



Program of Resources, Information and Support for Mothers



Nurse evaluations of PRISM MCH Training Program

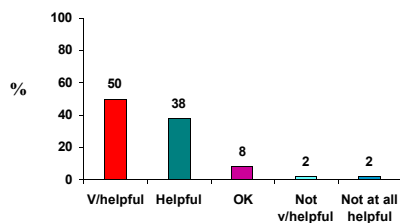
March-June 1999



Participation

- ◆ 81 nurses participated in two full days' training across the eight PRISM municipalities
- ◆ 53 evaluation forms were returned, representing 65% of participating nurses
- ◆ A brief summary follows

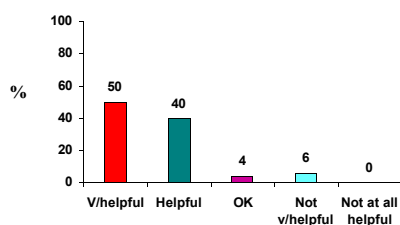
Local issues and discussion of PRISM session



Comments about local issues discussion/PRISM session

- ◆ Each area has different local issues, so this was valuable feedback
- ◆ Sharing the load. Really good to be reassured..
- ◆ Supportive by handouts, folder and keeping notes of sessions
- ◆ Resources in the community not thoroughly covered. How can PRISM be a support locally?

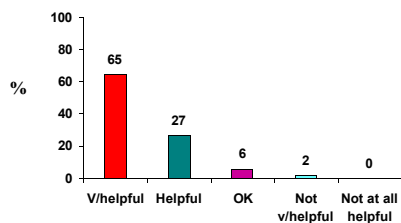
Depression after birth session



Comments about depression session

- ◆ To realise that a nurse has the skills and listening ear to assist without always having to refer
- ◆ Always good to discuss this within the team and good to revise how it feels for the mother
- ◆ Helpful to know what I felt was needed had actually been found by research
- ◆ ..approach too simplistic; not enough recognition given to complex role of the MCH nurse
- ◆ Already aware; nothing new

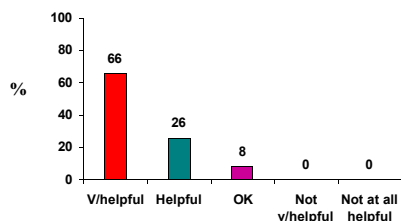
Physical health session



Comments about physical health session

- ◆ Great to have some facts and figures to discuss with mothers
- ◆ This was very informative and gave me an awareness into these issues
- ◆ I have become more aware of maternal health problems since this in-service
- ◆ The realisation that information is forthcoming - acknowledgment of these problems is a great relief

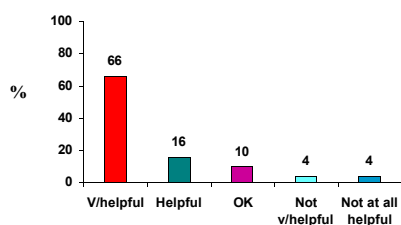
Communication skills session - revision of theory



Comments on communication skills review of theory session

- ◆ Two weeks later the session has changed the way I talk to parents, so I've found it really helpful
- ◆ Excellent sessions which I've already started to put into practice.
- ◆ I learnt an incredible amount and now putting into practice
- ◆ Information given was fine, but didn't really match the realities of MCH practice

Communication skills session - practice role plays



Comments on practice sessions

- ◆ Nerve racking
- ◆ Although I found the experience draining, I was made aware that a change of a word could help or hinder in gaining the mother's trust or build up self esteem
- ◆ Initially thought these sessions would be yawn! yawn! revision again. But they were informative, fun and I learnt a lot
- ◆ Good to see how others handle situations, When working in isolation, you are never exposed to new ideas
- ◆ What can I say? I feel these sessions aren't real, but can see they have some purpose