

The South Australian GP Plus Health Care Approach



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The SA Health Care Plan

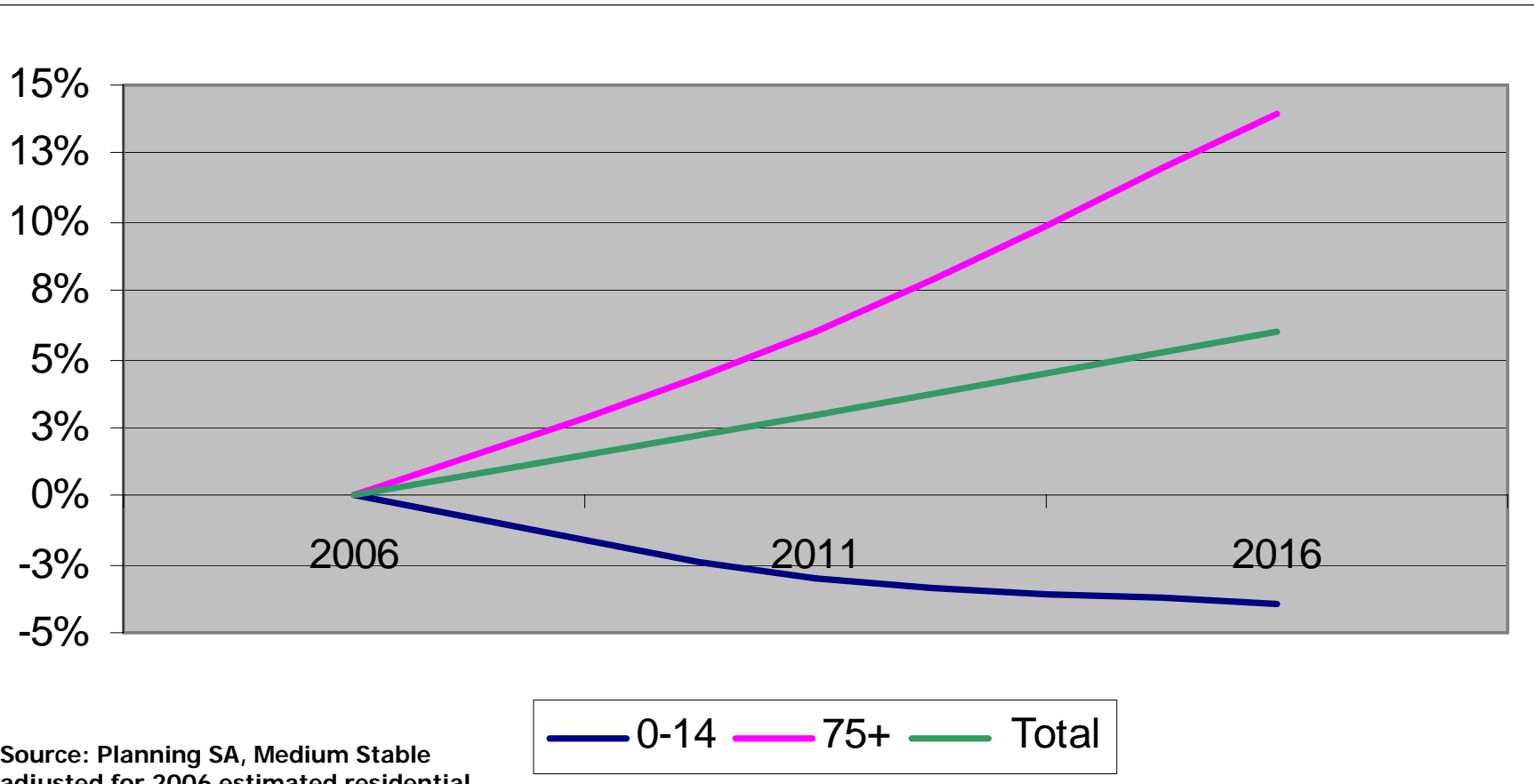
- Ageing population
- Increasing demand
- Ageing workforce
- Ageing infrastructure



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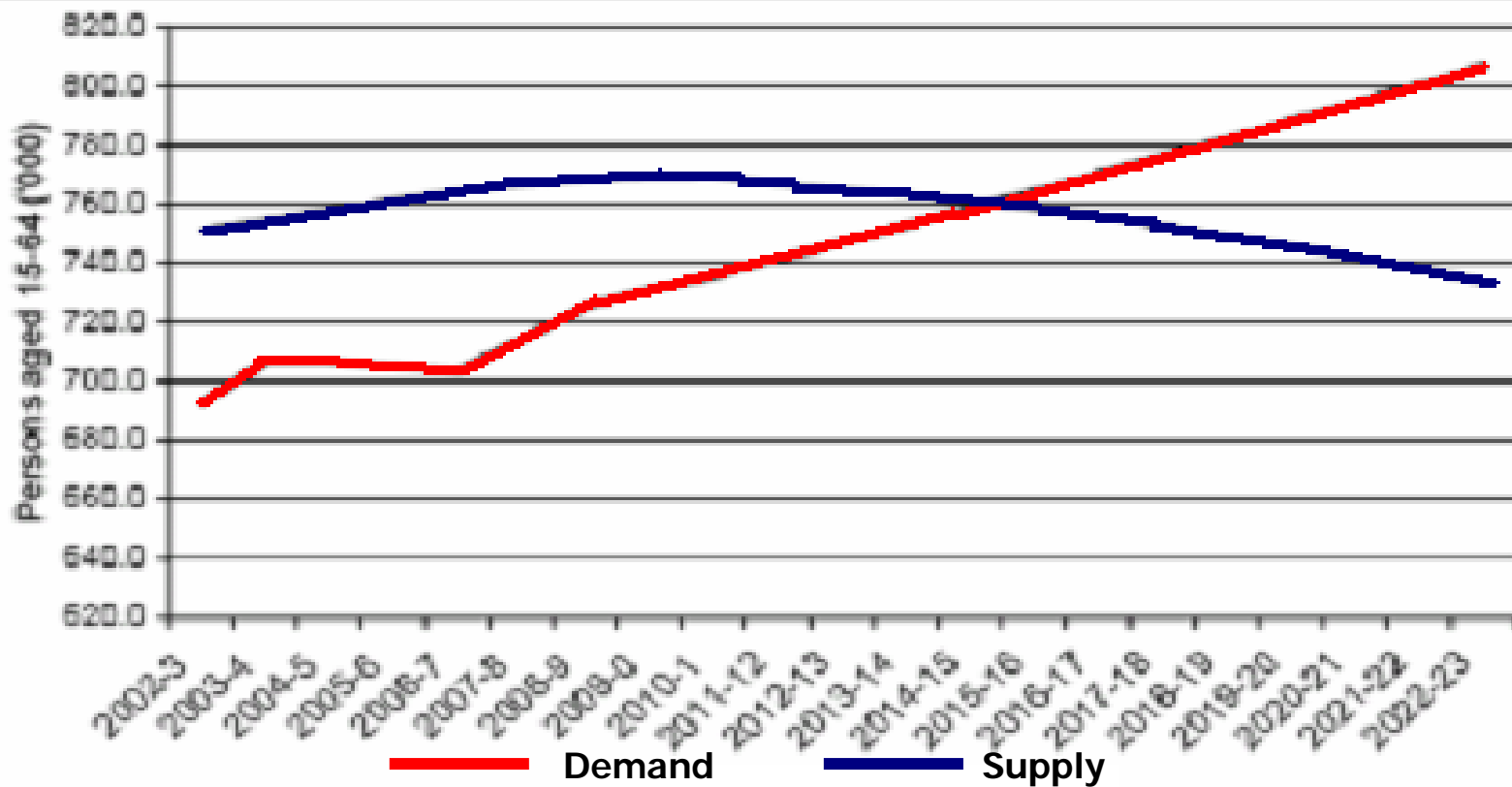
SA Population Projections



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SA Projected Labour Demand and Supply



John Spoehr (2004)
Sleepers Awake:
demographic change,
ageing and the workforce.



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Key Challenges

In summary, there are two key challenges underpinning The SA Health Care Plan

- **Enabling the hospital system to respond more adequately to the rise in demand**
- **Developing out of hospital services to reduce the rate of growth in demand**



