

Single Session Family Consultation: 3-step process



CONVENING

- Create a rationale and propose a family meeting to the client
- Agree with client on what will be discussed
- Explore reservations



CONDUCTING

- Incorporate single session ideas when conducting the family session
- Centre the consumer's voice
- Practice cultural responsiveness



FOLLOW UP

- Set the date, time and person who will be called
- Check-in regarding issues addressed in the conducting phase