

ACTIVITY GUIDE

FOR SCHOOLS

LA TROBE UNIVERSITY

BOOKING YOUR SCHOOL ACTIVITY





Planning an activity for your students? To help us provide the best possible experience, please submit your booking request by completing the school activity booking form or contact your local campus student recruitment representative.

When making your request, please have the following information ready:

- your school and contact details
- preferred date and time and alternative dates
- year level/s
- approximate student numbers
- activity or presentation requested
- areas of study or topics of interest
- any specific requirements we should be aware of.

We recommend submitting requests as early as possible, particularly during peak periods of the school and university calendar. We strive to accommodate all activity requests, however activities are subject to staffing, scheduling, and university teaching and learning commitments.

Please allow a minimum of six weeks' notice for all bookings.

To support staff wellbeing and safe travel arrangements, all La Trobe University school engagement activities must conclude by 8 pm. Staff and student ambassadors will depart at 8 pm for any events scheduled beyond this time.

Book your school activity

GET IN TOUCH

Email
undergrad@latrobe.edu.au
Or contact your local campus student recruitment representative

Career Practitioner Hub
latrobe.edu.au/career-practitioner-hub

CONTACT THE TEAM

PRESENTATIONS & EXPOS AT YOUR SCHOOL

Let us come to you! This is the perfect time to spark curiosity about university. We'll discuss campus life, study options pathways, and help match courses to interests. Plus, we'll cover prerequisites, ATARs, subject choices and what's ahead.

Book your school activity

Presentations include:

- Aspire Early Offer program
- Course or discipline presentation
- VCE VM presentation
- VCE presentation
- Year 10 presentation

Delivery modes:

- Careers expo delivered at your school
- In person at your school
- Virtual presentation



CAMPUS TALKS, TOURS AND WORKSHOPS

Our campus tours are led by friendly and knowledgeable student ambassadors and the student recruitment team, providing your students with an authentic experience of life at La Trobe University.

During the tour, students will have the chance to visit our clinical and learning laboratories, get acquainted with teaching and study spaces, and visit our sport facilities. These guided tours allow students to immerse themselves in the vibrant atmosphere of our campuses, seeing firsthand where learning, connection and community come together.

Tours are available at Albury-Wodonga, Bendigo, Melbourne (Bundoora), Mildura and Shepparton Campuses.

Workshops

We offer a range of interactive and engaging workshops, facilitated by our experienced academics. These are designed to give students insights into different fields of study at La Trobe University. Workshops are only bookable in Term 1 and Term 4.[1]

Delivery modes

- Campus tour - guided walk through your chosen campus
- Campus talk and tour - combine your tour with a presentation
- On-campus workshops at Melbourne (Bundoora) Campus

1. As the academics generously donate their time to running these sessions, being able to offer workshops will be subject to availability of academics and teaching spaces. Please note that we may not always be able to accommodate your requests.





SPORT AT LA TROBE

Sport plays a vibrant and integral role at La Trobe University, offering students and the community access to exceptional, high-performance facilities across the Melbourne (Bundoora) and Bendigo Campuses. These venues provide opportunities for training, competition and recreation, supporting athletes of all levels, from beginners to elite performers.

Take a virtual tour of our sport facilities



Indoor Sports Centre

The Indoor Sports Centre at the Melbourne (Bundoora) Campus offers a wide variety of active recreation facilities including a fully equipped gym, pool, training zone, reformer pilates studio, yoga, rock climbing wall and more.



Sports Performance Hub

The Sports Performance Hub includes an exercise physiology lab, biomechanics lab, heat and altitude chambers, and services for athlete testing.



La Trobe Sport Park

The La Trobe Sport Park is not only a unique learning hub for students, it also hosts some incredible sports events and recreation opportunities throughout the year.



Bendigo Sports Centre

The Sports Centre at the Bendigo Campus offers a range of sport and recreation facilities for schools, including a fully equipped gym, reformer pilates studio, exercise science facilities, an indoor court and an outdoor rectangular sports field and pavilion.

