

# SPORT GUIDE

**TOP 50  
GLOBALLY  
FOR SPORT<sup>1</sup>**

**Undergraduate &  
Postgraduate — 2026**



# ACKNOWLEDGEMENT OF COUNTRY



La Trobe University acknowledges our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales. We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society. La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching, learning, research and partnerships across all our campuses.

**Wurundjeri**  
Melbourne  
(Bundoora & City)

**Dja Dja Wurrung**  
Bendigo

**Dhudhuroa/Waywurru**  
Albury–Wodonga

**Latji Latji**  
Mildura

**Yorta Yorta**  
Shepparton

**Gadigal**  
Sydney

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1. Quacquarelli Symonds (QS), 2024, QS World University Rankings by Subject 2024: Sports-Related Subjects



# AUSTRALIA'S UNIVERSITY OF CHOICE FOR SPORT

Our focus on health and wellbeing shapes a unique perspective on sport, setting us apart from other universities.

Our world-class sport facilities welcome everyone from elite level athletes through to grassroots sport clubs and community groups. Our Sports Park also includes the Home of the Matildas and Rugby Victoria's future home of rugby – all right here at our Melbourne (Bundoora) Campus.

As Victoria's #1 university for employer satisfaction<sup>1</sup>, we partner with some of the best organisations in the sports industry to train the next generation of professionals through placements, work-integrated learning, industry opportunities, athletic scholarships and more.

Our research in the areas of nutrition and dietetics, and human movement and sports science is rated 'well above world standard'<sup>2</sup>, and it's helping us create long term improvements to health and wellbeing nationwide.



1. Quality Indicators for Learning and Teaching (QILT), 2023, 2022 Employer Satisfaction Survey.

2. Australian Research Council, 2019, Excellence in Research for Australia (ERA) Outcomes 2018.

## TOP 8 WORLDWIDE

We're ranked 8th in the world for sport science.

ShanghaiRanking, 2024, ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2024

## #1 FOR EMPLOYER SATISFACTION

We're a leader in employer-graduate satisfaction, ranking #1 in Victoria and #3 in Australia.

Quality Indicators for Learning and Teaching (QILT), 2024, 2023 Employer Satisfaction Survey

## SEVEN CAMPUSES

We're Victoria's only state-wide university, with seven campuses across Melbourne, regional Victoria and Sydney.

## DIFFERENT WAYS INTO UNI

There's more than one way to secure an offer into your dream course through our pathways, early entry programs, double degrees and packaged offers.

## TOP 1% UNIVERSITY

We're ranked in the top 1% of universities worldwide.

Times Higher Education (THE), 2024, World University Rankings 2025; Consejo Superior de Investigaciones Científicas (CSIC), 2024, Ranking Web of Universities

## #1 FOR UNDERGRAD EMPLOYABILITY

We're #1 in Victoria for undergraduate employability, with 93.7% of our domestic undergraduates in full-time work three years after graduating.

Quality Indicators for Learning and Teaching (QILT), 2024, 2023 Graduate Outcomes Survey - Longitudinal

## SPORTS PARK

Our Sports Park houses a state-of-the-art teaching and research facility, an elite performance space and world-class sporting facilities.

## LEARN WITH INDUSTRY

We partner with industry giants such as Carlton Football Club, Football Victoria and Bendigo Spirit to give you options for placements, work-integrated learning, internships and more.



# INDUSTRY PARTNERSHIPS

## MAJOR PARTNERS

### Carlton Football Club

We've extended our partnership to 2027, taking our commitment to twelve years. This partnership facilitates a minimum of twenty placements for students each year. In 2024, 35 students completed their placement with the Club. Together, La Trobe and the Carlton College of Sport provide a unique learning program offering higher education diplomas in sport coaching and development, and elite sport business.

### Football Victoria

We're the official higher education partner of Football Victoria, the governing body for Victorian football (soccer). Their State Centre and the Home of the Matildas, located within the La Trobe Sports Park precinct, hosts administrative activities, high performance training, and development and recovery programs. Our partnership creates unique opportunities for our students and researchers in sport science, allied health and sports medicine.

### Bendigo Spirit

Situated at our Bendigo Campus, our partnership with the Bendigo Spirit team continues to provide opportunities for women in sport at a national level, while also creating opportunities for placements, research and work integrated learning.



After an intense Game 2 in the Grand Final series, Bendigo Spirit have come away with a 'spirited' win, crowning them Women's National Basketball League (WNBL) Champions for 2024/25.

## COMMUNITY DELIVERY PARTNERS

### ACHPER Victoria

Based at the La Trobe Sport Park Stadium since 2021, this partnership has hosted numerous state-wide secondary and primary school conferences for Victoria's health, PE and recreation teaching cohort.

### AFL Central Victoria

AFLCV is now based on campus and we welcome the league's teams and their families onto our Bendigo Campus for around 60 events per year, as we support the development of an active lifestyle for children and teenagers while embedding our students within AFLCV with work integrated learning opportunities.

### AFL North East Border

We host AFLNEB events and teams at our Albury-Wodonga Campus throughout the year and provide our students with placement opportunities.

### Bendigo Academy of Sport

The Academy is involved with our academic experts and emerging sport researchers. In our strength and conditioning lab, Academy athletes work with sport exercise science students to discover how to best prepare for elite competition.

### Bendigo Braves

A long-term partnership that continues to provide opportunities to students through placements, research, work integrated learning and employment at the Red Energy Arena.

### Bendigo Pioneers

Based on campus, the La Trobe University Bendigo Pioneers women's and men's teams compete in the top tier under-18 Australian Rules Football competition. The Coates Talent League teams are supported with collaboration on professional development, high performance training, graduate employment, work integrated learning and research projects in conjunction with an industry PhD.

### Bendigo Sports Star

A recently formed partnership that supports and fosters athletic potential and skills in our local community.

### Bendigo Strikers Netball Club

Our newly formed partnership provides opportunities for women in sport in the regions to compete in the Victorian Netball League at a national level, while also creating opportunities for placements, research and work integrated learning.

### North East Blaze

An established club in the Victorian Netball League, our partnership with the Blaze provides semi-professional female athletes access to our world-class facilities. Students gain valuable insights into a high performance team environment at a national level through industry placements.

