



THE residential REVIEW

Design: Laura Burge

Editor: Bronwen Young

Second Quarter, 2013

Hi, I'm Adam Ciampa, Acting Business Operations Manager and it's that time of year again – the heaters have cranked over, the “onesies” are in full force and SWOT-VAC is looming. The Residential Services team have been busy planning many projects for completion throughout 2013, and 2014. To name a few; you'll have noticed the Glenn Bistro has been closed for the most part of 2013. We're currently working alongside Infrastructure & Operations to completely refurbish this space. It is expected that by August, we will be re-launching the Bistro to all staff, students and residents. It will be a space you can sit, relax and enjoy a great coffee, snack or meal. We're also finalising the design phase of the project in anticipation for a June opening so keep your eyes open for updates on the DRS Facebook page!

In addition, a lot of design and planning has gone into a number of other upgrades throughout the colleges in Bundoora including patching & painting to bathrooms throughout Menzies College, and repairs to showers within Chisholm College bathrooms. Graduate House residents will also enjoy a complete refurbishment of their communal bathrooms and toilets. We also advise the successful completion of window blinds installation through-

out every room in Chisholm College. The exterior façade of all three Uni Lodge buildings were also recently high pressure washed—returning them to their former glory.

Residents of Bendigo will have noticed that the Common Room near Hillside Apartments is currently closed, and undergoing a minor refurbishment – This refurbishment will include new floor coverings, paint and a fully functioning kitchen. The project is due for completion within weeks. As I am sure you would have noticed, the Nancy Long Dining Hall is also open for business in Bendigo. The Dining Hall is a fabulous new facility dedicated to providing quality meals to those residents on a meal plan, supported by the Food for Thought team. Casual meals are also available for all La Trobe University staff and students. Residential Services encourages you and your friends to sign up to a flexible meal plan arrangement – See; <http://www.latrobe.edu.au/accommodation/options/bendigo/meal-plans> for more details.

So, where to from here? Residential Services commits to upgrading and maintaining all residences. We are well underway planning more works to be carried out at the end of the year, and into the beginning of next. The works will vary in nature and



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location, however will include new quilt covers to all rooms (out with old!), painting throughout common areas, and a staged process to renew wardrobes, desks and shelving within rooms.

A gentle reminder to all residents that rents are placed on your accounts on the first day of each month, and we ask you to ensure your rent is paid on time to ensure no late fees are issued. Please come to speak to our friendly team to discuss payment options if you're having difficulty.

I'd like to take this opportunity to wish you well in your studies & enjoy your mid-year break with friends and family – Take care, have fun & good luck with your exams!

Adam Ciampa
Acting Business Operations Manager
Residential Services

Social Report

BENDIGO

Chris Wilding, Social Coordinator

This quarter has been quite an active one for our social team, with sporting and social events proving to be very popular amongst our residents. Our Sunday Night Sports is getting a lot of involvement each week from the resses, with some great rivalries being forged on the courts. Mixed netball in particular always has quite a big turnout, with Units solidifying their claims to the title with a few recent close wins.



Along with the Toga Party mentioned elsewhere, we also had our first "Suitcase Party" recently. The idea: pairs buy a ticket, and bring a packed suitcase with them, and the winners get whisked off by limo to a secret (but fancy) location. We chose to run this as a trivia night, with all proceeds going towards our charity of choice this semester, the Royal Children's Hospital. The evening raised over \$1200, and the 4 winners spent the next 18 hours or so getting pampered down in Hepburn Springs. A big thank-you goes out to all that got involved and helped organize the night! Speaking of charity, we have raised over \$5000 in total so far this semester for the RCH, and hope to add to that substantially by the end of the semester.

One other very exciting bit of news is that we have finally secured a date and location for intercampus football matches later in the year. It will be on Sunday 6th of October, and will be held on the outskirts of Bendigo at the Epsom/Huntly Sports Centre. It will be the first time we have had residents from Bendigo and Bundoora competing against each other in AFL, and we are hoping to have both a men's and women's match on the day. More details to follow as they are finalized.



Chris

BUNDOORA

Sam Fualau, Social Coordinator

So far, the events throughout the colleges have been going really well with participation numbers at these events increasing. We have already had our two inter-residence events (Red Frogs Fundraiser, Comedy & Magic show) thus far, and anticipate our next & exciting inter-residence event wearable arts/ABC/Silent Disco party on the 28th May. The colleges are well on their way with organising their college annual Ball, with Glenn College first off the block with their Ball just around the corner Thursday 23rd May, with Chisholm & menzies soon to follow close by. Currently on the Inter-residence Sports Ladder Menzies are leading the way with 13 points, Glenn just 3 points behind (10) followed by Chisholm at 10 points. Congratulations to Menzies College Women's team & Glenn College Men's team for winning their footy finals match! Chris Wilding (my counterpart from Bendigo) & I are both excited and happy to announce the inaugural, up & coming Intercampus footy competition between Bendigo & Bundoora res services, City VS Country match, on the 6th October, Hosted by Bendigo. This should be a start of a great & healthy sporting competition between both campuses.

Sam

Chisholm College

Badminton Report

Badminton started off with a bang as Tara and Lawrence took on Menzies, winning the first set. Chisholm had its full support with Karan wearing the tiger outfit and chants that filled the stadium. Unfortunately missing the opportunity to win losing the next 2 sets straight. Next up was Jane who courageously took on Menzies in girls singles B. Jane put up a fight with her own racquet but once again Menzies were too strong. Singles Boys A and B, with Chisholm competitors being Mobeen and James, were up against the toughest players yet, both losing straight sets.