HIGH PERFORMANCE SCHOOL PROGRAMS

Athlete testing (years 7–12)

Maximising athlete health and mental wellbeing (years 7–12)

Elite athlete presentation

VCE physical education laboratories

Find out more or book your school program: latrobe.edu.au/sport/schools

THE NANGAK TAMBOREE WILDLIFE SANCTUARY





The Nangak Tamboree Wildlife Sanctuary is a natural environment that has evolved to become one of Victoria's most unique educational resources.

The sanctuary offers hands-on, curriculum-based programs that raises awareness about conservation. Enjoy a fun, educational excursion designed with modern teaching approaches.

High school work experience

Our work experience program is designed to foster new skills in young people, create an awareness and appreciation of the conservation and biodiversity management industry and demonstrate the breadth of career opportunities in environmental science, research and education.

Find out more

Excursion opportunities

Catch me if you can (Years 7-10)

- Wetland investigation: Dip net sampling and habitat assessment.
- Wetland assessment: Identify invertebrates, score habitat health, and discuss findings.
- Wilderness wander: Guided walk to connect learning with the broader sanctuary.
- Nest box game: Hands-on activity exploring habitat diversity and restoration.

Restoration revolution (VCE)

(Designed for Unit 1 Environmental Science AoS 1, 2 and 3)

- Wetland investigation: Students collect water and habitat samples – one uses a dip net in waders, others test abiotic factors and assess habitat.
- Wetland assessment: Using microscopes and keys, students identify invertebrates, calculate habitat and signal scores, and discuss biotic/abiotic interactions.
- Sanctuary tour: Guided walk exploring the site's history, ecology, and land management challenges.

EAGLEWORKS INNOVATION CENTRE



Future-proof your career at Eagleworks Innovation Centre, where students, researchers, startups and industry come together to solve real problems and build what's next.

Eagleworks is La Trobe's home for innovation, entrepreneurship and industry collaboration.

Find out more

Excursion opportunities

Innovation sprint

Work in teams to tackle a real-world challenge – from identifying the problem and defining your customer, to pitching your solution to the room. Fast-paced, hands-on and fun. No experience required (2 hours).

Founder fireside

A candid conversation with young entrepreneurs who are actively building ventures – giving students direct insight into the entrepreneurial journey and what it takes to get started (1 hour).

Delivery modes

- On campus at our Melbourne (Bundoora) Campus – Eagleworks Innovation Centre, Digital Innovation Hub

What students will take away

- A taste of real-world problem solving and entrepreneurial thinking
- A glimpse of what building a startup at La Trobe actually looks like
- The confidence to know that starting something of your own is closer than you think

ACCOMMODATION

Find out more





Short stay accommodation

Perfect for school camps, sports events, tours or conferences. Choose from our flexible short-term options for a great stay.

Accommodation and amenities

Spacious rooms just steps from the car park, dining hall and sports centre.

