**In Case of Emergency…**

**If there is an immediate risk of harm call Emergency Services on 000**

**Other useful contact numbers**

Safer Communities Crisis line for out of hours Mental Health and Wellbeing Support  
1300 146 307 or text: 0488 884 100  
This service operates 5.00 pm–9.00 am on weekdays and 24 hours during weekends and public holidays.

Life Line  
13 11 11  
Personal crisis support and suicide prevention services 24/7

Sexual Assault Crisis Line  
1800 806 292  
After-hours, confidential, crisis counselling service for both past and recent sexual assault

Suicide Line  
1300 651 251   
Specialist telephone counselling and information to anyone affected by suicide 24/7

Beyond Blue  
1300 224 636  
Depression, anxiety and related disorders, available treatments and referrals 24/7

Alcohol & Drugs support  
1800 888 236   
Alcohol and other drug related matters – counselling, information and referral 24/7

National Sexual Assault, Domestic Family Violence Counselling Service (24/7)  
1800 737 732

Sexual Assault Crisis Line   
800 806 292

**Club Leaders who are First Aid Trained**

**Name Phone Number**

**Club Leaders who have Safe Food Handling Certificates**

**Name Phone Number**

**Who to contact in an Emergency?**

* Emergency Services: 000
* Contact at Camp Site: [Fill In]
* Emergency Contact
* Event Manager [Fill In]

**General Emergency Plan**

[Fill in with dot points outlining what to do in an emergency]