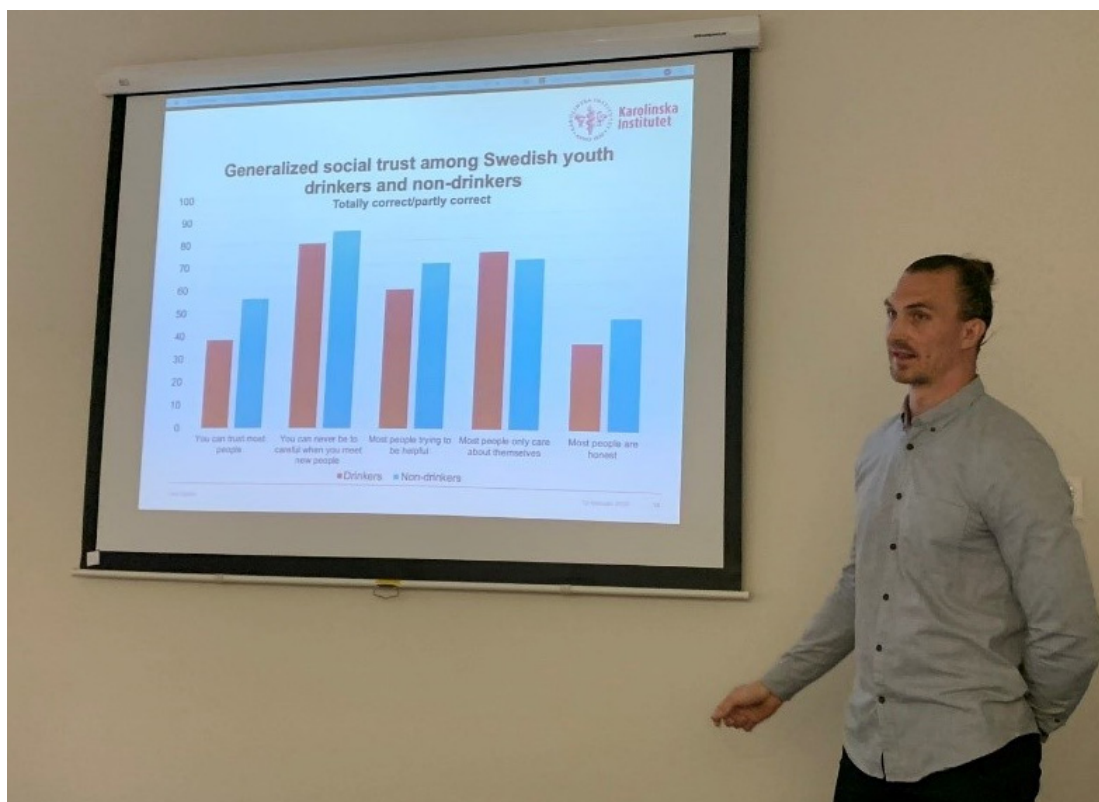
Florian presents his work at the Society for Ambulatory Assessment (SAA) conference in Melbourne

Florian Labhart, a CAPR PhD student based at the Idiap Research Institute in Martigny, Switzerland, visited CAPR from 13-24 January. The main goal of his visit was to progress work on the Swiss-Australian collaboration project 'Dusk2Dawn' with Emmanuel Kuntsche and Koen Smit. Florian also worked on an algorithm for identifying geographical stay-points on young peoples' weekend nights in collaboration with computer scientist Dr Dennis Wollersheim from La Trobe University.

Florian also attended the Society for Ambulatory Assessment (SAA) conference, hosted by the Melbourne University on 15-17 January. He presented work on the effects of context, brightness and loudness on alcohol consumption, drawing on data from the Dusk2Dawn project.

The conference was a great opportunity to learn more about the latest advances in Ecological Momentary Assessment methods and topics. In particular, the workshop on existing smartphone applications developed by and for the scientific community was valuable.

Lars Sjödin – Sweden



Lars presented his work to the CAPR team, which was followed by an energetic discussion about the decline in youth drinking.

Lars Sjödin, a PhD student from the Karolinska Institutet in Sweden, spent seven weeks in Melbourne with CAPR from 23 January to 12 March. Lars' PhD is focused on examining the determinants and importance of the sharp decline in youth drinking with a nationally based prospective cohort study.

A significant benefit of Lars' visit was the opportunity to work closely with Michael Livingston, one of Lars' supervisors. The regular meetings and casual chats helped Lars with the analytical and conceptual components of his thesis.

The visit also facilitated new collaborations with CAPR staff, such as Heng (Jason) Jiang who will support Lars, along with other CAPR PhD students and Research Officers, to write an article using time series analysis.

Jeremy Henderson and Clare Ross – FARE, Australian Capital Territory

Jeremy and Clare from the FARE Media and Communications team flew from Canberra to Melbourne on February 20 to meet with Emmanuel Kuntsche and CAPR's new Communications Officer, Susanne Newton, as well as the wider CAPR team and La Trobe Media and Communications team. This meeting enabled FARE, CAPR and the La Trobe Media and Communications team to ensure effective working systems that promote both our work and theirs, as well as an important discussion about how to respond to increasing negative comments and attacks from the alcohol industry that some CAPR researchers have been facing.



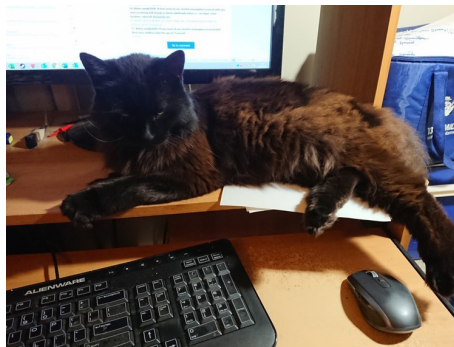
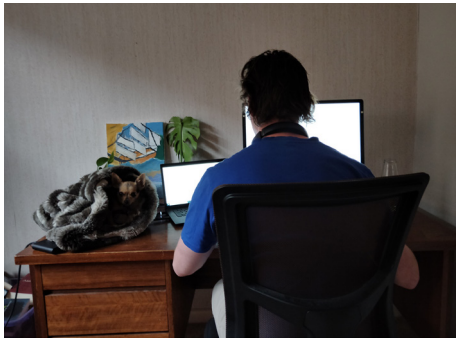
Clare Ross, Jeremy Henderson, Sarah Callinan, Robin Room, Michael Livingston, Anne-Marie Laslett and Susanne Newton at CAPR's new home

TEAM CULTURE

A strong team culture is very important to CAPR, and the team did an incredible job of adapting to working from home and staying at home for much of 2020. Prior to Melbourne's first lockdown in March, the team ensured international visitors such as Lars Sjödén felt welcome in Melbourne, with social activities such as hiking, yoga, BBQs, and attending an Australian Football League Women's (AFLW) match.



