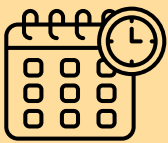


# GRIEF AND FAMILY WORK

This workshop explores the impact of grief and loss on families and relationships. This can occur in the context of bereavement, mental illness, disability such as acquired brain injury, chronic illness, and other life events which lead to disenfranchised and ambiguous grief. The workshop expands the focus from the individual's experience of grief to a relational and family perspective, exploring the concepts of collective grief and cultural grief which affect communities and groups of people.



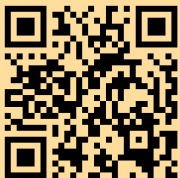
**1-DAY  
WORKSHOP**



**IN-PERSON  
OR ONLINE**



**CPD HOURS**



**LEARN MORE**

## WHAT WILL YOU LEARN?

By attending this workshop, you will:

- Gain a conceptual knowledge of frameworks for understanding and working with families experiencing loss and grief
- Understand the impact of different types of grief, including disenfranchised grief, ambiguous loss, and collective and cultural grief
- Learn how to support families to heal and strengthen connections in the context of adapting to loss
- Reflect on what you can bring to this work and how to sustain yourself in it

## WHO SHOULD ATTEND

Health, welfare and community practitioners and practice leaders across the sector who engage with families and/or are interested in working relationally with loss and grief. This workshop is relevant to practitioners working in diverse settings.

## WORKSHOP STYLE

This workshop utilises a combination of theoretical input, case and video example, and interactive exercises in considering the implications of grief in its various forms for family members and the family's general functioning.

Demonstrations and small group activities are aimed at ensuring the material is relevant to you and your specific work context.