### The Northern Football Netball League (NFNL)

A long-term partner of La Trobe, in 2020 we formed a 20-year agreement that provides league access to our Sports Park Stadium. The partnership also supports student industry experience and research projects.

### Professional Footballers Australia (PFA)

Our newly-announced industry partnership will see us become the PFA's official Education Partner for the next four years. Over the duration of the partnership, we will work closely on key research and consultative projects, and facilitate a jointly-funded industry PhD scholarship to undertake research relevant to the welfare and development of professional footballers. The PFA will also provide three work-integrated learning placements within the organisation each year for La Trobe students across a variety of sport-related disciplines.



"As an industry PhD with La Trobe, I've had the opportunity to work alongside the Bendigo Pioneers and gain hands-on experience as a performance coach. This unique role has allowed me to integrate research with applied practice, enhancing both my academic work and coaching development. La Trobe provides a great platform for those looking to have an impact in both research and high-performance sport."

**Lachie Price**  
High Performance Manager, Bendigo Pioneers  
La Trobe PhD Candidate



# HOME OF THE MATILDAS

THE HOME OF THE MATILDAS ⚽  
AT LA TROBE UNIVERSITY IS THE  
LARGEST FOOTBALL ⚽ SPECIFIC  
INFRASTRUCTURE PROJECT IN  
AUSTRALIA'S HISTORY, AND IT'S  
AVAILABLE FOR THE TEAM'S  
EXCLUSIVE USE WHENEVER  
THEY ARE IN CAMP. 🏟️



# OUR FACILITIES

## LA TROBE SPORTS PARK

Ready to step into an industry-level space? Located at our Melbourne Campus, the La Trobe Sports Park is not only a unique learning hub for students, but it also hosts major participation sports events, grassroots sport competitions and recreation opportunities.

### Home of The Matildas

In 2023, we welcomed the CommBank Matildas to their purpose-built, high performance base, the Home of the Matildas. Located in the Sports Park precinct, the Home of the Matildas is the largest football-specific infrastructure project in Australia's history, and it's available for the team's exclusive use whenever they are in camp, providing an elite training environment as the pre-eminent facility in the region.

### La Trobe Sports Stadium

This stadium has six high-ball multipurpose courts for a variety of indoor sports. Each court hall is equipped with an event office, technical support and amenities, and our FIBA-Connect Stadium has automated camera technology for live streaming and player tracking. Court Hall 1 also includes a 1,100-seat retractable grandstand, which enables the Stadium to host large-scale indoor community and professional sporting events that require a show court facility.

### Synthetic Pitch

Our FIFA-1 standard pitch comes with built in shock pads made from recycled rubber materials to help reduce impact (while making an impact on sustainability!) and injury.

### Sporting Fields

Whether your game is soccer, cricket, ultimate frisbee, touch or rugby – we have a suite of elite sporting fields to support any sporting program.

### 'Ganbu Djila' (One Play)

Located at Charles La Trobe College, Ganbu Djila is our Multipurpose Synthetic Field. It's the home of the La Trobe University Baseball Club, as part of the wider stage 3 development of the Sports Park Precinct.

### Sports Performance Hub

The Hub includes an exercise physiology lab, strength & conditioning lab, biomechanics lab, heat and altitude chambers, and services for athlete testing, nutrition, recovery and wellbeing. The Hub enables us to offer world-class research, performance and career outcomes to our sport students with work integrated learning (WIL) opportunities and experiences alongside sub-elite and elite athletes.

### Sports Park Pavilion

The Pavilion features a versatile function room space that can host a wide-variety of events. In addition to 360-degree balcony views of the Sports Park precinct and Melbourne's city skyline, the Pavilion also includes club rooms for our affiliated sport clubs and nine gender neutral change rooms to support community and elite sport teams alike.

### Tony Sheehan Oval

Home to the La Trobe University Football Club, the oval features a premier Santa Ana Couch playing surface and is supported with a video playback scoreboard and lighting technology that's suitable for televised night games. In immediate proximity to the Sports Park Pavilion's change rooms and our new multipurpose field, groups can run multiple matches and activities simultaneously.

### Fitness centres

Get out of the classroom and stay active with a range of activities available at our on-campus fitness centres.

### Melbourne

Fully equipped gym, fitness assessments and personalised training programs

Three specialty group exercise studios catering for reformer Pilates, functional group training, mind and body classes, and more

Multi-purpose indoor court including basketball, badminton, volleyball and indoor soccer facilities in addition to netball, tennis and squash courts

25-metre heated indoor pool and deep-water pit

Rock climbing wall

### Bendigo

Fully equipped gym

Reformer Pilates studio

Exercise science facilities

Sports field, pavilion and basketball court





# CARLTON COLLEGE OF SPORT

Combine your first year of tertiary study at La Trobe with industry experience at the Carlton Football Club.

Established in 2019 as a partnership between La Trobe and Carlton Football Club, the Carlton College of Sport offers a unique opportunity to study, gain real-world experience and build connections for a career in the sports industry.

You can choose from two higher education diplomas:

- Diploma of Elite Sport Business
- Diploma of Sport Coaching and Development

Courses are delivered by La Trobe staff in dedicated teaching spaces at the Carlton Football Club headquarters, IKON Park.

You'll get opportunities to complete 100 hours of industry-based placement, including access to elite athletes, coaches, high-performance staff and mentors. You'll also gain exclusive insights into events, community activations, facility operations, fan engagement, match-day protocols and more.



"I really enjoyed my time at the Carlton College of Sport, and it has helped to propel my career in the world of business and high-performance sport. My favourite aspect was the ability to complete an extensive range of placements which allowed me to meet so many amazing people across the football club and sport industry at large. I could not speak more highly of the program and the outcomes it provides students."

**Claire Byron**  
Diploma of Elite Sport Business

## GRADUATE JOBS

Apply for one of four graduate jobs at the Carlton Football Club, offered exclusively to graduating Carlton College of Sport students each year.

## DIRECT ENTRY

Receive course credit from your Diploma to access a range of La Trobe Bachelor's degrees including the Bachelor of Sport and Recreation Management, and the Bachelor of Sport and Exercise Science.

## REAL-WORLD EXPERIENCE

Get 100 hours of industry-based placement at Carlton Football Club, AFL Victoria, South East Melbourne Phoenix and more.



