

Student responsibilities - medical or other conditions

You must consider your own fitness to participate in each trip. For each trip you must decide if there is information you should disclose, and to whom you should disclose it.

If you have an on-going condition that might affect your participation in a trip, or that has implications for any medical treatment you might require, you should not assume that leaders or other staff will already know about it. You must disclose relevant information trip by trip.

Policy:

1. **Any injuries or medical conditions that might exclude you from a particular trip:**

It is your responsibility to make sure you discuss any injuries or medical conditions which might exclude you from a particular trip with the **unit coordinator** prior to the trip. *It is a requirement of all practical trips that you exercise good judgement, and err on the side of caution when it comes to seeking advice on whether you should participate on particular trip with a health problem or injury.*

2. **Any medical or personal matters that might affect your capacity to participate fully and safely in a particular trip:**

It is your responsibility, as a participant on any course trip to make sure you have informed the **trip leader** of any medical or personal matters that might affect your capacity to participate fully and safely in the trip. *You are required to make responsible decisions, erring on the side of safety, during all course practical trips.*

3. **Any information that should be known by a person treating you**

If you have a medical condition or if there are other matters which should be known by a treating first-aider or medical professional, make sure you have taken action to ensure that information will be available in circumstances in which you are unable to communicate (for example unconsciousness).

- a. If you have an on-going condition we strongly recommend you wear a medi-alert type bracelet. These are available from the equipment store at no cost.
- b. In other cases we strongly advise that you provide sufficient information to either or both your tent partner or the leader. Bear in mind that in an incident either or both the tent partner or leader might be incapacitated. You must think through the question of “who might need to know” and “what do they need to know”. Make sure you discuss your condition in good time – don’t wait until your health or safety is being challenged. If in doubt, disclose.