

Welcome to the June Edition of the Student News!



Three editions in and we have already had a great response from both students and staff. For those new to the

Student News, WELCOME! What this newsletter aims to do is cover the necessary university news, important announcements and opportunities on campus relevant to you. Universities offer more than just degrees and this newsletter aims to introduce students to the wider university community available to them. The newsletter acts as a bridge between LA TROBE and YOU, letting you know about the “goings-on” throughout the Uni!

We welcome student contributions, and suggestions or tips for articles can be sent to :studentengagement@latrobe.edu.au

NAME THE NEWS!

Over the last two months, we have asked you the students to “name the news” “Student News” is a bit too bland for a student newsletter, so we asked for you to suggest some possible names for this publication.

We have had over 50 entries, but have managed to narrow them down to a top 10....

- Good News La Trobe
- La News
- La Trobe EagleEye
- La Voix (French for “the Voice”)
- Learning by Wrote
- LENS (La Trobe Electronic Newsletter for Students)
- Liquid Paper
- Student Times

- The La Trobian
- The Trobune

Now it is time for you to VOTE for the best name!

The person who suggested the winning name will receive a \$30 JB HI FI voucher. To vote, head to

www.latrobe.edu.au/students/studentnews.html

A big thank-you to all who entered and GOOD LUCK!

La Trobe Releases Curriculum Renewal White Paper

In December 2008, La Trobe released a Green Paper titled *Curriculum Review and Renewal at La Trobe University*, It contained thirty-four recommendations regarding curriculum renewal across La Trobe. Since December, these recommendations, and the thinking behind them have been discussed with over 300 academic staff from every Faculty, on every campus, and with student representatives, Library and Student Support staff.

As a result from these discussions, La Trobe has recently released the *Curriculum Review and Renewal at La Trobe University White Paper*. The purpose of this White Paper is to make explicit the distinctive qualities of La Trobe’s undergraduate programs and the students who graduate from them, and to ensure the University takes a learning centred approach to planning, policy and teaching.

Some of the recommendations in the White paper are:

- *That all undergraduate programs adopt the following shared La Trobe University graduate capabilities, to be defined in appropriate discipline or field-specific terms, and to be assessed against agreed standards of student achievement:*
 1. *Writing*
 2. *Speaking*
 3. *Inquiry/research*
 4. *Critical thinking*
 5. *Creative problem-solving*
 6. *Team work.*

- *That all programs develop and offer a final year 'capstone' subject, or equivalent, to provide an effective culmination point for programs as well as to offer students orientation to opportunities for further study, employment and career development.*
- *That programs and faculties be encouraged to identify and develop with support from the University, appropriate ways to educate students about the challenges to individuals and communities posed by climate change, globalisation and inequality, with particular paid to how these phenomena may affect students' chosen careers and lives as educated citizens.*

A full version of the *Curriculum Review and Renewal at La Trobe University* White Paper can be accessed at <http://www.latrobe.edu.au/teaching/curriculum/index.html>

Eco Update

La Trobe gets behind Power Shift

La Trobe University's Sustainability Taskforce is supporting students to participate in the student delegation travelling to the 2009 Power Shift event held at University of Western Sydney in Parramatta July 11-13.

Power Shift is a youth conference being organised by the Australian Youth Climate Coalition, which includes La Trobe students, to motivate and inspire young people to on climate change.

Attendees will be energised by leaders of the climate movement in Australia and worldwide. Speakers include Dr Tim Flannery, author of *The Weather Makers*, and Dr. Rajendra Pachauri, Chair of the UN Intergovernmental Panel on Climate Change. Well-known Australian artists will help us celebrate our movement to solve climate change with a Saturday night concert

Ten students from the Bundoora, Bendigo and Wodonga campuses will receive \$300 toward travel, registration fees and accommodation to attend the Power Shift conference. On return from Sydney, the delegation will be invited to put their knowledge to use as part of La Trobe Student Sustainability

Group, the aims and activities of which will be determined by the group, but which will include the organisation, direction and management of sustainability initiatives across the University in conjunction with the University's Sustainability Taskforce.