Our next competitors were Glenn. With the cheering Chisholm support our mixed team, Ted and Claudia, took Chisholm to its first victory. The winning streak didn't stop there with Singles Boys A, Karan smashing Glenn in three straight sets. Rebekah stepped up as she versed Glenn girls A and also winning in three sets. Next up to compete was Claudia (never played before) who won a very close and nerve racking game against Girls B Glenn. Jack who was the last boy to compete won an overall fantastic three set game. Finally Megan was our last girls A to compete and finished the night off with a great win. Overall, Chisholm came in 2nd with a fantastic effort put in by all involved. We had supporters for every game and everyone thoroughly enjoyed themselves.

*Beth Jeans,
Chisholm Sports Rep*

Swimming Report

The final sport before Easter break was swimming, which went off with a bang. There was a crowd of at least 150 from across all three colleges, and even Chisholm's tiger mascot made an appearance. This was the first event that Chisholm hosted, and so a huge thank you for all those who helped, scored and cheered our swimmers on, especially Lizz who helped out as a timekeeper for the entire event. Niamh and Vivien dominated the pool and swam in nearly every race. Kate Mitchell was a superstar fish, especially in backstroke, and swam in any race where we were short of people. Floodys' epic breaststroke saw Chisholm take a gold medal! And what was even more epic was his dive of faith in the kickboard relay where Chisholm came a very close second.

Sam was a great team player and again jumped in any race to bring more points to Chisholm. Proudest moment was when Chisholm had a team for the 10 by 25m relay – previous years we've had to forfeit this race, so it was wonderful to have enough swimmers and supporters for us to compete in this event.

Most entertaining race of the night would definitely be the pyjama relay. Despite the trackies falling off every swimmer, and practically drowning from the sheer weight of the clothes – Chisholm eventually made it to the finish line!

Well done Chisholm on another great intercollege event. Despite coming third, the support, enthusiasm, participation and team-work was awesome to see and made the night really enjoyable and entertaining.

*Megan Yeoman
Chisholm Sports Rep*



Cricket Report

Despite it being rained out the previous week, April 24th displayed perfect sunny weather for a day of cricket. Despite lack of knowledge on cricket rules and how many players are actually in a team, Chisholm certainly showed commitment and determination on the field.



The girls' team was fierce looking and provided constant support, motivational words and entertaining commentary. Lily was a superstar wicket keeper and ended the day with some beauty giant red ball marks along her legs. Katie bowled a middle stump then looked confused, as the umpire didn't put up his finger - turns out a middle stump is clearly out and doesn't need the umpire to put up his finger! Kim had serious dedication as fielder and dove and fell to the floor whenever the ball came her way. Claudia hands down gets the award for best bowler - including serious run up, flick of legs, then stopping and throwing over arm. Kim went out to bat twice, but never faced a ball, as the opposition was too scared of her game face! Kate was a gun at batting, and Claudia possessed so much cricket talent she managed to get herself out by hitting the stumps with her bat. Highlight of the match definitely being when the girls team got a wicket, we screamed with joy and danced around the field like cricket professionals.

The boys team had some legendary players from Barnes Way who knew the game back to front, taught the boys well and motivated them to sport their cricket talent. Muhammad injured himself in the first game, but still continued to play and bat. Andrew was wicket keeper all day and barely dropped a ball - what a champ! Josh took several wickets in the match against Menzies, and in the match against Glenn, Karan fell over and struggled to get back on his feet due to insane laughter! Punit, Steve and Muhammed were as good a batsmen as Michael Clark with the three of them being the only batsman in the 20 overs against Glenn. Ricey is his skate shoes actually made contact between bat and ball!

Everyone showed great support for each other, cheered each other on and had an entertaining and full of laughter afternoon of playing cricket.



*Megan Yeoman,
Sports Rep*

Tennis Report

On Monday 15th April, Chisholm took to the tennis courts to verse Menzies. It was a cold night but we had many supporters to come down and get Chisholm competitors pumped up. Up first we had the Double A grade girls, Vivien and Lisanne who beat Menzies girls in a nail biting game of 6 sets to 8. Whilst this game was on we had the double B grade girls with Jen and Michelle, two American girls willing to have a play in Australia. Unfortunately they lost 8 sets to 4. Mixed A grade was next with Megan and James, who showed off their skills winning 8 sets to 2. By this time we had rivalry supports from Menzies with the spirit and support very high. Kate Fox and Jack then took to the court in mixed B grade that unfortunately lost in a close game of 8 sets to 6. Boys B grade also played very well but could not win the victory. The last and most heated game was doubles boys A grade with Berkley and Ed who put on a performance for the crowd but unfortunately lost to Menzies in a gut wrenchingly close game of 8 sets to 7. Overall, the night was fantastic with great support from both colleges and we won 2 out of the 6 games.

Next up was Glenn on Wednesday 17th April. An even colder night saw supporters show up in blankets and beanies to support Chisholm. We had the girls double A grade with Viv and Lisanne winning again with 8 sets to 4 and mixed A grade with Megan and James winning 8 sets to 2. With these victories we knew we had a chance to beat Glenn, and the winning didn't stop there. The boys A grade doubles also played a fantastic game and got the crowd very worked up, winning 8 sets to 6. Our B grade competitors gave it their all but unfortunately couldn't beat Glenn. Overall, we won 3 games out of the 6, drawing with Glenn. It was a great night to be had by all and a great result to be proud of!

*Beth Jeans,
Sports Rep*

Chisholm College

Chisholm College

Hockey Report

Despite the forecast predicting a horrible, rainy day, come 9:30am on Sunday 21st April the sky was blue and the sun was shining. Despite us lacking in numbers, Chisholm hockey team had a fierce game full of laughter and confusion, as a very small number of us actually knew how to play the game!

Big thanks to Lizz, Claudia, Georgia and Vivien as well as Lance, Ed, Cam and Andrew for being so patient with us and teaching us the rules and how to properly hit the ball with the stick.

Sadly Glenn's team smashed our girls team 9-0. The legend Floody scored a goal in the men's match, but we were still defeated 3-1.

