

SpeakUp

ABOUT THE SPEAK UP SERVICE AT LA TROBE

Speak Up is a free and confidential service for students who experience or witness unacceptable or concerning behaviour to seek advice, support and referrals.

What are unacceptable and concerning behaviours?

There are a range of behaviours that might be unwelcome or make you feel uncomfortable, including:

- Bullying
- Harassment
- Discrimination
- Sexual harm
- Family violence
- Stalking
- Threats
- Violence
- Mental health and welfare concerns

When can I contact Speak Up?

Whenever you have safety or wellbeing concern for yourself or someone else, and you want confidential and free advice about what to do.

You can still contact us if your concerns is off campus, if it happened a long time ago but continues to impact on you, or if you want remain anonymous.

What happens when I contact Speak Up?

We will contact you to talk about your support and safety options at the University and externally.

We will provide assistance and ongoing support to connect with any other services at the University or externally that can assist you. Any information you provide will be kept confidential and will not be disclosed without your request or permission.

CONTACT INFORMATION

P: (03) 9479 8988

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W: latrobe.edu.au/speakup