



LA TROBE LEAGUE BASKETBALL RULES



TEAM COMPOSITION



10

MAX REGISTERED PER SIDE

4

PLAYERS MINIMUM WITHOUT FORFEIT

5

PLAYERS ON COURT AT ONE TIME

1

PLAYER MIN. FROM OPPOSITE GENDER (MIXED COMPETITIONS)



GAME DURATION

4

QUARTERS

18

MINUTE HALVES

2

MINUTES FOR HALF TIME

SCORING



EACH TEAM MUST HAVE ONE PERSON (SUBSTITUTED PLAYER OR SPECTATOR) TO ASSIST WITH SCORING



UNIFORMS



MUST WEAR SAME COLOURED SHIRTS



NUMBERS VISIBLE ON FRONT AND BACK



SHORTS WITH ZIPS/ POCKETS NOT PERMITTED



ALL JEWELLERY MUST BE REMOVED



FINGERNAILS SHORT, NEAT AND FILED

BLK TEAM UNIFORMS ARE ABLE TO BE PURCHASED (15% DISCOUNT FOR LA TROBE LEAGUE TEAMS)

PENALTIES



UNABLE TO PROVIDE A SCORER (- 4 POINTS)



DELAYING THE START OF THE GAME (-1PT PER MINUTE)



INCORRECT UNIFORM (5PT/ ITEM, MAX 5PTS)



UNABLE TO FIELD TEAM AFTER 10 MINUTES (FORFEIT)

POINTS ALLOCATION

4

POINTS FOR A WIN

2

POINT FOR A DRAW/ BYE

0

POINTS FOR A LOSS



LA TROBE UNIVERSITY

Sport