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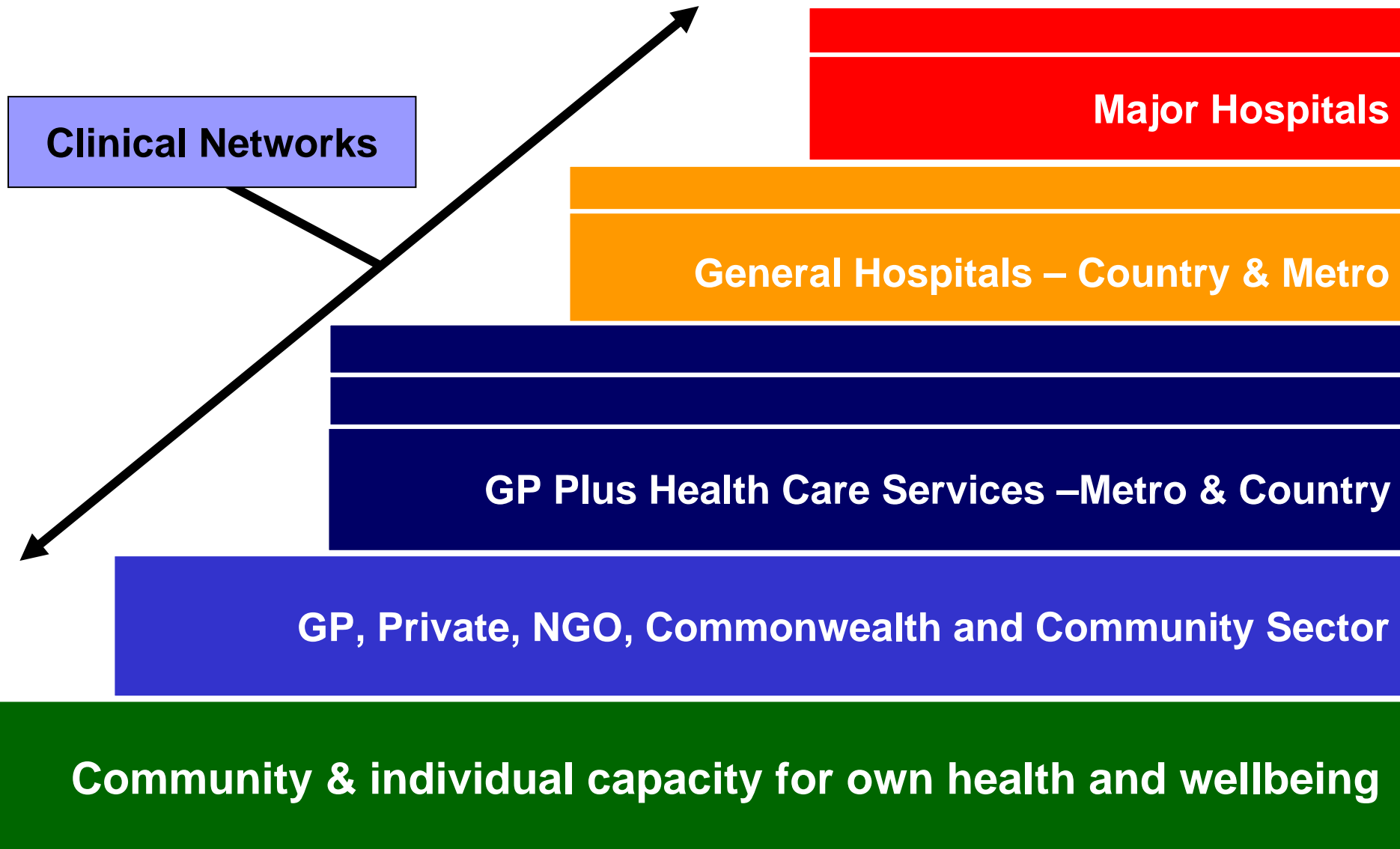
Stepped care – where & when needed



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Stepped care – where & when needed



GP Plus Health Care Services



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GP Plus Health Care Services

- Increased primary prevention activities
- Early detection of health status risk factors
- Improved management of chronic conditions
- Increased use of self management
- Delivery of services closer to home
- Managing the rate of growth in referrals to hospital
- Increased research and teaching



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GP Plus Health Care Strategy

- GP Plus Health Networks
- GP Plus Health Care Programs
- GP Plus Health Care Centres



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GP Plus Health Networks

- A forum for general practice and other primary care providers to work together
- The creation of Health Improvement Plans
- Drive the agenda for out-of-hospital services



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GP Plus Health Care Programs

- Practice Nurse Initiative
- Risk factor and Lifestyle Programs
- Self-management Programs
- Chronic Disease Management Programs
- Metro Home Link Service
- Health Call Centre
- Complex Care Programs



