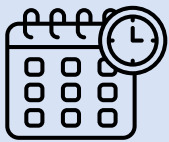


SHAME, TRAUMA AND FAMILY RELATIONSHIPS

Drawing on attachment and trauma theories, and narrative and family therapy concepts, learn how to enhance your therapeutic work by exploring how shame can be a by-product of complex relational trauma.



**1-DAY
WORKSHOP**



**IN-PERSON
OR ONLINE**



CPD HOURS



**LEARN MORE
AND REGISTER**

WHAT WILL YOU LEARN?

By attending this workshop, you will be able to:

- Understand shame as a manifestation of complex relational trauma
- Develop skills in identifying how shame impacts your clients and adversely affect family relationships
- Learn specific strategies to discuss shame with clients and families and to promote healing and enhance connections.
- Address shame with greater confidence with your clients

WHO SHOULD ATTEND

Practitioners who are working with clients and/or families who have experienced trauma, and where practitioners have the opportunity to have 'therapeutic conversations' with clients.

WORKSHOP STYLE

The workshop uses teaching, roleplay and experiential exercises to enhance your understanding of the role of shame as a consequence of trauma, exploring therapeutic response strategies and interventions.