EXPLORE  
CARLTON  
COLLEGE  
OF SPORT





# LA TROBE ELITE ATHLETE PROGRAM (LEAP)

We're an elite athlete-friendly university and member of the nationally accredited Elite Athlete Education Network, supporting over 160 top-level La Trobe athletes and performers through grants, programs and scholarships.

Over the years, we've supported athletes across various sports at major and international events, including the Olympic Games, Commonwealth Games and World University Games.

Both the university and sporting sectors recognise the value of combining sport and higher education, which is why we are dedicated to helping elite athletes succeed while studying with us.

## THE PROGRAM

We offer extensive support to help you balance your sporting commitments while studying at La Trobe, including:

- access to the Elite Athlete Travel Subsidy, Elite Athlete Equipment Subsidy, and University Representation Subsidy
- dedicated academic case management, including assistance with enrolment, timetabling, flexible assessments and alternative exam arrangements
- support with cross-institutional study, course transfers, and credit transfers
- complimentary on-campus gym membership and strength & conditioning sessions
- access to an advanced sports dietitian
- official Elite Athlete Program apparel
- subsidised access to on-campus massage and podiatry services.

## Financial Assistance

If you're an Elite Athlete Program member at La Trobe, you can apply for targeted scholarships, subsidised intervarsity representation and grants from the La Trobe Elite Athlete Support Fund, supported by TechnologyOne. This fund provides yearly grants towards the costs of elite competition, including travel, accommodation and registration expenses.

## Elite Athlete Adjustment Factor

If you're an elite athlete applying for entry into a La Trobe undergraduate course via VTAC, you could be eligible for the Elite Athlete Adjustment Factor. This means you could have a five aggregate point adjustment factor applied to your admission into La Trobe. All you need to do is demonstrate how your sporting commitments have impacted your Year 12 studies, and how you meet the criteria as an elite athlete.

Applications for the adjustment factor open in August each year.

**FIND OUT  
MORE  
ABOUT  
LEAP**



"I probably play or practice seven days a week. It's definitely, definitely worth it – you get a lot of advantages with [LEAP], you get a lot of help whenever you need it. They're always there. If you're flying for tournaments and whatnot, they're very accommodating."

**Cody Cuthbert**

Bachelor of Psychology (Honours)  
Golf







"The best thing you could possibly do is to join the La Trobe Elite Athlete Program. The biggest advantage of the Program is being able to adapt your timetable to figure out ways to make exams and assessments work, getting some financial aid and just having someone to talk to."

**Laura Paeglis**  
Bachelor of Sport and Exercise Science  
Olympian archer



"Balancing being an athlete and a student can get tricky. When our season starts, we're in the club 3-4 days a week. The LEAP program is there to support you and make it manageable, and we're so lucky to have La Trobe's facilities."

**Amelia Velardo**  
Bachelor of Laws (Honours)/  
Bachelor of Media and Communication  
Carlton Football Club AFLW Player



# SPORT RESEARCH

We believe research leads to real impact – that’s why we take it seriously.

We’re dedicated to making a positive difference for athletes at an individual level, sport as a whole, and the communities we exist in. It’s why one of our top research themes is ‘healthy people, families and communities.’

In sport research, we’ve been working on big projects with the support of government organisations and agencies, industry partners, and national and international sports organisations.

## Some of these projects include:

- task evaluation to inform training prescription and equipment design in physically demanding sports and occupations (such as defence)
- harnessing the power of analytics to automate service support practices and unlock insights from sports data
- understanding physical and mental fatigue and leveraging sleep, nutrition and recovery to enhance human performance
- optimising dancer performance and health in partnership with The Australian Ballet.

**TOP 8  
WORLDWIDE FOR  
SPORT SCIENCE**

ShanghaiRanking, 2024, ShanghaiRanking’s Global Ranking of Sport Science Schools and Departments 2024

## LA TROBE SPORT, PERFORMANCE AND NUTRITION RESEARCH GROUP

Our research group brings together experts from sport and exercise science, dietetics and nutrition to create knowledge, influence practice and optimise human performance.

### Biomechanics Laboratory

Our Biomechanics Lab houses the business end of a 40m running track with two in-ground force plates for running gait analysis.

### Exercise Physiology Laboratory

The Exercise Physiology Lab is fitted out with exercise testing apparatus, a biochemistry/blood analysis area and our environmental chamber.

### Strength and Conditioning Laboratory

Home to eight lifting platforms, two instrumented racks with force platforms and 3D camera technology, portable force plates, and a 40m running track.

### Performance Analysis and Sport Analytics Laboratory

The Performance Analysis and Sport Analytics Laboratory provides in-training and competition analysis and brings the laboratory to the field, leveraging wireless and wearable technologies for in-game insight and post-game analysis.

### Skilled Performance Laboratory

The Skilled Performance Laboratory is used to examine aspects of learning and performance for complex skills across multiple domains, using a combination of psychophysiological and behavioural measurement including eye tracking technology, video capture and projection, virtual reality, and event coding.

## LA TROBE SPORT AND EXERCISE MEDICINE RESEARCH CENTRE

Our sport research centre is a world-leading collaborative centre for sport and exercise medicine research. The centre’s research impacts policy, clinical practice, activity participation and health and wellbeing both here in Australia and internationally.

### Gait Laboratory

This lab incorporates state-of-the-art systems and equipment to understand the structure and function of the musculoskeletal system, as well as causes, prevention and treatment of musculoskeletal injuries and disease.

### Ultrasound Tissue Characterisation (UTC)

We’re using UTC to quantify subtle changes in response to exercise, as well as monitor improvements in tendon structure following rehabilitation.

### Neuroplasticity Research Laboratory (NRL)

The NRL specialises in the technique of Transcranial Magnetic Stimulation (TMS) which is a non-invasive method of measuring the functional properties (neuroplasticity) of the human brain in particular the primary motor cortex. The overall goal of this laboratory is to understand how the healthy nervous system functions to control movements following a variety of interventions – in particular strength training and motor skill learning – and how it may be rehabilitated following neuromuscular injury or disease.

### Rural Exercise and Rehabilitation Research Group

Based in Bendigo, we use a multi-disciplinary approach to investigate the prescription, implementation and monitoring of exercise to improve physical function in sporting, rehabilitation and clinical settings. We partner with industry to ensure our research has local impact and global significance, and have expertise in randomised and clinical trials, cohort and longitudinal studies.

# TEAM LA TROBE

Sport is an important part of life at La Trobe. With our wide range of clubs and competitions, you’ll have the chance to get involved in fun sporting events all year round and meet new people along the way.

## INTERVARSITY



Meet new people, keep fit and represent La Trobe while competing against other local universities. You could represent La Trobe in the Southern Shield Netball Competition, University Basketball League or regional campus competitions.

In 2024, our men’s basketball team won their first national University Basketball League title. It joins our Women’s National University Basketball League championships in 2022 and 2023.

## LA TROBE LEAGUE



Get a team together and enter one of many social competitions at our Melbourne and Bendigo Campuses, which are open to both team and individual entries.

## UNIVERSITY NATIONALS



When you represent Team La Trobe, you’ll experience elite sport competition against other universities across Australia. You can also gain valuable industry experience by volunteering in sport administration, sport media and sports trainer roles.

## COMMUNITY EVENTS



All students, staff and alumni are invited to get fit, have fun and represent Team La Trobe in walks, runs and bike rides throughout the year, such as the Team La Trobe Walk & Run and the Autumn Cycling Classic Community Social Cycle.



## Join a club

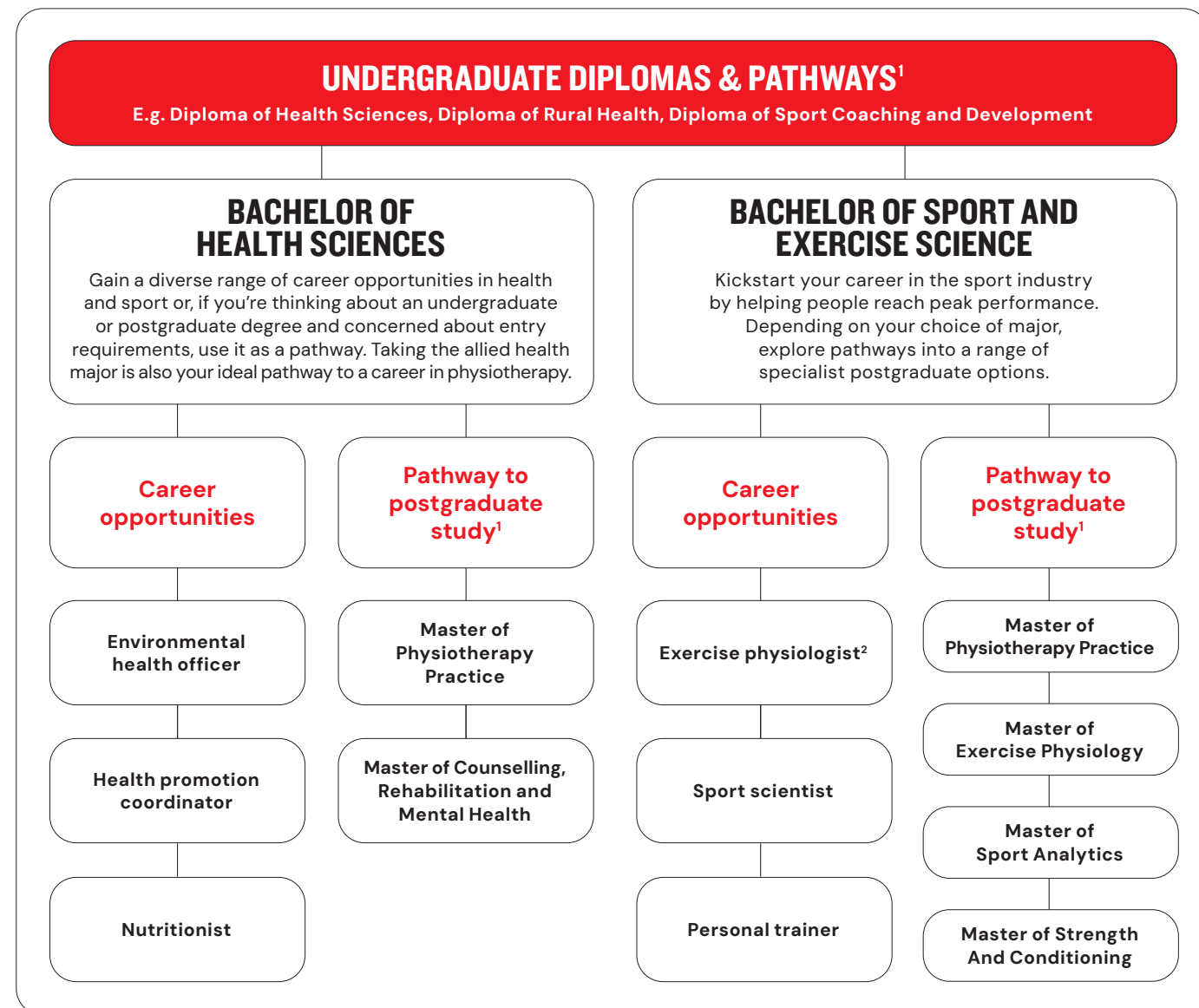
We’re proud to have 25 affiliated sport clubs, including three sport clubs operating from our Bendigo Campus.

### Clubs

- Australian Rules Football
- Badminton
- Badminton (Bendigo)
- Baseball
- Cheer and dance
- Cricket
- Dive La Trobe
- Fencing
- Hockey
- Ice sports
- Lacrosse
- Mountaineering
- Netball
- Rowing
- Snowsports
- Soccer
- Soccer (Bendigo)
- Surfing
- Swimming
- Taekwondo
- Tennis
- Touch football
- Volleyball
- Volleyball (Bendigo)
- Water polo



Want to combine your passion for sport with an in-demand career in health? Here are some examples of how we can help you pursue a career in sport, whatever your educational background.



## DISCOVER YOUR PATHWAY OPTIONS



1. All pathways are subject to meeting the destination course's minimum entry requirements. Postgraduate pathways may also be subject to your choice of undergraduate major. For more information on your pathway options visit [latrobe.edu.au/cmp/pathways](http://latrobe.edu.au/cmp/pathways)
2. Professional registration as an exercise physiologist is subject to additional postgraduate study requirements and ongoing requirements beyond completion of the undergraduate degree. Please contact the relevant professional body for details.

