



PRISM Community development officer residential training program

Training objectives:

To prepare the eight PRISM community development officers (CDOs) for undertaking the local co-ordination of the PRISM intervention strategies in each municipality by providing

- an outline of the background and rationale for the project
- a detailed description of the elements of the intervention and the role to be played by the CDOs both in its implementation and its evaluation
- an opportunity to get to know each other - CDOs and the Research Team - to foster a team approach to the project and to enable appropriate ongoing support to be provided when difficulties are encountered
- for active participation by the CDOs in the training process to enable a fruitful exchange of ideas and the development of a collective understanding of ways of operating in the local context that will maximise success based on past experience of community development activities
- an opportunity to explore areas of likely difficulty in project implementation and to pool our joint experiences in developing strategies to deal with these.

Training program

Introductory session
Reflections on motherhood

Background and rationale for PRISM:

Depression research
Physical health research
Evidence for intervention (with a bit about evidence in general..)

PRISM: an outline of the project:

The PRISM trial
EcoPRISM (economic and community/ecological)
GAPP

The community development officer role: challenges and potential

Lessons from other projects
Nature of the CDO role in PRISM(including being in a trial; 'boundaries' of the role)

Tasks to be undertaken:

- Steering C/tee: setting up/ongoing support
- Liaison with stakeholders (local government, MCH, GPs, community organisations): including challenges..
- Information collection for kits on local services
- Establishing social network model: what do we mean by befriending?

Process issues:

- Project/activity documentation: requirements and benefits
- Team communication processes
- Problem solving/troubleshooting
- Ongoing support

Other topics

Active listening skills
Media skills: writing media releases and doing interviews; PRISM media protocol

Training timetable

	MON	TUES	WED	THURS	FRI
AM		Rationale & background	CDO role	Process issues/activity documentation	Future planning "Homework"
PM	Arrive for lunch Introductory session	PRISM and collaborating projects	CDO tasks/timelines	Process issues/activity documentation Other topics	Depart for home