

## Position Description

### Exercise Scientist

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<b>Position No:</b>	NEW
<b>Department:</b>	La Trobe Sport
<b>School:</b>	Central Administration
<b>Campus/Location:</b>	Bundoora, Melbourne
<b>Employment Type:</b>	Casual
<b>Position:</b>	Exercise Scientist

Further information about La Trobe University - <http://www.latrobe.edu.au/about>

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#### For enquiries contact:

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P: 9479 8902

# Position Description

## Exercise Scientist

### Position Context

La Trobe Sport is a University initiative with the strategic goal of developing La Trobe University into the University of choice for Sport in Australia.

La Trobe Sport facilitates programs, partnerships, research and course developments to enable La Trobe to be the leading university in Australia for sport-related teaching and research, to support student participation in sport and sport related clubs and to actively engage the local community and schools through the use of its sporting facilities and sport services.

La Trobe Sport was established to drive the implementation of the Plan for Sport at La Trobe that involves a range of activities:

- Manage facilities and run programs related to Health, Fitness, Community and Aquatics Programs at the Indoor Sports Centre (Bundoora), Sports Centre (Bendigo) and Sports Park Stadium (Bundoora)
- Develop teaching and learning opportunities related to sport
- Build the university research capacity related to sport
- Develop sporting partnerships that enhance teaching, learning and research
- Facilitate new and existing academic programs related to sport
- Facilitate coordination across student services and facilities management to maximise opportunities for club sport and sport partnerships with community and school sport groups
- Support the development of new infrastructure to enhance the sport and sport related programs at La Trobe
- Manage the La Trobe University sport-related partnerships and sponsorships

The Sports Performance Hub is designed to deliver performance testing and support to recreational and competitive athletes. La Trobe Sport is dedicated to engaging with the internal university and wider communities through its range of Schools, Community and Elite groups with a range of diverse programs available.

The successful applicant will work in a small team of sports scientists from La Trobe Sport and the Discipline of Sport & Exercise Science to deliver high quality athlete testing to the community in a safe, effective and timely manner, and in accordance with test quality assurance practices. The successful applicant(s) would be required to support the delivery of sport-focused educational and promotional activities conducted by La Trobe Sport and the Discipline of Sport & Exercise Science for secondary schools and community sporting clubs.

### Duties at this level may include:

- Ability to work with a wide range of clientele to deliver services to optimise performance
- Working with a team to prepare an efficient and cohesive exercise and sport testing program
- Collecting, interpreting and presenting exercise and sport-related data
- Providing effective supervision of facilities to ensure the safety of all users
- Providing first aid treatment within the competencies of acquired training
- Attending to relevant tasks, checklists and duties associated with the Sports Performance Hub
- Attending relevant meetings and training sessions

### Special Requirements:

Ability to work flexible hours including weekends.

## Key Selection Criteria

### ESSENTIAL

1. Australian Strength and Conditioning Association (ASCA) Level 1 Accredited Coach
2. Strong knowledge of Athlete Performance and Testing, or willingness to learn, with the ability to contribute to the efficient and effective operations of these services
3. Ability to provide instructions for athlete testing protocols and exercise ensuring and demonstrating (where necessary) the correct and safe use of all equipment
4. Sound communication and conflict resolution skills with the ability to negotiate with a diverse range of customers and community members
5. Effective reporting on maintenance requirements, cleaning of equipment and common areas following COVID-safe procedures
6. Ability to follow policies and procedures, with a primary focus on safety and a 'safety first' mentality for self and others
7. Ability to work in a team and contribute to fostering a connected, innovative, accountable and caring culture

### Essential Compliance Requirements

To hold this position at La Trobe University, the candidate must:

- Hold, or applied for a Victorian Working with Children Check; AND
- Hold, or already booked in to complete HLTAID003 Provide First Aid; AND
- Hold, or are currently completing a Bachelor of Sport & Exercise Science; OR
- Have extensive experience in conducting Athlete Performance Testing / Field Testing; AND
- Comply with all University policies, procedures and legislative or regulatory obligations

### Application process

Please submit your application to [e.harbrown@latrobe.edu.au](mailto:e.harbrown@latrobe.edu.au) with a cover letter addressing the Key Selection Criteria. Applications close Monday 24<sup>th</sup> January 5:00pm. Shortlisted applicants will be contacted for interviews.

### La Trobe Cultural Qualities

Our cultural qualities underpin everything we do. As we work towards realising the strategic goals of the University we strive to work in a way which is aligned to our four cultural qualities:

- We are **Connected**: We connect to the world outside — the students and communities we serve, both locally and globally.
- We are **Innovative**: We tackle the big issues of our time to transform the lives of our students and society.
- We are **Accountable**: We strive for excellence in everything we do. We hold each other and ourselves to account, and work to the highest standard.
- We **Care**: We care about what we do and why we do it. We believe in the power of education and research to transform lives and global society. We care about being the difference in the lives of our students and communities.

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For Human Resource Use Only

Initials:              Date: