

Creamy Yoghurt Pasta (Macarona bel Laban)



I serving



20 minutes

INGREDIENTS

100g wholemeal pasta (or legume pasta) 200g voghurt 1 garlic clove 2 tsp dried mint leaves (optional) Pinch of salt ~3 tbsp water 1 tbsp slivered almonds Parsley to garnish

DIRECTIONS

- 1. Cook the pasta according to packet instructions (another option is to use microwavable pasta).
- 2. In a bowl, mix voghurt, garlic, mint leaves, salt and water (add more or less water depending on how you like the yoghurt consistency to be).
- 3. Mix the yoghurt dressing with the pasta.
- 4. In a pan, dry roast some almonds until golden brown then add them on top of the pasta.
- 5. Garnish with some parsley and enjoy.