



WINTER MENU WEEK 1

FRUIT PLATTER

- Seasonal Fruits

GRAZING PLATTER —

varied assortment of

- Dip: Tzatziki
- Raw Veg (parboiled/grated for children under 3 years of age)
- Fruit
- Cheese Cubes
- Sultanas
- Dried Apricots
- Crackers

DRINKS

Cows Milk and Water

LATE SNACK

Sandwiches: Wholemeal Bread

Sandwiches: Gluten Free Bread

only for children with special dietary requirements

Nuttelex Margarine

Cheese

Honey only for children with special dietary requests (Not for babies)

MORNING TEA

LUNCH

AFTERNOON TEA

LATE SNACK

MON

Fruit Platter

Hearty Winter
Vegetable
Soup
with
Garlic Bread

Tuna
Salad
Wraps/
Falafel Wraps/
Banana Cake

Sandwiches

TUE

Fruit Platter

Chicken
Vegetable
Curry

Two Fruits,
Weet-Bix &
Vanilla
Yoghurt

Sandwiches

WED

Fruit Platter

Tuna
Creamy
Pasta

Grazing
Platter with
Tzatziki
Dip

Sandwiches

THU

Fruit Platter

Chicken
Minestrone
Soup
with
Garlic Bread

Pumpkin
Spice
Cake Bites

Sandwiches

FRI

Fruit Platter

Fish and Chips
with Veggie
Sticks

Two Fruits,
Weet-Bix &
Vanilla
Yoghurt

Sandwiches

FOR DIET

REQUIREMENTS

Inform us prior to sending your child to daycare.

For infants: age appropriate meals provided.

CHILDREN WITH SPECIAL FOOD REQUIREMENTS

WINTER MENU WEEK 1

Name of Child:	Room:	Allergy to:	Food Preference:	Days Attending:

Name of Educator	
Signature of Educator:	
Name of Parent/Guardian	
Signature of Parent/Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/Representative	
Signature of Manager/Representative	
Date:	

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
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MON	Fruit Platter	Hearty Winter Vegetable Soup with Garlic Bread	Tuna Salad Wraps/ Falafel Wraps/ Banana Cake	Sandwiches
	Fruit Platter	Chicken Vegetable Curry	Two Fruits, Weet-Bix & Vanilla Yoghurt	Sandwiches
TUE	Fruit Platter	Tuna Creamy Pasta	Grazing Platter With Tzatziki Dip	Sandwiches
	Fruit Platter	Chicken Minestrone Soup With Garlic Bread	Pumpkin Spice Cake Bites	Sandwiches
WED	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
THU	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
FRI	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter

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- Fruit
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- Sultanas
- Dried Apricots
- Crackers

DRINKS

Cows Milk and Water

LATE SNACK

Sandwiches: Wholemeal Bread

Sandwiches: Gluten Free Bread

only for children with special dietary requirements

Nuttelelex Margarine

Cheese

Honey only for children with special dietary requests (Not for babies)

FOR DIET

REQUIREMENTS

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WINTER MENU WEEK 2

FRUIT PLATTER

- Seasonal Fruits

GRAZING PLATTER — varied assortment of

- Dip: Tzatziki
- Raw Veg (parboiled/grated for children under 3 years of age)
- Fruit
- Cheese Cubes
- Sultanas
- Dried Apricots
- Crackers

DRINKS

Cows Milk and Water

LATE SNACK

Sandwiches: Wholemeal Bread

Sandwiches: Gluten Free Bread only for children with special dietary requirements

Nuttelex Margarine

Cheese

Honey only for children with special dietary requests (Not for babies)

FOR DIET REQUIREMENTS

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	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Pumpkin Soup	Spinach And Ricotta Rolls/ Banana Cake	Sandwiches
TUE	Fruit Platter	Hearty Lamb Soup	Grazing Platter with Tzatziki Dip	Sandwiches
WED	Fruit Platter	Chicken Risoni with Mushroom	Chicken Salad Wraps/ Falafel Wraps	Sandwiches
THU	Fruit Platter	Hoisin Beef Noodles	Vegan Oatmeal Cookies	Sandwiches
FRI	Fruit Platter	Stir Fry Lamb with Crispy Mashed Potatoes	Chicken Margherita Pizza	Sandwiches

CHILDREN WITH SPECIAL FOOD REQUIREMENTS



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Name of Educator	
Signature of Educator:	
Name of Parent/ Guardian	
Signature of Parent/ Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/ Representative	
Signature of Manager/ Representative	
Date:	

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DRINKS

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LATE SNACK

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Sandwiches: Gluten Free Bread only for children with special dietary requirements

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Cheese

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WED	Fruit Platter	Chicken Risoni with Mushroom	Chicken Salad Wraps / Falafel Wraps	Sandwiches
THU	Fruit Platter	Hoisin Beef Noodles	Vegan Oatmeal Cookies	Sandwiches
FRI	Fruit Platter	Stir Fry Lamb with Crispy Mashed Potatoes	Chicken Margherita Pizza	Sandwiches



WINTER MENU WEEK 3

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DRINKS

Cows Milk and Water

LATE SNACK

Sandwiches: Wholemeal Bread

Sandwiches: Gluten Free Bread

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Cheese

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FOR DIET

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	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Creamy Vegetable Soup	Blueberry Muffins/ Banana Cake	Sandwiches
TUE	Fruit Platter	Lamb and Lentil Casserole with Lebanese Bread	Two Fruits, Weet-Bix & Vanilla Yoghurt	Sandwiches
WED	Fruit Platter	Coconut Fish Curry with Basmati Rice	Apple and Pear Crumble	Sandwiches
THU	Fruit Platter	Beef Bolognese With Spaghetti	Grazing Platter with Tzatziki Dip	Sandwiches
FRI	Fruit Platter	Hearty French Chicken Soup	Spinach & Ricotta Muffin	Sandwiches

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Signature of Educator:	
Name of Parent/ Guardian	
Signature of Parent/ Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/ Representative	
Signature of Manager/ Representative	
Date:	

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Creamy Vegetable Soup	Blueberry Muffins/ Banana Cake	Sandwiches
TUE	Fruit Platter	Lamb and Lentil Casserole with Lebanese Bread	Two Fruits, Weet-Bix & Vanilla Yoghurt	Sandwiches
WED	Fruit Platter	Coconut Fish Curry with Basmati Rice	Apple and Pear Crumble	Sandwiches
THU	Fruit Platter	Beef Bolognese With Spaghetti	Grazing Platter with Tzatziki Dip	Sandwiches
FRI	Fruit Platter	Hearty French Chicken Soup	Spinach & Ricotta Muffin	Sandwiches

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