# COURSES AT A GLANCE

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The La Trobe website includes complete entry requirements, including extra requirements, information on subject adjustments and requirements for non-Year 12 students.

The availability of displayed majors may differ depending on campus and semester intake. ATAR data within this publication is based on the lowest selection rank (ATAR plus any adjustment factors) and is correct as of VTAC's January 2025 offer round. For more information, see [latrobe.edu.au/courses](https://latrobe.edu.au/courses)

Aspire ATARs published are based on entry for Semester 1 and are subject to change. For more information on how to Aspire Early Entry, visit [latrobe.edu.au/aspire](https://latrobe.edu.au/aspire)

Some courses have alternative application options for regional and First Nations students – these courses are noted. For more information on how to apply, see the VTAC website.



BACHELOR DEGREES

Bachelor of Biological Sciences

This degree is all about getting your hands dirty. You'll start practical classes from your first year – both in our on-campus labs and facilities, and out in the field. Get a glimpse into your professional future in science with industry-led workshops and seminars, as well as opportunities for work placements.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	3 years

	MEL
ATAR	55.65
ASPIRE ATAR	50.00
MAJORS	Biochemistry
	Genetics
	Human physiological sciences

Bachelor of Biomedical Science

Explore advanced topics in biomedical sciences that underpin your knowledge across chemistry, metabolic biochemistry, pharmacology and the growing need for expertise in immunology. Then deepen your expertise across topics including applied immunology, cancer research, response to infectious disease, and cardiovascular and neurological systems. With further study, this degree can serve as a pathway into a highly sought-after career in physiotherapy, speech pathology, medicine or dentistry.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	3 years

	BEN	A-W
ATAR	59.05	62.00
ASPIRE ATAR	50.00	50.00

First Nations entry. See course webpage for further details and campus availability.

Bachelor of Biomedicine

Explore how the body works as you build fundamental knowledge in chemistry, bioscience and health. Take a close look at infectious diseases, including the factors that drive epidemics and pandemics. Then choose a combination of up to two majors or electives aligned to your personal career goals and industry demand. Depending on your choice of majors, you could graduate with a pathway to postgraduate studies in research, medicine, physiotherapy and more.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	3 years

	MEL
ATAR	60.10
ASPIRE ATAR	50.00
MAJORS	Cancer, heart and brain diseases
	Immunology and infectious disease
	Molecular and cellular biochemistry
	Physiology and pharmacology

Bachelor of Health Sciences

Examine the way our minds, society, environment and political structures affects the health of individuals, families and communities at local, national and international levels. Build your skills in scientific thinking, lab and fieldwork, problem solving, collaboration, professional conduct and scientific communication. Broaden your expertise with a choice of nine majors and the option of second majors and minors in health sciences or a range of other disciplines.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	3 years

	MEL	ONL
ATAR	55.25	55.25
ASPIRE ATAR	50.00	50.00

MAJORS	Allied health
	Environmental health
	Food and nutrition
	Health promotion
	Health, wellbeing and performance
	Psychological science
	Public health
	Rehabilitation counselling

First Nations entry. See course webpage for further details and campus availability.

BACHELOR DEGREES

Bachelor of Media and Communication

Learn how to tell stories across any medium when you major in sports media. Graduate with a portfolio of work, industry experience and specialised knowledge to meet the demands of the rapidly changing media and communication landscape. Cover news and feature stories as part of Upstart and Upstart Live. Our industry-grade newsroom boasts a three-camera television studio, professional radio broadcast spaces, an audio recording studio and digital editing suites. You'll experience the adrenaline of live television and radio broadcasting as a presenter, producer and vision switcher.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	3 years

	MEL
ATAR	60.10
ASPIRE ATAR	50.00
MAJORS	Sports media

Bachelor of Food and Nutrition

Gain the skills you need to empower individuals and communities to live healthier lifestyles and reduce the rising rates of chronic disease. With the flexibility to study online or on campus, you'll get practical hands-on experience in modern science labs and kitchens while exploring topics such as environmental sustainability of our food system, sustainable diets, food product development, culture and food, and nutrition and disease.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	MEL Semester 1 & 2   ONL <sup>1</sup>
DURATION	3 years (accelerated 2.5 years)

	MEL	ONL
ATAR	60.00	61.10
ASPIRE ATAR	50.00	50.00

1. Intake dates for online study may vary according to the online study period calendar. Please see website for full details.

Bachelor of Physiotherapy (Honours)

Become a fully-qualified physiotherapist. In this degree, you'll start building practical skills straightaway and undertake clinical training equivalent to seven months of workplace experience. In your Honours year, you'll undertake research or industry-based project work where you'll solve real problems relating to human health and physical performance. You can take your physiotherapy degree global with international placement or study opportunities, or keep it local with placements throughout Melbourne and regional Victoria.

PREREQUISITES	Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. Units 3 & 4: a study score of at least 25 in two of Biology, Chemistry, Physics, General Mathematics, Mathematics Methods, Specialist Mathematics or Physical Education.
INTAKE	Semester 1
DURATION	4 years

	MEL	BEN
ATAR	97.10	95.15
ASPIRE ATAR	94.00	90.00
REGIONAL ENTRY <sup>1</sup>	85.00	

1. Only regional students are eligible to apply for Regional Entry. See Regional Benefits webpage for full details.

First Nations entry. See course webpage for further details and campus availability.

Bachelor of Podiatry (Honours)

Take the first step towards helping others maintain and improve their mobility and independence. In this degree, you'll benefit from being enrolled in the only podiatry program in Australia where graduates are qualified to prescribe scheduled medicines, enhancing your scope and impact in patient care. Explore topics such as human anatomy, physiology, medical conditions, pharmacology, biomechanics, and sport injuries and management. Learn how to prescribe scheduled medicines, perform minor surgical procedures, refer for diagnostic imaging, and rehabilitate complex foot and ankle conditions.

PREREQUISITES	Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. Units 3 & 4: a study score of at least 25 in one of Biology, Chemistry, Health & Human Development, Physical Education, Physics, Psychology or any Mathematics.
INTAKE	Semester 1
DURATION	4 years

	MEL
ATAR	89.75
ASPIRE ATAR	55.00



BACHELOR DEGREES

Bachelor of Prosthetics and Orthotics (Honours)

Explore anatomy, physiology, biomechanics, and prosthetic and orthotic prescription, design and fabrication, to become a qualified health professional with expertise in treating people’s physical and functional limitations. From first year, you’ll undertake at least 700 hours of clinical placements and equivalent experience in a clinical setting in our on-campus prosthetic and orthotic facilities and at external sites. For your Honours year, you’ll complete either a major industry-relevant honours project or a research honours project.

