



# SUMMER MENU WEEK 1

## FRUIT PLATTER

- Seasonal Fruits

## GRAZING PLATTER —

varied assortment of

- Dip: Hummus
- Raw Veg (parboiled/grated for children under 3 years of age)
- Fruit
- Cheese Cubes
- Sultanas
- Dried Apricots
- Crackers

## DRINKS

Cows Milk and Water

## LATE SNACK

Sandwiches: Wholemeal Bread  
Nuttelex Margarine

Cheese

Honey only for children with  
special dietary requests (Not for  
babies)

Vegemite

## FOR DIET

## REQUIREMENTS



Inform us prior to sending your  
child to daycare.

For infants: age appropriate meals  
provided.

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Chickpeas and Potato Curry with Rice	Carrot & Sultana Loaf	Sandwiches
TUE	Fruit Platter	Mexican Chilli Chicken with Beans, Capsicum, Tortilla Wraps with Salad	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
WED	Fruit Platter	Beef Bolognaise with Spiral Pasta	Seasonal Fruit	Sandwiches
THU	Fruit Platter	Chicken Tikka with Sweet Potato, Broccoli and Basmati Rice	Grazing Platter & Hummus Dip	Sandwiches
FRI	Fruit Platter	Beef Casserole with Brown Rice and Salad	Banana and Date Slice	Sandwiches

CHILDREN WITH SPECIAL FOOD REQUIREMENTS

SUMMER MENU WEEK 1



Name of Educator	
Signature of Educator:	
Name of Parent/ Guardian	
Signature of Parent/ Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/ Representative	
Signature of Manager/ Representative	
Date:	

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- Fruit

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DRINKS

Cows Milk and Water

LATE SNACK

Sandwiches: Wholemeal Bread

Nuttelext Margarine

Cheese

Honey only for children with special dietary requests (Not for babies)

Vegemite

FOR DIET REQUIREMENTS

Inform us prior to sending your child to daycare.

For infants: age appropriate meals provided.

Name of Child: Room: Allergy to: Food Preference: Days Attending:				
MORNING TEA		LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Chickpeas and Potato Curry with Rice	Carrot & Sultana Loaf	Sandwiches
	Fruit Platter	Mexican Chilli Chicken with Beans, Capsicum, Tortilla Wraps with Salad	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
TUE	Fruit Platter	Beef Bolognaise with Spiral Pasta	Seasonal Fruit	Sandwiches
	Fruit Platter	Chicken Tikka With Sweet Potato, Broccoli and Basmati Rice	Grazing Platter & Hummus Dip	Sandwiches
WED	Fruit Platter	Beef Casserole with Brown Rice and Salad	Banana and Date Slice	Sandwiches
	Fruit Platter			
THU	Fruit Platter			
	Fruit Platter			
FRI	Fruit Platter			
	Fruit Platter			



# SUMMER MENU WEEK 2

## FRUIT PLATTER

- Seasonal Fruits

## GRAZING PLATTER —

varied assortment of

- Dip: Hummus
- Raw Veg (parboiled/grated for children under 3 years of age)
- Fruit
- Cheese Cubes
- Sultanas
- Dried Apricots
- Crackers

## DRINKS

Cows Milk and Water

## LATE SNACK

Sandwiches: Wholemeal Bread

Nuttelex Margarine

Cheese

Honey only for children with special dietary requests (Not for babies)

Vegemite

## FOR DIET

## REQUIREMENTS

Inform us prior to sending your child to daycare.

For infants: age appropriate meals provided.

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Vegetable Bolognaise with Penne	Carrot & Sultana Loaf	Sandwiches
TUE	Fruit Platter	Beef and Vegetable Stew with Brown Rice	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
WED	Fruit Platter	Chicken Stir Fry with Egg Free Wheat Noodles	Banana Bread	Sandwiches
THU	Fruit Platter	Fish Curry with Vegetable and White Rice	Grazing Platter & Hummus Dip	Sandwiches
FRI	Fruit Platter	Moroccan Chicken with Rice Pilaf and Salad	Seasonal Fruit	Sandwiches

# SUMMER MENU WEEK 2

Name of Child:	Room:	Allergy to:	Food Preference:	Days Attending:

Name of Educator	
Signature of Educator:	
Name of Parent/ Guardian	
Signature of Parent/ Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/ Representative	
Signature of Manager/ Representative	
Date:	

**For infants: age appropriate meals provided.**

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Vegetable Bolognaise with Penne	Carrot & Sultana Loaf	Sandwiches
TUE	Fruit Platter	Beef and Vegetable Stew with Brown Rice	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
WED	Fruit Platter	Chicken Stir Fry with Egg Free Wheat Noodles	Banana Bread	Sandwiches
THU	Fruit Platter	Fish Curry with Vegetable and White Rice	Grazing Platter & Hummus Dip	Sandwiches
FRI	Fruit Platter	Moroccan Chicken with Rice Pilaf and Salad	Seasonal Fruit	Sandwiches



# SUMMER MENU WEEK 3

## FRUIT PLATTER

- Seasonal Fruits

## GRAZING PLATTER — varied assortment of

- Dip: Hummus
- Raw Veg (parboiled/grated for children under 3 years of age)
- Fruit
- Cheese Cubes
- Sultanas
- Dried Apricots
- Crackers

## DRINKS

Cows Milk and Water

## LATE SNACK

Sandwiches: Wholemeal Bread  
Nuttelex Margarine  
Cheese

Honey only for children with  
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babies)

Vegemite


## FOR DIET REQUIREMENTS

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For infants: age appropriate meals  
provided.

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	Fruit Platter	Curried Vegetables and Lentils with Rice	Grazing Platter & Hummus Dip	Sandwiches
TUE	Fruit Platter	Summer Fried Rice with Chicken and Vegetables and Salad	Banana and Date Slice	Sandwiches
WED	Fruit Platter	Beef and Vegetable Meatballs with Brown Rice	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
THU	Fruit Platter	Baked Chicken and Vegetable Au Gratin and Salad	Seasonal Fruit	Sandwiches
FRI	Fruit Platter	Beef Spaghetti	Carrot and Sultana Loaf	Sandwiches

CHILDREN WITH SPECIAL FOOD REQUIREMENTS



Name of Educator	
Signature of Educator:	
Name of Parent/ Guardian	
Signature of Parent/ Guardian	
Name of Food Safety Supervisor	
Signature of FSS	
Name of Manager/ Representative	
Signature of Manager/ Representative	
Date:	

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varied assortment of

- Dip: Hummus

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- Fruit

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LATE SNACK

Sandwiches: Wholemeal Bread

Nuttelext Margarine

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MON	Fruit Platter	Curried Vegetables and Lentils with Rice	Grazing Platter & Hummus Dip	Sandwiches
TUE	Fruit Platter	Summer Fried Rice with Chicken and Vegetables and Salad	Banana and Date Slice	Sandwiches
WED	Fruit Platter	Beef and Vegetable Meatballs with Brown Rice	Vanilla Yoghurt with Weet-Bix Crumble and Two Fruits	Sandwiches
THU	Fruit Platter	Baked Chicken and Vegetable Au Gratin and Salad	Seasonal Fruit	Sandwiches
FRI	Fruit Platter	Beef Spaghetti	Carrot and Sultana Loaf	Sandwiches