



SUPPORT & WELFARE SERVICES & RESOURCES

EXTERNAL SUPPORT & COUNSELING SERVICES

Lifeline	13 11 14	www.lifeline.org.au
Beyondblue	1300 22 4636	www.beyondblue.org.au
SANE	1800 187 263	www.sane.org/
Sexual Assault Crisis Line	1800 806 292	www.sacl.com.au

ONLINE HEALTH & WELFARE RESOURCES

The Share Housing Survival Guide

www.rlc.org.au/sharehousing

Safe Sex No Regrets

www.safesexnoregrets.com.au

Reach Out

<http://au.reachout.com/>

National Drugs Campaign

www.drugs.health.gov.au/

Health for Women

www.healthforwomen.org.au/

Men's Health Australia

www.menshealthaustralia.net/

Nutrition Australia

www.nutritionaustralia.org/