



LA TROBE
UNIVERSITY



HEALTHY RELATIONSHIPS IN FAMILIES,
ORGANISATIONS AND COMMUNITIES.

STUDY FIRST NATIONS FAMILY THERAPY



LEARN MORE

GRADUATE CERTIFICATE IN FAMILY THERAPY: FIRST NATIONS

You'll develop professional skills for working with First Nations families, so you can develop your healing practices and conduct family therapy sessions that are culturally respectful and inclusive.

Delivered in partnership with The Bouverie Centre and grounded in the 'Black and White' teaching model that keeps culture at the heart of the process, you'll get a thorough introduction to family therapy theories and practice, with an emphasis on maintaining sensitivity to First Nations families' needs and experiences.

DURATION 1 year part-time

LEARNING MODE You'll develop professional skills for working with First Nations families, so you can develop your healing practices and conduct family therapy sessions that are culturally respectful and inclusive.

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PATHWAYS After graduating, eligible students can progress with credit to the Master of Clinical Family Therapy.

PREREQUISITES

- Cert IV in health and welfare field or equivalent.
- Applicants must have at least 3 years of work experience working in the field with Aboriginal and/or Torres Strait Islander communities.
- Applicants must be currently employed and referred by an approved partner organisation.
- Applicants must identify as Aboriginal or Torres Strait Islander. Exceptions may be made to non-Aboriginal or Torres Strait Islander applicants who are working with First Nations families and are endorsed by community organisations.

WHAT YOU'LL LEARN

- Foundational family therapy theories and skills, utilising these ideas in the context of cultural safety and responsiveness.
- The importance of First Nations' family and community connections in conducting therapy in a range of contexts.
- A deeper understanding of the ongoing impact of transgenerational trauma on First Nations families and communities, and apply culturally and trauma-informed practices.
- How to explore your own culture and experiences, identifying constraints and resources in your work with families to increase your effectiveness in your professional practice.



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THE BOUVERIE CENTRE

Where families matter. For over 70 years, the Bouverie Centre has been a leading clinical, teaching and research hub within La Trobe University.

Home to family therapists, First Nations Advisors, researchers, educators and professional staff, we bring compassion, diverse knowledge and lived experience to our work, making us a trusted leader in family therapy and systemic practices.

Our vision is to see healthy relationships in families, organisations and communities, for the wellbeing of society by sharing old wisdom and generating new knowledge.

To find out more about our training, research and clinical program search:

[Q Bouverie Centre La Trobe](#)

CONTACT US

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E latrobe.edu.au/bouverie

ACKNOWLEDGEMENT OF COUNTRY

La Trobe University acknowledges our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales.

We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society.

La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching, learning, research and partnerships across all our campuses.



Wurundjeri
Melbourne (Bundoora & City)

Dja Dja Wurrung
Bendigo

Dhudhuroa/Waywurru
Albury-Wodonga



Latji Latji
Mildura

Yorta Yorta
Shepparton

Gadigal
Sydney

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