Every year seems to get busier and 2008 was no different! In recognition of her contributions to ACEBAC Dr Deirdre Fetherstonhaugh was appointed Deputy Director. TIME (Training, Innovation, Mentoring and Education) for dementia, the Victorian & Tasmanian Dementia Training Study Centre – a funded initiative of the Australian Government – continued to consume a lot of time and energy and we thank our partners and mentors for making this an enjoyable collaboration. Thirteen Modules were developed and we had over 600 health professionals enrolled. In addition to coordinating this initiative Dr Margaret Winbolt successfully completed her PhD.

We had two other students also awarded their Doctorates and we congratulate Dr Nikki Phillips and Dr Susan Hunt for receiving a Faculty Merit Award for her work and of course being appointed Clinical Advisor on aged care to Department of Health and Ageing. Currently ACEBAC is supervising 10 more doctoral students which increases substantially the evidence base for aged care.

ACEBAC ran a number of Evidence Based Practice workshops for the Aged Care Standards and Accreditation Agency and after a trip to Thailand completed our project on clinical practice improvement with them.

We continue to collaborate with Dr David Edvardsson from Umea University, Sweden particularly in the area of person-centered care (PCC) and enjoyed another visit from him. The P-CAT for measuring PCC has been completed largely thanks to the work of Dr Deirdre Fetherstonhaugh. This PCC work will continue to be a focus for us.

A major piece of work in 2008 was the 3rd Edition of Care of Older People. This highly successful book has evolved into a truly interdisciplinary volume with a DVD highlighting many of the authors. Linda McAuliffe did an enormous amount of work to keep the book on track and edit the fine detail.

We were pleased to welcome Professor Joseph Ibrahim to the ranks of our Adjunct Staff and he has certainly earned the title with his contributions to many of research efforts.

In 2008 we welcomed a new member of the research staff, Dr Tenzin Bathgate, who is an historian and has expertise in working with vulnerable communities.

As always, we acknowledge and thank our numerous collaborators – our success is a reflection of your commitment to improving care for older people.

“...A major piece of work in 2008 was the 3rd Edition of Care of Older People. This highly successful book has evolved into a truly interdisciplinary volume....”
THE AUSTRALIAN CENTRE FOR EVIDENCE BASED AGED CARE

The Australian Centre for Evidence Based Aged Care (ACEBAC) is a multi-disciplinary research and development unit of La Trobe University located at Bundoora Extended Care Centre in Melbourne, Australia.

VISION
To be an internationally recognised leader in evidence based aged care.

MISSION
To make a significant contribution to knowledge and practice in evidence based care and care delivery models related to the longer term health conditions of ageing.

ACEBAC GOALS
Focusing on ageing and associated care interventions and care delivery models, to:

- Work collaboratively with key stakeholders to achieve our vision and mission
- Promote and facilitate the integration of evidence into interdisciplinary practice
- Develop, identify and disseminate evidence and translation strategies
- Inform policy and practice
- Achieve long term sustainability.

STAFF

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Professor Rhonda Nay</td>
<td>Director ACEBAC</td>
</tr>
<tr>
<td>Dr Susan Koch</td>
<td>Associate Professor, Director ACEBAC (Collaborations)</td>
</tr>
<tr>
<td>Dr Deirdre Fetherstonhaugh</td>
<td>Deputy Director ACEBAC, Research Fellow</td>
</tr>
<tr>
<td>Dr Margaret Winbolt</td>
<td>Research Fellow</td>
</tr>
<tr>
<td>Dr Tenzin Bathgate</td>
<td>Research Officer</td>
</tr>
<tr>
<td>Linda McAuliffe</td>
<td>Research Officer (PT)</td>
</tr>
<tr>
<td>Samantha Nugent</td>
<td>Administration Officer (PT)</td>
</tr>
<tr>
<td>Lisa Derndorfer</td>
<td>PA to Professor/Administration Officer (PT)</td>
</tr>
<tr>
<td>Ms Cathie Edgar</td>
<td>Clinical Wound Consultant, Bundoora Extended Care Centre</td>
</tr>
<tr>
<td>Dr Sally Garratt</td>
<td>Independent Consultant</td>
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<tr>
<td>Ms Jenny Hillier</td>
<td>Clinical Support Nurse, Bundoora Extended Care Centre</td>
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<tr>
<td>Professor Joe Ibrahim</td>
<td>Geriatrician</td>
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<tr>
<td>Dr Bill Koch</td>
<td>Adjunct Senior Lecturer</td>
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<tr>
<td>Ms Jane Motley</td>
<td>Nurse Educator, Bundoora Extended Care Centre</td>
</tr>
<tr>
<td>Dr Michael Murray</td>
<td>Associate Professor, Director of Geriatrics – St Vincent’s Health</td>
</tr>
<tr>
<td>Dr Chris Thompson</td>
<td>Nurse Unit Manager, Bundoora Extended Care Centre, Adjunct Senior Lecturer</td>
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ADJUNCT AND AFFILIATES

