

Supporting Parents to Build Relational Trust in the Pre-school Years: A new online resource



This webinar introduces MERTIL (My Early Relational Trust Informed Learning) for Parents, a 40-minute, evidence based online resource to promote the earliest foundations of trust in families. Come and see the many ways this little resource can be used.



3 hours: Wed, 4 May



Webinar



9:30am – 12:30pm



Free

Benefits

Participants will gain knowledge about:

- Ways of bringing to life the all-important construct of early relational trust
- Application of MERTIL for Parents with diverse populations
- The developmental research evidence behind MERTIL for Parents
- Ideas for implementation in their service context
- How to access MERTIL for Parents

Relevant Audience

Practitioners working with parents-to-be or parents of young children, in the health, development and wellbeing sectors.

What You Can Expect

- A three-hour interactive webinar, with the science behind the program laid out
- A viewing of MERTIL for Parents
- An opportunity to ask questions about the program

Related Training & Support

- This program, for practitioners, is offered in two online formats: a 2-hour introduction course called *Mini MERTIL*, or the full *MERTIL* course, of 14 hours. Both are self-paced.

Presenters



Prof. Jenn McIntosh

Jenn McIntosh (PhD, AM) is the inaugural Professor of Systemic Practice and Family Therapy at The Bouverie Centre, La Trobe University and is the Director of the Melbourne Attachment and Caregiving Lab, Australian Temperament Project–Generation 3 study.

Jenn is both a clinical specialist and researcher, with a particular interest in research translation, specifically making developmental theories “user friendly”.

Over 35 years, Jenn has also completed extensive training and research programs for the Australian Attorney General’s Department, the Family Court of Australia, Department of Health and Human Services, Office for the Status of Women, and national family services including Relationships Australia and Anglicare.



Dr. Jessica Opie

Jessica Opie (PhD) is an infant mental health Research Fellow at The Bouverie Centre, La Trobe University.

Jessica has a keen interest in translational research relating to early parent-child attachment relationships and the implications of relational trauma on the developing child. Jessica’s research focuses on the benefits of child, parent, dyadic, and familial interventions in altering child developmental outcomes and relational trajectories.

In addition to her research work, Jessica has a background in lab management, project management, and clinical research coordination for research projects based in Australia and Canada.



BOOK NOW!

<https://bit.ly/3ylqj3P>



Parents-to-be and new parents are taught many things about raising their baby: feeding, nappies, immunisation, sleep, etc. They are rarely taught about the important of relational trust: why it matters to infant development, and how to build it, even in the face of challenges.



MERTIL for Parents was designed to help equip parents with knowledge, and as a conversational tool for therapists and early childhood workers.