

# ORTHOPTICS (EYE CLINIC)

Our student-led eye clinic supports children and adults with eye movement, vision and visual development concerns. Appointments are provided by orthoptics students and closely supervised by qualified and experienced orthoptists, ensuring safe, high-quality and evidence-based care.

By choosing our clinic, you receive affordable care while supporting the training of future allied health professionals.

## What does an orthoptist do?

An orthoptist specialises in assessing and managing eye movement disorders, binocular vision (how the eyes work together), double vision, lazy eye and focusing difficulties. They work closely with ophthalmologists and optometrists.

## What we offer

We provide assessment and management for a wide range of eye and vision conditions, including:

- **Paediatric and Adult Orthoptics**
  - Assessment and management of eye alignment, binocular coordination and associated vision problems across all ages.
- **Post-Stroke Care and Neuro-Orthoptics**
  - Specialised care for visual problems from stroke, concussion, brain injury, and other neurological conditions, including double vision, visual field loss, reading difficulties, and spatial issues.
- **Low Vision Rehabilitation**
  - Tailored advice and rehabilitation for people with visual impairments to maximise remaining vision and enhance independence.

## Typical Referrals

- Reduced, unequal, or blurred vision, including suspected amblyopia
- Eye misalignment, eye muscle imbalance, abnormal head posture
- Binocular vision and depth perception difficulties
- Double vision and vergence difficulties
- Accommodative or near focusing difficulties
- Eye movement and tracking disorders, including nystagmus
- Visual field loss
- Light sensitivity or visual fatigue
- Vision-related dizziness or balance complaints
- Difficulties with visual processing, spatial awareness, or visual attention

## How much will it cost?

We offer affordable fees as part of our student-led service. For the latest fees, visit our website or contact us directly.

Please note as this is a student-led service, we are unable to offer appointments under Medicare, private health insurance, TAC or WorkCover. We currently do not offer appointments under NDIS.

We only accept card payment – no cash.

## How do I get there?

We are located in the Health Sciences Clinic at La Trobe University's Bundoora Campus.

**By public transport:** 86 Tram Bundoora RMIT – Waterfront City Docklands, stop 60.

**Bus routes:** 250, 350, 548, 550, and 551, La Trobe University Bus Terminus.

**By car:** Enter the north entrance of La Trobe University at Kingsbury Drive. Proceed through car park 9 to the turnoff on the right and enter car park 9C. Follow the signs to the Health Sciences Clinic.



### Contact us:



Phone: 9479 5831



Email: [healthclinic@latrobe.edu.au](mailto:healthclinic@latrobe.edu.au)



Fax: 9479 5036



Website: <https://www.latrobe.edu.au/healthclinic>

A referral is not required for this service.