

Recognising and reporting changes in residents' health:

An **education and training package** for aged care facility staff.

1 PCWs/PCAs are at the front line of care and are crucial in the early identification of the deteriorating resident.



2 Being able to recognise and report changes in residents' health early, can prevent admission to hospital.



3 This education package for PCWs/PCAs can be easily delivered by your nurses and is fun, engaging and interactive.



LOW COST

This education package costs just \$1200 and provides a low-cost option to professional development.



FLEXIBLE

This education package allows training to run in time blocks that suit your facility's daily activities.

RECEIVE A DISCOUNT WHEN YOU PURCHASE MORE THAN 5 PACKAGES!

What is the package?

This education and training package is specifically aimed at residential aged care **personal care workers (PCWs) and personal care assistants (PCAs)**. It was developed to support PCWs/PCAs to recognise changes in a resident's health status and report these to the appropriate person in the facility. The package is interactive and engaging and was developed using principles of adult learning.

It can be delivered to current care staff as a refresher, or to those who are new to aged care.

What will PCWs/PCAs learn?

This package comprises eight modules which can be taught over 10 hours. Modules can be delivered individually or as an entire package, to individuals or small groups, and in any order.

8 Modules



Each module supports understanding of:

- How the body system works
- The ageing process and what happens to the body
- How to recognise a change in residents' health and wellbeing
- How to report these changes verbally and in writing.

“ VERY STRAIGHT FORWARD AND EASY TO USE

“ REALLY REINFORCES THE IMPORTANCE OF REPORTING

See over page for further information >

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The modules cover:



Communication



Wellbeing



Movement
and mobility



Skin condition



Breathing



Eating, drinking
and elimination



Mental awareness



End of Life

What does the package contain?

- Presentation slides with text, case studies/ vignettes, video clips and images (Windows and Mac compatible)
- One hardcopy of the facilitator manual
- Ten participant workbooks
- Activity sheets, flash cards and templates
- A summary sheet for each module
- Test questions and answers for each module
- PDFs for self-print option

Who can deliver the education?

Registered or enrolled nurses.

Who developed the package?

The Australian Centre for Evidence Based Aged Care (ACEBAC) at La Trobe University, Melbourne, is an internationally recognised leader in evidence based aged care. ACEBAC has a wealth of experience developing, identifying and promoting the dissemination and integration of evidence into aged care practice.

“ APPROACH IS SIMPLE
BUT STRONG

“ CARERS ARE DEFINITELY
A LOT MORE CONFIDENT

“ A VERY THOROUGH PACKAGE.
MY STAFF REALLY ENJOYED IT.

THE PACKAGE CONTENT IS PROVIDED ON BOTH:



USB drive

AND



MICROSITE

SOFTWARE REQUIREMENTS



Adobe Reader 9

WHO CAN I CONTACT FOR MORE INFORMATION?

Australian Centre for Evidence Based Aged Care (ACEBAC), La Trobe University

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To purchase the *Recognising and reporting changes in residents' health: education and training package*, please visit: www.latrobe.edu.au/aipca/australian-centre-for-evidence-based-aged-care