PREREQUISITES	Units 3 & 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. Units 3 & 4: a study score of at least 25 in one of Biology, Chemistry, Health & Human Development, Physical Education, Physics, Psychology or any Mathematics.
INTAKE	Semester 1
DURATION	4 years

Bachelor of Science

Develop foundational skills in science and the freedom to delve into your passions. Whether it’s protecting endangered animals, developing new ways to treat disease or fighting climate change, you’ll be ready to pursue your dream journey in science by tailoring your degree with a mix of majors and minors. As you learn from leading academics and researchers, you’ll take a deep dive into science – not only scientific concepts, but also how scientists think, work and share their findings.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL. Units 3 & 4: a study score of at least 20 in any Mathematics.
INTAKE	Semester 1 & 2
DURATION	3 years

Bachelor of Sport and Exercise Science

Gain a detailed understanding of the science behind training, explore the strengths and limitations of the human body, and build strong foundations in exercise physiology, strength and conditioning, anatomy, biomechanics and motor learning. Get out of the classroom with access to our elite athlete performance space, AFL oval, FIFA–1 accredited synthetic soccer pitch at our Melbourne Campus. Build real-world experience and connections with 180 hours of industry placements.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL. Units 3 & 4: a study score of at least 20 in one of Health & Human Development, Physical Education, any Mathematics (General Mathematics, Mathematical Methods, Specialist Mathematics, Further Mathematics), or in one of Biology, Chemistry, Physics, Psychology.
INTAKE	Semester 1
DURATION	3 years

Bachelor of Sport and Recreation Management

Learn how to manage and deliver community-based sport and recreation services and programs. Discover how to provide a range of experiences and community events that drives physical activity, community development and general wellbeing outcomes for individuals and communities. Develop an understanding of sport and recreation management and policy, needs assessment and evaluation, planning and programming, service delivery, community engagement and how to work with volunteers.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	3 years

	MEL
ATAR	80.60
ASPIRE ATAR	65.00

	MEL	BEN
ATAR	60.25	72.95
ASPIRE ATAR	55.00	50.00

MAJORS	Biochemistry
	Genetics
	Human physiological sciences
	Psychological science
	Statistics

First Nations entry. See course webpage for further details and campus availability.

	MEL	BEN
ATAR	61.15	65.70
ASPIRE ATAR	50.00	50.00

	MEL
ATAR	59.70
ASPIRE ATAR	50.00

DIPLOMAS

Diploma of Arts

Get straight into your passions when you choose a stream and undertake the first year of the humanities and social sciences degree of your choice. Choose from criminology, global studies, media and communication, and more. After graduation, you could transfer into one of our most varied and flexible degrees – the Bachelor of Arts – or choose from a range of specialised programs.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	1 year

Diploma of Elite Sport Business

Delivered at the Carlton College of Sport campus at Ikon Park, home of the Carlton Football Club, in this diploma you'll be immersed in an elite sport environment, with a commitment from the Carlton Football Club to deliver students the opportunity to complete 100 hours placement with the Club and its partners or networks. Develop job ready skills suited to entry level roles in sport administration. Further study options also exist, with graduates being eligible for advanced standing for eight subjects in La Trobe's Bachelor of Business.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	1 year

Diploma in Health Sciences

Gain a pathway into the Bachelor of Health Sciences or a range of entry-level healthcare roles. Learn the fundamentals, including human structure and function, concepts in contemporary health and wellbeing, and how to use data and statistics in health. Tailor your study to your career or future study plans by choosing from a range of specialist streams, including health promotion, public health, environmental health, digital health and more.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	1 year

Diploma of Rural Health

Gain a pathway to one of our health degrees and a qualification to step into entry-level roles. You can earn up to one year’s worth of course credit for the subjects you study – meaning you can jump directly into the second year of a Bachelor of Health Sciences or Bachelor of Nursing1. You’ll also be connected to a Senior Support Adviser and peer mentors who'll support you along the way.

PREREQUISITES	Units 3 & 4: a study score of at least 20 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	1 year

Diploma of Sport Coaching and Development

In this diploma, you'll spend your time between La Trobe University's Melbourne (Bundoora) Campus, and the Carlton College of Sport at Ikon Park, the home of the Carlton Football Club. You'll explore a wide range of topics, including sport coaching, exercise programming, sport and recreation program design, sports science, nutrition and development, professional communication and more. You'll get the best of both worlds through academic and practical learning, as you take what you’ve learned in the classroom out into the field, with access to elite athletes, club events and much more.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1
DURATION	1 year

Diploma in Business

Gain a pathway into a business degree and a versatile career. After successfully completing your Diploma, you'll be able to transfer directly into the second year of a Bachelor of Business, majoring in topics such as finance, economics, agribusiness, event management, human resource management, marketing, tourism and hospitality or international business. Plus, you'll be supported by a Student Adviser, peer mentors and a careers and employability service where you can get one-on-one advice.

PREREQUISITES	Units 3 & 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
INTAKE	Semester 1 & 2
DURATION	1 year

	MEL	ONL
ATAR	40.60	45.50

Pathway course. See website for full details.

	CAR
ATAR	40.95

A total of four roles are available for graduates of both the Diploma of Elite Sport Business and the Diploma of Sport Coaching and Development.

Carlton College of Sport

Pathway course. See website for full details.

	MEL	ONL
ATAR	40.15	NP

Pathway course. See website for full details.  
NP ATAR not published.

	BEN	SHP	MIL	A-W
ATAR	41.10	NP	NP	NP

1. Prerequisites requirements including WAM apply.  
Pathway course. See website for full details.  
NP ATAR not published.

	CAR
ATAR	50.35

Carlton College of Sport

Pathway course. See website for full details.

	MEL	BEN	ONL
ATAR	40.25	NP	48.70

Pathway course. See website for full details.  
NP ATAR not published.



