



# LA TROBE LEAGUE NETBALL RULES



## TEAM COMPOSITION



12

MAX REGISTERED PER SIDE

1

MALE MINIMUM (FOR MIXED COMPETITIONS)

7

PLAYERS ON COURT AT ONE TIME

3

MALES MAXIMUM FOR MIXED COMPETITIONS (ONE MALE PER THIRD)



## GAME DURATION

4

QUARTERS

8

MINUTES PER QUARTER

1

MINUTE QTR BREAKS (2 AT HT)

## SCORING



EACH TEAM MUST HAVE ONE PERSON (SUBSTITUTED PLAYER OR SPECTATOR) TO ASSIST WITH SCORING



## UNIFORMS



MUST WEAR SAME COLOURED SHIRTS



SKIRTS NOT NECESSARY (CAN BE WORN)



SHORTS WITH ZIPS/ POCKETS NOT PERMITTED



ALL JEWELLERY MUST BE REMOVED



FINGERNAILS SHORT, NEAT AND FILED

**BLK** TEAM UNIFORMS ARE ABLE TO BE PURCHASED (15% DISCOUNT FOR LA TROBE LEAGUE TEAMS)

## PENALTIES



UNABLE TO PROVIDE A SCORER (- 2 POINTS)



DELAYING THE START OF THE GAME (-1PT PER MINUTE)



INCORRECT UNIFORM (4PT/ ITEM, MAX 4PTS)



UNABLE TO FIELD TEAM AFTER 8 MINUTES (FORFEIT)

## POINTS ALLOCATION

4

POINTS FOR A WIN

2

POINTS FOR A DRAW/ BYE

0

POINTS FOR A LOSS



LA TROBE UNIVERSITY

Sport