The Menzies match however was something else. Wow Chisholm Beth and I were so proud of you! We dominated the field against Menzies and won both the men's and women's matches. Georgia scored the opening goal for the women's match and from then on we were unstoppable. Lizz, Claudia and Kate also scored and won us the match 4-2. Chelsea was amazing at goalie and the girls were running all over the field!

The boys opened strong and Lance and Ed scored to bring the boys to victory 2-1. It was a tough match with plenty of balls to legs and near misses. Through Chisholm's determination we came second in hockey!

Good work team!

*Megan Yeoman
Chisholm Sports Rep*



International Student Dinner @ The Toad

We gathered all our residents at 5:30pm, in front of the DRS. Unfortunately, it was pouring rain, with thunder and lightning. So, upon talking to Sam and the other International leaders, we decided to cancel the shopping trip to Polaris Shopping Centre. Hence, we headed to the Toad for dinner. Initially there were only 50 students however, once the food came out, many more students arrived. We waited for about half an hour for the food to be ready. All waited in the activities room. There was a wide variety of food, which included: Fish & Chips, enchilada and noodles. There was plenty of food for everyone, but not enough drinks. All the students had a good time, sitting and eating with each other. It was a good opportunity for International students to meet and get to know each other from the other collages. We received some feedback from some residents saying that the food was delicious and they had a great time. Overall this event was successful despite the weather, we should continue to have more international events such as this, during the year for all colleges.



Football Report

On the 5th May Chisholm girls took to the football field with about half the numbers Menzies girls had, but that didn't stop us or hold us back. With Megan, Vivien and myself in the centre taking on twice the amount of girls we managed to get it into our forward 50 a few times, where Steph Burton, Hayley Raymond, Claudia Rush, Njoki Dalen and Kate Mitchell were waiting patiently for a kick at goal. Unfortunately the Menzies girls were too strong and we couldn't kick any points. Our only option was to stop them from kicking any points with our strong backline of Kate Fox (amazing kick), Christine (learnt how to tackle and loved it), Laura Dhar, Bec and Maddy Barrett. Despite losing 0-79, we had so much fun and put in so much effort. Glenn was up next, despite being in the freezing cold and many girls leaving to attend other activities, we still went out there and played some fun footy. We were tired and sore from the beating we took from Menzies, however, Megan and I were so proud of the girls' team despite losing 0-55. We had amazing support from the red frogs crew who were there to hand out water and red frogs and the Chisholm boys who helped coach and were goal umpires for the games.



Next up were the boys from Chisholm to take on Menzies. We started off well and gave them a run for their money. Floody was our big ruckman who won nearly every tap out. Josh Barnes, Cameron, Nick Ormand, Jarryd Croxford and Campbell Mitchell were so quick that they outran Menzies boys. Scott from America gave football a go for the first time and was able to kick and handball and loved it. Our backline was able to stop numerous goals with Michael, Ricey, James Billings, Ed Lyon and Steve Colombaro all putting up great defence. But once again Menzies were too strong. However, our forward line were able to score one point against Glenn, Adam Fisher was the champion. Overall, the

boys gave their all but unfortunately lost to Menzies 0-79 and Glenn 1-115.

Those who we thought played outstanding and showed outstanding courage on the footy field deserved a mention for best on ground. For girls, we wanted to give a special mention to Vivien Cadd who is an absolute star football player and lifted our team, Hayley Raymond who had never played before but did an outstanding job and Laura Dhar for playing great defence. For the boys, we wanted to thank Grant Simington, Jarryd Croxford, Josh Barnes and Cameron, for turning up to every training session and supporting their team and also the girls' team. They played extremely well on the day and deserve a special mention.



Overall, the day was extremely successful with red frogs coming down and handing out lollies to the teams. There was lots of support across all the colleges and the footy club who opened up the kiosk and provided umpires and trainers. The ambulance crew also helped out with tape and strappings and were there for support the whole day. Special mention to Kate Fox and Bec for scoring the for boys games.

Beth Jeans, Sports Rep

Chisholm College

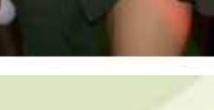
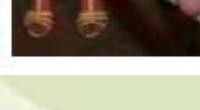
RED FROGS FUNDRAISER EVENT

Written by Kim Quan

The Red Frogs team has definitely had a presence at both nonalcoholic and alcoholic events held across all residences. They offered a helping hand throughout the course of O-week and we took the opportunity to give them something back. Therefore as a tribute to the Red Frogs team, the residential colleges of La Trobe decided to host an event at Eagle Bar, where all proceeds went to this non-profit initiative.

The Red Frogs fundraising event was held at the Eagle bar on the 6th of March. There was great entertainment with LIVE Band - Cisco Tavares & DJ Fui for all to enjoy. Community & Outreach leaders did a great job in setting up the venue with decorations and assisted with coordinating the event on the night. Red Frogs & the Eagle Bar were very generous with donating some great prizes for the raffles which included 2 large laundry buckets full of goodies (essential junk food!!). There was a hydration station, as well as a photo booth & BBQ which went down well with the students. There was approx 200-230 in attendance which was below the expected numbers as this event had been advertised well in advance during O week and was the first inter-residence event with returners & first year students after o week.

Kim Quan
Community & Outreach
Glenn College



INTER-RESIDENCE EVENT: MAGIC & COMEDY SHOW

Written by Rosanna Chor

Lights! Music! Magic!

Walking up the stairs of the MCC, you could hear music pumping, see the lights flashing and feel the electrocuting excitement from everyone in the room. You were greeted at the entrance by friendly student leaders, who then gave you a ticket to hold onto for a draw later that night. You sat down, and waited for the show to begin...