For more information on Power Shift, contact Simone Morrissey, Project Director

e. simone.morrissey@youthclimatecoalition.org

W. www.youthclimatecoalition.org/powershift/wordpress/

Pedal Power to Power Shift

In the early hours of the morning on the 24th of June this year, a hardy group of Power Shifters will settle into the saddle for the first time on their epic journey to change the future of the world.

18 days later we will arrive on the steps of Power Shift surrounded by hundreds of our

friends and companions with the message of the people fresh in our minds.

Lead by La Trobe University International Relations student Michael Crowe, Ride2Power is a bike journey from Melbourne to Power Shift in Sydney through not only the amazing Australia countryside but also our minds, bodies and souls. Along the way we will meet with people from all walks of life and hear the stories that make the Power Shift mission all the more poignant. We will see through our own eyes the devastating effects that climate change is already having on the Australian landscape and we will raise awareness of the need to act strongly, sustainably and immediately.

Spanning over 18 days and 950 kilometres, we will meet and chat with Power Shifters in many inland centres to gauge the levels of concern and awareness for the government's carbon emission goals. We will meet with politicians, activists and the



general public but more than that we will be forced to learn about ourselves. Join with us in the Power Shift.

Read all the details of the event at our website:
[Youth Climate Coalition](#)

By Michael Crowe

La Trobe joins the National Climate Emergency Rally

La Trobe will support the National Climate Emergency Rallies on June 13 through staff and student participation. Dr Carol Adams, Chair of the University's Sustainability Task Force will be taking part in the rally, and encourages staff and students to do the same. For more information:
<http://www.climaterally.org/melbourne>

Federal Budget Impact on Student Income Support

Higher Education Loan Program (HELP) repayment reduction and increased student contributions for education and nursing

- \$83 million over four years for repayment reduction;
- \$33 million over four years for increased student contributions.

Repayments for the Higher Education Loan Program (HELP) for eligible education and nursing graduates will be reduced if they work in a teaching or nursing profession. This is aimed at addressing the skills shortages in both professions.

The maximum annual student contribution amount for education and nursing will be increased, providing a direct increase in revenue to institutions offering these vital courses.

Postgraduate Research Student Support

- \$52 million over four years

Raises the stipend in the Australian Postgraduate Award to \$22,500 in 2010.

Removal of OS-HELP loan fee

- \$17 million over four years

The loan fee on OS-HELP loans will be removed. This will encourage Australian students to study overseas during their

higher education courses, enhancing their student experience and learning outcomes.

Youth Budget Statement: *What's In It for Youth?*

The Minister for Youth, the Hon Kate Ellis MP, has released *What's In It For Youth?* the first ever online Youth Budget Statement, available at www.youth.gov.au.

Full details on the Higher Education Budget Measures and key initiatives can be found:
www.deewr.gov.au/HigherEducation.

Get certified training for FREE!

Are you looking to get that extra edge on top of your degree? Or just looking to enhance your skills on areas like group facilitation and time management? The Student Engagement department at La Trobe is preparing to launch a new opportunity which enables *you* to bag some free professional development!

La Trobe University students have a long and proud history of participating in on-campus associations, clubs and activities which help build a sense of student community. However, often the students who do the most work are not always recognised for their efforts. To help continue La Trobe's great tradition of student involvement, and to support students with recognised training, mentoring and acknowledgment, this opportunity has been developed.

Run through the Student Engagement department, a FULL TIME Student Training Officer is available to provide training to students in areas which they can later utilise in their leadership position. Training areas include:

- Communication and interpersonal skills
- Meeting Facilitation
- Project management
- Presentation skills

Students who feel they have leadership positions in the University can apply to access this training. Whether you are part of a University student group, on a faculty or guild board, a peer mentor or O'week host, or represent certain groups on campus, you may be eligible to receive this certified training for FREE!

