

## Breastfeeding Facilities at La Trobe

Many women return to full time or part time work or study after having their babies and many of these babies continue to be breastfed whilst their mothers work or study. La Trobe University supports and values the importance of having the time and space to provide food for their babies, whether this be by expressing milk or breastfeeding. The University aims to provide a breastfeeding friendly environment and has breastfeeding/parenting rooms to support mothers. Talk to your supervisor about arrangements for flexibility of breaks to facilitate breastfeeding.

Dedicated breastfeeding/parents/special needs rooms are equipped with the following:

- Refrigeration
- Sink
- Baby change table
- Power outlet
- Chair and/or bed

### Where to Find Parenting/Special Needs Rooms:

Campus	Location
Bundoora	Equality and Diversity Centre, Ground floor, Peribolos East
	Children's Centre ((03) 9479 2122 Internal, (03) 9478 9422 External
Bendigo	Student Union Floor (opposite Bookshop)
Albury Wodonga	Babies Room/Rest Room Level 1, John Osborne Building 4, Room 4224

For additional information on breastfeeding and parenting on your campus email [equality@latrobe.edu.au](mailto:equality@latrobe.edu.au) or contact:

Campus	Contact Person	Telephone
<b>Bundoora &amp; City</b>	Tracy Howard	(03) 9479 2900
<b>Bendigo</b>	Shannon Kerrigan	(03) 5444 7223
<b>Albury Wodonga</b>	Marita Quaglio	(02) 6024 9628
<b>Shepparton</b>	Rhonda King	(02) 5821 8316
<b>Mildura</b>	Gail Ahearn	(03) 5051 4002

\* For the Shepparton, City and Mildura campuses where specific breastfeeding facilities have not been established on campus, students and staff should consult their supervisor/course coordinator about using a private room or office for nursing. Refrigeration should be made available for milk or formula storage. The future development of new buildings for the Shepparton campus will include provision for a dedicated Parenting/Special Needs room.