Residents gathered for a night of fun, but they got so much more. The show commenced with the drawing of the second and third prize winners, who received a massive entertainment book each. After that, the audience welcomed the star of the night, Matt Hollywood, an internationally renowned magician. His thigh-slapping humour had everyone laughing, whilst his amazing tricks left you questioning its logic. The night was filled with laughs, gasps and a whole lot of cheering. With countless hair-raising illusions, everyone was on the edge of their seats wanting for more. There was dancing, magic lessons, and even a blinded-folded sword trick! Following the performance, a video of the grand prize was shown. The winner would win two VIP Ringside tickets to watch the 'EMPIRE', presented by Spiegel Worlds. I was fortunate enough to receive this prize, and look forward to watching its intriguing performance. I'd like to thank all that were involved with the organizing and set up of such a captivating event. A BIG thank you to the person who drew my ticket, I never would have expected to win this prize. It was definitely a night to remember, and I can't wait for the next inter-college event.



Tower Parades @ Chisholm



Tower Parades are somewhat of a tradition here at Chisholm, and Thursday the 14th of March saw the college converge upon Radford hall for the first inter-tower battle. In the days leading up to the event, each tower held the rehearsals for their 90 second tower theme performance in complete secrecy. The prize for winning the parade, Massive food hampers filled with every treat a college resident could imagine craving.

Each Tower had the opportunity to show off their creativity, costume and awesome dancing skills, from which the top 5 towers had a second opportunity to further wow the judges, Mick, Sam, Rebecca and Bridget Fogg from LSU (Latrobe student Union). While each tower did a magnificent job, Tower 2 ultimately took out the top prize with their whirlwind rendition of Gangnam Style. The Fantasy provided by Tower 3 allowed them to take up second prize (either that or the beautiful kiss between Aladdin and “Princess” Michael), while Tower 1 come home third with their intrinsically choreographed Pacific Islander performance. Congratulations Chisholm, you all did a fantastic job!

Andrew Nolen



RESIDENTIAL SURVEY—YOUR CHANCE TO WIN

Residential Services is committed to providing the best experience possible for residents living on campus at La Trobe University. Shortly all residents will receive a link to a short survey evaluating the programs, services and facilities within Residential Services.

All residents who complete the survey will be eligible to go into the draw to receive a year's worth of free rental accommodation in 2014 (DRS will cover room residential fees for the residence of choice only. Catering, compulsory fees, and any other charges are not covered and will be payable by the prize winner. The prize is not transferable). Don't miss this opportunity to have your say on what matters most about life on residence.



Go Global 2012



Last year proved to be one of the most exciting years on record for Global Programs and this year proves to raise the bar even higher. In 2012, forty-three residents travelled abroad as part of our Global Programs to destinations including Cambodia, Thailand, Nepal and Vanuatu. Programs will run once again in December this year, with programs in Cambodia, Vanuatu and Nepal. Applications have closed and the following students have been successful:

Cambodia 1	Cambodia 2	Nepal	Vanuatu
Mitchell Pether	Bonnie Kerr	Rob Foyster	Emma Bath
Caitlin Hickey	Kate Esdale	Dom Brown	Meghan Buchanan
Ebony Monson	Charlotte Huddle	Samantha Prowse	Kia Lonergan
Ellen Sherwood	Brayden O'Meara	Jayden Jukes	Jake Matricardi
Louise Somerset	Elizabeth Shirley	Grace Graham-Edney	Zara Horvat
Stephanie Kreskas	Darci Quatrocchi	Caitlin Rodaughan	Emily Lange
Jordan Rosewarne	Ashleigh Feehan	Thomas Graham	Emily Forbes
Sophie Murphy	Daniel Luhrs	Kirstey Lee-McKinnon	Samuel Teale
Rebecca Buchholz	Dylan Piubello	Hayley Hender	Yolanda Baker
Catherine Davey	Mariah Carlin	Matthew O'Neill	Jessica Dwyer
	Rebecca Staple	Darcy Walsh	Jodie Hayes
		Alex Harvey	
		Gina Absolom	
		India Lewis	
		Jake Keating	
		Aidan Mill	

Introducing...Bundoora Night Manager

Hi, many of you have already met me, but if you haven't, I'm the newly appointed DRS Night Manager. So let me tell you a little bit about myself.

I grew up in Melbourne and have lived here all my life. I currently live with my wife of one year in Box Hill. My wife's name is Stephanie and while we don't have any children yet we have a 7 year old Chihuahua and 4 Rabbits.

Previous to working with the DRS I worked for Latrobe Uni Security for 1½ years. So I have a very good knowledge of the Bundoora Campus.

I keep physically active with some gym training and playing competitive basketball when convenient. I've been playing basketball for around 25 years now and have had some great experiences and met some of my closest friends doing so.

If you see me around and haven't introduced yourself as yet, please stop and say hi. I'm looking forward to working with you all.

Adrian Thomas



CAREER SEMINARS

Are you studying Finance, Marketing or Economics? Want to stand out from the others when you graduate? **Then these Career Options Seminars are for you - take an hour out of your day to get a jump on the competition.** Pick the brains of people who are established in the industry. Listen to a recent graduate tell it like it is. Find out what you can do *during your degree* to make you stand out from the crowd.

Wednesday 22nd May, 11am-12pm

Finance @ HUED LT

Marketing @ Hooper LT

Monday 27th May, 1pm-2:30pm

Economics @ HUED LT

<http://www.latrobe.edu.au/students/careers/events>

BENDIGO

Chris Wilding, Academic Coordinator

The Academic Team in Bendigo has really excelled this year, and as we head toward exams we hope that all the hard work pays off for our residents.

Study Focus Groups (SFG's) have been really well attended across the board, which is demonstrative of the engaging and informative way that the mentors have gone about their duties. There has been a huge variety in the activities and session types that has been organized by mentors, with many of them thinking outside the box to find new ways to encourage participation.