If you are not part of a student group or program, don't despair! You too can access this training for a small fee.

For more information on picking up some recognised training for free, email: studentengagement@latrobe.edu.au

Study and claim– Tax assistance with your self- education expenses

With the end of the financial year almost here the Tax Office is reminding working students they may be eligible to claim a tax deduction for their education expenses. Use the links provided to find out if you qualify and the self-education expenses you may claim.

For all your tax information about your self-education expenses, visit www.ato.gov.au/studyandclaim

Specific products include:

- [Study and claim - introduction](#) briefly explains the basics you need to know about to claim work-related self-education expenses.
- The [Self-education eligibility tool](#) will help you work out if you are eligible to claim a deduction for work-related self-education expenses on your tax return.
- If you are eligible, the [Self-education expenses calculator](#) will give you an estimate of the amount of work-related self-education expenses you can claim on your tax return.
- Detailed explanations about eligibility and claiming education expenses can also be found in the fact sheet [Claiming self-education expenses – specific expenses](#)

Lodging your tax return

One of the best ways to lodge your return is by using *e-tax*, the official Tax Office online preparation and lodgement software. It's **free**, **secure** and **user friendly** with most refunds being issued in 14 days or less. Visit www.ato.gov.au/etax to find out more about e-tax or view the online demonstration.

AUSSE, AUSSE, AUSSE! What the AUSSE Survey tells us about students

La Trobe University was one of 29 Australian and New Zealand institutions that ran the Australasian Survey of Student Engagement (AUSSE) last year, with over 8,000 first and third year students invited to take part. 1388 students responded in total, giving an overall institutional response rate of 18 per cent.

Why measure Student Engagement?

Student engagement can be defined as an interest and willingness to be an active participant in the learning process both inside and outside of the classroom. Active involvement, social integration and personal reflection in both learning and campus life in general contributes to high quality learning outcomes. This is different from measuring student satisfaction.

To ensure La Trobe students benefit from the best possible learning experience that equips them for life, the University uses the AUSSE as a way to measure how effective the in-classroom learning and extra-curricula experiences provided at the University are. What these results tell us have an impact on curriculum design, planning and resources.

In 2008, 75% of respondents were female, 9% were international, and 56% were the first in their immediate family to attend higher education.

Most students in La Trobe University's sample studied in the Society and Culture and Health fields of education. While only 9 per cent of students worked for pay on campus, 30 per cent spent more than 15 hours in off-campus paid work per week. La Trobe students spent on average 6 hours per week travelling to campus, 10 hours preparing for class, 19 hours on campus, and 4 hours participating in 'extracurricular' activities.

Find out more about AUSSE and other surveys here:


www.latrobe.edu.au/students/student-engagement/stats-that-matter.html

LaTrobe University Library

**1700
additional
electronic
journals**

The Library's large and growing collection of electronic resources has just taken another leap with a deal securing access to ScienceDirect, a collection of more than 1700 additional electronic journal titles.

This means you now have many more online journals and articles in pdf format and you can access them 24/7.



ScienceDirect represents one of the largest collections of online journals available today and includes millions of articles from thousands of journal titles relevant to courses and research in all faculties.

Individual journal title records are being progressively put into the Library catalogue. In the meantime, you can access the journals via the databases tab on the Library homepage at www.latrobe.edu.au/library. Look for the 'ScienceDirect (Elsevier)' link in the A-Z list.

99 Library Guides and rising

The Library upgraded its online subject guides this year using a new Web2.0 application *LibGuides*. If you have not checked out the library guide for your subject area or course, now is the time.

