






<p>Project</p> 	<p>Access Sport Access Health</p>	<p>Partner</p>	
<p>Purpose</p> 	<p>Disability Sport and Recreation (formerly Wheelchair Sports Victoria) commissioned the Centre for Sport and Social Impact at La Trobe University to measure the health and social impacts for people with disability participating in sport and recreation in the City of Yarra.</p>		
<p>Method</p> 	<p>In the first year, qualitative analysis sought to describe the conditions facilitating and inhibiting participation in sport and recreation so that better health and social outcomes could be achieved. These learnings would be applied when designing and implementing two new sport and recreation programs for people with disability in City of Yarra in the second year.</p> <p>In Phase One, 18 interviews were conducted with participants in four established programs.</p> <p>In Phase Two, ten interviews were conducted with participants in two new programs, with interviews conducted pre- and post-program, aiming to identify outcomes from the activities within the program.</p>		
<p>Application</p> 	<p>From Phase One, five recommendations were made in relation to developing new programs or partnerships with service providers and sport and recreation organisations for Phase Two.</p> <p>From Phase Two, recommendations were made as to when inclusive and accessible sport and recreation programs are more likely to be successful.</p>		