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<thead>
<tr>
<th>Name</th>
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<tr>
<td>Dr Michael Bauer</td>
<td>Lecturer, La Trobe University</td>
</tr>
<tr>
<td>Dr Michael Dorevitch</td>
<td>Geriatrician, Adjunct Professor</td>
</tr>
<tr>
<td>Dr David Edvardsson</td>
<td>Assistant Professor, Umea University, Sweden</td>
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<tr>
<td>Assoc. Prof. Sally Garratt</td>
<td>Representing Royal College of Nursing Australia</td>
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<tr>
<td>Assoc. Prof. Rosalie Hudson</td>
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<td>Aged &amp; Community Services Australia</td>
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<tr>
<td>Assoc. Prof. Anthony Smith</td>
<td>La Trobe University</td>
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<tr>
<td>Ms Jennifer Theisinger</td>
<td>Office of the Aged Care Commissioner</td>
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REVIEWER

Brent Hodgkinson

BOARD OF MANAGEMENT

The Board of Management is responsible for the management and operations of the Centre. The responsibilities include overseeing the administration of the Director, monitoring that the funds of the Centre are expended in a proper manner and receiving and approving the annual report of the Centre.

The Board of Management consists of key stakeholders from the health and aged care professions, research and university facilities, consumer agencies and State and Federal Government organisations.

BOARD MEMBERS

<table>
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<tr>
<td>Mr Mark Brandon</td>
<td>Aged Care Standards &amp; Accreditation Agency Ltd</td>
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<tr>
<td>Mr Ben Chodziesner</td>
<td>Carers Association of Victoria</td>
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<tr>
<td>Prof. Michael Dorevitch</td>
<td>Geriatrician</td>
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<tr>
<td>Assoc. Prof. Sally Garratt</td>
<td>ACEBAC</td>
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<tr>
<td>Ms Mandy Heathier</td>
<td>Honorary Board member</td>
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<td>Assoc. Prof. Michael Murray</td>
<td>Australian Association of Gerontology; Prof. Anthony Smith</td>
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“Our mission is to make a significant contribution to knowledge and practice in evidence based care and care delivery models related to the longer term health conditions of ageing.”
SIGNIFICANT EVENTS

PHD GRADUATES FOR 2008:

Dr Susan Hunt, Dr Margaret Winbolt, Dr Nicole Phillips.

TIME for dementia

Participation is growing steadily and as of December 2008 we had around 600 health professionals and healthcare students registered and accessing the modules.

The core modules have been available online to all registered users since May 2008. If anyone would like a hard copy please contact TIME for dementia and we will arrange to have one mailed out to you.

We have received some excellent feedback from participants and the core content is being utilised in a number of post-graduate and under-graduate programs at partner universities. A number of health care agencies are also delivering education based on the TIME for dementia material.

About 250 health professionals attended the workshops held in Hobart and Bendigo in recent months. Participant feedback has been fantastic. They especially welcomed the opportunity to tap into the expertise of the speakers and facilitators. We look forward to more workshops being held in 2009.

In response to requests from participants we have set up an on-line discussion forum to enable health professionals to ask questions of others and the TIME for dementia management team and mentor group. The forum can be accessed by registered participants from the main banner on the website home page.

TIME for dementia website is www.timefordementia.org

RESEARCH STUDENTS

GRADUATIONS

Graduated in 2008

Susan Hunt Quality use of medicines in residential aged care: An action research study.

Margaret Winbolt The Care Conundrum: A grounded theory study into changing the culture of gerontic nursing from task orientation to evidence-based practice.