Librarians have reworked and updated all of the subject guides previously on the Library website into this new platform which is much more interactive and includes tagging, RSS feeds, podcasts, embedded videos, polls, ratings, user comments and submissions. As well as the long list of guides for individual subject areas and some units of study, there are lists of popular and featured guides, an A-Z listing and guides

on finding book and film reviews, using Endnote and library research skills. www.latrobe.libguides.com/

LA TROBE GETS STIMULATED! Government provides funds for science and regional health

The Federal Government recently announced a \$123.7 million investment to in La Trobe University. The funds will go towards establishing the \$97.9 million La Trobe Institute for Molecular Sciences (LIMS) in north Melbourne and the \$88.9 million La Trobe Rural Health School (LRHS) in Bendigo. \$64.1 million has been allocated by the Government in LIMS and \$59.6 million allocated for LRHS. The two projects are expected to create 280 extra jobs to address the immediate critical shortage of bio-scientists and health workers as well as 1,350 construction jobs.

The La Trobe Institute for Molecular Sciences will be a world-class facility for molecular science, biotechnology and nanotechnology research and research training.

The La Trobe Rural Health School will be a radical and original model for health professional education and research across northern Victoria. Hear what the Vice-Chancellor, Professor Paul Johnson, has to say: <http://www.latrobe.edu.au/students/vc/>

ARNOLD ANSWERS!

Hi Arnold,

My name is Daniella and I'm curious to find out how to change the course I'm doing at the moment. I currently study Psychology and I'm in my first year. I want to quit psychology at the end of this term and I'm hoping to get into law.

Can you help? Thanks, Daniella

Hi Daniella!

So, Psychology is not your thing? That's fine! I never understood it myself! Though, I did get a nifty little joke from it:

Q: How many psychologists does it take to change a light bulb?

A: Just one, but the light bulb has to WANT to change.

...Maybe I'll just stick to answering your question and steer away from the jokes.

Transfers from one course to another within the University may be considered on an individual basis. The cut-off date for the submission of transfer forms will vary depending on the faculty of your enrolment. You will need to contact both departments and get information about transferring courses and the closing dates for applications. However, you should probably do the following things first:

1. Set up a time to talk to an **academic advisor** in your faculty/school. To do this, talk to the school's administration officers (in Psychology, **Karen Park** is the admin officer who can handle your inquiry: k.park@latrobe.edu.au)
2. Do the best you can in your current studies. Most transfers look at your results from the previous semester.
3. Research the course you want to transfer into. Go to the faculty or school and ask as many questions as you can.

The best thing to do is to work this out as quickly as possible! You don't want to miss out if you leave it too long!

Also know that there is a double degree of Bachelor of Laws / Bachelor of Psychological Science available at La Trobe which you might be interested in. Talk to your academic councillor about this. For more information:

- [About Transferring](#)
- [Science, Tech & Engineering Transfer Policy](#)
- [Law & Management Transfer Policy](#)

Hope this helps, Daniella!

SQUARK



ASK ARNOLD!

Arnold is your campus oracle, possessing the knowledge and wisdom needed to answer all your questions about university life. Whether it is finding out how to start your own student group, how to get the most out of lectures, or where to get the best coffee on campus, Arnold is the man... err... bird!

Email Arnold at studentengagement@latrobe.edu.au and your answer will appear in the next edition of Student News. (Arnold is an actual student!)

Will I get a Job in the current economic climate?

The general view is that, although there may be a flattening of the market in the short term, most graduate recruiters will continue to employ new graduates because they see them as the managers of the future, particularly with the impending retirement of baby boomers.

The GFC (Global Financial Crisis) may, however, mean that less will be spent on promotion of their programs. In smaller organisations, it's more likely that the number of jobs available will drop but this will vary according to your discipline and the sector you wish to enter. The main thing to remember is that, as a graduate, you are significantly more likely to be employed than someone who doesn't have a degree – providing you follow the tips below.

Tips for surviving the economic downturn

- Seek help from Careers and Employment early in your search.
- Be flexible; your first job may not be your ideal one. You may need to concentrate on getting your 'foot in the door' within a company or sector, and then moving to your preferred role once you have more experience and have proved your capability.
- Use a range of methods to find employment.
- Continue to build on your skills while you look. For example, you could volunteer your time or undertake a short course.
- Check the information in this website under [Become More Employable](#) and [Look for a Job](#).
- Stay positive – it may just take you a little longer to find the job you want.



