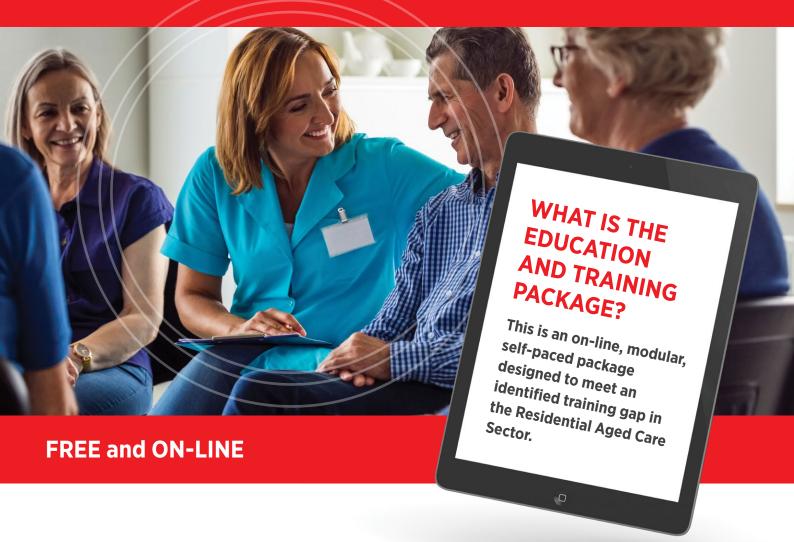


# Victorian Aged Care Education & Training (VACET)



# Why was the package developed?

The scope of this education and training package is to build capacity and capability within the Residential Aged Care Sector workforce.

There are three key areas of focus:







The Royal Commission into Aged Care Quality and Safety identified gaps in training in three key areas which are critical to ensure safe, quality care. In addition to these key areas there are another six modules:

- Communication in practice
- Continence management
- Introduction to residential aged care
- Medication safety
- Reablement
- Restrictive practice

The target audience for this package include Registered Nurses, Enrolled Nurses, Personal Care Workers and Allied Health staff.





### **Victorian Aged Care Education & Training (VACET)**

### What will participants learn?

This package comprises of three main categories as identified above in addition to a further six modules. All modules are designed to be completed in around 30 minutes.



#### Dementia Care



#### Palliative Care



#### **Oral Care**

- Understanding dementia
- Understanding pain
- Recognising and responding to responsive behaviours
- Depression and dementia
- Sleep and dementia

- Palliative care introduction
- Symptom management
- Recognition and management of an actively dying resident
- Loss, grief and bereavement
- Self-care and resilience

- Perspectives on oral care
- Aged Care Quality Standards
- Oral care and communication
- Healthy oral structures
- Oral screening and oral care planning
- Oral health and general health
- Specific personalised oral care
- Additional preventive options
- Oral sensitivity and comfort



- Medication safety
  Reablement
  Restrictive practice
- Communication in practice
  Continence management
  Introduction to residential aged care

In addition we have included a portfolio module where users can keep a log of their learning, add information they want to refer back to and note their thoughts and feelings in response to the learning.

## Who developed the package?

The Australian Centre for Evidence Based Aged Care (ACEBAC) at La Trobe University, Melbourne, is an internationally recognised leader in evidence based aged care. ACEBAC has a wealth of experience developing, identifying and promoting the dissemination and integration of evidence into aged care practice. The package was originally funded by the Victorian State Government and is now proudly supported by ACEBAC, State Government La Trobe University.

"Well done - and it's free". "It's a very good learning tool with lots of extra links if the attendee wants a greater learning experience. They can also stop and start within each module at different times". "Love your great on-line courses".

**REGISTERED USERS** 

### How to enrol?

To enrol in the education and training you will need to:

- Register as a user and create an account via https://vacet.latrobe.edu.au
- There is a <u>Get Started</u> link on the landing page that will take you to registration.
- Once you have registered you will receive an e-mail. Click on the link provided to activate your account.
- Following successful account activation, you will receive a second e-mail that welcomes you to the platform.

You will automatically be enrolled in the three programs for the categories of learning, the portfolio where you can record your module completions and the Welcome module. Click on Find Learning to access the other modules. You can access VACET securely from any of your devices and your information is kept securely within the platform.

### Who can I contact for more information?

Australian Centre for Evidence Based Aged Care (ACEBAC), La Trobe University **EMAIL:** VACET@latrobe.edu.au **WEBSITE:** latrobe.edu.au