







# **2024 National Mental Health Webinar Series**

Improving mental health for older people in residential aged care services

Episode 4

# Mental health presentations in persons with dementia

Wednesday, 4 September 2024 at 1pm

# About the webinar topic

Episode 4 of the 2024 National Mental Health Webinar Series will explore the clinical and care challenges in managing individuals with dementia living in residential aged care who display features of mental health conditions.

One of the common challenges for aged care and health care professionals is to determine whether resident disturbed behaviours are due to perceptual or sensory changes, onset of a mental health condition, medication or dementia.

# Who should register?

This webinar is designed for aged care staff, nurses, facility managers, allied health staff and medical practitioners.

# The program

1:00pm Welcome

1:05pm Case Presentation

Professor Joseph Ibrahim

1:15pm Keynote Presentation

Mental health presentations in

persons with dementia
Associate Professor Stephen
Macfarlane Head of Clinical
Services, The Dementia Centre,

**HammondCare** 

1:35pm Facilitated panel discussion

Associate Professor Stephen Macfarlane, Associate Professor Sanetta Dutoit, Carolyn Kirby,

Dr Christine While

1:55pm Close

Register in advance for this free webinar: https://rb.gy/pge2vh

After registering, you will receive a confirmation email containing information about joining the webinar.



# Mental health presentations in persons with dementia

### What is the webinar format?

The format is short and sharp, lasting 60 minutes; during that time, a case study is presented, then a keynote speaker, followed by an interactive panel discussion.

## Who is the keynote speaker?

Associate Professor Stephen Macfarlane Head of Clinical Services, The Dementia Centre, HammondCare.

Professor Macfarlane focuses on patient diagnosis and initiation of management, collaborating with General Practitioners. He coordinates a specialist clinical support team while applying his 20 years of experience running clinical trials in Alzheimer's disease.

# Who are the panel members?

#### Associate Professor Sanetta du Toit

Sanetta du Toit is an international occupational therapy researcher and practitioner with an established reputation for innovation in aged care. She has been a lecturer for the past 20 years, working in the Discipline of Occupational Therapy Division at the University of Sydney since January 2014. She is a senior research fellow with the University of Free State (South Africa) and previously had clinical positions in the UK, USA and South Africa. Sanetta is interested in implementation research, supporting the occupational nature of older adults who are frail and vulnerable. As a founding director of the Eden Alternative South Africa, Sanetta endeavours to be an advocate for older persons' right to a meaningful life in institutional care settings.

#### **Carolyn Kirby**

Carolyn Kirby is a Nurse Practitioner with residential-in-reach service.

#### **Dr Christine While**

Dr Christine While is a registered psychiatric nurse with a special interest in dementia care. She has extensive experience in the care of people living with dementia and older adults with mental illness. Christine is the program lead for a new leadership program with Dementia Training Australia and past Fellow with the Capacity Building in Care Research program run by the Dementia Centre for Research Collaboration: QUT Hub and the NHMRC National Institute.

### Who is the convenor and facilitator?

## **Professor Joseph Ibrahim**

Professor at Australian Centre for Evidence Based Aged Care, La Trobe University.

Joseph is a practising senior consultant specialist in geriatric medicine with over 30 years of experience and the current Residential Aged Care Communiqué editor.

## Register today https://rb.gy/pge2vh

## Missed an episode?

Recordings of Episode 1: Accessing Mental Health Services; Episode 2: Wellness and Social Inclusion; and Episode 3: Depression Recognition and Management are available at https://www.thecommuniques.com/mentalhealth

# Save the date!

Episode 5: Wednesday, 13 November 2024 at 1pm Mental Health Crises: suicide and other emergencies

The keynote speaker is Professor Brian Draper AM
Conjoint Professor, School of Psychiatry, UNSW and Senior Old Age Psychiatrist in the
South East Sydney Local Health Network

Enquiries about the National Mental Health Webinar Series can be directed to: J.Ibrahim@latrobe.edu.au

## Acknowledgement

This National Mental Health Webinar Series initiative is made possible by a collaboration between Uniting AgeWell, the Australian Centre for Evidence Based Aged Care, La Trobe University, the Binational Faculty of Psychiatry of Old Age, the Department of Psychiatry at the University of Melbourne, School of Psychiatry, University New South Wales, Centre for Healthy Brain Ageing UNSW, Dementia Support Australia, Australian Association of Gerontology, Australian Disease Management Association and Residential Aged Care Communiqué.



















