

# Comprehensive Health Assessment of the Older Person (CHAOP)



The Australian Centre for Evidence Based Aged Care (ACEBAC) offers a three-day workshop program for nurses who work with older people.

#### We invite nurses in:

- residential aged care
- acute and sub-acute hospitals
- the community
- GP practice.

#### Attend the workshop and:

- update your knowledge and clinical assessment skills with comprehensive health assessment education and training
- have fun with the ACEBAC team and their geridolls
- increase your confidence and job satisfaction
- add to your hours of continuing professional education.

#### This workshop comprises the following eight modules:

1. Clinical reasoning and general assessment skills
2. Communication of assessment – professional issues
3. Musculoskeletal assessment
4. Nutrition, metabolism and elimination assessment
5. Cardiovascular assessment
6. Respiratory assessment
7. Cognitive and perceptual assessment
8. Psychosocial assessment.

“A very valuable course that covers all facets of proper assessment for the older person. Very worthwhile.”

“This course has opened my eyes to the different assessments that NEED to be undertaken, I cannot wait to work next, to put all knowledge learned into practice as well as educate others. Highly recommended for any professional.”

Past workshop participants



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# Expand your career options



Over 140 workshops have been delivered. Evaluation has proven that participants' knowledge increased, and participants reported increased confidence in undertaking the skills required for a comprehensive health assessment.

## Program details

Day 1	Introduction. Modules 1, 2 and 3.
Day 2	Modules 4, 5 and 6.
Day 3	Modules 7 and 8. Revision.

## Workshop details

Cost per participant for this three-day workshop (including GST) is:

- **Melbourne metro:** \$670
- **Regional and rural Victoria:** \$770
- **Interstate:** \$980

To participate in the workshop program, ACEBAC is offering two options to residential aged care facilities and health services. Both options are the equivalent of 18 hours of continuing professional education. We come to you and provide all necessary resources and equipment. You'll receive a free resource manual, which includes the eight health assessment modules, links to other resources and a copy of all the presentation slides.

### Option 1: In-house workshop

We come to your aged care facility or health service to deliver these workshops to your staff.

Workshops must have a minimum of 16 participants and are restricted to 20 participants to optimise learning.

### Option 2: Hosting a workshop

By hosting a workshop, you have the opportunity to train four of your staff members for free. All you need to do is provide a suitable room at your facility or health service and invite nurses from other local organisations to attend. We require a minimum of 20 participants (that's 16 places at cost, plus your four staff trained for free) and we will provide marketing material to help promote the course. Your workshop will also be advertised on our website at no cost.

Hosting a workshop is an excellent networking opportunity, particularly for nurses working in the rural areas.

For more information on holding an in-house or hosted workshop, contact:

Australian Centre for Evidence Based Aged Care (ACEBAC)  
La Trobe University

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