

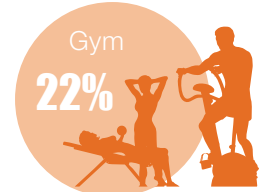


key stats Sport and physical activity participation 2014

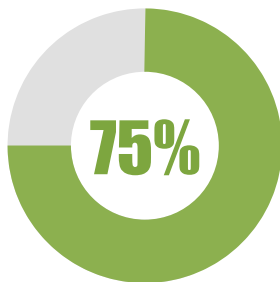
88% of respondents are physically active

most popular

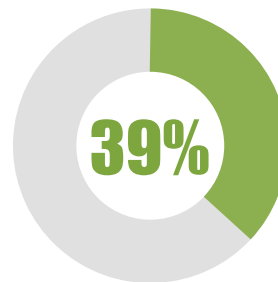
sports and recreation activities are:



72% of respondents have children participating in a sport activity



of respondents are physically active at least **once per week**



of respondents are physically active at least **3 times per week**



Respondents who speak a language other than English at home are

10% less likely to be physically active



19%

of respondents are members of sport clubs

however





key stats Sport and physical activity participation 2014

most popular sport and recreation facilities in Darebin are:



walking trails
60%



cycling trails
46%



Edwards Lake outdoor fitness equipment
12%



Free outdoor exercise classes
37%

Improved sport facilities
25%

Respondents want

improvements to:

- Cycling and walking trails
- Basketball and tennis courts
- Northcote Aquatic and Recreation Centre refurbishment

Free outdoor exercise equipment
27%

↓ \$
Lower costs
51%

new:

- Outdoor fitness equipment
- More basketball/netball courts
- Increased swimming pool access
- More tennis courts

motivations

for sport and recreation participation



barriers to sport and recreation participation



- 68%** Time
- 43%** Cost
- 43%** Lack of energy