We now prepare for providing support for SWOT-VAC. Our focus is ensuring that our residents have the appropriate resources to enable them to study, but to also provide them with some outlets to relax and ease the pressure that often builds at that time of year. We will be providing the normal activities (exercise, breakfasts, movie nights, printing etc.) but are hopeful of getting some companion puppies for an afternoon! Puppies make everyone smile, and if there is ever a time to remind our Ressies to smile, it's during the lead up to exams.

Chris

BUNDOORA

Mick Alldis, Academic Coordinator

Workshops 1 & 2

We are two workshops down in Semester 1 now. After tackling the issues of Stress and how to handle it earlier in the semester with Shyama, we had a lively discussion on Motivation with our American baseball player Bubbie this week. Thanks to those residents who continue to come out and support the workshops as they are only a short time commitment but valuable in terms of content and ideas.

Workshop 3 – Wednesday 22 May 7pm, MCCC

Come along and hear from later year students who have all been through the examinations period before and can pass on some useful tips to get you through. This session can act as a replacement for your Monday evening mentor session this week ONLY – Mentors might want to consider bringing their whole group along!

Faculty Gatherings

We'll be working on a schedule for early S2 that will see you gather together with other residential students and a Guest Speaker in early August. It is a great opportunity to mix with others in your Faculty over a glass of wine and nibbles. Please make sure you RSVP to the event as it will be a ticketed event and tickets will be limited.

Specialist Tutoring & SLA help in the Library

Did you know you can apply for up to 3 hours of free tutoring? All you need to do is come down to the CRL Office, complete a request form and we'll do the rest. It can take a little while to get you matched up with a Tutor, so in the meantime its advisable to head into the Library and chat to the guys/ girls wearing the red shirts who sit near the entry (near Writers Block Coffee Shop) - they are chosen as 'experts' in their given fields of study and will certainly be able to put you on track with any concerns you may be having.

Academic Gala Dinner—Date Change

Due to the coordination of the availability of our venue & our very special Guest Speaker, the date of this years Academic Gala Dinner has been changed to **Thursday 26th August**. Please mark it in your Diary - one of the best nights on the College calendar. Invites will be out in early Semester 2 for those lucky individuals who have worked for their place at a table!

Mick



Residential Services Academic Report

Social Events @ Glenn

BEACH PARTY

The beach party held on the 14th of March in the Glenn College Rec Room was an overall enjoyable and well run event. We had leaders serving residents cups with mocktails that we had made which was enjoyed by many. Decorations such as blow up toys helped set the theme for the night and nearly all who came were dressed in beach wear and providing pizza for everyone helped them make it through the night.

David Hacker



GC PARTY

Glenn College (GC) happened to fall on the same night as the tennis against Menzies due to unfortunate weather for the tennis the week before. The party was named GC so that residents were to dress up as anything that started with G or C. We had the mock tails that consisted of daiquiri flavoured iced tea as well as cranberry and strawberry with lemonade. These seemed to be quite popular with residents along with the arrival of the pizzas. Ryan Haynes DJ'd for us and did an excellent job at getting everyone involved. I really think that this party has been one of our most successful attendances wise with approximately 150 residents.

Beth Parker



STUDENT LEADERSHIP AUCTION

On the 9th April, Glenn College hosted its annual "Leadership Auction" for 2013. This highly anticipated event allowed the residents to take advantage of their leaders by "purchasing" their respective talents whilst giving the opportunity for the new residents to become more familiar with the members of each respective leadership team. This year, the organisers of the event, the RESCOM, decided to change the recipient of the raised funds to a local cause where the funds can lives of the residents. Subsequently, all proceeds of the auction were donated to Braedon Hensel, a former resident of Menzies College who is unfortunately battling his second bout of cancer. Due to this worthy cause, a large crowd gathered and actively participated in the nights proceedings, led by the fast-talking, amateur auctioneer, Amparo Do Campo. Some of the items up for grabs included personal training sessions, hiring of designated driver, MacDonald's deliveries and exclusive waiters for dinner at Glenn dining room. Of all the antics that occurred on the night, nothing could top the \$300+ paid for an all-male bikini car wash. In the end, Glenn residents demonstrated the community spirit that is embedded in the resident culture and raised over \$1600. A good night had by all.

Ben Luker, Glenn College

Glenn Sports Report

The Intercollege Sporting competition has been hotly contested thus far. Across the six sports that have been played to this point, it has been magnificent as sports representatives to see the high levels of participation and sportsmanship shown by athletes from all colleges; even more so when the skill level and general standard from each sport has been so impressive.

The most recent sport saw Glenn College take out the prized football event, which has no doubt been the highlight of the year so far. Glenn's win in the footy goes with our win the hockey a few weeks ago, and we will be looking for one last big effort from our fellow Glennies in the remaining three sports (Table Tennis, Baseball/Softball and Pool) before we break for the mid-year holidays.

As it stands right now, Menzies lead the competition on 15 points as a result of recording wins in Cricket, Badminton, Swimming and Tennis. They are closely followed by Glenn on 13 points, with the much-improved Chisholm on 7 points. It looks like being one of the more closely contested inter-college sporting competitions in recent years, so we look forward with much enthusiasm to the events ahead.

*Ben Rowles, Sam Condon, Kate Bond,
Glenn College Sports Representatives*



Bundoora Inter-College Sports Ladder

Menzies—13 points
Glenn—10 points
Chisholm 7 points

Menzies Colour Party



Menzies' first big M-Trip (MCCC) part of the year went off like we knew it would. The crowds gathered early in all their multi-coloured glory to listen to guest speaker Allan Turner from Zaidee's Foundation talk about the importance of organ donation.

Then the party kicked off with classic tunes rolling strong from DJ

Kerr-a-lujah and Peter Luke. By the end of the night when everyone was dressed in all the colours of the rainbow, we'd raised over \$1000 for the Zaidee Foundation and give out prizes to a few lucky residents. A big thanks to everyone who came along and helped make it such an awesome night.



