Have you completed a Bachelor of Nursing or Midwifery and are looking to advance your career? La Trobe University offers a range of short courses.

Our suite of Continuing Professional Development (CPD) programs, webinars and workshops are designed to help you further your skills and broaden your career opportunities. Courses are highly flexible and delivered in a variety of modes to suit your lifestyle and needs. Each course has been designed to meet current best practice standards, giving you the tools for a successful and fulfilling career.

CPD programs

Comprehensive Health Assessment of the Older Person
Offered to all nurses from all health sectors who provide care to older people. This three-day face-to-face workshop provides the opportunity to update knowledge and clinical assessment skills. Over the three days, participation will include interactive hands-on skills development aided by simulation mannequins, exploring areas such as respiratory, nutritional and musculoskeletal assessment in older people. Nurses who have completed this workshop have reported that their knowledge on how to conduct a comprehensive health assessment significantly increased, along with their skills and confidence.
Nurse Immuniser Program
This flexible short course is offered to registered nurses who wish to become independent nurse immunisers in Victoria. You’ll complete a theory component online, complemented by two on-campus workshops and a clinical practicum. By the end of the course, you’ll have gained the skills to promote and provide immunisation services across the life span.1 A one day Nurse Immuniser Update workshop is also offered.

Wound Management
La Trobe University’s internationally renowned education platform offered to all health professionals. This program is designed to enhance wound clinical decision-making, with programs broken down into specific areas.

Prostate Nursing Care
This online subject will give you a better understanding of the nursing assessment and treatment options for men who have prostate cancer. You’ll learn about the health, lifestyle and family issues commonly experienced by men who have prostate disorders, and gain the skills to assess and manage symptoms.

Pain Management
Pain management is a crucial skill that affects all areas of nursing care. In this 12-week online subject you’ll learn to refine your patient assessment skills, covering topics such as multi-modal analgesia, acute and chronic pain, neuropathic pain, and pain in special populations.

Perioperative Nurse Surgical Assisting (PNSA)
Do you have a Masters or NP qualification? A Surgeon Mentor? Seeking a career in Perioperative Nurse Surgical Assisting? This advanced nursing qualification consisting of two subjects taken over two semesters. The student studies the role of the PNSA across pre-operative, intraoperative and postoperative phases of patient surgical care. Intraoperative assisting is undertaken under direct supervision of your surgeon mentor. Theory is teamed with a minimum of 180 hours of intraoperative clinical assisting.

Urology and Continence
The two online urological and continence nursing specialist subjects focus on the pathological mechanisms and therapeutic approaches to bowel and bladder health issues, the psychosocial impact of urological disorders and incontinence and the development of a specialist role in urological and continence nursing practice. They provide an opportunity to examine contemporary urological and continence nursing and to advance knowledge and skills in this specialist area of practice.

Advanced Health Assessment
The online Advanced Health Assessment subject focuses on the cognitive and technical skills required to accurately perform and interpret advanced nursing assessments on patients and clients. You will have the opportunity to develop knowledge and technical skills that demonstrate an ability to perform advanced and targeted objective and subjective nursing assessment techniques, and to accurately interpret health assessment findings and related diagnostic procedures.

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1. This excludes travel immunisation services.