La Trobe has an online jobs and events

database Log on to CareerHub to search for part-time, casual or temporary positions and find out about careers seminars on and off all campuses. To register, go to www.latrobe.edu.au/careers/ >CareerHub

See what's been happening in Careers and Employment! Find heaps of tips, discussions and photos too on our Facebook page, including info on the successful [Student Career Mentoring Program](#) launch as well as planned events and answers to your questions. Check it out at www.latrobe.edu.au/careers and follow the [Facebook](#) link. In fact if you're not a fan already, join today!"

-Anne Stansfeld, Associate Director
 Careers and Employment

STUDENT WELLBEING: Students Need Sleep Too!



Most people need somewhere between 6.5 hours and 8.5 hours to function and feel they can manage life

adequately. Having a healthy sleeping pattern actually results in getting more out of your day, as opposed to trying to cram more in by staying up late. Some might feel that they have **Insomnia** as they are not getting to sleep properly. Insomnia is a common difficulty in falling asleep, going back to sleep or waking too early where the wake period is greater than 30 minutes. Additionally the individual feels sleep is just not enough to feel okay. Lack of sleep can lead to

- Poor attention, concentration and memory
- Irritability and other mood disturbances
- Impaired judgement and reaction time
- Poor physical coordination (dangerous for driving)

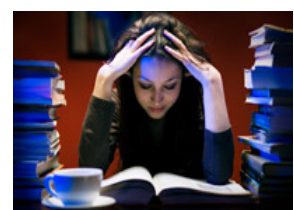
The seriousness of these effects depends on how bad the sleep deprivation is (e.g. less sleep vs. no sleep; one night's poor sleep vs. chronic problems) and the tasks and responsibilities of the day.

There are, however, a couple of ways you can tackle insomnia if you are having problems getting to sleep:

1. Reducing the time you spend in bed to match the time you sleep (is called sleep restriction). Many people compensate for poor sleep by spending more time in bed, to give themselves more time to fall asleep or go back to sleep. Unfortunately this behaviour leads to even worse sleep. Choose and keep the same getting up time no matter what your sleep has been like the night before - this will help to re set your brain clock on a daily basis.
2. Getting up and going to another room if you are unable to go to sleep or go back to sleep with around ¼ of an hour. Read or listen to music in dim light. When you are feeling less tense and more comfortable go back to bed and see if you can "let go" and let sleep happen.
3. If there is an underlying medical or mood condition, such as depression, get some help from your GP which will also reduce some of the insomnia symptoms.
4. Be aware how unhelpful thoughts about sleep can make you feel more worried and concerned about your sleep resulting in even more pressure as you try harder to sleep.
 (Source: www.sleep.org.au)

EXAM STRESS- Pace it and Ace it!

If you're feeling a little under the pump at the moment with looming deadlines and end of semester not too far off, the La Trobe Counselling Service offers some useful



tips on how to make your study time pay off. Try some of these resources to help you get organised:

Planning and priorities

www.latrobe.edu.au/counselling/planning.htm

Many people write lists of things they feel they need to do, often in an ad hoc way. Whatever form of list you write, an essential part of the process is to set priorities for the tasks you have identified. Check out this link, which includes 'to-do' lists and methods on how to prioritise tasks so they don't seem so daunting.

Exam Preparation

www.latrobe.edu.au/learning/revision.html

It would be hard to find a student who has not, at one time or another, crammed for an exam. However, this is not the only way you can prepare for them. The **Student Learning** web page has loads of information on revision and exam preparation.

Study timetables

www.latrobe.edu.au/counselling/studytimetables.htm

One of the most common tools students use to organise their time is the timetable. Here are some tips and examples of making a timetable work for you, including downloadable forms.