Team BBQ for Lars' farewell, March 2020



During lockdown, the team adjusted to regular zoom meetings, even holding 'social catch ups' on zoom on Friday afternoons. Zoom also allowed us to meet team members' pets.



By late 2020, we were able to meet again and enjoy activities such as tennis and held an end of year event where we enjoyed lawn bowls.

CONFERENCES

Society for Ambulatory Assessment Conference, Melbourne, Australia



Benjamin Riordan, Emmanuel Kuntsche, Florian Labhart and Hayley Treloar Padovano (Brown University, Providence, USA) after the Society for Ambulatory Assessment Conference, 21 January 2020.

The Society for Ambulatory Assessment Conference was held from 15-17 January at the University of Melbourne, the first time the conference was held in Australia.

Florian presented his work on how brightness, loudness and place occupancy influence alcohol using short video clips; Kelly presented her work on Transdermal measurements and self-reported alcohol consumption during student orientation, and Emmanuel ran a mentoring session.

CONFERENCES

Global Alcohol Policy Conference (GAPC) - Dublin, Ireland



Prior to lockdown, Anne-Marie Laslett and Robin Room travelled to Dublin for the 6th Global Alcohol Policy Conference 2020 (GAPC 2020) in early March. Anne-Marie presented at the conference on her analyses of the UN Multi-country study on men and violence.

These results indicate that men with both heavier drinking patterns and poorer attitudes towards women (and gender equality) were associated with the perpetration of intimate partner

violence in six countries in the Asia Pacific region. Robin presented on a model Framework Convention: What needs to be covered and how.

Australasian Professional Society of Alcohol and Drugs Conference - webinar series

Australasian Professional Society on Alcohol and other Drugs (APSAD) is the Asia Pacific's leading multidisciplinary organisation for professionals involved in the alcohol and other drugs field. In lieu of an annual conference, APSAD held a series of webinars throughout November. CAPR's researchers and PhD students had a large presence throughout the webinars.

Sarah Callinan presented in the impacts of COVID-19 stream, discussing purchasing,

consumption, demographic and socio-economic variables associated with shifts in alcohol consumption during the COVID-19 pandemic. In the early- to mid-career stream, Gabriel Caluzzi participated in a rapid-fire presentation on his key findings from qualitative research on declining adolescent drinking, and Dan-Anderson-Luxford presented on a time-series analysis of the association between alcohol, heavy drinking and heart disease in Australia.

Megan Cook presented her work on sex differences in Dutch children's knowledge of situational drinking norms – Evidence from the Dutch electronic Appropriate Beverage Task (eABT). Thomas Norman presented on his findings pertaining to the adaption of a deep learning algorithm to help quantify alcohol beverage exposure in user-generated Instagram images. Kelly van Egmond presented on the reliability and accuracy of the SCRAM-CAM ankle monitors in measuring transdermal alcohol concentration.

MEDIA

CAPR's staff are increasingly sought for media comment. Our research is covered in a number of mainstream media outlets.

Actively engaging with the media enables CAPR to reach a broad audience and ensure's CAPR's research is a key voice in the public debate around alcohol.

Emmanuel and Megan appear in 'On the Sauce' on ABC television

A real highlight of 2020 was seeing Emmanuel Kuntsche and Megan Cook from CAPR broadcast on ABC television nationally as part of Shaun Micallef's 'On the Sauce' program. Emmanuel advised Shaun on alcohol consumption as Shaun lay on a psychologist's couch in all three episodes and Megan wrapped up the final episode showing Shaun how pre-schoolers know a surprising amount about alcohol and its effects on the adults in their lives. All episodes of the program are available on YouTube:

Episode 1: <https://www.youtube.com/watch?v=DohliHY6nu0>

Episode 2: <https://www.youtube.com/watch?v=p4arP9VydDA>

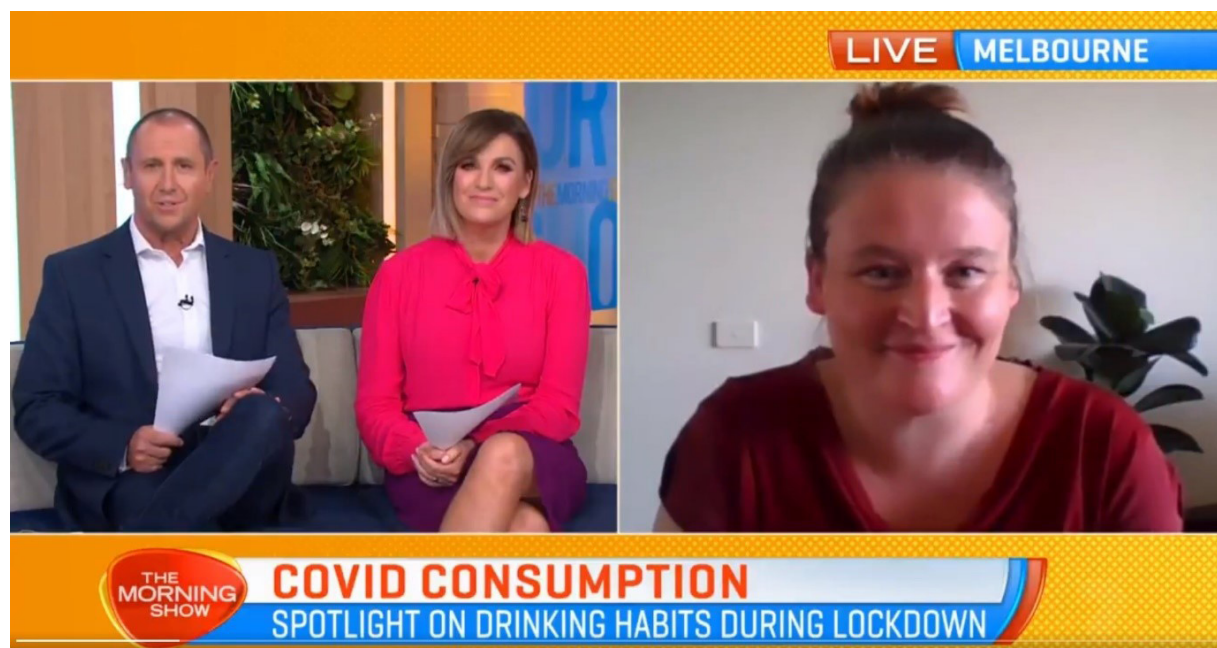
Episode 3: <https://www.youtube.com/watch?v=fp7wjX40eV4>

Emmanuel also wrote about his experience of being on the show on the Movendi blog, a global network of organisations working to prevent alcohol and drug harm.

