

SPORT



GUIDE

TOP 50
GLOBALLY
FOR SPORT¹

ACKNOWLEDGEMENT OF COUNTRY

LaTrobe University acknowledges that our campuses are located on the unceded lands of many traditional custodians in Victoria and NSW. We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society.

La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and for communities, through learning and teaching, research and community partnerships across all our campuses.

We pay our respects to Elders past and present and thank them for their ongoing care of the land, skies, and waterways of this beautiful country.

We acknowledge our Indigenous staff for their valuable contributions, dedication and ongoing support of our strategic objectives.

CHOOSE A UNIVERSITY WHERE YOU CAN THRIVE

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WE ARE THE UNIVERSITY OF CHOICE FOR STUDYING AND PLAYING SPORT IN AUSTRALIA

La Trobe University is committed to making a positive difference on the lives of our community and other communities, especially through sport. That's why we offer the most sport-related subjects out of any university in Australia and partner with some of the best sporting clubs and organisations in the country. We're committed to making a real impact on real lives.

For over 50 years, La Trobe has been transforming people and societies. Striving for excellence in everything we do, we've risen to the top one per cent of universities worldwide¹ as we address the major issues of our time – with all our broad areas of research rated 'at', 'above' or 'well above world standard'.² In the latest QS World University Rankings, we moved up by 46 places – the strongest improver in Australia³

At La Trobe, we embrace the power of equality, diversity and inclusivity. We exist for the good we can do and the impact we make for our students and communities, both locally and around the world. The student experience is placed at the centre of everything we do. That means providing a leading academic experience, ensuring your safety and wellbeing, and connecting you to our communities and your future industries.

Our focus on social impact and inclusivity is why we're in the top 20 universities globally for our overall contribution to advancing the United Nations' Sustainable Development Goals.⁴ This includes being in the top 10 universities worldwide for gender equality.⁵

We are problem-solvers by nature and inherently optimistic – continuously improving the way we work and adapting quickly to disruption. That's why at La Trobe, we'll help you develop every part of your skillset, including the human skills you need in any workplace – like leadership, collaboration, critical thinking, creativity and adaptability.

We're committed to ensuring our students, researchers and partners remain at the forefront of innovation and technology. Across our campuses, we continue to invest in leading facilities. In Melbourne's north we're creating a University City of the Future, with \$5 billion in investment from private industry and government. And, we're investing \$10.5 million to redevelop our Shepparton Campus.

At La Trobe, you'll be surrounded by academics, researchers and industry professionals who make a real impact every day, so you can, too.

1. Times Higher Education (THE), 2021, *World University Rankings 2022*; Consejo Superior de Investigaciones Científicas (CSIC), 2021, *Ranking Web of Universities*
2. Australian Research Council, 2019, *Excellence in Research for Australia (ERA) Outcomes 2018*
3. QS World University Rankings, 2023
4. Times Higher Education (THE), 2022, *Impact Rankings 2022*
5. Times Higher Education (THE), 2022, *Impact Rankings 2022: Gender Equality*
6. Quality Indicators for Learning and Teaching (QILT), 2022, *2022 Employer Satisfaction Survey*
7. Australian Research Council, 2019, *Excellence in Research for Australia (ERA) Outcomes 2018*
8. 6 Star Green Star Design and As Built v1.2 certified rating, Representing World Leadership, Green Building Council Australia
9. Quacquarelli Symonds (QS), 2022, *QS World University Rankings by Subject 2022: Sports-Related Subjects*

WHY CHOOSE LA TROBE



OUR GRADUATES ARE RATED FIRST IN VICTORIA BY EMPLOYERS⁶



OUR SPORTS PARK HAS AUSTRALIA'S FIRST 6 STAR GREEN STAR DESIGN RATING⁸



LEADING IN RESEARCH FOR HUMAN MOVEMENT AND SPORTS SCIENCE⁷



WE ARE IN THE TOP 50 GLOBALLY FOR SPORTS-RELATED SUBJECTS⁹

THE IMPACT IS REAL



REAL IMPACT HAPPENS WITH REAL ACTION

We all know that global impact needs to start somewhere, so we're making it happen right here and now.

At La Trobe, you're not just shaping the future – you're part of a community of academics, researchers, graduates and industry professionals that are on-the-ground, transforming lives every day, including today. That's why we're rated in the top 20 universities worldwide for impact!

Whether it's in hospitals helping in moments that matter, or in labs unlocking the secrets of carbon dioxide in soil to protect the nation's food supply, La Trobe's impact in health, science and technology is real.

1. Times Higher Education (THE), 2022, Impact Rankings 2022
2. Quacquarelli Symonds (QS), 2022, QS World University Rankings by Subject 2022: Sports-Related Subjects



INNOVATING WITH EXCITING SPORT INDUSTRY PARTNERSHIPS

By studying sport at La Trobe you'll be able to rub shoulders and gain real-world learning with partners such as Carlton Football Club, Football Victoria, Melbourne Rebels, Rugby Victoria and Bendigo Spirit.



BUILDING A PLACE FOR SPORT, RESEARCH & COMMUNITY TO LIVE

The La Trobe Sports Park is a key part of the University's \$5 billion investment into transforming our Melbourne Campus in Bundoora into a University City of the Future. It includes six high-ball court stadiums, high performance labs, FIFA-accredited and synthetic football pitch. The Sports Park will be the home of the Matildas, our national women's football team, and the State Centres of Excellence for Football Victoria and Rugby Victoria.



TAKING SPORTS CAREERS SERIOUSLY

We know there's more to sports than what happens on the field. That's why we're ranked in the world's top 50 for sport.² So whether you're interested in making your mark as a sport coach or a sport scientist, we've got your back and the course to get you there.



LEADING IN THE SCIENCE OF DANCE FITNESS WITH THE AUSTRALIAN BALLET

Through an exciting partnership with The Australian Ballet, Bachelor of Psychological Science and La Trobe Elite Athlete Program student Benedicte Bemmet has been able to satisfy her interests in both study and sport while being part of pivotal sport research. The collaborative research aims to reduce injury rates and successfully rehabilitate injured dancers, with research findings that can make a real impact in elite sports and the general population.

//:
PRINCIPAL ARTIST
BENEDICTE BEMMET
THE AUSTRALIAN BALLET



INDUSTRY OPPORTUNITIES

Get exclusive access to opportunities in the world of sport through our network of industry partners.



BIANCA V
Bachelor of Business
(Sport Management)

COMMUNITY DELIVERY PARTNERS

ACHPER VICTORIA

ACHPER Victoria has been based at the La Trobe Sport Park Stadium a tenant since 2021, where it has hosted numerous state-wide secondary and primary school conferences for Victoria's PE teaching cohort.

AFL CENTRAL VICTORIA (AFLCV)

We welcome the league's teams and their families onto our Bendigo Campus for events 60 times per year, as we support the development of an active lifestyle for children and teenagers, and embed our students within AFLCV with work integrated learning opportunities.

AFL NORTH EAST BORDER

We host AFLNEB events and teams on our Albury-Wodonga Campus throughout the year and provide our students with work integrated learning opportunities.

BENDIGO ACADEMY OF SPORT

The Academy is involved with our academic experts and emerging student researchers. In our strength and conditioning lab, Academy athletes work with sport exercise science students to discover how to best prepare for elite competition.

BENDIGO BRAVES

We look forward to continuing to grow our partnership and increasing opportunities for students through placements, research and work integrated learning at the Red Energy Arena with the Bendigo Braves.

BENDIGO PIONEERS

Based on campus, the La Trobe University Bendigo Pioneers women's and men's teams compete in the top tier under-18 AFL competition.

The NAB team are supported with collaboration on professional development, high performance training, graduate employment, integrated learning and research projects.

BENDIGO SPIRIT

Thanks to our partnership with the Bendigo Spirit women's team, we continue to provide opportunities for women in sport at a national level, while also creating opportunities for placements, research, and work integrated learning.

SOFTBALL AUSTRALIA AND SOFTBALL VICTORIA

With their headquarters joining us at our Sports Park, you'll be able to see how a professional sporting organisation runs, improve your employability, and get involved in research projects and events.

THE NORTHERN FOOTBALL NETBALL LEAGUE (NFNL)

A long-term partner of La Trobe, in 2020 we formed a 20-year agreement that provides league access to our Sports Park Stadium.

MAJOR PARTNERS

CARLTON FOOTBALL CLUB

With support from the Carlton Football Club, we've launched the Carlton College of Sport – a unique learning program offering a Higher Education Diploma in Sport Coaching and Development.



MELBOURNE REBELS

Together with the Melbourne Rebels, we're amplifying opportunities for women in sport through work integrated learning and research opportunities.

In 2022, 30% of students who interned with the Melbourne Rebels received employment with the club following their internship.



WHAT I ENJOYED MOST ABOUT MY DEGREE WAS THE DEPTH OF INDUSTRY-BASED KNOWLEDGE AND EXPERIENCE I WAS EXPOSED TO. BEING PROVIDED WITH SUCH EXPERIENCES THROUGHOUT MY DEGREE HELPED ME NOT ONLY BUILD MY PROFESSIONAL NETWORK BUT FULLY UNDERSTAND THE COMPLEX WORKING ENVIRONMENT OF THE SPORTS INDUSTRY.

OUR FACILITIES

OUR WIDE RANGE OF WORLD-CLASS FACILITIES ARE THE PERFECT PLACE TO LEARN, TRAIN, RESEARCH AND PLAY

LA TROBE SPORTS PARK

Located at our Melbourne campus, the La Trobe Sports Park is not only a unique learning hub for students, but it also hosts major participation sports events, grassroots sport competitions and recreation opportunities.

LA TROBE SPORTS STADIUM

The latest addition to our Sports Park, this state-of-the-art Stadium has six high-ball multipurpose courts for basketball, netball, volleyball and futsal. Each court hall is equipped with an event office, technical support and amenities, and our FIFA Connected Stadium has automated camera technology for live streaming and player tracking.

Plus, our Sports Stadium is Australia's first sport building to be awarded a 6 Star Green Star Design and As Built v1.2 certified rating by the Green Building Council Australia.

SYNTHETIC PITCH

Our FIFA-1 standard pitch comes with built-in shock pads made from completely recycled rubber materials to help reduce impact (while making a sustainability impact!) and injury.

'GANBU DJILA' (ONE PLAY)

Located at Charles La Trobe College, Ganbu Djila is our Multipurpose Synthetic Field. It's the new home to the La Trobe Baseball Club, as part of the wider Stage 3 of the Sports Park Precinct.

SPORTS PERFORMANCE HUB

The Hub includes an Exercise Physiology Lab, Strength & Conditioning Lab, Biomechanics Lab, heat and altitude chambers and services for athlete testing, nutrition, recovery and wellbeing. The Hub enables us to offer world-class research, performance and career outcomes to our sport students with Work Integrated Learning (WIL) opportunities and experiences alongside subelite and elite athletes.

LOWER PLAYING FIELDS

Whether your game is soccer, cricket, ultimate frisbee, touch or baseball – the lower playing fields have you covered with designated grounds.

PAVILION

Club rooms, change rooms (including gender neutral change rooms) and a multi-purpose function room.

TONY SHEEHAN OVAL

Home to our University Football Club, the oval is supported with a video playback scoreboard and lighting technology that's suitable for televised night games.

FITNESS CENTRES

Before, in between or after class, you can work on your health and stay active with the range of activities available at our on-campus fitness centres.

MELBOURNE (INDOOR SPORTS CENTRE)

- fully equipped gym, fitness assessments and personalised training programs
- three specialty group exercise studios catering for reformer Pilates, functional group training, mind and body classes, body pump and more
- multi-purpose indoor court including basketball, badminton, volleyball and indoor soccer facilities in addition to netball, tennis and squash courts
- 25-metre heated indoor pool and deep-water pit
- rock climbing wall

BENDIGO

- fully equipped gym
- exercise studios for group exercise training
- exercise science facilities
- sports field and pavilion basketball court

"THIS SPORTS PARK REFLECTS LA TROBE'S STATUS AS ONE OF THE TOP 50 UNIVERSITIES IN THE WORLD FOR SPORT, PROVIDING STUDENTS, PHD STUDENTS, AND STAFF WITH A TRULY OUTSTANDING ENVIRONMENT TO LEARN, TO TEACH, OR TO UNDERTAKE RESEARCH THAT SUPPORTS HUMAN PERFORMANCE."

Professor Russ Hoyer, GAICD
Pro Vice-Chancellor, Health Innovation
Dean, School of Allied Health, Human Services
Sport Director, La Trobe Sport



ONGOING DEVELOPMENT

THE VICTORIAN STATE GOVERNMENT HAS ANNOUNCED AN INVESTMENT OF \$101.1 MILLION INTO STAGE 3 OF THE SPORTS PARK.

This investment is in addition to the Commonwealth Government's earlier commitment of \$15 million towards the construction of the new home of the Matildas in Victoria.

This new, purpose-built facility will also house Football Victoria and Rugby Victoria programs and become both a playing and administration base.

To learn more search:

La Trobe Sport Facilities or

La Trobe Sport Performance Hub



HOME OF THE MATILDAS

LOCATED IN THE SPORTS PARK PRECINCT IS THE LARGEST FOOTBALL-SPECIFIC INFRASTRUCTURE PROJECT IN AUSTRALIA

In 2023, we welcomed the CommBank Matildas to their purpose-built, high-performance home base at the Home of the Matildas at La Trobe University. Located in the Sports Park precinct, the Home of the Matildas at La Trobe University is the largest football-specific infrastructure project in Australia's history, and it's available for the team's exclusive use whenever they are in camp, providing an elite training environment as the pre-eminent facility in the region.

Football Victoria Director and Football Australia Legacy '23 Ambassador, Azmeena Hussain, believes the facility will help support the drive for equity in football. 'This facility is incredible. It provides so many opportunities to upskill women in football... to participate not just on the pitch, but also in sports administration and leadership opportunities.'

The facility is a reflection of La Trobe's sport education and research excellence as a top 50 university in the world for sport and our standing in the top 10 universities worldwide for gender equality.

Director of Sport at La Trobe, Professor Russ Hoye agrees, 'having elite teams such as the Matildas using the Football Victoria facilities, and the Rebels Super W team in the Rugby Victoria Centre, both working with our students and staff, will enhance our research and impact in women's sport.'

La Trobe students will also get access to the Home of the Matildas facility through work integrated learning opportunities and guaranteed hours on the FV pitches.



"[LA TROBE] HAVE DONE REALLY WELL TO PUT EVERYTHING TOGETHER AND IT'S GOING TO BE EXCITING TO SEE IT ALL COME ALIVE. IT'S GOING TO BE AMAZING FOR THE ADVANCEMENT OF WOMEN'S FOOTBALL, ESPECIALLY IN AUSTRALIA AND VICTORIA."

Naomi Chinnama
CommBank Young Matilda



CARLTON COLLEGE OF SPORT

Starting a career in sport can be challenging. Established in 2019 as a partnership between La Trobe University and the Carlton Football Club, the Carlton College of Sport gives you the chance to study, gain real-world experience and build the connections you need to break into the industry.

LEARN MORE



RYAN P
Diploma of Sport Coaching and Development

FIND THE COURSE THAT'S RIGHT FOR YOU

The Carlton College of Sport currently offers two higher education diplomas.

DIPLOMA OF ELITE SPORT BUSINESS

Designed to prepare you for 'off-field' roles in sport – typically viewed as behind-the-scenes. Roles in sport business can include digital content and communications, membership sales, events, partnerships, operations, venues, game development and more.

DIPLOMA OF SPORT COACHING AND DEVELOPMENT

We've structured this course to prepare you for 'on-field' roles that typically work with athletes. Roles in sport coaching and development can include coaching, talent identification and scouting, personal training, strength and conditioning, and much more.

WHERE YOU'LL STUDY

The course content is delivered by La Trobe University staff in a teaching space at the Carlton Football Club headquarters, IKON Park.

Both Diplomas are delivered in person across one year of full-time study. This includes two to three contact days per week – two days at IKON Park and one day at our Melbourne Campus.

BUILD REAL-WORLD EXPERIENCE

You'll have the opportunity to complete 100 hours of industry-based placement. Delivered by the Carlton Football Club and their sporting partners, this hands-on experience will enhance your learning experience, build your job-ready CV and cultivate your professional sporting network – a critical element to success in the sports industry.

With access to elite athletes, industry experts, coaches, high performance staff and mentors, you'll get immersed in the Club and obtain exclusive insights to events, community activations, facility operations, fan engagement and match-day protocols to help sport teams and organisations achieve success.

This means you'll graduate with the real-world skills, knowledge and industry insights to make your mark in sport.

Former students are currently working in jobs such as:

- VFL Operations Coordinator at the Carlton Football Club
- Partnerships and Events Assistant at the Carlton Football Club
- Team Operations Coordinator at the Melbourne Stars
- Game Development Officer at AFL Victoria.

THINKING ABOUT FURTHER STUDY?

Both courses give you a full year's credit towards a relevant La Trobe Bachelor's degree.

The Diploma of Elite Sport Business gives you eight credit points towards the first year of our Bachelor of Business. Or, if you successfully complete the Diploma of Sport Coaching and Development, you'll receive advanced standing for the first year of our Bachelor of Sport Coaching and Development.

GAIN A GRADUATE ROLE AT THE CARLTON FOOTBALL CLUB

At the end of each academic year, the Carlton Football Club offers four graduate positions to students studying at the Carlton College of Sport. These 12-month positions give you the opportunity to work in the industry for a leading organisation.

Previous roles have included Fan Engagement Assistant, Events Assistant, Membership Sales Officer and Retail Services Officer.



GRADUATE JOBS

Apply for one of four graduate jobs at the Carlton Football Club, offered exclusively to graduating Carlton College of Sport students each year.



DIRECT ENTRY

Depending on which Carlton College of Sport higher education diploma you choose, you can gain a pathway into La Trobe's Bachelor of Business or Bachelor of Sport Coaching and Development.



REAL-WORLD EXPERIENCE

Get over 100 hours of industry-based placement at Carlton Football Club, AFL Victoria, South East Melbourne Phoenix and more.

THE PART MOST VALUABLE TO ME WAS GETTING THE OPPORTUNITY TO TRY ALL DIFFERENT ROLES THAT I DIDN'T REALISE EXISTED BEFORE COMING TO THE CLUB. BEING AT IKON PARK, YOU ARE SURROUNDED BY AN ELITE SPORTING ENVIRONMENT, MEANING YOU CAN BUILD CONNECTION WITH PEOPLE IN ALL DIFFERENT AREAS TO HELP YOUR PROFESSIONAL GROWTH.

LA TROBE ELITE ATHLETE PROGRAM (LEAP)

A UNIVERSITY FOR ELITE ATHLETES

We're an elite athlete friendly university that proudly supports over 120 athletes through grants, programs and scholarships.

Over the years we've supported athletes in a range of sports at a number of major and international events, including the Olympic Games, Commonwealth Games and World University Games.

We're a member of the nationally accredited Elite Athlete Education Network by the Australian Institute of Sport. This unique program identifies, promotes and supports the needs of elite athletes studying at uni.

THE PROGRAM

We support you with everything you need to combine study and sport, with over \$1,000 of in-kind benefits while studying at La Trobe, including:

- exclusive access to the Sport Performance Hub training facilities
- tailored strength and conditioning programs designed by leading high-performance coaches
- dedicated academic case management and assistance with enrolment, timetabling, flexible assessment and alternative exam arrangements
- support with course transfers, cross-institutional study and credit transfers
- gym memberships
- personalised nutrition programs designed by our industry-leading dietitians
- admission to the La Trobe Student Excellence Academy
- access to tailored career advice and student wellbeing
- official LEAP apparel.

FINANCIAL ASSISTANCE

If you're an elite athlete at La Trobe, you can apply for targeted scholarships, subsidised intervarsity representation and grants from the La Trobe Elite Athlete Support Fund, supported by TechnologyOne. This fund provides yearly grants towards the costs of elite competition, including travel, accommodation and registration expenses.

ELITE ATHLETE ADJUSTMENT FACTOR

If you're an elite athlete applying for entry into a La Trobe undergraduate course via VTAC, you could be eligible for the Elite Athlete Adjustment Factor. This means you could have a five aggregate point adjustment factor applied to your admission. All you need to do is demonstrate how your sporting commitments have impacted your Year 12 studies, and how you meet the criteria as an elite athlete.

Applications open in August each year.

Discover more:

latrobe.edu.au/sport/elite-athlete

HOW TO APPLY

STEP 1

Check if you're eligible to apply

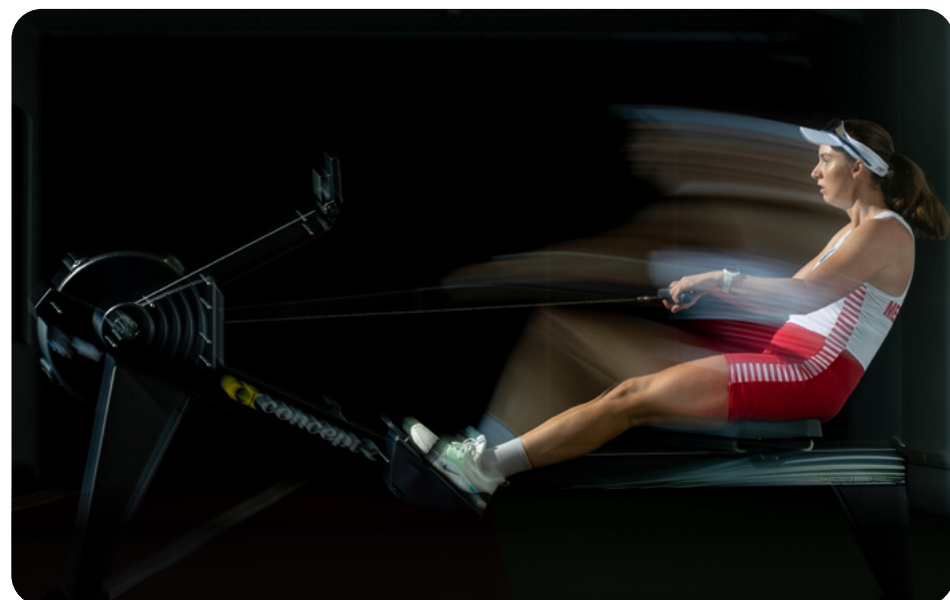
STEP 2

Complete the online application form

STEP 3

Submit your completed form online along with supporting documentation

APPLY NOW





PIPER DUNLOP

BASKETBALL

Bachelor of Exercise Science

WHY DID YOU CHOOSE TO STUDY THE BACHELOR OF EXERCISE SCIENCE?

I decided to study exercise science because I believe that it was probably the most fitting with what I wanted to be outside of basketball.

It was a win-win for me. And with the Elite Athlete Program, I didn't have to worry as much. Just knowing that the university is behind me to support and watch me succeed in both sport and school, I think that's pretty special. It's taken a whole load off my shoulders.

WHAT IMPACT HAS THE ELITE ATHLETE PROGRAM HAD IN YOUR SPORTING AND ACADEMIC COMMITMENTS?

The Elite Athlete Program has helped me through a lot of my studying. I personally love knowing I have someone in my back corner with my workload when basketball is getting tough, and you can't be at 100% when you're moving all over the place. And then to get access to dietitians and strength and conditioning coaches has been pretty amazing.

WHAT'S YOUR ADVICE TO ANY STUDENTS THINKING OF APPLYING TO THE ELITE ATHLETE PROGRAM?

As an athlete, we're built to be perfectionists and strive for very high things. I think a really crucial thing that I got to learn early on is that I'm not defined by basketball and outside of that I needed to make something of myself and find who I was.

The Elite Athlete Program allows you to do just that by giving you that uni life that I think elite athletes would otherwise not really get to see. I got to live on campus here, covered by the Elite Housing Scholarship, and I got to play UBL (University Basketball League). And I think that was pretty amazing and a great life experience that I will forever cherish.



CINDY TRUONG

KARATE

Bachelor of Sport and Exercise Science

WHY DID YOU CHOOSE TO STUDY THE BACHELOR OF SPORT AND EXERCISE SCIENCE?

I've always enjoyed sport in school, and I just wanted to pick up something that was relevant to sport because of karate. I wanted to do physio when I was in Year 12, but I didn't get the ATAR I wanted, so I got into the Bachelor of Sport and Exercise Science to get into that. I want to help people and be able to teach people how to do exercises and help myself when I'm injured.

WHAT IMPACT HAS THE ELITE ATHLETE PROGRAM HAD IN YOUR SPORTING AND ACADEMIC COMMITMENTS?

I joined the Elite Athlete Program in 2022 and it helped me so much through the whole year, especially with assessments and timetable changes because it always clashes with my training. They were able to help me with extensions and assignments, especially when I was competing towards the end of 2022 because I had to go to Tokyo twice.

WHAT'S YOUR ADVICE TO ANY STUDENTS THINKING OF APPLYING TO THE ELITE ATHLETE PROGRAM?

La Trobe has been very supportive with me and they've helped me a lot through the whole year. So I recommend that you should join the Elite Athlete Program. They do so much to support you to be able to compete at an elite level.

WHAT ARE SOME OF THE BIGGEST CHALLENGES YOU FACE AS A STUDENT ATHLETE?

I think competing at an international level and being a student, it's just a lot of workload because you're trying to balance out studying and training at the same time. But the Elite Athlete Program helped me with the extensions and also with the support network to talk to them and communicate with them.



LEON IERA

SWIMMING

Master of Physiotherapy Practice

WHAT INSPIRED YOU TO STUDY A SPORT-RELATED DEGREE AT LA TROBE?

I believe that regardless of what sport or what someone is doing in their life, that the body is super important to take care of. I think that's why I've had an appreciation for the health sector, so I can play my sports, do my Bachelor of Sport and Exercise Science degree and move into a Master of Physiotherapy – to support other athletes with their rehab for successful performance and daily living.

WHAT IMPACT HAS THE ELITE ATHLETE PROGRAM HAD IN YOUR SPORTING AND ACADEMIC COMMITMENTS?

I think balancing the workload between studying and my sport has definitely been an ongoing challenge for the last three years. There are enormous advantages for being part of the program. For me, it has allowed me to have free entry to the on-campus gym and pools, which I use quite regularly. I can swim here as much as I like as often as I'd like, so it's been effective being able to complete a full day of study at uni, then be able to exercise and get my workouts in.

The Elite Athlete Program has also allowed me to have some sort of leeway and understanding with regards to my assessments, like when I'm away traveling for Uni Nationals. That's allowed me to have that extra time to focus on assessments so I can actually submit my work and achieve the best results in my undergrad for the last three years.

SPORT RESEARCH

WE BELIEVE RESEARCH LEADS TO REAL IMPACT – THAT’S WHY WE TAKE IT SERIOUSLY

We’re dedicated to making a positive difference for athletes at an individual level, sport as a whole, and the communities we exist in. It’s why one of our top research themes is ‘healthy people, families and communities.’

In sport research, we’ve been working on big projects with the support of government organisations and agencies, industry partners, and national and international sports organisations.

Some of these projects include:

- task evaluation to inform training prescription and equipment design in physically demanding sports and occupations (such as defence)
- harnessing the power of analytics to automate service support practices and unlock insights from sports data
- understanding physical and mental fatigue and leveraging sleep, nutrition and recovery to enhance human performance
- optimising dancer performance and health in partnership with The Australian Ballet.

LA TROBE SPORT, PERFORMANCE AND NUTRITION RESEARCH GROUP

Our research group brings together experts from sport and exercise science, dietetics and nutrition to create knowledge, influence practice and optimise human performance.

BIOMECHANICS LABORATORY

Our Biomechanics Lab houses the business end of a 40m running track with two in-ground force plates for running gait analysis.

EXERCISE PHYSIOLOGY LABORATORY

The Exercise Physiology Lab is fitted out with exercise testing apparatus, a biochemistry/blood analysis area, and our environmental chamber.

STRENGTH AND CONDITIONING LABORATORY

Home to eight lifting platforms, two instrumented racks with force platforms and 3D camera technology, portable force plates, and a 40m running track.

PERFORMANCE ANALYSIS AND SPORT ANALYTICS LABORATORY

The Performance Analysis and Sport Analytics Laboratory provides in-training and competition analysis and brings the laboratory to the field, leveraging wireless and wearable technologies for in-game insight and post-game analysis.

SKILLED PERFORMANCE LABORATORY

The Skilled Performance Laboratory is used to examine aspects of learning and performance for complex skills across multiple domains, using a combination of psychophysiological and behavioural measurement including eye tracking technology, video capture and projection, virtual reality, and event coding.

LA TROBE SPORT AND EXERCISE MEDICINE RESEARCH CENTRE

Our sport research centre is a world-leading collaborative centre for sport and exercise medicine research. The centre’s research impacts policy, clinical practice, activity participation and health and well-being both here in Australia and internationally.

GAIT LABORATORY

This lab incorporates state-of-the-art systems and equipment to understand the structure and function of the musculoskeletal system, as well as causes, prevention and treatment of musculoskeletal injuries and disease.

ULTRASOUND TISSUE CHARACTERISATION (UTC)

We’re using UTC to quantify subtle changes in response to exercise, as well as monitor improvements in tendon structure following rehabilitation.

NEUROPLASTICITY RESEARCH LABORATORY (NRL)

The NRL specialises in the technique of Transcranial Magnetic Stimulation. This lab works on measuring the functional properties of the human brain, in order to understand how the healthy nervous system functions to control movements following things like strength training and motor skill learning.



5 STAR RESEARCH IN HUMAN MOVEMENT AND SPORT SCIENCE¹

¹ Australian Research Council, 2019, Excellence in Research for Australia (ERA) Outcomes 2018

YOUR WAY INTO A CAREER IN SPORT

AT LA TROBE THERE'S NEVER BEEN A BETTER TIME TO TRANSFORM YOUR PASSION FOR SPORT INTO A CAREER YOU'LL LOVE

Want to combine your passion for sport with an in-demand career in health? The Bachelor of Health Sciences enables you explore a range of health areas through diverse majors and minors, and offers pathway options into many health degrees for those who don't meet the ATAR requirements.

Or, if you're passionate about helping people reach peak performance, the Bachelor of Sports and Exercise Science is your ideal way to kickstart your career in the sport industry.



COURSES AT A GLANCE

UNDERGRADUATE

BACHELOR'S DEGREES	LOCATION	PAGE
Business (Sport Management major)	MEL BEN	24
Exercise Science	BEN	24
Health Sciences	MEL BEN	24
Media and Communication (Sports Media major)	MEL	24
Nutrition Science	MEL	24
Physiotherapy (Honours)	MEL BEN	25
Podiatry (Honours)	MEL	25
Prosthetics and Orthotics (Honours)	MEL	25
Sport and Exercise Science	MEL	25
Sport Coaching and Development	MEL	25

DIPLOMAS	LOCATION	PAGE
Business	BEN MEL ONL	26
Elite Sport Business	CAR	26
Health Sciences	MEL	26
Rural Health	BEN A-W MIL SHP	26
Sport Coaching and Development	CAR	26

POSTGRADUATE

MASTER'S DEGREES (COURSEWORK)	LOCATION	PAGE
Dietetics	MEL	28
Exercise Physiology	BEN	28
Global Business Administration	MEL	28
Musculoskeletal Physiotherapy	MEL	28
Physiotherapy Practice	MEL BEN	28
Sport Analytics	MEL	28
Sports and Exercise Physiotherapy	MEL	29
Strength and Conditioning	MEL	29

MEL Melbourne | BEN Bendigo | CAR Carlton College of Sport | A-W Albury-Wodonga | MIL Mildura | SHP Shepparton | ONL Online

UNDERGRADUATE COURSES

BACHELOR'S DEGREES

COURSE	OVERVIEW	PREREQUISITE	ASPIRE ATAR	DURATION									
Bachelor of Business <small>STUDYFLEX</small> <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (LBB)</td> <td>Sem 1, Sem 2, Term 6</td> <td>55.55–66.60</td> </tr> <tr> <td>BEN (RBB)</td> <td>Sem 1, Sem 2</td> <td>57.90</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (LBB)	Sem 1, Sem 2, Term 6	55.55–66.60	BEN (RBB)	Sem 1, Sem 2	57.90	<p>A business degree can take you far. This degree is dynamic, customisable and focused on employability. In our Sport Management major, you'll explore sport-specific businesses through both theory and practical experience in the sports industry. From developing the knowledge of business principles to completing a 200-hour work placement, you'll develop the skills to directly impact the success of sporting codes, competitions, organisations and teams.</p> <p>Major Sport management</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Business (12 months) Apply for transfer into preferred course ▶ Diploma of Elite Sport Business (12 months) Graduate and apply for entry into preferred course with advanced standing¹ ▶ Diploma of Business (12 months) Graduate and apply for entry into preferred course with advanced standing² 	50.00	3 years
CAMPUS	INTAKE	ATAR											
MEL (LBB)	Sem 1, Sem 2, Term 6	55.55–66.60											
BEN (RBB)	Sem 1, Sem 2	57.90											
Bachelor of Exercise Science <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>BEN (HBESB)</td> <td>Sem 1, Sem 2</td> <td>67.00</td> </tr> </table>	CAMPUS	INTAKE	ATAR	BEN (HBESB)	Sem 1, Sem 2	67.00	<p>Understand the scientific foundations of human movement and fitness, then use your knowledge to help individuals reach peak health and performance. Work with real athletes and teams – from recreational to elite – through our extensive network of sports partners and gain hands-on experience through industry placements.</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in any one of Biology, Chemistry, any Mathematics, Physical Education or Physics.</p> <p>Pathway</p> <ul style="list-style-type: none"> ▶ Diploma of Rural Health (12 months) Graduate and apply for entry into preferred course with advanced standing 	50.00	3 years			
CAMPUS	INTAKE	ATAR											
BEN (HBESB)	Sem 1, Sem 2	67.00											
Bachelor of Health Sciences <small>STUDYFLEX</small> <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HBHS)</td> <td>Sem 1</td> <td>65.05</td> </tr> <tr> <td>BEN (HBHSB)</td> <td>Sem 1</td> <td>60.25</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HBHS)	Sem 1	65.05	BEN (HBHSB)	Sem 1	60.25	<p>Whether you want to work with individuals or populations, you'll learn from expert academics with strong ties to the health industry and get valuable experience via internships with La Trobe's partner organisations. In this highly flexible degree, you can take up to two majors in a range of areas of the health sciences to broaden your expertise.</p> <p>When you choose a health sciences major, you receive recognition on your certificate when you complete your degree. For example: major in health, wellbeing and performance and graduate with a Bachelor of Health Sciences (Health, Wellbeing and Performance).</p> <p>Majors Melbourne Health and medical science Health, wellbeing and performance Human physiological sciences Bendigo Health, wellbeing and performance Medical and exercise science</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Health Sciences (12 months) Graduate and apply for entry into preferred course with advanced standing (Melbourne Campus only) ▶ Diploma of Rural Health (12 months) Graduate and apply for entry into preferred course with advanced standing (Bendigo Campus only) ▶ Diploma of Health Sciences (8–12 months) Graduate and apply for entry into preferred course with advanced standing² 	50.00	3 years
CAMPUS	INTAKE	ATAR											
MEL (HBHS)	Sem 1	65.05											
BEN (HBHSB)	Sem 1	60.25											
Bachelor of Media and Communication <small>STUDYFLEX</small> <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (ABMC)</td> <td>Sem 1</td> <td>60.01–74.40</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (ABMC)	Sem 1	60.01–74.40	<p>Tell the stories that shape our world and learn how to tell them across any medium. In our Sports Media major, you'll gain important industry-standard journalism skills, while exploring specific areas like sports commentary and broadcasting. You'll then complete a stream of core subjects from sport management to gain insight into the unique business structure of sport organisations.</p> <p>Major Sports media</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma of Arts (12 months) Direct entry into second year of this degree 	50.00	3 years			
CAMPUS	INTAKE	ATAR											
MEL (ABMC)	Sem 1	60.01–74.40											
Bachelor of Nutrition Science <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HBNTS)</td> <td>Sem 1</td> <td>70.10</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HBNTS)	Sem 1	70.10	<p>Explore biosciences and the relationship between food, disease and society, as well as the importance of nutritional requirements. You'll get hands-on experience in commercial kitchens and modern science labs and explore an area you're passionate about, including sports nutrition, food science and gastronomy, and nutrigenomics.</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Health Sciences (12 months) Graduate and apply for entry into preferred course with advanced standing (Melbourne Campus only) ▶ Diploma of Health Sciences (8 or 12 months) Graduate and apply for entry into preferred course with advanced standing² 	55.00	3 years 2.5 years accelerated			
CAMPUS	INTAKE	ATAR											
MEL (HBNTS)	Sem 1	70.10											

MEL Melbourne | BEN Bendigo | CAR Carlton College of Sport | A-W Albury-Wodonga | MIL Mildura | SHP Shepparton | ONL Online | NA ATAR not applicable | NP ATAR not published | STUDYFLEX StudyFlex options available

▶ La Trobe University pathway | ▶ Carlton College of Sport pathway | ▶ La Trobe College Australia pathway – Subject to meeting minimum entry requirements

Ⓜ Places for First Nations students available.

Ⓜ Regional Entry available. This offers students living in a regional area priority access to select degrees offered at regional campuses.

Ⓜ Degree offered through La Trobe education partner. See online for details.

Our course pages include complete entry requirements, including requirements other than subject prerequisites and requirements for non-Year 12 students. For the most-up-to-date details, visit: latrobe.edu.au/courses. ATAR data published in this guide is based on the lowest selection rank (including adjustment factors) and is correct as of VTAC's January 2023 offer round. If ATARs vary by selected cognate major, we have provided an ATAR range, from lowest to highest. For more information on ATARs, visit: latrobe.edu.au/courses. For more information on the Aspire Early Entry Program and how to access the Aspire ATAR, visit: latrobe.edu.au/aspire. The La Trobe College Australia pathways shown are correct at the time of publication. For up-to-date information, visit: latrobecollegeaustralia.edu.au. If a course has StudyFlex options, it means the course itself is a StudyFlex course or it has StudyFlex majors or minors available. StudyFlex availability varies depending on your chosen majors or minors and your campus.

BACHELOR'S DEGREES




COURSE	OVERVIEW	PREREQUISITE	ASPIRE ATAR	DURATION									
Bachelor of Physiotherapy (Honours) <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HHP)</td> <td>Sem 1</td> <td>96.40</td> </tr> <tr> <td>BEN (HHPB)</td> <td>Sem 1</td> <td>93.80</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HHP)	Sem 1	96.40	BEN (HHPB)	Sem 1	93.80	<p>Become a fully qualified physiotherapist. Gain a detailed understanding of the human body while learning from industry leaders and world-class researchers. Build hands-on experience with placements at leading hospitals and private practices, and graduate ready to enter a range of sport-related careers, including as a sport physiotherapist working with athletes and elite sport organisations.</p>	<p>VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Health Sciences (12 months) Graduate and apply for entry into preferred course with advanced standing (Melbourne Campus only) ▶ Diploma of Rural Health (12 months) Graduate and apply for entry into preferred course with advanced standing (Bendigo Campus only) ▶ Diploma of Health Sciences (8 or 12 months) Graduate and apply for entry into preferred course with advanced standing² 	94.00 MEL 90.00 BEN 85.00 REGIONAL ENTRY	4 years
CAMPUS	INTAKE	ATAR											
MEL (HHP)	Sem 1	96.40											
BEN (HHPB)	Sem 1	93.80											
Bachelor of Podiatry (Honours) <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HHPOD)</td> <td>Sem 1</td> <td>76.80</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HHPOD)	Sem 1	76.80	<p>Study human anatomy, physiology, medical conditions, pharmacology, and sport medicine. Learn to perform minor surgical procedures, manage complex foot and ankle conditions, and explore specialised podiatry equipment. Build experience through placements in a range of health services, including hospitals, specialist clinics and private practices around Australia.</p>	<p>VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in one of Biology, Chemistry, any Mathematics, Physical Education or Physics.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Health Sciences (12 months) Graduate and apply for entry into preferred course with advanced standing ▶ Diploma of Health Sciences (8 or 12 months) Graduate and apply for entry into preferred course with advanced standing² 	55.00	4 years			
CAMPUS	INTAKE	ATAR											
MEL (HHPOD)	Sem 1	76.80											
Bachelor of Prosthetics and Orthotics (Honours) <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HHPRO)</td> <td>Sem 1</td> <td>80.55</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HHPRO)	Sem 1	80.55	<p>Prepare for a rewarding career supporting people living with physical and functional limitations. The Bachelor of Prosthetics and Orthotics (Honours) is accredited by the Australian Orthotic Prosthetic Association (AOPA), so you'll be eligible to work as an accredited prosthetist or orthotist after you graduate. Get hands-on experience undertaking clinical placements and build practical skills at La Trobe's purpose-built prosthetic and orthotic facilities.</p>	<p>VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.</p> <p>Pathways</p> <ul style="list-style-type: none"> ▶ Diploma in Health Sciences (12 months) Graduate and apply for entry into preferred course with advanced standing ▶ Diploma of Health Sciences (8 or 12 months) Graduate and apply for entry into preferred course with advanced standing² 	70.00	4 years			
CAMPUS	INTAKE	ATAR											
MEL (HHPRO)	Sem 1	80.55											
Bachelor of Sport and Exercise Science <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HBSES)</td> <td>Sem 1</td> <td>60.90</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HBSES)	Sem 1	60.90	<p>Understand the science behind training and explore the strengths and limitations of the human body while building strong foundations in physiology, anatomy and biomechanics. Build industry contacts during 140 hours of industry placement with leading organisations such as Carlton Football Club, Melbourne City and Exercise Research Australia.</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in two of Biology, Chemistry, any Mathematics, Physical Education, Physics.</p> <p>Pathway</p> <ul style="list-style-type: none"> ▶ Diploma of Sport Coaching and Development (12 months) Graduate and apply for entry into preferred course with advanced standing¹ 	50.00	3 years			
CAMPUS	INTAKE	ATAR											
MEL (HBSES)	Sem 1	60.90											
Bachelor of Sport Coaching and Development <table border="1"> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> <tr> <td>MEL (HBSCD)</td> <td>Sem 1</td> <td>55.15</td> </tr> </table>	CAMPUS	INTAKE	ATAR	MEL (HBSCD)	Sem 1	55.15	<p>Build skills in the areas of athlete performance, sport management, fundamental sport science and advanced coaching sciences. The course places a focus on sport management subjects along, with subjects addressing more advanced aspects of sport coaching and performance analysis. Apply your theoretical knowledge in sport coaching placements and internships.</p>	<p>VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in two of Biology, Chemistry, Health and Human Development, any Mathematics, Physical Education or Physics.</p> <p>Pathway</p> <ul style="list-style-type: none"> ▶ Diploma of Sport Coaching and Development (12 months) Graduate and apply for entry into preferred course with advanced standing¹ 	50.00	3 years			
CAMPUS	INTAKE	ATAR											
MEL (HBSCD)	Sem 1	55.15											

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2. Please refer to the La Trobe College Australia website for more information




UNDERGRADUATE COURSES


DIPLOMAS


COURSE	OVERVIEW	PREREQUISITE	ASPIRE ATAR	DURATION															
<p>Diploma in Business</p> <table border="1"> <thead> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> </thead> <tbody> <tr> <td>MEL (LDB)</td> <td>Sem 1, Sem 2</td> <td>40.35</td> </tr> <tr> <td>BEN (LDBB)</td> <td>Sem 1, Sem 2</td> <td>NP</td> </tr> <tr> <td>ONL (BD0010)</td> <td>Sem 1, Sem 2</td> <td>NP</td> </tr> </tbody> </table>	CAMPUS	INTAKE	ATAR	MEL (LDB)	Sem 1, Sem 2	40.35	BEN (LDBB)	Sem 1, Sem 2	NP	ONL (BD0010)	Sem 1, Sem 2	NP	Open new career doors with a supported pathway into a range of business degrees, including our major in sport management. Build knowledge and skills in management, economic principles, sustainability and data analytics technologies. Learn alongside Bachelor's students to get a taste for the career you want and plan your transition to further study. After you graduate, transfer directly into second year in a range of Bachelor's degrees or progress your career in administrative and middle-management positions in the public and private sectors.	VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	NA	1 year			
CAMPUS	INTAKE	ATAR																	
MEL (LDB)	Sem 1, Sem 2	40.35																	
BEN (LDBB)	Sem 1, Sem 2	NP																	
ONL (BD0010)	Sem 1, Sem 2	NP																	
<p>Diploma of Elite Sport Business¹</p> <table border="1"> <thead> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> </thead> <tbody> <tr> <td>CAR (LDESB)</td> <td>Sem 1, Sem 2</td> <td>41.05</td> </tr> </tbody> </table>	CAMPUS	INTAKE	ATAR	CAR (LDESB)	Sem 1, Sem 2	41.05	Get the knowledge, experience and networking opportunities to succeed in this evolving industry. Be immersed in an elite sport environment at Carlton College of Sport and the industry-leading facilities at our Melbourne Campus Sports Park. Complete a 100-hour placement with the Carlton Football Club or its partners. Graduate ready for entry-level sport administration roles or gain eight subjects of advanced standing towards La Trobe's Bachelor of Business.	VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	50.00	1 year									
CAMPUS	INTAKE	ATAR																	
CAR (LDESB)	Sem 1, Sem 2	41.05																	
<p>Diploma in Health Sciences <small>STUDYFLEX</small></p> <table border="1"> <thead> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> </thead> <tbody> <tr> <td>MEL (SD002)</td> <td>Sem 1</td> <td>40.00</td> </tr> </tbody> </table>	CAMPUS	INTAKE	ATAR	MEL (SD002)	Sem 1	40.00	Learn the fundamentals of health sciences, including human structure and function, concepts in contemporary health and wellbeing, and how to use data and statistics in health. La Trobe's Diploma in Health Sciences is your supported pathway into the Bachelor of Health Sciences – including all sport-related majors – or if you want to head straight into entry level jobs in health services.	VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	NA	1 year									
CAMPUS	INTAKE	ATAR																	
MEL (SD002)	Sem 1	40.00																	
<p>Diploma of Rural Health <small>STUDYFLEX</small></p> <table border="1"> <thead> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> </thead> <tbody> <tr> <td>BEN (H0004B)</td> <td>Sem 1</td> <td>41.00</td> </tr> <tr> <td>A-W (H0004W)</td> <td>Sem 1</td> <td>NP</td> </tr> <tr> <td>MIL (H0004M)</td> <td>Sem 1</td> <td>NP</td> </tr> <tr> <td>SHP (H0004S)</td> <td>Sem 1</td> <td>NP</td> </tr> </tbody> </table>	CAMPUS	INTAKE	ATAR	BEN (H0004B)	Sem 1	41.00	A-W (H0004W)	Sem 1	NP	MIL (H0004M)	Sem 1	NP	SHP (H0004S)	Sem 1	NP	Take your first step towards a rewarding career in health. Learn the fundamentals of health sciences, including anatomy and physiology, and explore the social and psychological impacts of health and science. La Trobe's Diploma of Rural Health is your pathway into one of our health degrees such as the Bachelor of Health Sciences – including all sport-related majors – and a qualification to step into entry-level roles.	VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	NA	1 year
CAMPUS	INTAKE	ATAR																	
BEN (H0004B)	Sem 1	41.00																	
A-W (H0004W)	Sem 1	NP																	
MIL (H0004M)	Sem 1	NP																	
SHP (H0004S)	Sem 1	NP																	
<p>Diploma of Sport Coaching and Development²</p> <table border="1"> <thead> <tr> <th>CAMPUS</th> <th>INTAKE</th> <th>ATAR</th> </tr> </thead> <tbody> <tr> <td>CAR  (HDSCD)²</td> <td>Sem 1</td> <td>45.10</td> </tr> </tbody> </table>	CAMPUS	INTAKE	ATAR	CAR  (HDSCD) ²	Sem 1	45.10	Explore a range of disciplines, including sport and exercise science, coaching, management, talent identification and sport marketing. Designed to produce job-ready sport employees, La Trobe's Diploma of Sport Coaching and Development is a unique one-year full-time program offered at the Carlton College of Sport, the home of the Carlton Football Club.	VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.	NA	1 year									
CAMPUS	INTAKE	ATAR																	
CAR  (HDSCD) ²	Sem 1	45.10																	


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 2. Two anatomy classes are taught at our Melbourne Campus.
 3. Australian Government, 2022, Labour Market Insights: Sports Coaches, Instructors and Officials

MEL Melbourne | BEN Bendigo | CAR Carlton College of Sport | A-W Albury-Wodonga | MIL Mildura | SHP Shepparton | ONL Online | NA ATAR not applicable | NP ATAR not published |  StudyFlex options available

 La Trobe University pathway |  Carlton College of Sport pathway |  La Trobe College Australia pathway – Subject to meeting minimum entry requirements

 Places for First Nations students available.

 Regional Entry available. This offers students living in a regional area priority access to select degrees offered at regional campuses.

 Degree offered through La Trobe education partner. See online for details.

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9.8%
PROJECTED JOB GROWTH
FOR SPORTS COACHES,
INSTRUCTORS AND
OFFICIALS UNTIL 2026³

POSTGRADUATE COURSES

MASTER'S DEGREES BY COURSEWORK

COURSE	OVERVIEW	PREREQUISITE	DURATION
Master of Dietetics <small>CAMPUS</small> MEL (HMO09) <small>INTAKE</small> Sem 2	If you're passionate about health, wellbeing and promoting the benefits of nutrition, our Master of Dietetics has been established to reflect the emerging needs of this changing profession. Our person-centred, socially conscious approach favours the teaching of flexible concepts and teaches you to incorporate novel technologies and emerging science into your developing practice.	See online for entry requirements	1.5 years
Master of Exercise Physiology <small>CAMPUS</small> BEN (HMEPB) <small>INTAKE</small> Sem 1	This course aims to provide the skills and knowledge to design and implement exercise programs for people who have sustained injuries or been affected by chronic disease. Theory and practice are integrated through supervised clinical experience and clinically related studies. You will develop strong clinical and professional skills to prescribe and monitor exercise to assess and enhance health and function after injury or chronic disease.	See online for entry requirements	1.5 years 1 year accelerated
Global Master of Business Administration <small>CAMPUS</small> MEL (BMO06) <small>INTAKE</small> Sem 2, Term 6	Become the adaptable leader these businesses are looking for. Be ready for any challenge as you develop the skills and knowledge underpinning agile leadership. Build expertise applicable in any business, including financial knowledge and how to harness digital disruption. Wherever you are in your career, we've designed this degree so you build the industry-ready skills to take your next step in your career in sport management. Specialisation Sport management	See online for entry requirements	2 years
Master of Musculoskeletal Physiotherapy <small>CAMPUS</small> MEL (HMMSPC) <small>INTAKE</small> Sem 1	Our Master of Musculoskeletal Physiotherapy is designed for practising physiotherapists who want to gain advanced clinical skills in the field of musculoskeletal physiotherapy. Through a blend of online and set residential block learning, you'll learn from clinical leaders, academic staff and colleagues at one of Australia's longest established physiotherapy schools. You will also work under the supervision of recognised sports and exercise physiotherapists to gain invaluable clinical practice experience in hospital outpatient departments and private physiotherapy clinics.	See online for entry requirements	2 years (part-time)
Master of Physiotherapy Practice <small>CAMPUS</small> MEL (HMO15) <small>INTAKE</small> Sem 1 <small>BEN</small> (HMO15B) Sem 1	Physiotherapists assess and treat patients with temporary or long-term physical injuries, movement disorders or disabilities, aiming to achieve the highest possible degree of recovery, activity, participation and quality of life. In this course, you'll develop clinical reasoning, assessment and treatment skills in the core areas of cardiorespiratory, musculoskeletal and neurological physiotherapy across a lifespan. You'll then apply what you've learned through 18 months of integrated theory and clinical practice subjects, when you'll be primarily located in the clinical environment.	See online for entry requirements	2 years
Master of Sport Analytics <small>CAMPUS</small> MEL (HMSABU) <small>INTAKE</small> Sem 1	Designed in collaboration with industry, our Master of Sport Analytics gives you the skills and experience needed to excel in this exciting and fast-growing industry. Learn how to use data to boost athlete performance and wellbeing, get hands-on experience with industry-standard technologies, and use advanced analytics tools including R, Python and SQL. In your second year, you'll have the opportunity to work under the supervision of an industry expert or academic to hone your data analysis skills in a real industry setting.	See online for entry requirements	2 years

