



# CHILDREN'S OCCUPATIONAL THERAPY

Our student-led occupational therapy service supports children to develop the skills needed for daily life. This includes learning, playing, socialising, and managing everyday routines. We work closely with families to understand each child's strengths, challenges and goals, and tailor our approach to meet their individual needs.

Our occupational therapy service provides supportive, family-centred care for children and their families. Our focus is to help children build the skills they need to participate confidently in everyday activities at home, school and in the community.

Services are delivered by occupational therapy students under the supervision of qualified and experienced occupational therapists, ensuring high-quality, evidence-based care.

## What we offer

### We can support children aged 3 – 8 years with:

- School readiness – developing foundational skills for a successful start to school
- Fine motor skills – handwriting, drawing, using everyday items (pencils and scissors) and hand strength
- Gross motor skills – balance, coordination and whole-body movement
- Emotional and self-regulation – managing feelings, attention and behaviour
- Sensory processing – understanding and responding to sensory information
- Social and play skills – building relationships, communication and engagement in play

### We cannot see children who:

- Use National Disability Insurance Scheme (NDIS) funding
- Aged 9 years or older

## How much will it cost?

We offer affordable fees as part of our student-led service. For the latest fees, visit our website or contact us directly.

Please note, as this is a student-led service, we are unable to offer appointments under Medicare, private health insurance, TAC or WorkCover. We currently do not offer appointments under NDIS.

We only accept card payment – no cash.

## How do I get there?

**By car:** Enter the north entrance of La Trobe University from Kingsbury Drive. Free parking for Health Clinic clients and visitors is located in Car Park 9. Accessible parking, client drop off and additional parking is available in Car Park 11.

**By public transport:** 86 Tram Bundoora RMIT – Waterfront City Docklands, stop 60.

**Bus routes:** 250, 350, 548, 550, and 551, La Trobe University Bus Terminus.



### Contact us:



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