

The Young Stroke Service

Stroke services are often designed for older people, yet young people make up a quarter of all strokes in Australia and the incidence of stroke in young people is increasing.

Young adult stroke survivors are frequently undiagnosed, which exacerbates their lifetime burden of stroke.

LTU's Assoc. Prof. [Dana Wong](#) is a Chief Investigator on a project in association with the Florey Institute and health service partners in Victoria and South Australia to implement accessible, evidence-based cognitive and psychological interventions tailored to individual needs.

Co-designed with survivors and carers, the new care model addresses critical gaps in services available to support young stroke survivors with "invisible" disabilities.

Services include neuropsychology assessment and intervention, support for return to work and driving, and advice on National Disability Insurance Scheme applications. Assoc. Prof. Dana Wong leads the neuropsychology intervention service at La Trobe.

Learn more about the Young Stroke Service here: youngstrokeservice.org.au