POSTGRADUATE DEGREES

Master of Counselling, Rehabilitation and Mental Health

Develop your professional knowledge, skills and expertise with this unique combination of rehabilitation counselling and mental health subjects. You'll get hands-on experience and will graduate prepared to work in rehabilitation counselling, as well as broader counselling settings such as mental health and Employee Assistance Program (EAP) counselling.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Specialisation – recommended: Health Sciences, Psychology, Behavioural Sciences or other relevant field. Applicants with industry experience will also be considered.
INTAKE	Semester 1 & 2
DURATION	2 years

	CTYONL
SPECIALISATIONS	Advanced practice
	Applied research

CTYCity Campus, Melbourne

Master of Dietetics

Building on La Trobe's history of nutrition education, our person-centred, socially conscious approach favours the teaching of flexible concepts over dogmatic facts and aids you in fostering a strong professional identity. Apply your research skills in diverse practice settings, utilising La Trobe's industry partnerships to gain on-the-ground experience in clinical and community spaces. Your experience will prepare you for work in priority sectors, with focus on diversity, community and counselling.

PREREQUISITES	WAM – Weighted Average Mark (WAM) 70%. Successful completion of La Trobe's Bachelor of Nutrition Science/Bachelor of Human Nutrition, or successful completion of La Trobe's Bachelor of Food and Nutrition, including completion of HBS301 as an elective. Additional prerequisites apply. See website for full academic entry requirements.
INTAKE	Semester 2
DURATION	1.5 years

MEL

Master of Exercise Physiology

Get the clinical skills to prescribe exercise to improve the health and function of people with or at risk of developing cardiovascular, metabolic, musculoskeletal, neurological, immunological and mental health conditions. Learn how to analyse conditions, perform assessments, critically interpret outcomes, and design, deliver and monitor safe and effective clinical interventions. Fit study around your life by combining online coursework with two intensive and immersive on-campus learning weeks.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Only candidates eligible for accreditation by Exercise and Sports Science Australia (ESSA) as an exercise scientist can be admitted to this course. Additional prerequisites apply. See website for full academic entry requirements.
INTAKE	Semester 1
DURATION	1.5 years or 1 year accelerated

MEL

BEN

Global Master of Business Administration

Get ready for any challenge as you develop the skills and knowledge underpinning agile leadership. Build expertise applicable in any business, including financial knowledge and how to harness digital disruption. And go beyond just understanding business strategies – explore how top management leaders develop plans.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Admission may be granted to applicants without an undergraduate degree but with five or more years of relevant work experience. In making an offer to an applicant, the University will give consideration to a range of factors, including academic record, English proficiency and/or employment experience. Additional selection criteria apply. See website for full academic entry requirements.
INTAKE	Semester 1 & 2
DURATION	2 years

MEL

SPECIALISATIONS	Sport management
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Master of Musculoskeletal Physiotherapy

La Trobe's Master of Musculoskeletal Physiotherapy is a program designed for practising physiotherapists who want to gain advanced clinical skills in the field of musculoskeletal physiotherapy. Through a blend of online and set residential block learning, you'll learn from leading industry clinical leaders, academic staff and colleagues at one of Australia's longest established physiotherapy schools.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). At least two years clinical experience in the clinical area of musculoskeletal physiotherapy. Applicants must have a full current Australian Physiotherapy registration or be eligible for full registration as a physiotherapist with the Australian Health Practitioner Regulation Agency (AHPRA). Evidence must be submitted when applying. Specialisation – compulsory: Physiotherapy.
INTAKE	Semester 1
DURATION	2 years

MEL

MELMelbourneBENBendigoSYDSydneySHPSheppartonA-WAlbury-WodongaMILMilduraONLOnline

POSTGRADUATE DEGREES

Master of Physiotherapy Practice

Physiotherapists assess, diagnose and treat patients with movement disorders or disabilities. The first year of the course will develop core knowledge and skills required for effective physiotherapy practice in a range of healthcare settings, and work with clients from across the lifespan. The second year of the course comprises integrated theory and clinical practice subjects, where advanced physiotherapy knowledge and skills will be developed and applied to clinical environments.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). WAM – Weighted Average Mark (WAM) at least 70%. Additional prerequisites apply. See website for full academic entry requirements.
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INTAKE	Term 1
DURATION	2 years

MEL

BEN

Master of Sport Analytics

Get the skills needed to meet the growing demand for sports insights and performance analysis. Learn how to use data to boost athlete performance and wellbeing. Get hands-on experience with industry-standard technologies and advanced analytics tools including R, Python and SQL, computer vision and video annotation software, machine-learning platforms and other athlete management systems.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Prior learning developed through relevant work experience or professional accreditation, where it is deemed to be at least equivalent to that obtained through a Bachelor degree, may be considered. In making an offer to an applicant, the University will give consideration to a range of factors, including academic record, English proficiency and/or employment experience. Specialisation – compulsory: Sport and/or business and/or STEM-/or relevant industry experience as determined by Course Coordinator.
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INTAKE	Semester 1
DURATION	2 years

Master of Sports and Exercise Physiotherapy

If you're a practising physiotherapist, our Master of Sports and Exercise Physiotherapy gives you an in-depth understanding of the clinical sciences underpinning musculoskeletal and sports physiotherapy. Explore the pain sciences and human tissue sciences, and learn how tissues develop, adapt to normal and intense use, and respond to overload and injury.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Specialisation – compulsory: Physiotherapy. Current full registration as a physiotherapist or be eligible for full registration as a physiotherapist under the Australian Health Practitioner Regulation Agency (AHPRA). Please provide a copy of your registration when applying. Applicants must have a minimum of two years of current clinical experience in the clinical area of sports and exercise physiotherapy.
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INTAKE	Semester 1
DURATION	2 years (part-time)

Master of Strength and Conditioning

If you've always wanted to work with athletes – or you're a current practitioner who'd like to enhance your skills – La Trobe's Master of Strength and Conditioning can enhance your career as you learn the latest skills and knowledge on strength, speed and endurance. You'll study with expert academics and industry leaders as you learn how to work with elite, professional and amateur athletes.