Nicole Phillips Administration of medications via enteral tubes.

CURRENT PHD STUDENTS

Fay Alderson Person Centred Care and its implications for interdisciplinary practice (Deferred).

Melanie Bish Professional identity for Division Two nurses (with Dr Mandy Kenny, Bendigo).

Pam Johnson Assessing pain in people with dementia. On NHMRC funded scholarship with Assoc Prof S. Gibson - NARI.

James Kevin The assessment of student nurses during their clinical placements.

Maie Tonuma Language and nursing practice.

Pauline Wong Families’ experiences of their interactions within an intensive care environment.

Amanda Charles Reportable deaths.

Catherine Edgar A study of the type of wound care provided to people with dementia.

Pei-Ling Hsieh The quality of family care and related factors to dementia in Taiwan.

Jennifer Lever Care of the older person with mental health issues.

Nantawan Teerapong The development of self care model in hypertension patients.

DOCTOR OF NURSING

Lisa Clinnick Chemical restraint in aged care.

“In response to requests from participants we have set up an on-line discussion forum to enable health professionals to ask questions of others and the TIME for dementia management team and mentor group.”
RESEARCH REPORT

GRANTS & CONSULTANCIES


PUBLICATIONS

BOOKS, MONOGRAPHS AND REPORTS


CHAPTERS


REFEREED JOURNAL ARTICLES


Koch, S., Nay, R., McAuliffe, L. & Koch, B. ‘The feasibility of developing a standards rating system for all Australian government aged care homes.’ International Journal of Older People Nursing 3(2):80-87 ISSN 1748-3743

BOOK REVIEW


CONFERENCE PRESENTATIONS


Winbolt, M. ‘Responding to unmet needs behaviours: A clinical guideline.’ The Dementia Services Development Centre Conference. Belfast, 7 May.

Winbolt, M. ‘Confronting the challenge of getting evidence into practice.’ The Dementia Services Development Centre Conference. Belfast, 7 May.


Nay, R. ‘Visionary leadership – seeing the possibilities in the impossible.’ Aged Care Better Practice. Adelaide, 22 May.

“...Doctoral student enrolments continue in double figures and again in 2008 we witnessed several graduations....”
Nay, R. ‘If this dementia or depression?’ Addressing the interface – treating the problem.’ Aged & Community Care Victoria State Congress. Melbourne, 20 June.

Fetherstonhaugh, D. ‘Hobson’s choice: Dialysis or the coffin? A study of dialysis decision-making amongst older people.’ Kidney Health Australia. Melbourne, 14 August.

Nay, R. ‘Visionary leadership – seeing the possibilities in the impossible.’ Aged Care Better Practice. Sydney, 30 July.


Nay, R. ‘Walking with purpose: Why’s, wherefores and watchouts in dementia.’ Department of Human Services seminar. Melbourne, 13 June.


Nay, R. ‘Person Centred Care: Fanciful rhetoric in a climate of fear and risk aversion!’ World Congress of Bioethics Rijeka. Croatia, 3 – 8 September.

Fetherstonhaugh, D. ‘Shared decision-making in end stage kidney disease – theory or reality?’ World Congress of Bioethics Rijeka. Croatia, 3 – 8 September.


Fetherstonhaugh, D. ‘Hobson’s choice: Dialysis or the coffin?’ A study of dialysis decision-making amongst older people.’ Annual General Meeting, Royal Society of Australasia. Melbourne, 14 November.


Fetherstonhaugh, D. ‘Hobson’s choice: Dialysis or the coffin?’ A study of dialysis decision-making amongst older people.’ Melbourne Health Nephrology seminar. Melbourne, 6 October.


Fetherstonhaugh, D. ‘Person-centredness in aged care – an ethical responsibility but how can we measure it?’ Melbourne Ethics Discussion Series. Melbourne, 5 November.


Fetherstonhaugh, D. ‘Hobson’s choice: Dialysis or the coffin?’ A study of dialysis decision-making amongst older people.’ Annual General Meeting, Royal Society of Australasia. Melbourne, 14 November.


Nay, R. ‘A clinical conundrum: The panel of speakers will address a hypothetical case study around the management of a person with dementia.’ TIME for dementia workshop. Hobart, 2 December.

Nay, R. ‘Social inclusion and older people workshop.’ Brotherhood of St Laurence. Melbourne, 3 December.

