



FOUR-DAY WORKSHOP PROGRAM

COMPREHENSIVE HEALTH ASSESSMENT OF THE OLDER PERSON

We are inviting nurses in:

- acute, sub-acute hospitals (public, private, not-for-profit)
- residential aged care (public, private, not-for-profit)
- the community
- GP practices

Attend the workshop and:

- update your knowledge and clinical assessment skills with comprehensive health assessment education and training
- have fun with the La Trobe team and their geridolls
- increase your confidence and job satisfaction
- add to your hours of continuing professional education

This workshop provides content and skills development in the areas of:

- Clinical reasoning and general assessment skills
- Communication of assessment - professional considerations
- Psychosocial assessment
- Nutrition, metabolism and elimination assessment
- Cardiovascular system assessment
- Respiratory assessment
- Musculoskeletal assessment
- Cognition and perception assessment

La Trobe University has conducted 97 workshops educating over 1,900 nurses. Those who have participated reported that their knowledge on how to conduct a comprehensive health assessment significantly increased, along with their skills and confidence.

Workshops involve three days of interactive, hands-on skills development, aided by simulation mannequins. A fourth day, held six weeks later, facilitates reflective learning and provides an opportunity for further practice and training.

Participants must complete all four days at the same venue.

PROGRAM DETAILS	Day 1	Consecutive days	1. Introduction.
	Day 2		2. Learn and update assessment skills. Specifically targeted at the needs of older people.
	Day 3		3. Simulated hands-on sessions.
	Day 4	Six weeks after Day 3	Follow-up, group presentation and more valued feedback from you.

We will come fully equipped to your facility or aged care service to deliver these workshops. All participants receive a comprehensive resource manual which includes the eight health assessment modules, links to other resources and a copy of all the presentation slides.

This workshop is equivalent to twenty-four (24) hours of continuing professional education.

Workshops are restricted to 20 participants to optimise the learning environment and hands on skills development of participants.



To express interest in hosting a workshop at your facility or healthcare service, contact:

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