Menzies Sports

As the first half of the sporting year is slowly rolling to a close, it's clear that once again the Menzies Rangers are the dominating force of the sporting world. Cricket started us off with the girls leading the way and stars such as Chantelle Emonson and Mikayla Haddow showing Glenn and Chisholm exactly what they could expect for the rest of the year as they swept the day undefeated. The boys had it a bit tougher going down in a nail biter to the lads from Glenn, however they stepped it up against Chisholm with the heroics of the Sports Rep Walt, on display as he opened the game with the early wicket and went on to take 5 for the day.

After cricket we were off for a quick spot of badminton where in a shock upset, world number 1, Brayden Allen went down to his old double's partner in a game for the ages. Regardless of the team captain's inability to pull through the rest of the team led by Beth Smith carried the weight of an entire college's collective hopes and dreams and ended up coming away with the two big wins and the 3 points.

Up next, a splash in the pool was on the cards and the fish kids of Menzies did not disappoint. The first race of the night set the tone and once our players were moist there was no catching them. Rhiannon "part-fish" Maxwell was a standout on the night and left all the others in her white-wash. Despite battling an unknown disease (leading conspiracy is food poisoning by one of the other colleges) fan favourite Rob Foyster also put on a show and came through with several blue ribbons.

Tennis started off with us going head to head with the Chisholm crew and early on Sports Reps E-Mac and Walt showed the first years what was expected of them, however the third Sports Rep apparently failed to take notes and Ruckman went down in what could have been a game changer. But never fear, Menzies sports fans, Hayden and Squalsh were up next and their on court dominance was never in question as they dismantled Chisholm's number one men's doubles team. The weather was not on our side when it came time to square up against old rival Glenn—with almost enough water on the court to run a replay of the swimming—so the event was postponed.

A week went by and finally the skies cleared and the college version of Wimbledon was underway. There were huge question marks going on as to whether or not the Menzies team had what it would take to steal away the tennis from Glenn who had it on lock down for the last few years, but despite the doubters, 2013 was the year of Menzies and the mix of veterans and rookies showed it takes more than one good player to come through with the overall win.

Hockey was Menzies' first taste of bitter defeat. What is worthy of highlighting is the feel good sporting story of the year, when Aaron Bell said 'enough was enough' and decided things needed to change. Az stole the ball deep in the heart of the Menzies defence spun and twirled through everything Glenn threw at him. He faked left, he faked right and at one point we're pretty sure he jumped over another player. After all that he found himself square in the middle of the offensive semi-circle, with defenders closing in from every angle. Az drew back his hockey stick like King Arthur swinging the might Excalibur and then sent the ball flying straight past the keeper and deep into the back of the net. It might not have been enough to win the actual points for the day, but all who witnessed went away with a spiritual win, and in the end, that's what matters.

Menzies Sports Reps



WHO YOU GONNA CALL ?

(WHO YOU NEED TO CALL FOR ASSISTANCE)

Bundoora

LOCKED OUT?

If you are locked out please call the Lock Out Assistant

- Chisholm College: 0418 532 997 (x8313)*
- Menzies College: 0417 320 952 (x8333)*
- Glenn College: 0419 536 636 (x8257)*
- Graduate House: 0409 134 487
- University Lodge: 0418 560 572 (x8311)*
- Barnes Way/Waterdale Apartments: 0418 560 220

ADDITIONAL ASSISTANCE?

During 9-5pm please visit the DRS office or call

9479 1071 (x1071)*

After 5pm please call Residential Night Manager :

0459 401 055

Bendigo

LOCKED OUT?

If you are locked out please call the Lock Out Assistant

- Terraces : 0418 330 792
- Villas : 0457 879 225
- Units: 0408 317 488
- Orde House: 5441 1528
- Hillside: 0419 136 638

ADDITIONAL ASSISTANCE?

During 9-5pm please visit the DRS office or call

5444 7425

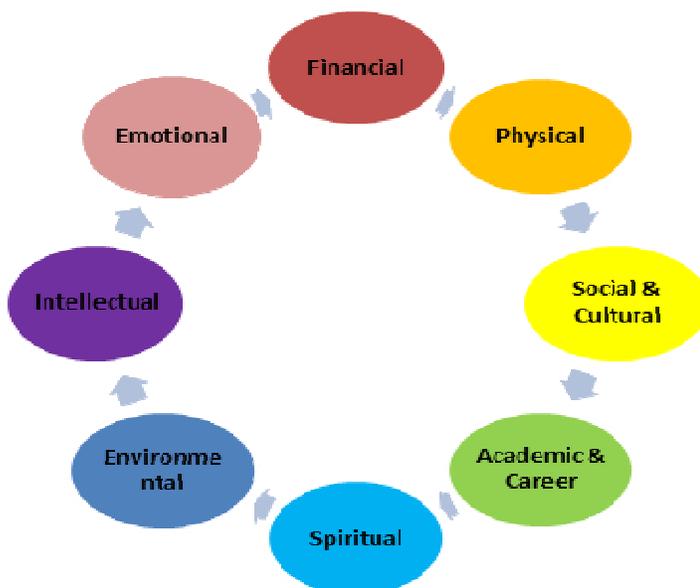
After 5pm please call Afterhours Response :

1800 077 043

or

0418 510 010

Between the launch of our inaugural RA-facilitated Health & Wellbeing program in February and the end of this month, residents at Bundoora will have participated in close to 150 activities designed with their wellbeing in mind! Each member of the RA team is responsible for completing one Wellness activity per month, so please let your RA know if you have any requests! Some highlights of the program are listed below.