“ACEBAC ran a number of Evidence Based Practice workshops for the Aged Care Standards and Accreditation Agency ....”
POSTER PRESENTATIONS

ACEBAC SEMINAR SERIES
Prof. Rhonda Nay – ‘A missing person or professional myopia: Using the CSI (Crime Scene Investigation) tools to improve care of people experiencing dementia.’ 20 March.

Dr Benny Katz – ‘Pain Management – Trying to get it right.’ 27 May.

Dr Deirdre Fetherstonhaugh – ‘Older people, informed consent and decision-making in the context of a life-threatening disease.’ 10 October.

SPONSORSHIP OF CONFERENCES AND ADVERTISING


Trade display – Australian Association of Gerontology 41st National Conference. Western Australia, 18 – 21 November.

COMMITTEE INVOLVEMENT
Nay, R. Director – Aged Care Standards and Accreditation Agency Board
DHS Geriatric Medicine Trainee’s Steering Committee
Australian Association of Gerontology Education Reference Group
Alzheimer’s Australia Scientific Committee
Enhancing Care and Quality of Life in People with Dementia – ARC Linkage Project Advisory Group
Senior Research Fellow Bendigo Health’s Collaborative Health Education and Research Centre (CHERC)

Koch, S.
Chair – Victorian Chapter, RCNA
Australian Government Aged Care Advisory Committee
President – Alzheimer’s Australia Vic
Australian Government National Aged Care Workforce Committee
NSW Nurses Board to review an application for Nurse Practitioner

HEALTHCARE SERVICE COMMITTEES
Staff served on the following committees:
Austen Health Clinical Ethics Committee
Caring for Australians with Renal Impairment (CARI) National Steering Committee
Council of Australian Governments Long Stay Older Patients’ Initiative
Eastern Palliative Care Ethics Committee
Geriatric Medicine Trainee Program Advisory Group
La Trobe University Human Ethics Committee
Northern Health Continuing Care Human Research Ethics Committee

Northern Health Education Committee
Quality Indicators in PSRACS (Public Sector Residential Age Care Services) Reference Group
The Alfred ICU Nursing Workforce Pilot Steering Group

REFEEER/EDITORIAL BOARDS
Regional Editor International Journal of Older People in Nursing
Editorial Board Collegian
Editorial Board Australian Journal of Ageing
Editorial Board Journal of Primary Health Care
Editorial Consultant Residential Aged Care
Coronial Communique
Panel of Reviewers International Journal of Nursing Studies
Reviewer Journal of Advanced Nursing
Editorial Advisory Committee National Healthcare Journal
Associate Editor Renal Society of Australasia (RSA) Journal
Reviewer Renal Society of Australasia (RSA) Journal
Reviewer Journal of Medical Ethics
Reviewer Conference abstracts Renal Society of Australasia 2008

MAJOR COLLABORATIONS
ACEBAC Board members, Alzheimer’s Australia Vic, Alzheimer’s Australia Tas, Bendigo Health, Bundoora Extended Care Centre, Monash University, National Ageing Research Institute (NARI), National Institute of Clinical Studies (NICS), Queensland University of Technology, RGSO – La Trobe University, Royal College of Nursing, Australia, St Vincent’s Health, Sheffield University, Umea University, University of Melbourne & University of Tasmania, Curtin University, Griffith University.

“Our research will continue in the areas of quality indicators (QIs); SCORE (Strengthening Care Outcomes for Residents with Evidence); behaviours; sexuality; person centered care; pain; family/staff relationships; and workforce. We will also be a Centre of the new Institute for Social Participation (ISP) and as such expect to collaborate in a program of research investigating social participation across areas such as: ageing, intellectual disability and hearing impairment.

We expect the systematic review on staffing will appear in press in 2009 as will Older People: Issues and Innovations in Care. The IAAG this year is in Paris and of course ACEBAC will be represented there!”
GETTING INVOLVED

ACEBAC is always looking for opportunities to further evidence based research in the care of older people.

You can assist by:

• Making a donation to ACEBAC to conduct further research
• Volunteering to participate in expert panels
• Becoming a corporate sponsor of a research project
• Sponsor a workshop on Evidence in Practice

FOR FURTHER DETAILS PLEASE CONTACT:

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Administration Officer

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