PREREQUISITES	Successful completion of an Australian bachelor degree (or equivalent). Specialisation – compulsory: Sport and/or exercise science and/or related field.
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INTAKE	Semester 1
DURATION	1.5 years

MEL

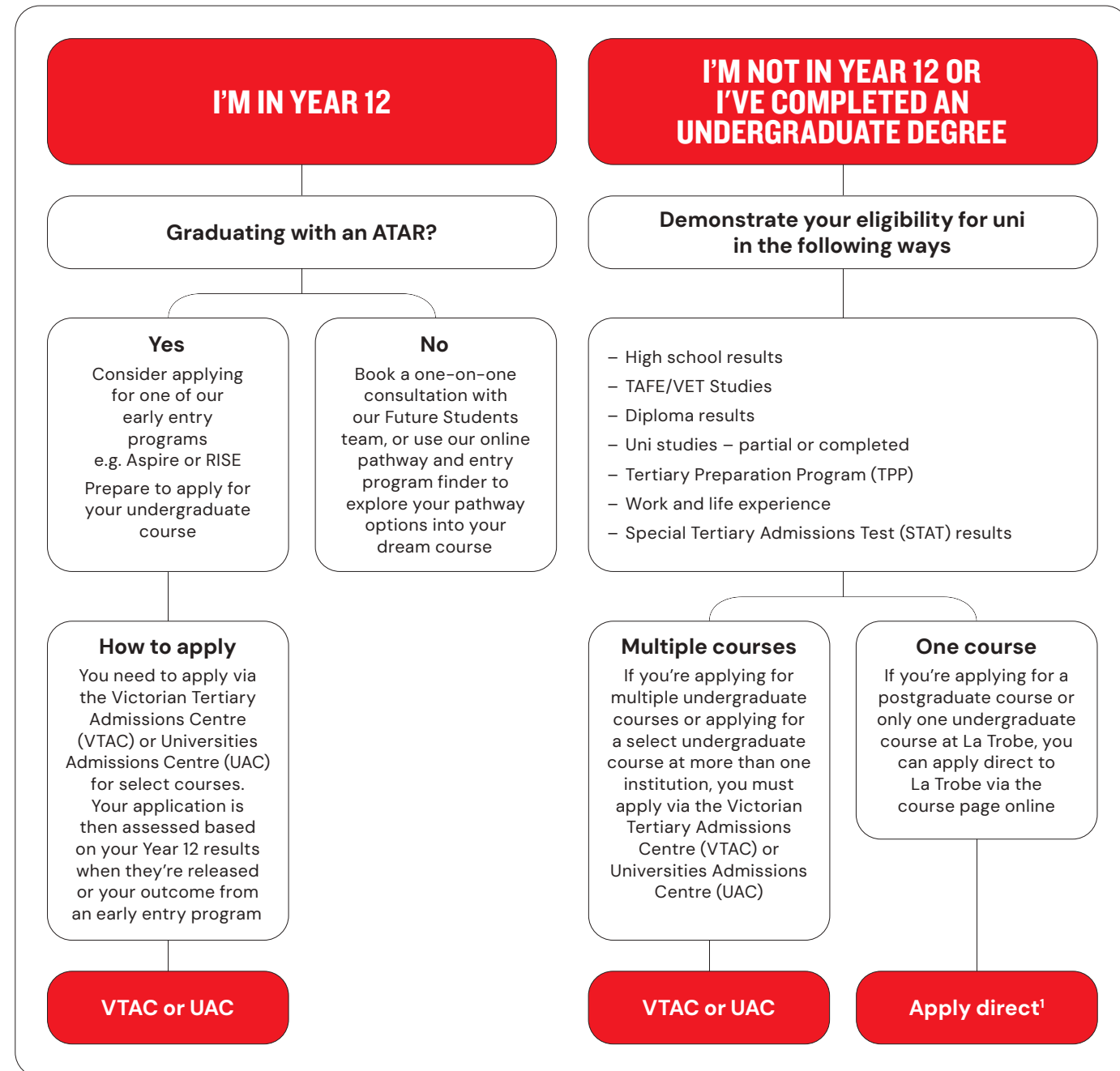
Postgraduate degrees



# HOW TO APPLY

## THERE ARE A FEW WAYS TO APPLY TO STUDY AT LA TROBE

Follow the path below to discover the best way for you to apply. To discuss your eligibility, speak with a Future Student Consultant at: [latrobe.edu.au/study/contact](http://latrobe.edu.au/study/contact)



### Has it been a while since you last studied?

If you haven't completed Year 12, completed it some time ago, or don't have an ATAR, our free Tertiary Preparation Program (TPP) unlocks a La Trobe Entrance Score and access to our courses. Your tailored program will develop study fitness, build academic and communication skills, and prepare you to overcome study challenges.

1. Semester 2 intake is via Direct Applications only. Not all courses available via Apply Direct in Semester 1.  
The information on this page is meant for domestic students only. You are considered a domestic student if you are an Australian or New Zealand citizen, Australian permanent resident, or permanent humanitarian visa holder. Information on how to apply as an international student can be found online at [latrobe.edu.au/study/apply/international](http://latrobe.edu.au/study/apply/international)

**LEARN  
MORE  
ABOUT  
THE TPP**



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## JOIN US AT OPEN DAY

Explore your study options, chat with current students and teachers, tour our campuses, and discover what it's really like to study at La Trobe.

**Melbourne (Bundoora)**

3 August

**Shepparton**

10 August

**Mildura**

13 August

**Sydney**

16 August

**Albury-Wodonga**

17 August

**Bendigo**

24 August

[latrobe.edu.au/openday](https://latrobe.edu.au/openday)



## TAKE THE NEXT STEP

**Visit the sport hub**

[latrobe.edu.au/sport](https://latrobe.edu.au/sport)

**Live chat**

[latrobe.edu.au/chat](https://latrobe.edu.au/chat)

**Call us**

1300 135 045

**Book a consult**

[consultation.latrobe.edu.au](https://consultation.latrobe.edu.au)

**Ask us a sport question**

[sport@latrobe.edu.au](mailto:sport@latrobe.edu.au)

## STAY CONNECTED

**Instagram**

[@latrobesport](https://www.instagram.com/latrobesport)

**Facebook**

[La Trobe Sport](https://www.facebook.com/LaTrobeSport)

**TikTok**

[@latrobeuni](https://www.tiktok.com/@latrobeuni)

**X**

[@latrobesport](https://twitter.com/latrobesport)

**LinkedIn**

[La Trobe Sport](https://www.linkedin.com/company/LaTrobeSport)