

<p>Project</p> 	<p>Sport and Physical Activity Resident Survey</p>	<p>Partner</p>	
		<p>Year</p>	<p>2013</p>
<p>Purpose</p> 	<p>The Centre for Sport and Social Impact was commissioned by the City of Darebin to undertake research examining the sport, recreation and physical activity participation levels of residents in Darebin, specifically focussing on marginalised populations.</p> <p>Questions to be addressed relate to the types, frequencies and levels of sport, recreation and physical activities Darebin City Council residents are participating in; differences in participation for different marginalised or at-risk groups; membership of sport clubs; what sport and recreation facilities are being accessed; what new or improved sport and recreation facilities would residents wish to see developed; and, what would influence an increase in physical activity.</p>		
<p>Method</p> 	<p>The research method adopted a quantitative design, gathering survey data from a sample of residents within the Darebin City Council to identify sport, recreation and physical activity participation patterns of residents, and their opinions of sport and recreation facilities in the City of Darebin.</p> <p>A postal survey was sent to 3000 randomly sampled residents. An additional 500 surveys were distributed manually via City of Darebin facilities.</p> <p>The data set was analysed across specific participants groups and key differences with the overall population for these groups were noted.</p>		
<p>Application</p> 	<p>Although the residents of Darebin City Council in general report high levels of physical activity, there are some communities that require less structured and low-cost or subsidised sport and recreation participation opportunities. More importantly, capital investment in sport and recreation facilities continues to be important for residents, particularly those spaces such as cycling and walking tracks and public swimming pools. In addition, motivating factors for continued/increased participation were identified and recommendations were made for new or improved facilities.</p>		