Useful links:

- Look up **past exam papers** on the library website.
www.lib.latrobe.edu.au/help/catalogue/find-exams.php
- Get help achieving your goals with this template
www.latrobe.edu.au/counselling/goalsetting.htm
- **Language and Academic Skills** (ESL) offer individual consultations with specialist advisers to help you with strategies on how to do your best in your studies.
www.latrobe.edu.au/lasesl/consultations.html

Desperately seeking postgraduate student profiles!

We'd like to tell the world a little more about our students and their experiences at La Trobe – which means we need more student profiles for our publications and website.

So we're looking for local postgraduate students who are passionate about their studies, and happy to crow about it. If that's you, simply email Christina Saloniklis, our Postgraduate Recruitment Officer, at c.saloniklis@latrobe.edu.au

Once we have your profile, we'll put you in the draw to win one of 10 double Hoyts/Village vouchers.

If you have any questions, please feel free to call Christina on 9479 5139.

Albury-Wodonga News and Events

Scholarships available

The Albury-Wodonga campus offers a Scholarship of up to \$1,000 each semester for students enrolled, or enrolling at the Albury-Wodonga Campus.

Applications for this scholarship for Second Semester 2009 close on Monday, 29 June. Application details can be found on our website linked [here](#), or at this URL

www.latrobe.edu.au/scholarships/prospective/albury/communitieschol.htm.

Student Services @ Albury-Wodonga

Coming up to exam time means for many students cramming, rushing essays and late nights. But rest assure that La Trobe is here to help you through this! The Language and Academic Skills Unit (LASU) at the Albury-Wodonga campus aims to assist our current undergraduate and postgraduate students to further develop communication and study skills.

We are available to help you with many of the anxieties you may face in this busy time. LASU at Albury-Wodonga is only open between certain hours every weekday, and that the ESL unit is only open two days per week. Students are asked to make an appointment to meet with a staff member.

Appointments should be made via the booking sheets outside the respective offices:

Building 4, the Michael Osborne Building
Rooms 4240 and 4237

If not able to do this, send an email to:
b.bennett@latrobe.edu.au

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Albury-Wodonga

Thanks to usability testing volunteers

Students at Wodonga recently participated in a usability testing exercise of the Library catalogue. Willing volunteers

donned a set of headphones and explained what they were doing as they navigated the Library website. This was all captured using *Camtasia Studio* screen video capture program and will be used to inform future improvements to the Library's website and catalogue.

Linda Sheridan, Campus Librarian

Bendigo News and Events

Be a Guide at Open Day!

La Trobe University, Bendigo will hold its annual Open Day this year on Sunday August 16th from 10am-4pm. Once again we are again searching for students who are willing to offer their time to help show potential future students and their families around the Campus.

Bendigo is known as a friendly campus, and having welcoming guides is a great way to promote what the campus has to offer. As a guide you will be provided with full training prior to the event to ensure that you are confident & prepared. You'll also receive some extra special rewards as a thank you for your efforts, as well as a certificate of appreciation.

If you are interested in taking on the valuable role of an Open Day Guide for 2009, please register your interest by emailing Jenelle Holmberg on J.Holmberg@latrobe.edu.au

Daytrip to the Snow

Enjoy an escape to the picturesque Mt Buller. With opportunities to ski, snowboard, toboggan or simply stroll and take in the spectacular scenery this daytrip really is the quintessential winter experience. An early departure at 5am from the Bendigo Campus ensures you will have a full day on the mountain. Expected return time to Bendigo is 9pm.

The daytrip costs \$35 for Guild Members, \$45 for non-Guild LTUB students, and \$60 for the general public. This price includes all transport costs and entry to the resort.

To reserve your place on this trip please book at the BSA Info Centre. If you have any queries regarding this trip please call 5444 7988 for further details.

