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OVERVIEW

- WHAT IS THE BECOME ME PROGRAM?
- WHAT WILL THE PROGRAM ENTAIL?
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WHAT IS THE BECOME ME PROGRAM?

- La Trobe has partnered with BECOME ME to create an exciting FREE short online course which allows you to design and move into your future career with confidence
- BECOME ME works with schools, elite sporting clubs and now tertiary institutions
- Assists in building awareness, aspirations and agency surrounding your future career path
- Develop skills to build and shape your career
- · Three 2 hour online sessions
- · Scheduled fortnightly
- Complete individual and group activities

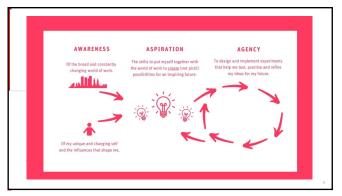
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WHAT WILL THE PROGRAM ENTAIL?

- Required to attend three 2 hour online sessions
- $\bullet \quad \text{Opportunity to informally meet up with other students in between the online sessions} \\$
- 1. Awareness
- 2. Aspiration
- 3. Agency



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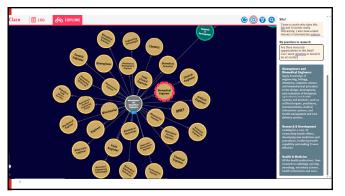
WHAT WILL THE PROGRAM ENTAIL?

- Creating your Log and a number of activities connected to the 'whats' and 'whys'
- · Journal entries and activities
- · Shaping my own future
- · Exploring influences in career choices
- · The world's to do list
- · Asking your own killer questions
- · Networking your experiment

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WHO CAN ENROL IN THIS SHORT COURSE?

- First instance ALL LTU enrolled students based at the Albury Wodonga campus
- Longer term focus on NSW residents LTU enrolled students based at the Albury Wodonga campus

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PROGRAM COURSE DATES *With more courses scheduled later in 2023 and 2024 * Session 1: Monday 11th September 11am to 1pm** – AWARENESS (10am to 12pm) Session 2: Monday 25th September 11am to 1pm - ASPIRATION Session 3: Monday 9th October 11am to 1pm – AGENCY Informal catch up on campus in Week beginning 18th September ** schedule may be subject to change due to student/facilitator availability

FACILITATORS

- Dr. Kerry Nixon
- · Dr. Clare Lade
- · Rachael Baron
- · Rachael Puddephatt
- · Emma Morrison

HOW DO I APPLY?

- Please email Clare via <u>clare.lade@latrobe.edu.au</u> to register your application
- All students will need to supply birthdate and specify gender upon email application (for the purpose to enable access to the BECOME ME LMS platform and App)

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ANY QUESTIONS?

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INDUSTRY PLACEMENTS ONLINE INFORMATION SESSION

Thinking about doing an industry Placements over Summer (including Terms 6 and 1) or Semester 1, 2024?

Explore the range of La Trobe University-wide elective subjects, available to all students to gain work-relevant experience, for credit, with our industry and community partners.

- · Industry Placement Minor
- Industry Placement undergraduate subject LTU3IND
- Industry Placement postgraduate subject LTU5IND



Tuesday 5th September 12pm to 1pm

Register link: <u>LA Trobe industry placements information session - summer and semester 1</u> TICKETS, TUE 05/09/2023 AT 12:00 PM | EVENTBRITE