<https://movendi.ngo/blog/2020/11/24/on-the-sauce-shedding-light-on-australian-alcohol-norm/>



COVID-19 MEDIA COVERAGE



With the COVID-19 pandemic changing lives significantly during 2020 with restrictions on movement and everyday life, CAPR researchers were called on many times by the media to discuss what this meant for drinking habits. Sarah Callinan was interviewed on 3AW breakfast radio and on the Seven Network's The Morning Show about CAPR's research on drinking under lockdown, where Sarah and team found some people drank more alcohol but for a larger proportion of people, alcohol consumption fell. Emmanuel Kuntsche was interviewed by Kellie Scott from ABC Life about drinking while in isolation. Sarah and Michael Livingston wrote an article on if COVID-19 will change our drinking habits long term, which was published in the Canberra Times and syndicated across Australia through Australian Community Media.

Minimum Unit Pricing

Heng (Jason) Jiang received significant media coverage for his work on Minimum Unit Pricing. He was interviewed on ABC Drive radio by Sami Shah, Channel Seven in Cairns, and even Magic Radio Auckland in New Zealand. Emmanuel Kuntsche (<https://drinktank.org.au/2020/01/minimum-price-on-alcohol-important-to-reduce-drinking-rates-and-improve-health/>) and Michael Livingston (<https://drinktank.org.au/2020/03/new-australian-estimates-of-the-impact-of-minimum-unit-pricing/>) also wrote blogs about the topic for the DrinkTank.

NHMRC Drinking Guidelines

Michael Livingston was interviewed widely about the new Australian guidelines to reduce health risks from drinking alcohol, published in late 2020. The revised guidelines recommend healthy adults drink no more than 10 standard drinks a week and no more than four standard drinks a day. Michael was a member of the expert committee to inform the development of the guidelines. He was interviewed on Radio National, ABC Northern Tasmania Drive radio, and by Virginia Trioli, among others.



RADIO AND TV INTERVIEWS

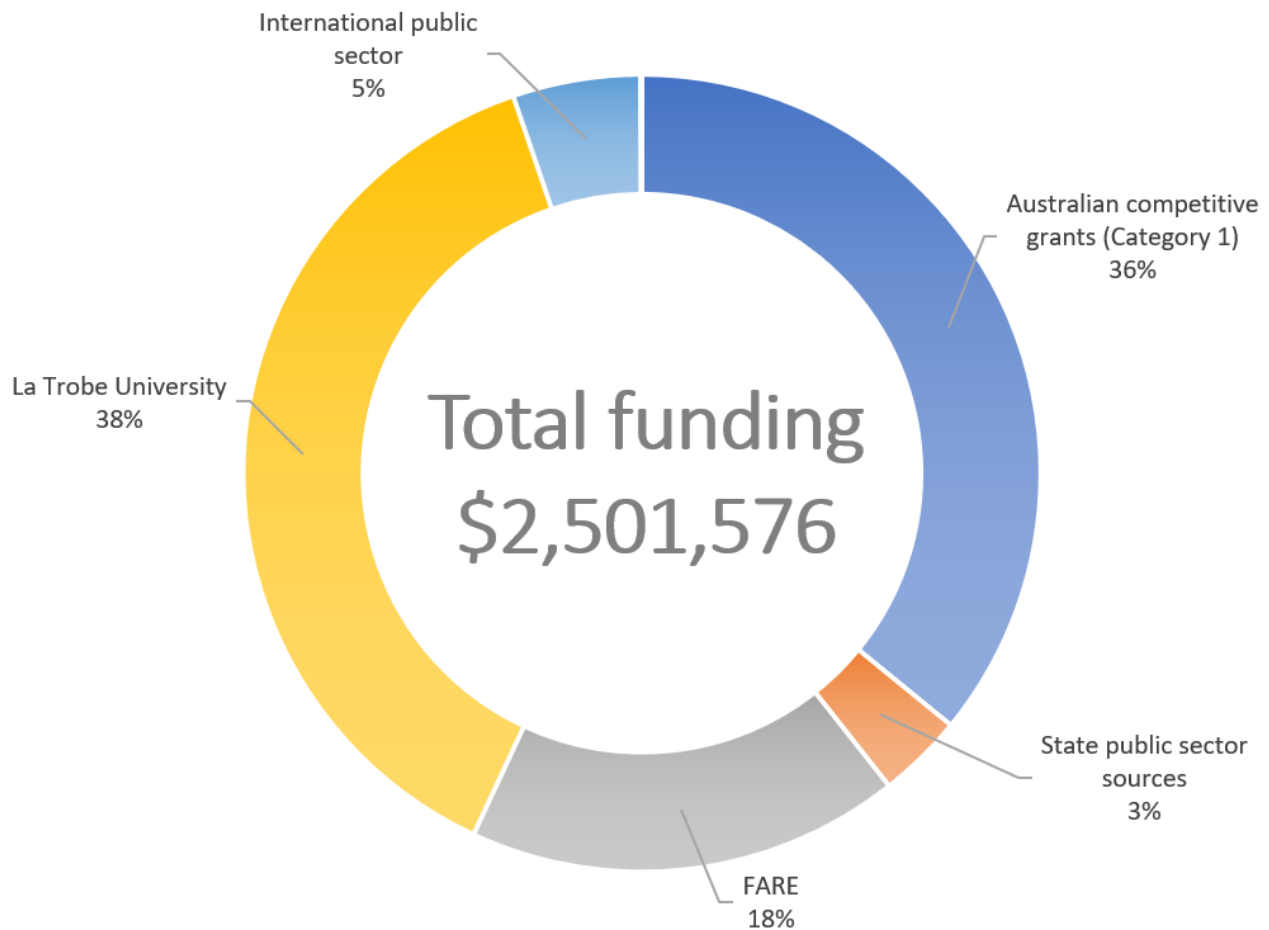
Selected media appearances and subject	Outlet	Date
Sarah Callinan discussed long-term drinking habits during COVID-19.	WIN News Melbourne, television broadcast	24 April
Sarah Callinan discussed COVID-19 drinking.	The Morning Show, Channel 7, Sydney, television broadcast	19 November
Sarah Callinan discussed changes to young Australians' alcohol consumption under COVID-19.	Breakfast with Ross and Russel, 3AW, Melbourne, radio broadcast	11 November
Heng (Jason) Jiang discussed a Minimum Unit Price on alcohol.	7NEWS Cairns, television broadcast	16 January
Heng (Jason) Jiang discussed a Minimum Unit Price on alcohol.	Drive with Sami Shah, ABC Melbourne, radio broadcast	16 January
Heng (Jason) Jiang discussed risky drinking among older people in Australia.	HOPE 103.2, 2AM, 2CC, Sydney and Canberra, radio broadcasts (multiple)	24 July
Michael Livingston discussed the declines in beer consumption during COVID-19.	Mornings with Virginia Trioli, ABC Melbourne, radio broadcast	4 December
Michael Livingston discussed the new NHMRC drinking guidelines.	Radio National, ABC Northern Tasmania, radio broadcasts	10 December
Amy Pennay discussed the decrease in young people's drinking.	Triple J, Hack, national coverage, radio broadcast	9 December
Amy Pennay discussed Dry July.	Amy Pennay discussed Dry July, radio broadcast	31 July