National Campus Band Competition

The National Campus Band Competition (NCBC) is the largest live band competition in the southern hemisphere! NCBC has been running on Australian University and TAFE campuses across the country for nineteen years providing audiences with some truly memorable moments and memorable bands. Each year up to one thousand bands from over eighty institutions compete live hoping to be crowned national winners of this prestigious and highly-respected competition.

NCBC is a great way to get live music experience under your bands belt, not to mention some great prizes and media and record company attention. Previous winners and entrants have included: Eskimo Joe, The Vines, Jebediah, George, Grinspoon, Waikiki, Frenzal Rhomb, 78 Saab, Augie March and Vasco Era, to name but a few...

The competitions local Bendigo heat is due to take place on Wednesday 12th August and bands are encouraged to register online asap at <http://www.aaca.net.au/htmls/ncbc.html>

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Chat live to a Librarian

The Library has a new live help service for students. You can ask a Librarian a question and discuss your study related information needs live, online, whether you are at home or at uni.

The service is available from 11:00am to 1:00pm Monday to Friday. Just check the Library homepage at www.latrobe.edu.au/library and look for the 'Live Chat' link in the left menu.

At other times you can use the 'Ask a Librarian' service, also listed in the left menu on the Library homepage, to receive a

response via email or phone the Library's Information Desk on 5444 7451 during Library opening hours.

Have your say on the Library blog

The Library blog has regular updates on new resources, trial databases, tips and tools for using the Library and finding that elusive item you need for your study.

It is also a great way to let the Library know what you think – just add a comment on any blog entry!

You can also look back at previous blog posts, search the blog or set up an RSS feed www.lib.latrobe.edu.au/rss/info.php so you don't miss any Library updates.

Jeanette Dazkiw, Campus Librarian

Bundoora News and Events

Peer Mentoring Program at Bundoora – Semester 2

Are you in your 2nd year or above studying a business or accounting course at La Trobe? Do you want to enhance your leadership and personal skills while studying? Why not apply to be a mentor in a new Peer Mentoring Program starting in semester 2!

Mentors will work in groups of two (one local student and one international student) and will have up to 4 new international students to provide support to. You will receive certified training, while supporting new international students in their transition to La Trobe University and helping them settle into the Australian culture.

As a mentor, you will provide support to your mentees on issues such as learning how to get around campus, what resources are available, navigating the website, tours of the library, how to read timetables and more. As well as attendance at the training session, there are both formal and informal sessions all groups must attend. Each participant will

receive a certificate of participation, as well as an individual reference for their resume/CV.

To find out more and to download and fill out an application form, please visit www.latrobe.edu.au/students/mentoring/ and click on 'mentor job description'.

Any queries can be directed to Katie Bell, Project Officer 9479 5511 or at Katie.bell@latrobe.edu.au

Applications close Monday 15 June 2009

Stressed about studies?

The Counselling Service will be commencing group programs, free to enrolled students.

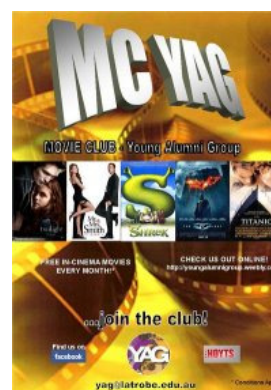
Topics

- Exam Success
- Stress Management
- The Thesis?...*Just don't ask!*

Brochures available at the Counselling Service (Peribolos East) for dates and times.

Bookings essential

YAG Movie Club



La Trobe's Young Alumni Group (YAG) is introducing an exciting new social networking opportunity for our members called Movie Club -YAG (MC YAG). MC YAG gives movie fans the chance to meet regularly to view and discuss movies for FREE.

Our first FREE movie session was Angels and Demons, held on Tuesday 19 May at Hoyts Northland, with coffee and a discussion of the movie following on from the film. Due to exams, our next MC YAG event will not be till next semester. However, you can sign-up now and get involved!