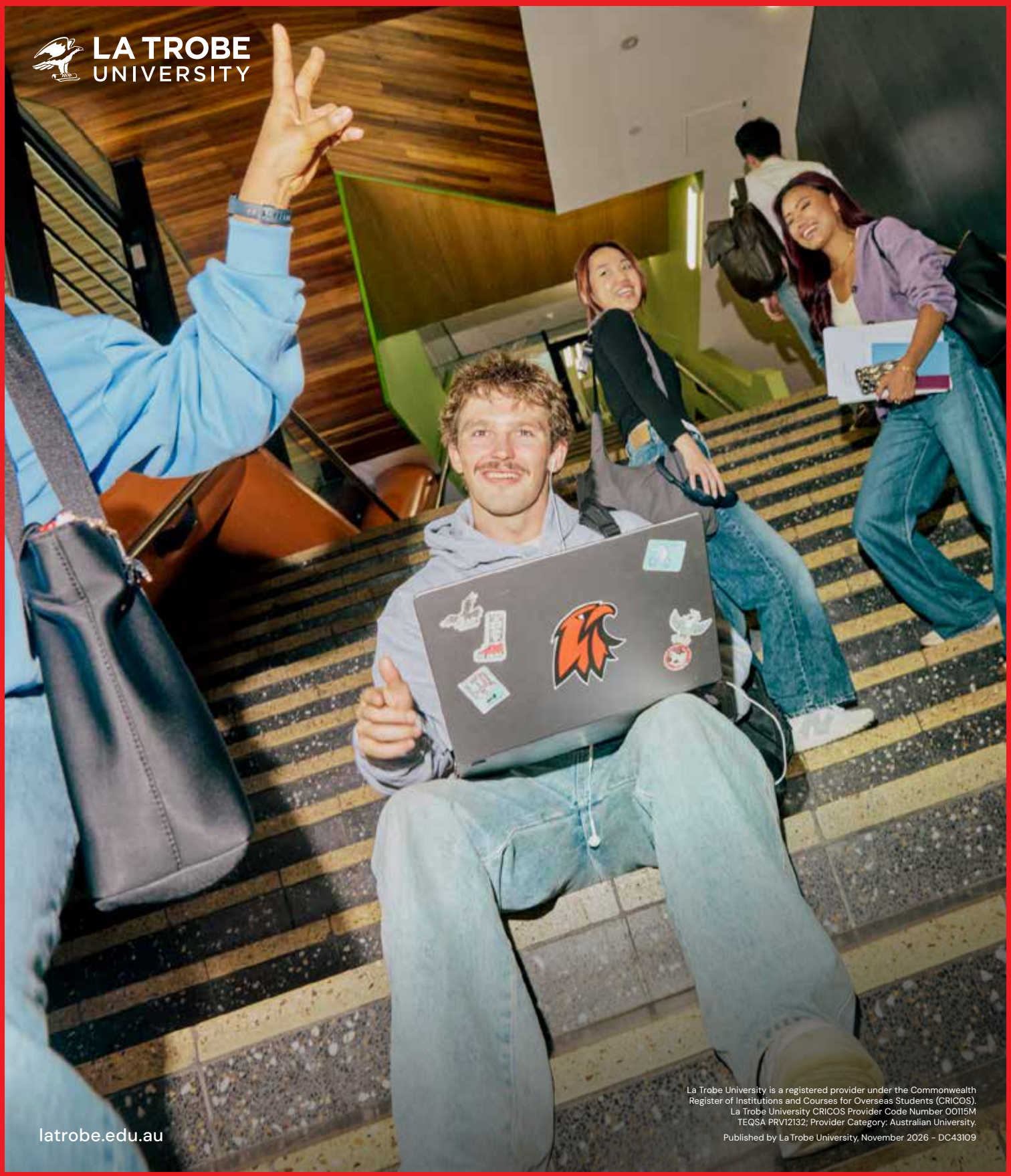
Catering services

On-campus catering tailored to all dietary needs, keeping everyone well-fed and happy.

"As the organiser of a sports education program for secondary schools in Hong Kong, I selected La Trobe University for collaboration because of its outstanding sports science curriculum. We stayed in a newly renovated dormitory with single-room accommodation on campus for a week, giving the students a valuable glimpse into university life. Overall, our learning journey at La Trobe was an unforgettable experience."



Wendy Lee
Former Programs Manager
Asian Academy for Sports and Fitness Professionals



latrobe.edu.au

La Trobe University is a registered provider under the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS).
La Trobe University CRICOS Provider Code Number 00115M
TEQSA PRV12132; Provider Category: Australian University.

Published by La Trobe University, November 2026 - DC43109

ACKNOWLEDGEMENT OF COUNTRY

La Trobe University acknowledges our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales.

We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society.

La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching, learning, research and partnerships across all our campuses.

Wurundjeri
Melbourne (Bundoora & City)

Dja Dja Wurrung
Bendigo

Yorta Yorta
Shepparton

Dhudhuroa/Waywurru
Albury-Wodonga

Latji Latji
Mildura

Gadigal
Sydney