<p>Financial Res-specific monopoly Budgeting scavenger hunts at the farmer's market and Woolies</p> <p>Physical Bowling Trampolining at Bounce Inc. Laser Tag Ice skating</p> <p>Social & Cultural ANZAC dawn services Potluck dinners Cooking classes AFL games</p> <p>Spiritual Yoga Meditation</p>	<p>Academic & Career Local volunteer and career fairs Study sessions with tips and tricks for minimising stress Workshops with ALLU</p> <p>Environmental The Fair Trade Expo DIY Earth Hour Trips to the Zoo</p> <p>Intellectual Trips to the Melbourne Museum Trivia nights</p> <p>Emotional Slumber parties Movie nights Tips for dealing with stress</p>
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Residential Services Social Calendar

Res Services has a new online social calendar. Jump online to <http://www.calendarwiz.com/drscalendar> and make this your home page. You will find information and links to all upcoming events.

Student Leaders who want their events promoted can also contact the CRL to have them added, simply email crl@latrobe.edu.au and provide as much information as possible.

If you want to know what's going on - you must see this page!

Bendigo Dining Hall & Hillside Opening

Hillside Apartments and the recently constructed Nancy Long Dining Hall were officially opened on 9th May by The Hon. Sharon Bird MP, Minister for Higher Education and Skills. La Trobe University Vice-Chancellor, Professor John Dewar, and other dignitaries attended the ceremony and were taken on tours of the new buildings by student leaders. Hillside Apartments offer a new standard in student accommodation in Bendigo. The Nancy Long Dining Hall provides a unique student dining experience with meal plan options available.



Bendigo Common Room Refurbishment

The Common Room is nearing the completion of its refurbishment and should be open in a couple of weeks. New floor tiling along with refurbished kitchen and bathroom amenities will compliment this building.



Phil Rowlatt, Services Officer, Bendigo

SOCIAL NEWS @ BENDIGO



Sunday Night Res Sports: Competitive, yet social games of netball and soccer are religiously played each Sunday evening at the La Trobe Gym, Evolution, for each Residence. These sports are both fun and a great way to release some tension from all of the hard study that is undertaken by the Ressies. Although this is not a compulsory event, it gives the opportunity for students to get to meet people from not only their own Res, but the other three surrounding. Sunday night Res sports are played over both semesters with varying sports. This semester was obviously netball

and soccer. Next semester netball will be played again along with an additional two other sports. At the end of each semester, Residential Services will be providing a celebratory BBQ event for the winners of both sports, to not only congratulate that Residence for winning but to say thank you for everyone who participated throughout the semester.

Toga Party: Once again we had our annual Toga party which was held at One Tree Hill Hotel. It is always a sensational event with numerous numbers of keen Ressies, seeing as 500 tickets were sold. This year we are focusing our events on raising money for charitable causes. During first semester money is being raised for the Royal Children's Hospital. The money that was raised from our ticket sales went directly to the charity along with the money from the fundraising activities at the event. The fundraiser included Ressies being able to purchase duct tape to tape up one of our Residential Supervisors to the wall of the Hotel. Once all of the tape had been sold, Ressies were also able to purchase cream pies to then throw at the Residential Supervisor. All together there was approximately \$2000 raised overall. This is always a successful event with the Res community and once again it was an enjoyable evening.



RA Coordinator Report:

The first few months of the Res year have been busy to say the least. The RA team have started off the year strong. The team began by welcoming the new residents into their new living environment and building friendships. During Resfest, the RA team held a trivia night to begin the inter-res mingling process. CC's have proved very beneficial to the "get to know you process" and I have seen some fun and new creative icebreakers being used by the RA's.

This year the RAs have adapted to the wellness wheel and have begun to implement these over the months of March and April and planning May and June's. Most of the RA team opted to do either financial or social and cultural in the first 2 months based upon discussions and information we utilized during Student Leader training. It was great to see all 19 RAs get on board and create some really fun and out of the box activities. Some of these included; the price is right financial game, budgets, scavenger hunts, social dinners, speed friending, financial booklets and seeking professional support on financial matters. I have been very impressed with the approach the RAs have taken not only to the wellness wheel but to creating healthy and happy communities across the four residences here in Bendigo. Over the next few months we have begun implementing a sustainability project headed by RA Nik Foon and have many charity focused events planned being organized by RA Megan Steel.

Education Mentor— Georgia Irvine

Becoming a student leader at Latrobe University Bendigo in 2013 has been such a great experience for me so far, I have been able to assist the first year students living on residence in such an important transition into their adult lives. Starting off the year with when they moved in and then weekly meetings for the first six weeks to help with any questions or queries about their assignments and creating some bonds for them to get to know other education students living on residence. Coming up now after being here for 7 weeks is our Ressie Aid, we all get together and go to a lecture theater and get to experience some of the most talented acts I have ever seen, last year Ressie Aid was one of my favorite events not only was the free dinner a bonus but I walked out of that lecture theater feeling so inspired and intrigued. This year we have Peter Shaw speaking to us from Scary and Exciting who helps us bring just simple little things that scare us into our lives. Also Melbourne Impro who are theater performers which bring a funny aspect to the evening. It has been a great start to the year we have all met so many new people and made a lot of new friendships it is great to get good feedback from our Mentees that they are settling in well and enjoying university life.

Mentor Report—Jenna Wilson

The Bendigo Mentor team have been working extremely hard the last 8 weeks to bring their mentees some great study sessions. A lot have found the job to be a lot harder than it was first thought, but nevertheless the Mentor team worked together to give each other ideas and strategies to make sessions both informative and interactive. Over the last few weeks Mentees have participated in trivia nights, skills development sessions, interfaculty study groups, icebreakers, stress ball making and exercise classes just to name a few. The relationships between Mentors and their Mentees is making these sessions run smoothly and helping both roles; academically and also socially.

The Mentor team have also been working to organise the next upcoming event: Think about your fears – public speaking, social situations, exams. How much more exciting would your life be if you could face these fears and step out of your comfort zone with increased confidence. Ressie-Aid will help. On Wednesday 15th May, Ressies at Bendigo will be able to experience the awesomeness of special guests **Peter Shaw** (www.scaryandexciting.com) and **Impro Melbourne** (www.impromelbourne.com.au). In recent week we have also been inspired by several speakers' life journeys. This year Ressies will be encouraged step out on their own inspirational journeys – to face the scary and be excited by challenges faced and overcome.

