The Big Issue Community Street Soccer Program 2013 Evaluation

Key issues
- Mental illness
- Substance abuse
- Alcohol abuse

Facilitators for participation
- People
- Peers, support workers, coaches
- Friendships within the program

Barriers for participation
- Work commitments
- Study commitments
- Appointments with Centrelink or medical professionals

Health benefits
- Improved mental health
- Limited impacts on substance or alcohol abuse

Most positive outcome from the program
- Social connections
- Friendships

Many participants have reported
- 1/3 housing situation had improved
- 3/4 have increased motivation to participate in the community
- 1/3 return to study

All respondents noted that they felt welcome at the CSSP

Centre for Sport and Social Impact
The Big Issue
Community Street
Soccer Program
2013 Evaluation

**CSSP participant problems**

- Mental health issues: 83%
- Learning difficulties: 79%
- Housing challenges: 65%

**Community Street Soccer Program Outcomes**

- Increased confidence: 99%
- Positive attitude changes: 97%
- Increased happiness: 94%
- Increased independence: 90%
- Increased fitness: 90%

CSSP helps start the job seeking process for participants
CSSP provides referrals and support for drug and alcohol rehabilitation

**Barriers to participation**

- Significant events (illness, family problems): 48%
- Work commitments: 44%
- Access to transport: 41%

**Facilitators to participation**

- Coach and program staff: 92%
- Peer support: 91%
- Providing meals: 81%