FUNDING DETAILS

Below is a breakdown of CAPR's key funding sources and where applicable, the major projects funded through these sources.

Funds received from the sources listed here totalled		2,501,576
Australian Research Council (ARC)		650,578
Adult drinking and child maltreatment in families, communities and societies protection	123,347	
Hidden harm: Everyday consumption in Australian homes	133,981	
Social change and youth drinking: A cross-cultural and temporal examination	118,531	
Understanding heavy alcohol consumption cultures among nurses and lawyers and investigating frames for intervention	112,506	
High risk drinking, context, drink choice and harm: an international study 2019	67,645	
Alcohol, tobacco and gambling expenditure and socioeconomic inequalities	94,567	
National Health and Medical Research Council (NHMRC)		247,300
Understanding and preventing population-level harm from alcohol	112,450	
The effects of different alcohol pricing policies on alcohol consumption, health, social and economic outcomes, and health inequality in Australia	70,569	
A fellowship program aiming to reduce risky alcohol consumption by understanding and intervening during drinking events	64,281	
NSW Family and Community Services Pathways of Care Longitudinal Study Grant		15,000
Substance use and outcomes for children and young people in and out of home care	15,000	
QLD Mental Health Commission		5,343
QLD alcohol and other drugs consultation paper	5,343	
ACT Health		66,448
Addressing the booming booze culture among ACT women: Combining innovative technology with an awareness raising campaign	66,448	
Foundation for Alcohol Research and Education (FARE)		440,000
Centre for Alcohol Policy Research core funding	440,000	
Idiap Research Institute, Switzerland		32,256
Dusk2Dawn: Characterizing youth nightlife spaces, activities, and drinks	32,256	
National Institute on Alcohol Abuse and Alcoholism (NIAAA), United States		72,254
Alcohol's harm to others: A cross-national study	72,254	
Stockholm University, Sweden		10,013
Comparative Study on Self-Exclusion (CaSE) project: Victoria, Australia Component	10,013	
International Health Policy Program Foundation, Ministry of Public Health, Thailand		15,000
Development of a prioritized [global] research agenda for accelerating action to reduce the harmful use of alcohol: Recommendations for 2020-2030	15,000	
Miscellaneous		1,452
Sundry revenue	1,452	
La Trobe University		945,932
Research centre support	66,424	
La Trobe internal contribution (includes publication awards)	879,508	

SUMMARY OF FUNDING SOURCES



RESEARCH PROJECTS

KEY: Project title, *Funding source*, **CAPR investigators**, **Non-CAPR investigators** (affiliation, if lead investigator).

(*indicates no funding to CAPR in 2020)

A fellowship program aiming to reduce risky alcohol consumption by understanding and intervening during drinking events. *National Health and Medical Research Council Early Career Fellowship (GNT1161246)*. **Wright, C.**

Addressing the booming booze culture among ACT women: Combining innovative technology with an awareness raising campaign. *Australian Capital Territory Health (via Foundation for Alcohol Research and Education)*. **Kuntsche, E., Kuntsche, S.,** Pescud, M., & Hickson, S.

Adult drinking and child maltreatment in families, communities and societies protection. *Australian Research Council Discovery Early Career Researcher Award (DE190100329)*. **Laslett, A.-M.**

Aftercare for young people: A sociological study of resource opportunities*. *Australian Research Council Discovery Project (DP200100492)*. Bryant, J. (University of New South Wales), **MacLean, S.,** Skattebol, J., Neale, J., Hallam, K., & Ferry, M.

Alcohol cultures framework conceptual project: Two academic papers exploring social worlds of heavy drinking. *Victorian Health Promotion Foundation*. **MacLean, S., Dwyer, R., & Room, R.**

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Reports

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Anderson-Luxford, D., Livingston, M., & Laslett, A.-M. (2020). *A scoping review of data availability for alcohol-related harm during COVID-19 in Australia (phase 1)*. Unpublished report submitted: FARE.

