

QICSA FACT SHEET NUMBER 11

MENTAL HEALTH SERVICES MODULE

Introduction

The Mental Health Services (MHS) Module is a service specific set of standards. These standards explore in more depth the unique service and program specifications for MHS. For QIC accreditation, organisations review their mental health services against the Core Module and the MHS Module.

Main concepts for mental health services

The standards for mental health services are based on the following concepts.

- Promotion of an understanding of health as a complete state of physical, social and emotional wellbeing, not merely the absence of disease.
- Provision of accessible, available and affordable mental health services based on principles of social justice and equity.
- Comprehensive program content that addresses the social, emotional, physical, cultural and environmental aspects of mental health by providing treatment, early identification and intervention, and mental health promotion services.
- The participation of people and communities in debate and decision-making about mental health issues and their own health care.
- Organisational structures that promote collaboration and multidisciplinary approaches to maximise outcomes for consumers.
- Promoting health through working collaboratively with other sectors to address the social and environmental factors that inhibit mental health and wellbeing.
- Commitment to the principles contained in the Australian Health Ministers' *Mental Health Statement of Rights and Responsibilities* (1991) and the *United Nations Principles on the Protection of Persons with Mental Illness*.

MHS standards

There are four standards in the service specific standards.

- 2.1 Systems Integration
- 2.2 Assessment & Care
- 2.3 Health promotion
- 2.4 Records

MHS quality journal

The document you complete when you self-assess against the MHS standards is called a quality journal and it is organised into sections following the service specific standards. An organisation must collect evidence about its systems and quality improvement activities in order to determine whether or not it meets a standard. As in the core module there are evidence questions to prompt your thinking about your systems. A QIC standards guide is available to support your self assessment.