

## Are you an adult with intellectual disability? Does someone support you to make decisions?

As the NDIS rolls out people with intellectual disability and their families should have **more choices** about the services they receive and **greater control** over their own lives.

Effective support for decision making is increasingly important for people with intellectual disability.



**La Trobe University** researchers Professor Christine Bigby and Professor Jacinta Douglas have been leading research into the processes of **decision making** and what makes for effective **support**. They have developed an evidence based practice framework to guide supporters and a set of resources for supporters.

We are seeking your participation in a study that aims to trial these resources for supporters. The study involves 2x3 hours free training sessions for decision supporters (family, friend or paid supporter) followed by a series of **interviews** with both the supporter and the person with intellectual disability they support.

The study is supported by an Australian Research Council Linkage grant and Industry Partners. If you are interested in participating or want to know more please contact:

**Dr Elizabeth Smith** at [decision.making@latrobe.edu.au](mailto:decision.making@latrobe.edu.au) or **03 9479 1954**

**Professor Christine Bigby** at [c.bigby@latrobe.edu.au](mailto:c.bigby@latrobe.edu.au) or **03 9479 1016**

This project has ethical approval from La Trobe University.

### Conducted by:

Professor Christine Bigby / Professor Jacinta Douglas / Emeritus Professor Terry Carney / Dr Ilan Wiesel / Dr Shih-Ning Then

# MORE ABOUT THE RESEARCH



We want to talk to people who have been helped to make decisions.

We also want to talk to a person who helps with decisions.

This person may go to classes to learn how to support people to make decisions about their life.



We will ask questions about what it is like to have someone help with making decisions.

This interview will happen 3 or 4 times in 1 year.

The interviews will be held somewhere easy for you to get to.

The interview will be about 30 minutes to 1 hour.



The research will be written into a report and talked about at conferences.

People will not know that it is you in any of the reports or papers or presentations.



You do not have to be in this research and no one will think badly of you.

You can stop the interview at any time.