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PRESENTATIONS

Conference presentations

Anderson-Luxford, D. (2020, 2 October). *A Time-Series Analysis of the association between alcohol, heavy drinking and heart disease in Australia*. Paper presented at the Australasian Professional Society for Alcohol and other Drugs (APSAD) On-Demand Early Career Researchers Program Showcase Video Program. Online. Retrieved from: <https://www.youtube.com/watch?v=MzBMOsnWYXs>

Callinan, S. (2020, 18 November). *Purchasing, consumption, demographic and socio-economic variables associated with shifts in alcohol consumption during the COVID-19 pandemic*. Paper presented at the Impact of COVID-19 Session 1. Australasian Professional Society for Alcohol and other Drugs (APSAD) Webinar Series. Online. Retrieved from: <https://www.youtube.com/watch?v=by7hiLF2f9w>

Calluzzi, G. (2020, 11 November). *Key findings from qualitative research on declining adolescent drinking*. Paper presented at the Australasian Professional Society for Alcohol and other Drugs (APSAD) On-Demand Early Career Researchers Program Showcase Rapid-Fire Program. Online. Retrieved from: <https://www.youtube.com/watch?v=S5BAKP2DNCA>

Cook, M. (2020, 11 November). *Sex differences in Dutch children's knowledge of situational drinking norms – Evidence from the Dutch eABT*. Paper presented at the Australasian Professional Society for Alcohol and other Drugs (APSAD) On-Demand Early Career Researchers Program Showcase Video Program. Online. Retrieved from: <https://www.youtube.com/watch?v=aSYNCPFgbXQ>

Kuntsche, S., & Kuntsche, E. (2020, 4 December). *Drinking to cope mediates the link between work-family conflict and alcohol use among mothers but not fathers of preschool children*. Paper presented at the 10th Latin American Society for Biomedical Research on Alcoholism. Online.

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Laslett, A.-M., & Cook, M. (2020, 10 March). *Alcohol and the health and human rights of women and children*. Alcohol and Equity. Paper presented at the 6th Global Alcohol Policy Conference (GAPC2020). Dublin, Ireland.

Norman, T., Bonela, A., He, Z., Angus, D., Carah, N., & Kuntsche, E. (2020, 11 November). *Connected and consuming: Adapting a deep learning algorithm to quantify alcoholic beverage exposure in user-generated Instagram images*. Paper presented at the Australasian Professional Society for Alcohol and other Drugs (APSAD) On-Demand Early Career Researchers Program Showcase Video Program. Online. Retrieved from: <https://www.youtube.com/watch?v=8cO3WILfYAw>

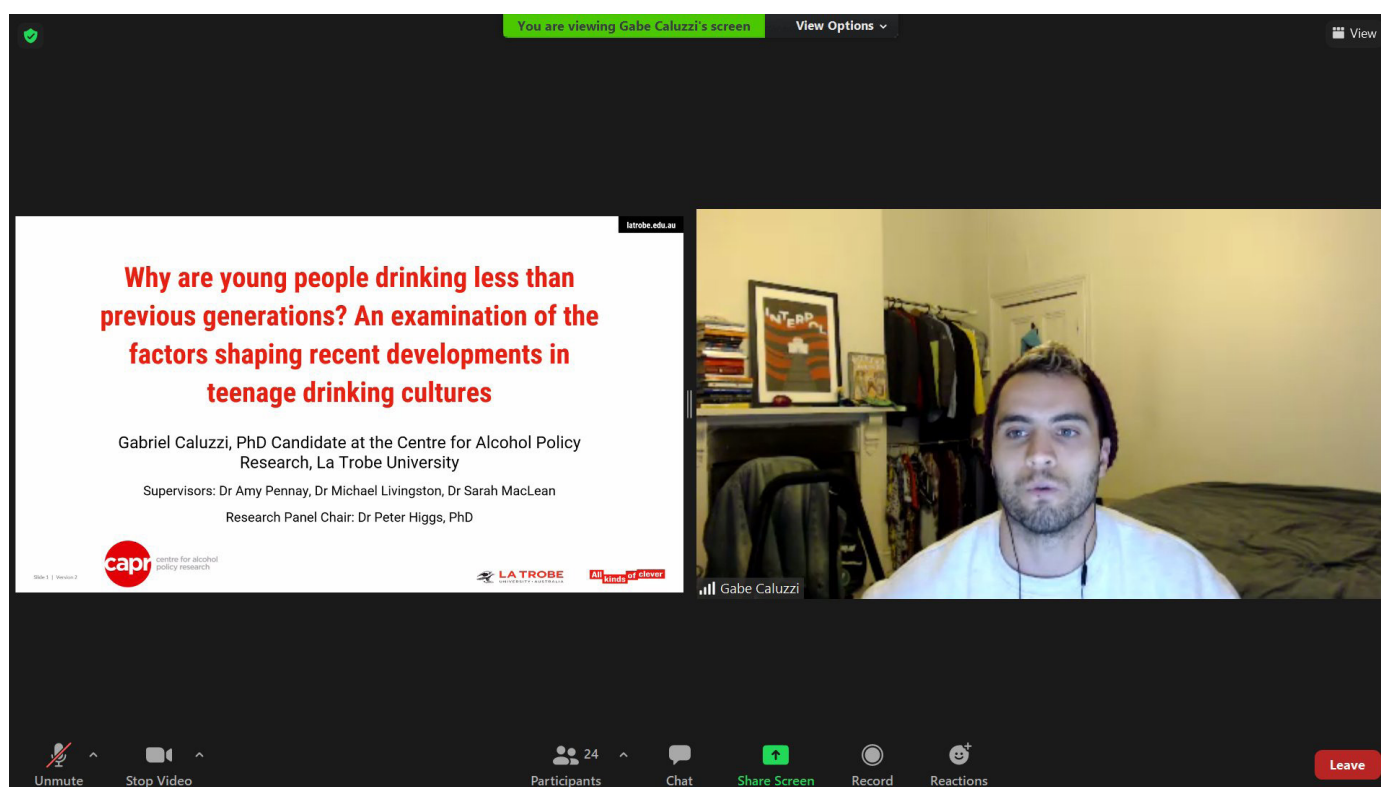
Room, R. (2020, 10 February). *A model Framework Convention: What needs to be covered and how. Towards an FCAC*. Paper presented at the 6th Global Alcohol Policy Conference (GAPC2020). Dublin, Ireland.

van Egmond, K. (2020, 11 November). *A parallel test of the SCRAM-CAM ankle monitors ensuring accuracy and reliability of the measured transdermal alcohol concentration*. Paper presented at the Australasian Professional Society for Alcohol and other Drugs (APSAD) On-Demand Early Career Researchers Program Showcase Video Program. Online. Retrieved from: <https://www.youtube.com/watch?v=z9CSfZwdPow>

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Conference poster

Laslett, A.-M., Kuntsche, S., Wilson, I., Taft, A., Fulu, E., & Graham, K. (2020, 10 March). *Does male partner alcohol use and heavy drinking intersect with gendered attitudes to increase risk of perpetrator intimate partner violence? Poster presented at the 6th Global Alcohol Policy Conference (GAPC2020). Dublin, Ireland.*



Gabriel Caluzzi presenting at the Australasian Professional Society for Alcohol and other Drugs (APSAD) conference.

