



LA TROBE
UNIVERSITY



Pre-study Explainer

Be part of QSOX - a study about alcohol, tobacco, and vape use among lesbian, bisexual, and queer identifying women

What is QSOX?

QSOX is a study about lesbian, bisexual, and queer (LBQ) women's alcohol, tobacco, and vape use. QSOX will explore what alcohol, tobacco, and vaping mean to LBQ women and the roles these play in their lives and communities, including both good and bad experiences. It will also reflect on LBQ women's understandings and experiences of smoking and vaping cessation and alcohol-related services to help inform future service provision.

QSOX is conducted by the Australian Research Centre in Sex, Health and Society at La Trobe University, in partnership with LGBTIQ+ community-controlled organisations Thorne Harbour Health, ACON Health, and LGBTIQ+ Health Australia, alongside the Victorian Alcohol and Drug Association and Quit Victoria.

What is it hoping to achieve?

We hope that this research helps improve understandings of LBQ women's alcohol, tobacco and vape use and their experiences and needs when accessing smoking cessation and alcohol-related support services.

Should I take part in the study?

You can be part of this study if you:

- Are aged 18 years or older
- Are a woman (either transgender or cisgender, or a nonbinary person who identifies with the category of woman)
- Identify as lesbian, bisexual, queer (or use another term to denote same or multi-gender attraction)
- Live in either Victoria or New South Wales
- Have smoked tobacco, vaped, or used e-cigarettes within the previous month; **and/or**
- Have consumed alcohol within the previous month

Sharing your knowledge and perspectives may help to make services more effective and sustainable, improving outcomes for LGBTIQ+ communities.



LA TROBE
UNIVERSITY



Pre-study Explainer

The decision to participate is entirely yours.

How long would the study go for?

If you want to take part in this study, you will be invited to fill out a short online questionnaire about yourself. This will include your contact details and information about your age, gender, sexual orientation, location, and levels of alcohol and/or tobacco use. This will help us make sure you are eligible to participate in this study. The questionnaire will take about 5-10 minutes to do.

Not everyone who expresses interest in being interviewed will be selected, as spots are limited. We want to make sure we include a range of different women with varied experiences of alcohol and tobacco use.

If you are selected to be participate in the study, we will ask you to talk to one of us in a series of 3 one-to-one interviews over the course of 18 months (a year and a half). Interviews will take place in person or over Zoom, a video-conferencing platform. We estimate that each interview will take 60-90 minutes of your time. There will be a 6-month gap between each of the interviews.

During the project, you will also be able to be part of an optional photography project, where you will be asked to take a series of photos to share your perspective on LBQ women's alcohol and tobacco practices using your smartphone or digital camera (or a disposable camera provided to you by our team). We will talk about these photos in the final interview.

If you are not selected to participate in the interviews for this study, you will be notified by email. Those who are not selected for interviews may be invited to complete a short online survey about your experiences. This should take about 20 minutes to do. The survey is optional and anonymous. Your responses will not be linked to your personal details.

What would I get out of being part of the study?

The opportunity to share your experiences and contribute to improvement in service delivery and better outcomes for LGBTIQ+ communities.

You may also enjoy the photography component of the study and will have the opportunity to have your photographs displayed at a public exhibition, which aims to promote conversation about the role of alcohol and tobacco in LBQ women's communities.



LA TROBE
UNIVERSITY



Pre-study Explainer

Would I get paid for my time?

If you are selected to participate in the interview phase of the study, we will offer you a \$50 gift voucher per interview as a way of thanking you for your time.