

The Turnip

The Tool for Understanding Residents' Needs as an Individual Person

(TURNIP)



ON A SCALE OF 1 TO 5, PLEASE ANSWER EVERY QUESTION WITH A

	Disagree completely	Disagree	Neither agree or disagree	Agree	Agree completely
	1	2	3	4	5
The care environment					
1. The environment supports residents to express their personal identity.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. The environment feels chaotic.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. There is a homely feel to the place.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The environment supports personal choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. It is hard for residents in this facility to find their way around.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. There is a pleasant atmosphere.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Residents are able to access outside space as they wish.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I would like to live here if I had dementia.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Individual attitudes					
9. Social participation is important for people with dementia.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. People with dementia have hopes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. People with dementia can have meaningful relationships.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. It is important to know the life history of people with dementia.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. People with dementia have ways of communicating what they want and don't want.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. In dementia the body remains but the person is gone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. People with dementia should be allowed to form sexual relationships.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. The quality of the interaction between staff and residents is more important than getting the tasks done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Instructions for use

This tool provides the basis for enhancing person-centredness of facilities providing care for people with dementia. The package contains 39 statements about five domains central to person-centred care; the care environment, staff attitudes towards people with dementia, staff knowledge of dementia, the organisation of care, and the constituents of care provided. The individuals targeted for this educational package are firstly asked to decide to what extent they feel the statements correspond to their experiences of the facility, and to put a tick in the box for the alternative that comes closest to their experience. Secondly, each dimension and item in the package is to be used for reflective group discussions about the current facility, with an aim to identify areas for improvement.

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Knowledge of dementia

- 17. Dementia reduces the experience of pain.
- 18. Need driven behaviours are inevitable with dementia.
- 19. People with dementia should always be oriented to reality.
- 20. People with dementia are as different from each other as any other groups of people who share a disease category.
- 21. There is often no alternative to using restraint.

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The care organisation

- 22. We often discuss how to give person-centred care.
- 23. It is necessary to hurry residents to accomplish all that has to be done.
- 24. We have to get the work done before we can worry about a homelike environment.
- 25. This organisation prevents me from providing person-centred care.
- 26. We often evaluate whether or not the care provided is person-centred.
- 27. Labels (e.g. wanderer and screamer) are used here to describe individuals.
- 28. We are free to alter work routines based on residents' preferences.
- 29. I simply do not have the time to provide person-centred care.
- 30. I feel supported by the organisation I work in.

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The content of care

- 31. Residents are involved in care decisions when they can.
- 32. We have formal team meetings to discuss residents' care.
- 33. In my workplace residents are given opportunities to perform tasks according to their abilities.
- 34. The life history of the residents is formally used in the care plans we use.
- 35. Assessment of residents' needs is undertaken on a daily basis.
- 36. Residents can wake up and start the day when they prefer.
- 37. Residents have a variety of foods to choose from.
- 38. Residents are offered the opportunity to be involved in individualised everyday activities.
- 39. Residents can choose between interacting with others and being alone.

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