Bendigo News

Bendigo RA Team Report

Social and Cultural Wellness Wheel Activity (Units 1, 2 and Hillside 5) Justine Farley and Katie Magee

During the month of March Units 1 & 2 and Hillside 5 congregated near the common room in a bid to “speed friend” for the night. The hosts of the night were Katie Magee of Hillside and Justine Farley of Units. The set-up was of a face-to-face two minute get to know one another circle. The members of both residences had a wonderful time during the “speed friending”, with chips, drinks and icy poles and making a heap of new friends who would have wanted to miss out. There was much chatter throughout the night between participants and it was hard to get everyone moving when time was up as they all really wanted to get to know one another a bit more and continue talking. Katie Magee and Justine Farley as RA’s of these residences said the night went off without a hitch so much so that we are looking to run a movie night with the two residences again when the common room reopens. We both look forward to meeting up again to consolidate the friendships and continue on our journey of “Wellness Wheel activities” in the future.



Financial Wellness Wheel Activity (Hillside 2) Jess Paterson

February saw the first wellness wheel activities take place with the first being Financial month for Hillside 2. Our activity involved some harmless rivalry, with residents divided up into teams, based on the level that they lived on. There were three activities for residents to participate in. One was a Price is Right inspired game, where common household items were displayed along side a pile of possible price tags. Items included bread, cereal, cleaning products, toiletries, milk, fruit (by the kg) and muesli bars. The task was to correctly associate the correct price to the correct item in order to achieve full points. The second activity required teams to work together to produce the cheapest meals using prices shown in a Coles catalogue. Breakfast, lunch and dinner must be provided with bonus points for the most nutritious meal. The final activity was a game of deal or no deal, where one at a time, team members would open a case with an amount of money in it, then see an offer that they could either accept or decline. The aim of the game was to win the highest dollar amount as a team, without being too greedy and losing it all. All three activities were a light approach to managing finances while living away from home. It was also a great way for each level to continue to get to know one another, made even better with a 100% attendance rate. Feedback for the activities was all-positive, and I was very impressed with the involvement and attitudes residents showed towards the introduction of the Wellness Wheel.

News From the Villas

It is not too often that we get together as a group down at the Villas with students busy with second and later year classes. So for the month of March and May, Villa RAs along with help from our social clubs members and mentors, successfully ran two social events bringing the Villatarians together. On the 21st of March, residents took a break from study and assignments to come together and celebrate Harmony Day. We enjoyed a range of culturally significant foods ranging from Asian, Middle Eastern to Greek and Indian and took the chance to socialize with residents we had not yet previously met. Despite the windy weather, we took part in making a Hands Up For Harmony Banner using our handprints, which now proudly hangs in our common room adding much needed colour. For the month of May, Villa RA’s focused on Social and Cultural aspects of res life and ran a social dinner at our favourite pub, One Tree Hill. Students came along and enjoyed a cheap tasty pub meal, a few games of pool and plenty of laughs with some prizes up for grabs. We are looking forward to our next Villa events and hope to keep seeing a good turn out.



Upcoming Events

Bendigo Social Club

On the 28th of May this year, the Bendigo Social Club is holding its 2nd themed event. The theme is 'Thrift Shop', so attendees shall be wearing clothes which they have gathered from Op-shops, charity stores and bargain basements. These clothes will most likely be from decades past, where fashion decisions were questionable. Once again money raised from this event will go to the Royal Children's Hospital.

The Event is to be held at Universal, starting at 7pm. Buses to and from Universal will be provided. Tickets are on sale on the 21st, 23rd and 27th of May between 12pm and 2pm on the S.U. floor. The cost of these tickets will be a gold coin donation for residents at Latrobe Bendigo, and a note donation for off res people (Eg, \$5, \$10, \$20).

Merchandise for this year is in the form of Hoodies, with a design for each residence imprinted on the back. Hoodies were designed by members of the social club from each residence and the theme for designs this year was 'Elements'. Units were Earth, Villas were Fire, Orde House was Air, Terraces were water, and Hillside was electricity. Orders for Hoodies have been finalized and will be expected to be distributed to students within the next 2-3 weeks.

INTER-RESIDENCE
ABC/Wearable Arts Event

28th May 2013, Eagle Bar
Come dressed up in one of the category's to win some **AMAZING PRIZES!**

Prize Category's for ABC/Wearable Arts Event

- Fashion
- Recycled
- Open Category
- Headdress
- Peoples Choice

Some of the amazing prizes include:

- 3 hour boat cruise accompanied by a spectacular 6 course gourmet dinner.
- Eureka Sky pass & Edge pass (4)
- Karting Racing session for 2 people (30 laps)
- Werribee Zoo
- Open Vehicle Adventure for 2 people
- Paintball Experience for 8 people.

Featuring:

- Silent Disco: DJ Ryan Haynes & Fraser Elliot
- BBQ Gourmet
- Photo Booth Set Up
- Face Painting

LA TROBE UNIVERSITY

SWOT-VAC @ Bendigo

Swotvac begins the 10th of June, is a week all students look to study in preparation for exams. However, during this week it is also important to take breaks. The Mentors running the SWOTVAC program on residence aim to help students through this time, with the focus being on relaxation and well-being in this stressful period. Throughout the week, free breakfast and lunches are organized, printing facilities are provided, as well as exercising classes to remain active. Although it is important to study before exams and make most of the time, breaks and rest should not be neglected. With movie nights, gym passes and of course the lolly-runs throughout the residence provided, it all adds up to SWOTVAC a week to look forward to on residence. Also during the week, the Mentors have implemented the 5 cent challenge to raise money for the Royal Children's Hospital.