Seminar and meeting presentations

Anderson-Luxford, D., Wright, C., Norman, T., Riordan, B., & Kuntsche, E. (2020, 2 October). *Capturing the ups and downs: Alcohol consumption across 18 weeks of COVID-19*. Presentation at the VicHealth and CAPR COVID-19 studies: Sharing findings and plans for future work meeting. Zoom meeting.

Bonela, A. (2020, 16 September). *Application of artificial intelligence to identify and quantify alcoholic beverages and inebriation from audio-visual material*. Confirmation Milestone, PhD. Presentation. Presentation at the Higher Research Degree Seminar Series, Centre for Alcohol Policy Research, School of Psychology and Public Health, La Trobe University. Online.

Callinan, S., & Mojica-Perez, Y. (2020, 2 October). *Shifts in alcohol consumption during the COVID-19 pandemic*. Presentation at the VicHealth and CAPR COVID-19 studies: Sharing findings and plans for future work meeting. Zoom meeting.

Caluzzi, G. (2020, 3 December). *Why are young people drinking less than previous generations? An examination of the factors shaping recent developments in teenage drinking cultures*. Pre Submission Milestone, PhD. Presentation at the Higher Research Degree Seminar Series, Centre for Alcohol Policy Research, School of Psychology and Public Health, La Trobe University. Online.

Cook, M. (2020, 10 February). *Alcohol expectancies, norms and knowledge in childhood*. Presentation at the School of Psychology and Public Health 2020 Research Festival. La Trobe University, Melbourne, Australia.

Cook, M. (2020, 16 September). *What do they know and how do they know it? An investigation of alcohol expectancies, norms and alcohol-related knowledge in childhood*. Mid Candidature Milestone, PhD. Presentation at the Higher Research Degree Seminar Series, Centre for Alcohol Policy Research, School of Psychology and Public Health, La Trobe University. Online.

Dwyer, R., Cook, M., Pennay, A., Laslett, A.-M., van Egmond, K., Caluzzi, G., Callinan, S., Kuntsche, S., & Kuntsche, E. (2020, 2 October). *Shifts in alcohol consumption during the COVID-19 pandemic*. Presentation at the VicHealth and CAPR COVID-19 studies: Sharing findings and plans for future work meeting. Zoom meeting.

PRESENTATIONS AT SEMINARS AND MEETINGS

Seminar and meeting presentations (continued)

Kuntsche, E. (2020, 10 February). *The Centre for Alcohol Policy Research*. Invited speaker. Presentation at the 2nd Research Festival of the School of Psychology and Public Health, La Trobe University, Melbourne, Australia.

Kuntsche, E., Cook, M., Livingston, M., Giorgi, C., & Moodie, R. (2020, 5 August). *Meet the alcohol researchers from 'On the Sauce'*. Invited speakers. Meet the Experts Series: Panel event hosted by the Centre for Alcohol Policy Research. Online. Retrieved from: <https://www.youtube.com/watch?v=1R7C8ox6k98>

Kuntsche, S. (2020, 10 February). *Mentorship program*. Invited speaker. Presentation at the 2nd Research Festival of the School of Psychology and Public Health, La Trobe University, Melbourne, Australia.

Kuntsche, S., Wright, C. W., S., & Moodie, R. (2020, 2 December). *Wine mums: Moral panic or real risk?* Invited speakers. Meet the Experts Series: Panel event hosted by the Centre for Alcohol Policy Research. Online. Retrieved from: <https://www.youtube.com/watch?v=mqJMFGF8X9k>

Laslett, A.-M. (2020, 29 August). *Alcohol's impact on ourselves and others: In our homes and on our streets*. Invited speaker. Presentation at the International Online Symposium on Mahatma Gandhi's principles: In the perspective of alcoholism and the road crashes. Co-facilitated by the Indian Institute of Technology Kanpur, India and La Trobe University, Australia. Retrieved from: https://www.latrobe.edu.au/__data/assets/pdf_file/0010/1157545/Symposium-abstracts-Mahatma-Gandhi-principles-alcohol-road-crashes-final.pdf

Laslett, A.-M., Jiang, H., & Anderson-Luxford, D. (2020, 2 October). *Alcohol-related family violence in Western Australia before and during COVID-19: The need for similar Victorian analyses*. Presentation at the VicHealth and CAPR COVID-19 studies: Sharing findings and plans for future work meeting. Zoom meeting.

Livingston, M. (2020, 16 November). *Taking policy action to reduce alcohol-fuelled harm in Australia*. Invited speaker. Presentation at the National Alliance for Action on Alcohol (NAAA) Panel Webinar. Online.

Mugavin, J. (2020, 3 August). *Who are low risk drinkers, and what influences their drinking practices?* Pre Submission Milestone, PhD. Presentation at the Higher Research Degree Seminar Series, Department of Occupational Therapy and Social Work and Social Policy, La Trobe University. Online.

Smit, K. (2020, 10 February). *The developmental pathway to alcohol use: From exposure to consideration to action*. Presentation at the School of Psychology and Public Health 2020 Research Festival. La Trobe University, Melbourne, Australia.

Thomas, D., & MacLean, S. (2020, 3 September). *Gambling in two Victorian Aboriginal communities*. Invited speaker. Presentation at the Victorian Responsible Gambling Foundation Lunchtime Learnings Online Seminar Series. Online.

van Egmond, K. (2020, 16 September). *Measuring alcohol consumption – how accurate are wearable devices?* Mid Candidature Milestone, PhD. Presentation at the Higher Research Degree Seminar Series, Centre for Alcohol Policy Research, School of Psychology and Public Health, La Trobe University. Online.

van Egmond, K. (2020, 14 July). *Sweat the small stuff: Can we measure alcohol using a wristband?* Presentation at the 3-Minute Thesis Competition, School of Psychology and Public Health, La Trobe University. Online.

van Egmond, K. (2020, 20 August). *Sweat the small stuff: Can we measure alcohol using a wristband?* Presentation at the 3-Minute Thesis Competition, College of Science, Health and Engineering, La Trobe University. Online.

