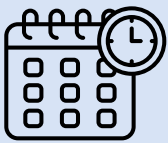


ADOLESCENT VIOLENCE IN THE HOME

SYSTEMIC INTERVENTIONS WITH FAMILIES

An increase in referrals in relation to Adolescent Violence in the Home (AVITH) has been noted across the service sector. Practitioners often struggle to respond to families where the parent/carer feels powerless and the young person is struggling with numerous challenges.

Learn about working with the family system to ensure safety planning and positive change while maximising engagement with adolescent family members who use violence.



**2-DAY
WORKSHOP**



**IN-PERSON
OR ONLINE**



CPD HOURS



**LEARN MORE
AND REGISTER**

WHAT WILL YOU LEARN?

On completion of this workshop, you will be able to:

- Identify the determinants which contribute to the use of violence by adolescents against parents/carers, with a particular emphasis on the experience of family violence
- Identify co-occurring issues including neurodiversity, alcohol, drug use and mental health challenges
- Develop skills in assessment and safety planning
- Demonstrate skills to enhance engagement in change with adolescents and parents/carers
- Learn and practice a model of intervention that is developmental, trauma-informed and relational

WHO SHOULD ATTEND

AVITH is relevant across a broad range of settings for practitioners seeking to build their confidence in working with young people who use violence and their parent/s or carers.

This may include family and youth services, youth mental health, alcohol and drug, private practitioners, disability services, child protection and youth justice.

WORKSHOP STYLE

The workshop is facilitated by a subject matter expert who guides participants through key theoretical and practical frameworks, ensuring a strong foundation in core concepts.

Participants engage in trainer-led demonstrations, case discussions, and role plays that emphasise practical intervention strategies, with a particular focus on safety planning, engagement, and emotional regulation.

Small group activities such as discussions, case studies, and roleplays are tailored to reflect participants' specific work contexts, promoting relevance and peer learning.