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GP Plus Health Care Centres

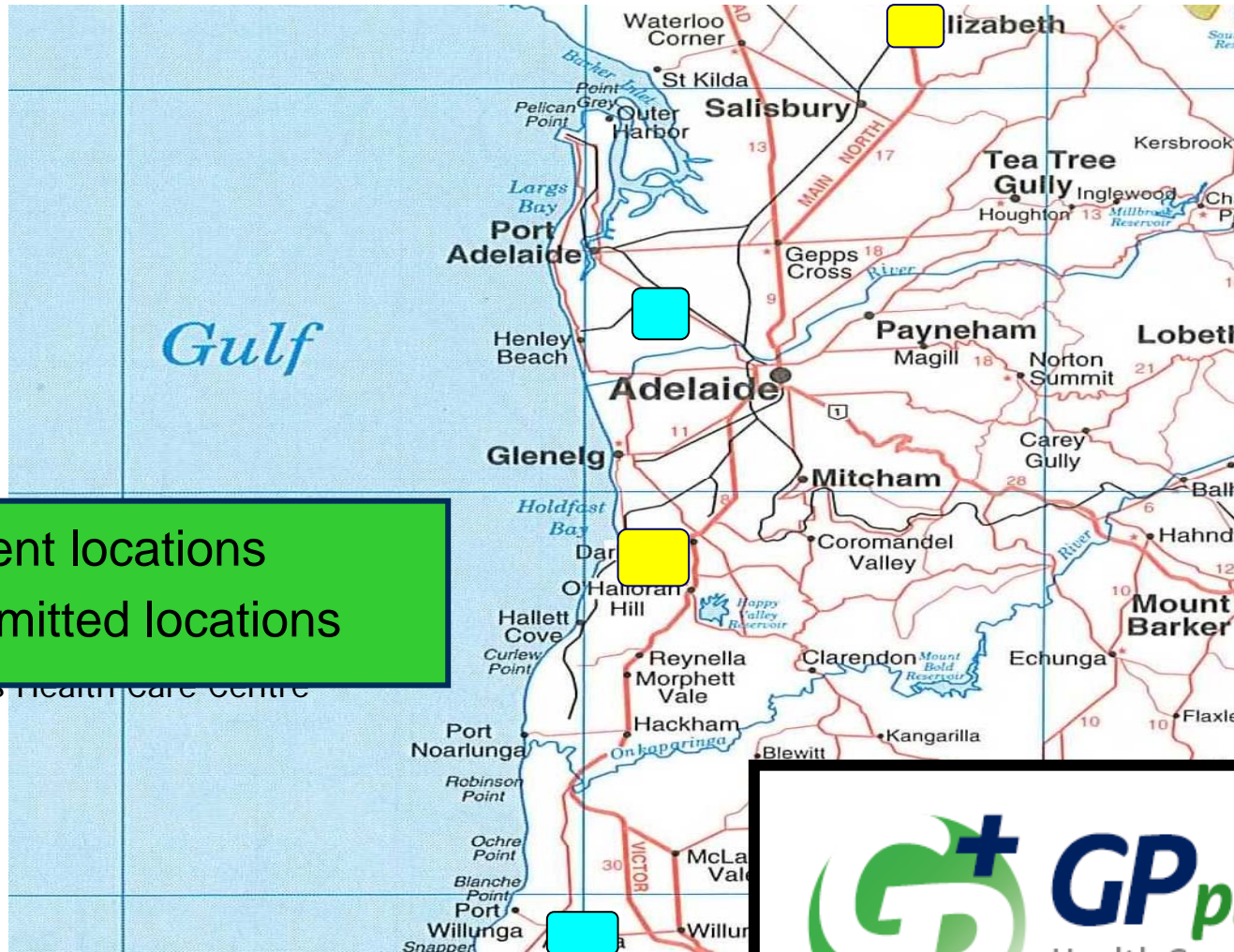
- Local determination via Health Improvement Plans
- Add value and complement general practice
- Enhance access to services for those most in need
- Create new service delivery opportunities





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Metro GP Plus Health Care Centres



 Current locations

 Committed locations



Country GP Plus

- Port Pirie will be the first GP Plus Health Care Centre established in country SA
- Ceduna Health Service redevelopment will include a GP Plus Health Care Centre
- Many country community hospitals currently provide some GP Plus Health Care Services, and over time their primary health care capacity will increase



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Summary

- A sustainable health care system is dependent upon a sustainable approach to primary health care
- General practice is central to such an approach
- The SA GP Plus Health Care Strategy is based on this assumption
- This is already leading to significant benefits to all involved



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