Seminar organiser

Willis, K., & MacLean, S. (2020, 7 September). *Health Sociology Review: Special section on 'Sociology and the Coronavirus (COVID-19) Pandemic' and online seminar organisers*. Seminar in collaboration with The Australian Sociological Association (TASA). Online. Retrieved from: <https://www.youtube.com/watch?v=tbIvIINKOVE>

Workshops

Jiang, H. (2020, 28 February). *Time series analyses in addiction research*. Invited speaker. A training workshop at the Centre for Alcohol Policy Research La Trobe University, Melbourne, Australia.

Kuntsche, E. (2020, 17 January). *Mentoring session*. Invited speaker. A workshop at the 7th Conference of the Society for Ambulatory Assessment. Melbourne, Australia.

Television and radio appearances and interviews

Callinan, S. (2020, 19 November). *COVID-19 drinking*. Interviewer: L. Emdur & K. Gillies. The Morning Show [television broadcast], Channel 7, Sydney. Retrieved from: <https://www.facebook.com/morningshowon7/videos/382503689850475/>

Callinan, S. (2020, 24 April). *Long term drinking habits during COVID-19*. WIN News [television broadcast], WIN Network.

Callinan, S. (2020, 11 November). *New research says pandemic has changed young australians' alcohol consumption*. Interviewer: R. Stevenson & R. Howcroft. Breakfast with Ross and Russel [radio broadcast], 3AW, Melbourne. Retrieved from: <https://www.3aw.com.au/new-research-says-pandemic-has-changed-young-australians-alcohol-consumption/>

MEDIA

Television and radio appearances and interviews (continued)

Jiang, H. (2020, 16 January). *Minimum Unit Price on alcohol*. Interviewer: S. Shah. Drive ABC Melbourne [radio broadcast], Australian Broadcasting Corporation.

Jiang, H. (2020, 16 January). *Minimum Unit Price on alcohol*. Interviewer: M. Karstunen. 7NEWS Cairns [television broadcast], Channel 7, Cairns. Retrieved from: <https://twitter.com/7NewsCairns/status/1217731905753190402>

Jiang, H. (2020, 16 January). *Minimum Unit Price on alcohol*. Magic Radio Auckland [radio broadcast].

Jiang, H. (2020, 24 July). *Risky drinking among older people in Australia*. HOPE 103.2, 2AM, 2CC [multiple radio broadcasts], Sydney and Canberra.

Kuntsche, E. (2020, 30 March). *Drinking while in isolation*. Interviewer: K. Scott. ABC Life [radio broadcast], Australian Broadcasting Corporation.

Kuntsche, E., & Cook, M. (2020, 21 July). Interviewer: S. Micallef. Shaun Micallef's *On the Sauce: Three part documentary* [television broadcast], ABC TV, Australian Broadcasting Corporation, Sydney. Retrieved from: <https://iview.abc.net.au/show/shaun-micallef-s-on-the-sauce>

Livingston, M. (2020, 4 December). *Declines in beer consumption during COVID*. Interviewer: V. Trioli. ABC Melbourne [radio broadcast], Australian Broadcasting Corporation, Melbourne.

Livingston, M. (2020, 10 December). *Interviewed about new drinking guidelines*. Interviewer: P. Wirsu. ABC Northern Tasmania Drive [radio broadcast], Australian Broadcasting Corporation. Retrieved from: <https://www.abc.net.au/radio/northtas/programs/drive/drive/12940982>

Livingston, M. (2020, 8 December). *New drinking guidelines*. Interviewer: V. Trioli. ABC Launceston [radio broadcast], Australian Broadcasting Corporation, Launceston.

Livingston, M. (2020, 9 December). *New drinking guidelines*. 2NUR [radio broadcast], Newcastle.

Livingston, M. (2020, 10 December). *New drinking guidelines*. Radio National [radio broadcast], Australian Broadcasting Corporation, Sydney.

Pennay, A. (2020, 31 July). *'Concern' about the rebound effect of Dry July*. Interviewer: T. Elliot. Drive with Tom Elliot, 3AW [radio broadcast], Melbourne. Retrieved from: <https://www.3aw.com.au/concern-about-rebound-effect-of-dry-july/>

Pennay, A. (2020, 9 December). *Decrease in young people's drinking*. Triple J Hack [radio broadcast], Australian Broadcasting Corporation. Retrieved from: <https://www.abc.net.au/triplej/programs/hack/alcohol-free-christmas-abstinence-booze-sober-drinking-guidelines/12964778>

Pennay, A. (2020, 5 August). *Is Australia's drinking culture changing?* Interviewer: M. Richardson. 2SER 107.03 [radio broadcast], 2SER. Retrieved from: <https://2ser.com/is-australias-drinking-culture-changing/>

Media releases and stories

Australian Associated Press (AAP). (2020, 24 July). *Wealthy over 60s drinking at risky levels*. *Daily Mail Australia*. Retrieved from: <https://www.dailymail.co.uk/wires/aap/article-8554219/Wealthy-60s-drinking-risky-levels.html>

Burnett, C. (2020, 14 December). *Study shows decrease in lockdown beer drinking*. *Brews News*. Retrieved from: <https://www.brewsnews.com.au/2020/12/14/study-shows-decrease-in-lockdown-beer-drinking/>

Dunlevy, S. (2020, 15 January). *Floor price on alcohol: Plan could see cask wine, beer prices soar*. *Herald Sun*. Retrieved from: <https://www.heraldsun.com.au/lifestyle/health/floor-price-on-alcohol-plan-could-see-cask-wine-price-double-beer-costs-rise/news-story/2d9a10c4ac8bd6e24f2ad6c90a7b0819?btr=f3b2a8469f56c7a425508d2136a549af>

Gafoor, S. (2020, 21 October). *Who pays for your drinks?* *La Trobe University News*. Retrieved from: <https://www.latrobe.edu.au/news/announcements/2020/who-pays-for-your-drinks>

Kamm, R. (2020, 24 April). *Women bear the financial cost of drinking culture, study says*. *Vice*. Retrieved from: https://www.vice.com/en_asia/article/bvg9pv/women-bare-the-financial-cost-of-drinking-culture-study-says

La Trobe University. (2020, 24 April). *Alcohol's financial toll on women—even when they don't drink*. *Medical Express*. Retrieved from: <https://medicalxpress.com/news/2020-04-alcohol-financial-toll-women-even-dont.html>

La Trobe University. (2020, 15 January). *Alcohol tax reform needed* [press release]. *La Trobe University News*. Retrieved from: <https://www.latrobe.edu.au/news/articles/2020/release/alcohol-tax-reform-needed>

La Trobe University. (2020, 31 March). *Are adolescents influenced by their parents' drinking? Through watching their parents drink, adolescents perceive alcohol makes people more social and enhances positive feelings*. *La Trobe University News*. Retrieved from: <https://www.latrobe.edu.au/news/announcements/2020/are-adolescents-influenced-by-their-parents-drinking-through-watching-their-parents-drink-adolescents-perceive-alcohol-makes-people-more-social-and-enhances-positive-feelings2>

MEDIA

Media releases and stories (continued)

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COLLABORATORS

In our broad reaching work, we collaborate with government agencies, NGOs, universities and research centres worldwide.

