

FOUNDATIONS OF ATTACHMENT OBSERVATIONS WITH INFANTS

This workshop takes you through user-friendly approaches to understanding the Ainsworth systems for observing attachment, and brings them to life with observational footage of attachment interactions. Methods for observing attachment in clinical and home settings are described, and interventions to support attachment health are detailed.



1-DAY
WORKSHOP



IN-PERSON



CPD HOURS



LEARN MORE

WHAT WILL YOU LEARN?

You will be exposed to Gold Standard observational and narrative methods that are invaluable assets in any clinical tool kit, when supporting relational security is a shared goal.

WHO SHOULD ATTEND

Practitioners from a diverse spectrum of service contexts across the life-course, involved in supporting relational health between parents/carers and infants, children, and teens, and between adult family members.

Familiarity with foundational attachment concepts is an advantage but not a pre-requisite.

WORKSHOP STYLE

This is full day interactive workshop. The art and science of attachment observation across the life-course is described and practiced in large and small groups. There is an opportunity for questions about the application to diverse contexts and populations.