Contact YAG HQ (yag@latrobe.edu.au) for details, or visit our website: <http://youngalumnigroup.weebly.com/>

The YAG Facebook group holds a discussion forum on each of the films. Search “La Trobe University Young Alumni Group” on Facebook!

Health Clinics @ La Trobe- What do they offer?

La Trobe University has many health clinics on-campus open to the public, as well as students. Check them out for your next check-up! www.latrobe.edu.au/community/health-clinics

Podiatry Clinic

People of any age and in various states of health may need to see a podiatrist for a wide range of problems. These may include athletes suffering from foot problems, occupational related disorders, or the elderly suffering from conditions associated with a lifetime of wearing ill-fitting or unsuitable footwear. Podiatrists are trained in managing a wide and varied range of foot problems. All general enquires and queries regarding appointments and referrals should be directed to the clinic receptionist on (03) 9479 5831.

*NOTE: All students and staff of La Trobe University receive a **free** initial consultation (identification required).*

Speech Pathology Clinic

Qualified speech pathologists, audiologists and supervised undergraduate and postgraduate speech pathology students provide services to those who may be in need of speech therapy or related areas. Check out the above link for services, fees and details!

La Trobe University Medical Centre

La Trobe University Medical Centre is located on the northwest corner of the campus and offered services ranging from general health care (general practice, physiotherapy, pathology, pharmacy) to specialist consulting such as podiatry, x-ray and general surgery.

La Trobe University Medical Centre is a private company and is not run by La Trobe University. It does not offer direct billing or student discounts. Tel: (03) 9473 8885

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Library** | Bundoora

Extended weekend opening hours

The Library at Bundoora campus will again extend its weekend opening hours during the lead up to exams and end of semester assessment.

From Saturday 30 May until Sunday 21 June the Library will be open from 11am until 5pm on weekends.

Check the opening hours for all campuses at www.lib.latrobe.edu.au/hours.php

Library Skills Online

Do you need a quick refresher on Finding Journal Articles or Acknowledging Your Sources? You can find self-paced training on these and related topics at Library Skills Online www.lib.latrobe.edu.au/libskills/

Mildura News and Events

**LaTrobe
University
Library** | Mildura

Saving your documents

It is recommended that you save your work to a USB drive or a disk. There has been much anguish, tears and gnashing of teeth from students who have saved their work to a drive on the computer they are working on, only to have it disappear into cyberspace when the next person logged on!

Scanner up and running

The scanner is now up and running in the Library's La Trobe computer space. You can find instructions for using it placed alongside the machine.

Maureen Speed, Campus Librarian

Shepparton News and Events

LaTrobe
University
Library | Shepparton

E-books – how good is that?

Recently in a first year workshop a Health Sciences student was delighted to discover that the Library had the perfect information she needed for her group assignment ... in the form of an electronic book. Looking for references on assisting people who have cerebral palsy, the group had so far only found some websites. The librarian assisting in the workshop asked, 'Have you looked in any books?'

The Shepparton campus has a collection of nursing titles held in the Goulburn Valley Health Library, but this is some distance from the lecture rooms at Fryers St and the need was urgent.

'Have you looked in e-books?' asked the librarian, who then demonstrated.

1. Type the search term into the library catalogue search page.
2. Select 'e-books' from the drop down menu under 'collections'.

This found at least four relevant titles, including:
Cerebral palsy [electronic resource] : a complete guide for caregiving / Freeman Miller, Steven J. Bachrach ; with Marilyn

L. Boos ... [et al.].

2nd ed. Baltimore :Johns Hopkins University Press, 2006.

The student then had enough reliable, recent information so that she could complete her section of the assignment without having to leave the campus computer lab and she could continue to read from the e-book at home.

Her comment: 'How good is that? I didn't know it would be so easy!'

Iris Perkins, Campus Librarian

Submit an article

Students and staff are welcome to submit articles.

Next cut off date is: Wednesday 24th June

Email: studentengagement@latrobe.edu.au