The nature of the collaboration is as follows:

- a) Produced two or more publications together
- b) Worked together on a grant or project
- c) Supervised/trained a higher degree by research student
- d) Hosted an event together
- e) Funded CAPR's work
- f) Worked on policy submissions together
- g) CAPR provided advice

Australian government bodies/ agencies

Australian Institute for Family Studies (AIFS) – b

City of Yarra – b, e, f, g

National Health and Medical Research Council
– e, f, g

Victorian Department of Health and Human
Services – g

Victorian Department of Justice and
Community Safety – e, f, g

Victorian Health Promotion Foundation
(VicHealth) – b, d, e, f, g

Victorian Responsible Gambling Foundation –
b, e, f, g

Australian NGOs

Alcohol Policy Coalition (now Alcohol Change
Victoria) – f, g

Australasian College of Emergency Medicine
(ACEM) – b

Australasian Professional Society on Alcohol
and other Drugs (APSAD) – d, f

Australian Drug Foundation (ADF) – b, d, g

Cancer Council Victoria – a, f

Foundation for Alcohol Research and Education
(FARE) – b, d, e, f, g

National Alliance for Action on Alcohol (NAAA)
– g

The Equality Institute – b

Turning Point – a, b, d, e

Australian university, institute or research centre

Burnet Institute – a, b, c, d, e

Central Queensland University (CQU) – b

Centre for Health, Law and Society, La Trobe
University – b, d

Department of Computer Science and
Information Technology, La Trobe University
– a, b, c

Family and Community Services Insights,
Analysis and Research (FACSIAR) – b, e

Judith Lumley Centre, La Trobe University
– a, b

Law Research Services, Monash Addiction
Research Centre, School of Public Health
and Preventive Medicine, Monash
University – a, b

Melbourne Law School, Melbourne School
of Population and Global Health, School of
Dental Science, University of Melbourne –
a, b, c, d

Monash Health – b

National Drug and Alcohol Research Centre
(NDARC) – a

National Drug Research Institute (NDRI),
Curtin University – a, c

School of Medicine, Centre for Youth Substance
Abuse Research, University of Queensland (UQ)
– a, b

School of Medicine, University of Sydney – a,
b, e

School of Medicine and Public Health,
University of Newcastle – a, b

School of Psychology, Deakin University – a, b,
c, e

Social Policy Research Centre, University of New
South Wales – a, b, c, d, f

International government bodies or agencies

Department of Mental Health and Substance
Abuse, World Health Organization (WHO),
Switzerland – a, b, g

Department of Non-Communicable Diseases
and Environmental Health, WHO Regional
Office for South-East Asia, India – a, b

Health Promotion Policy Research Center,
Ministry of Public Health, Thailand – a, b

Lao Tropical and Public Health Institute (Lao
TPHI), Ministry of Health, Laos – a

National Institute for Health and Welfare,
Finland – a

Norwegian Institute of Public Health, Norway
– a, d

Thai Health Promotion Foundation, Bangkok,
Thailand – a, b



International NGOs

National Centre for Public Health, Mongolia – a

Pan American Health Organization, United States – a, b

Sexual Violence Research Initiative, South Africa – b

WHO Collaborating Centre for Psychosocial Factors, Substance Abuse and Health, Central South University, China – a

International university, institute or research centre or research body

Alcohol Research Group (ARG), Public Health Institute, United States – a, b, d, e

Behavioural Science Institute, Radboud University, the Netherlands – a, b, c

Canadian Institute for Substance Use Research, University of Victoria, Canada – a

Centre for Addiction and Mental Health, Canada – a

Centre for Addiction Medicine and Centre for Public Health, National Institute of Mental Health & NeuroSciences, India – a, b

Centre for Alcohol and Drug Research, Aarhus University, Denmark – a

Centre for Alcohol Studies, Thailand – b

- Centre for Social Research on Alcohol and Drugs (SoRAD), Stockholm University, Sweden – a, b, c, e

Department of Geography, University of Zurich, Switzerland – b

Department of Sociology, University of Colombo, Sri Lanka – a, b

Department of Psychology, University of Uyo, Nigeria – a, b

Department of Public Health and Primary Care, Trinity College, Ireland – a

Edge Hill University, England – a, b

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Health Strategy and Policy Institute, Ministry of Health, Vietnam – a, b

Huazhong University of Science and Technology, People's Republic of China – a, b

Hubei University of Chinese Medicine, People's Republic of China – a

Idiap Research Institute, Switzerland – b, c, e

Institut für Therapieforchung, Germany (IFT) – a

Karolinska Institutet, Sweden – a, b, c

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School of Psychology, University of East London, United Kingdom – a

School of Social and Behavioral Sciences, Tilburg University, the Netherlands – d

Singapore Institute of Technology, Singapore – a, b

Social and Health Outcomes Research and Evaluation (SHORE) and Whariki Research Centre, Massey University, New Zealand – a, b, d

The Charité, Institut für Biometrie und Klinische Epidemiologie, Germany – b

The Swedish Council for Information on Alcohol and Other Drugs (CAN), Sweden – a, c

Trimbos Institute, the Netherlands – b, c

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Centre for Alcohol Policy Research
School of Psychology and Public Health
College of Science, Health and Engineering
La Trobe University
Melbourne, AUSTRALIA

E: AlcoholPolicy@latrobe.edu.au

T: +61 (03) 9479 5693

www.latrobe.edu.au/capr

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