MEL Melbourne | BEN Bendigo | CAR Carlton College of Sport | A-W Albury-Wodonga | MIL Mildura | SHP Shepparton | ONL Online | NA ATAR not applicable | NP ATAR not published | [STUDYFLEX](#) StudyFlex options available

Places for First Nations students available.

Regional Entry available. This offers students living in a regional area priority access to select degrees offered at regional campuses.

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MASTER'S DEGREES BY COURSEWORK

COURSE	OVERVIEW	PREREQUISITE	DURATION
Master of Sports and Exercise Physiotherapy <small>CAMPUS</small> MEL (HMO06) <small>INTAKE</small> Sem 1	If you're a practising physiotherapist ready to advance your career, our Master of Sports and Exercise Physiotherapy gives you an in-depth understanding of the clinical sciences underpinning musculoskeletal and sports physiotherapy. Explore the pain sciences and human tissue sciences, learn client-centred management techniques and clinical decision-making skills, and hone your advanced neuro-musculoskeletal examination and management skills. You'll then apply what you've learned in a clinical setting under the supervision of recognised sports and exercise physiotherapists.	See online for entry requirements	2 years (part-time)
Master of Strength and Conditioning <small>CAMPUS</small> MEL (HMO07) <small>INTAKE</small> Sem 1	If you've always wanted to work with athletes – or you're a current practitioner who'd like to enhance your skills – our Master of Strength and Conditioning offers a unique opportunity to excel in this high-demand field as a qualified strength and conditioning coach. Advance your career as you learn the latest skills and knowledge on strength, speed and endurance. You'll study with expert academics and industry leaders as you learn how to work with elite, professional and amateur.	See online for entry requirements	1.5 years

28.7%
PROJECTED JOB GROWTH FOR PHYSIOTHERAPISTS UNTIL 2026¹

1. Australian Government, 2022, Labour Market Insights: Physiotherapists

GET INVOLVED

SPORT IS AN IMPORTANT PART OF EVERYDAY LIFE AT LA TROBE

With our wide range of clubs and competitions, you'll have the chance to get involved in fun sporting events all year round and meet new people along the way.



COMMUNITY EVENTS

Get fit, have fun and represent Team La Trobe in runs, walks and bike rides throughout the year, like the Melbourne Marathon. Open to all staff, students and alumni.



LA TROBE LEAGUE

Get a team together and enter one of many social competitions at our Melbourne and Bendigo Campuses, which are open to group and individual entries.



INTERVARSITY

Meet new people, keep fit and represent La Trobe while competing against other local universities. You could represent La Trobe in the Southern Shield Netball Competition, University Basketball League or Health Cup Regional Campus Competition.



UNIVERSITY NATIONALS

When you represent Team La Trobe, you'll experience elite sport competition against other universities across Australia. You can also gain valuable experience by volunteering in sport management and sport journalism positions.

JOIN A CLUB

We're proud to have 27 affiliated sport clubs, including four sport clubs operating from our Bendigo Campus.

CLUBS

- Australian rules football
- Badminton
- Badminton (Bendigo)
- Baseball
- Basketball
- Brazilian Jiu Jitsu (Bendigo)
- Cricket
- Cheer and dance
- Dive La Trobe
- Fencing
- Hockey
- Ice sports
- Lacrosse
- Mountaineering
- Netball
- Rowing
- Snowsports
- Soccer
- Soccer (Bendigo)
- Squash
- Surfing
- Taekwondo
- Tennis
- Touch football
- Volleyball
- Volleyball (Bendigo)
- Water polo

UNIVERSITY BASKETBALL LEAGUE

Established in 2020 by UniSport Australia and endorsed by Basketball Australia, students who are selected in our men's and women's teams compete in a nationwide home and away season against other universities.



OUR WOMEN'S TEAM WON THE 2022 NATIONAL CHAMPIONSHIP AND COMPETED INTERNATIONALLY

HOW TO APPLY

CHOOSING THE RIGHT COURSE FOR YOU

Studying at uni is a big step so we've put together a range of tools to help you choose the right course and find a way into your dream course if you don't quite meet the requirements.

1. FIND YOUR COURSE

Search for specific courses by your ATAR or browse our study areas to narrow down the course you want to study.

2. USE THE ATAR CALCULATOR

If you're applying as a Year 12 student, use your real or estimated ATAR score to find courses that match your interest.

3. FIND OTHER OPTIONS

Worried about your ATAR? Use our ATAR adjustment calculator to estimate how SEAS and other factors can boost your ATAR. Alternatively, you can consider entry via the Aspire Early Entry Programs.

4. PULL TOGETHER YOUR CHECKLIST

Visit our Year 12 Hub to guide you through all the steps for making the right study choices.

Find out more choose.latrobe.edu.au

HAS IT BEEN A WHILE SINCE YOU LAST STUDIED?

If you haven't completed Year 12, completed it some time ago, or don't have an ATAR, our free Tertiary Preparation Program (TPP) unlocks a La Trobe Entrance Score and access to our courses, while developing skills to set you on a path to university success.

Your tailored program will develop study fitness, build academic and communication skills and prepare you to overcome study challenges.

Learn more latrobe.edu.au/tpp

THE APPLICATION PROCESS

There are a few ways to apply to study at La Trobe. Follow the path below to discover the best way for you to apply. To discuss your eligibility, speak with a Future Student Consultant at: latrobe.edu.au/study/contact



FIND YOUR PATH INTO UNI

At La Trobe, there's more than one way into uni. Use our pathway and entry program finder to plan your way into your dream course.



The information on this page is meant for domestic students only. You are considered a domestic student if you are an Australian or New Zealand citizen, Australian permanent resident, or permanent humanitarian visa holder. Information on how to apply as an international student can be found online at latrobe.edu.au/study/apply/international

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Published by La Trobe University, April 2023.

FRONT COVER

1. Quacquarelli Symonds (QS), 2022, QS World University Rankings by Subject 2022: Sports-Related Subjects

1. Semester 2 intake is via Direct Applications only
+ Not all courses available via Apply Direct in Semester 1

JOIN US AT OPEN DAY

Explore your study options, chat with current students and teachers, tour our campuses, and discover what it's really like to study and live at La Trobe.

latrobe.edu.au/openday

TAKE THE NEXT STEP

Visit the Hub

choose.latrobe.edu.au

Live chat

latrobe.edu.au/chat

Call us

1300 135 045

Book a consult

consultation.latrobe.edu.au

Ask us a sport question

sport@latrobe.edu.au

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