Download and install Handbrake from https://handbrake.fr/

Handbrake is a tool for converting video from nearly any format to a selection of modern, widely supported codecs.

Reasons you'll love Handbrake:
- Convert video from nearly any format
- Free and Open Source
- Multi-Platform (Windows, Mac and Linux)

Download Handbrake 0.10.5
For Mac OS X 10.6 or later

(Other Platforms)

It's free!

Latest News: 0.10.5 Released!
Open Handbrake from your Applications folder.

Click on “Source” to load the file you wish to compress.

Click “Browse” to name your file and direct it to the location you wish the save the file to.
The aim is to compress a One Button Studio file (or any large file) to 1/10\textsuperscript{th} of its original size so it can be “dragged and dropped” directly into the LMS.

Click the Toggle Presets pane. Under “Regular” click “Normal” then make the following adjustments to the Handbrake Output Settings.

Check the Web optimized box

Check the Constant Framerate circle

Adjust the Constant Quality by moving the slider to RF 29
Check your settings then click “Start” to begin the Handbrake Compression.
What if the output file is still too large for the LMS!

If your final compressed file is over 100mb in size you will have to adjust the maximum file upload size in the LMS to the maximum 200mbs. Refer to the workflow guide “Change maximum upload size in the LMS” located in the same part of the website as this pdf or call Ed-Tech on x1555 to get assistance. Note if the final size of your compressed file is larger than 200mbs you won’t be able to drag it in to the LMS and you will need to compress it to something under 200mb.

To increase the amount of compression move the Constant Quality RF slider further to the left.
To save your settings as a preset you can reuse.

1. Click “Toggle Presets” then click on the plus sign at the bottom of the pane.
2. Give the Preset a name then click Add.
3. The Preset will be listed under “Regular”