



Bachelor of Physical and Health Education

Qualifies graduates to teach in both primary and secondary schools.

The Bachelor of Physical and Health Education at the Bendigo campus provides an exciting opportunity to undertake a degree with a difference. It combines studies in primary education with specialist studies in physical education, health, welfare, and social work.

The course is a unique study experience for students who are interested in:

- An academic degree with specialist studies in physical education and health
- Teaching in primary schools
- Teaching health and physical education in secondary schools
- Health, nutrition and physical activity
- Developing knowledge and teaching of motor skills
- Exploring and understanding social and welfare issues

The course consists of 31 units of study which includes Education studies and a major in Physical Education with sub-majors in each of Health and Welfare Studies. These units are categorised as Teaching Studies, Curriculum Studies and Discipline Studies. Practicum and Field Experience units provide essential school-based and practical experiences that contextualise the theoretical components of the course. All students, by the end of the course, must have demonstrated the ability or the potential to meet the professional expectations of a beginning teacher.

Entry Requirements

Applicants need to satisfy normal University entry requirements: completion of VCE or mature age (NONYR12) entry. Students will need a study score of 25 or higher in Units 3 and 4 of English (any). Students will also be required to have gained a study score of 25 or higher in one of Physical Education or Health and Human Development at VCE units 3 and 4 level. Units 1–4: two units of general mathematics or mathematical methods (either).

Special Requirements

All applicants accepted into this course are required to complete a 'Working With Children Check' form prior to commencing the course. The form is available from Australia Post offices. Students must provide a certified copy of their valid Working With Children card prior to undertaking teaching placements.

Professional Accreditation

The course entitles graduates to apply for registration, with the Victorian Institute of Teaching, as generalist primary teachers and as specialist teachers of year 7 to 12 in Physical Education and Health. Graduates are eligible for employment in government, Catholic and independent schools in Victoria, other Australian states and some overseas countries.

Career Prospects

In addition to a career in primary and secondary school teaching, graduates find employment in the health, fitness and recreation industry throughout Australia, such as: health and fitness centres, youth and community centres, government and private agencies.

Student Welfare

Graduates from this degree will also be able to apply for registration as Student Welfare Teachers.



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Course Structure

The course is a four-year full-time program consisting of 480 credit points of study.

	Semester 1	Semester 2
Year 1	Language and Literacy ICT for Education Concepts of Wellbeing Introduction to Teaching Practice <i>4 days* + 1 week practicum</i>	Working Mathematically Concepts of Communities Childhood in Contemporary Times Introduction to Learning Theories <i>3 days* + 1 week practicum</i>
Year 2	Managing Learning Environments <i>(3 weeks primary generalist practicum)</i> Teaching Humanities Human Body Systems Introduction to Social Work A	Health Unit <i>(3 weeks primary Physical and Health Education Practicum)</i> Teaching Arts Exercise and Performance Social Policy and Practice A
Year 3	Theories of Learning <i>(3 weeks practicum)</i> Teaching Science <i>7 afternoons teaching in schools*</i> Social Psychology of Sport Skill Learning	Student Welfare – Field Experience Public Health Nutrition Movement Perspectives Assessment and Reporting
Year 4	Physical Education Method: Prep -12 <i>(Practicum - Senior secondary PE and Health, Semester 1: 3 weeks)</i>	
	Health Education Method: Prep-12 <i>(Practicum – Middle years PE and Health, Semester 2: 3 weeks)</i>	
	Sport Injury Management Social Work Practice with Individuals and Families Relationships, Gender & Sexuality	Introduction to Outdoor Education Inclusive Sport Education Sport & Skill Analysis

Note: All students will complete the following: Level 2 Workplace First Aid – in SKL; Level 1 training in Protective Behaviours; A personal Safety Program – in RGS; Aust-swim accreditation; two Level 1 sport coaching accreditations.



How to Apply

Australian and New Zealand students:
Apply through VTAC.

Details on line at www.vtac.edu.au
or phone 1300 364 133.

Applications open at the end of July.

International students:

Those who have studied Year 12 in Australia should apply through VTAC.

Other International students should contact the La Trobe University International Programs Office:

Telephone: 61 3 9479 1199

Email: international@latrobe.edu.au
or visit the website:

www.latrobe.edu.au/international
for information about how to apply to study at La Trobe University.

The International Programs Office's website also contains important information on studying in Australia including visa and government requirements, facilities and resources, campus lifestyle, accommodation, living costs, and support services.

Further Information

Local students:

Faculty of Education
La Trobe University
Bendigo campus
PO Box 199, Bendigo, Vic 3552
Ph: (03) 5444 7907
Fax: (03) 5444 7800
Email: bendigoeducation@latrobe.edu.au

Course Administrator

Ms Sue Connors, Ph: (03) 5444 7475

Course Coordinator

Dr Jenny Masters, Ph: (03) 5444 7304

International students

International Programs Office

Ph: (+61 3) 9627 4805 or
1800 619 768 (free call within Australia)

Fax: (+61 3) 9479 3660

Email: international@latrobe.edu.au

Web: www.latrobe.edu.au/international